

HAMMER[®] STRENGTH

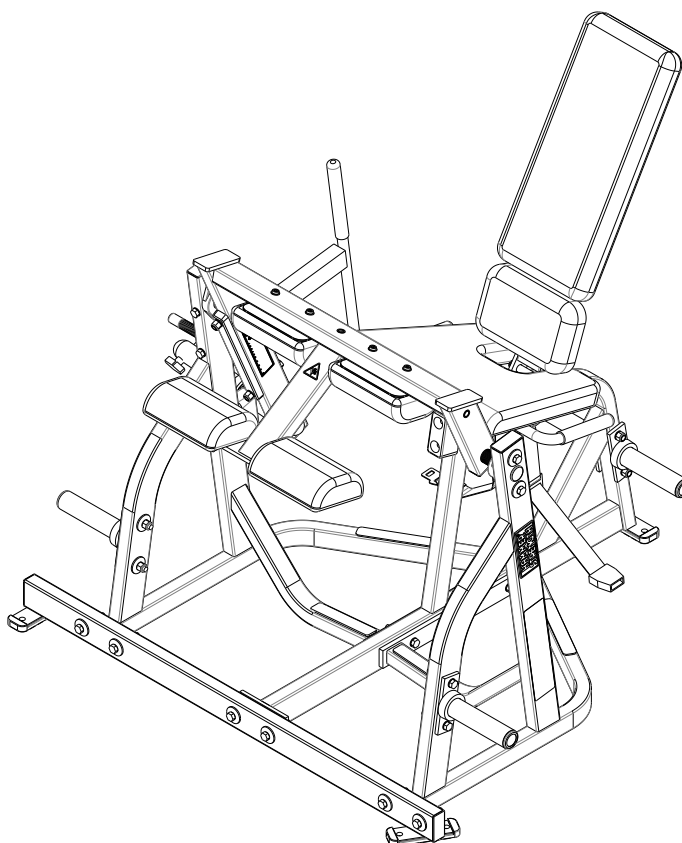
**HAMMER
STRENGTH[®]**

PLATE LOADED

PARTS MANUAL

**SEATED LEG CURL
PLSLC & PL-SLC**

1/28/2015



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KEY

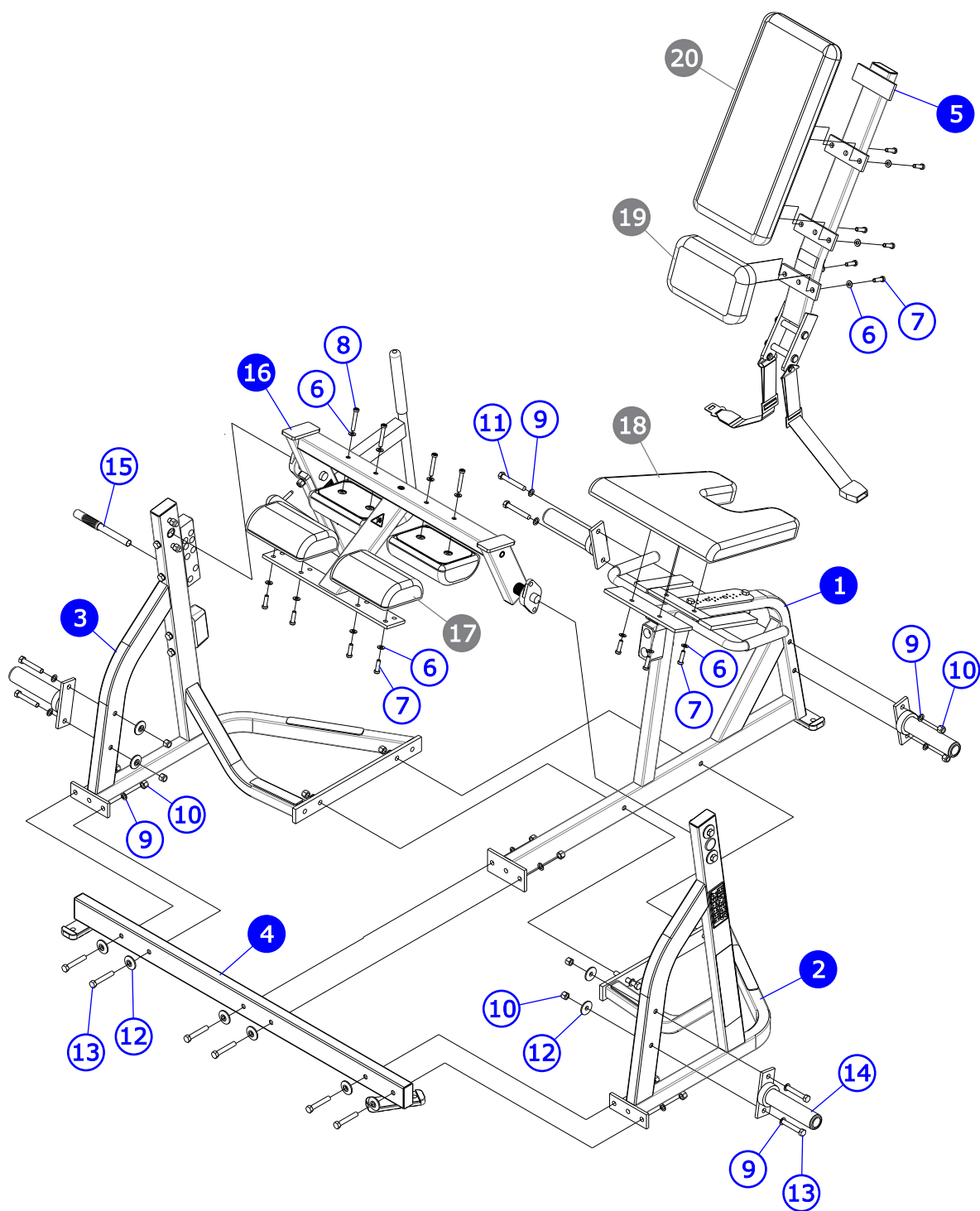
UPHOLSTERY 1 2 3

Items with Gray call-outs require the upholstery color listed within the order notes. IE: Putty

FRAME AND MOVEMENT ARM COLORS 1 2 3

Items with Blue call-outs require the powder coat frame color to be listed within the order notes.

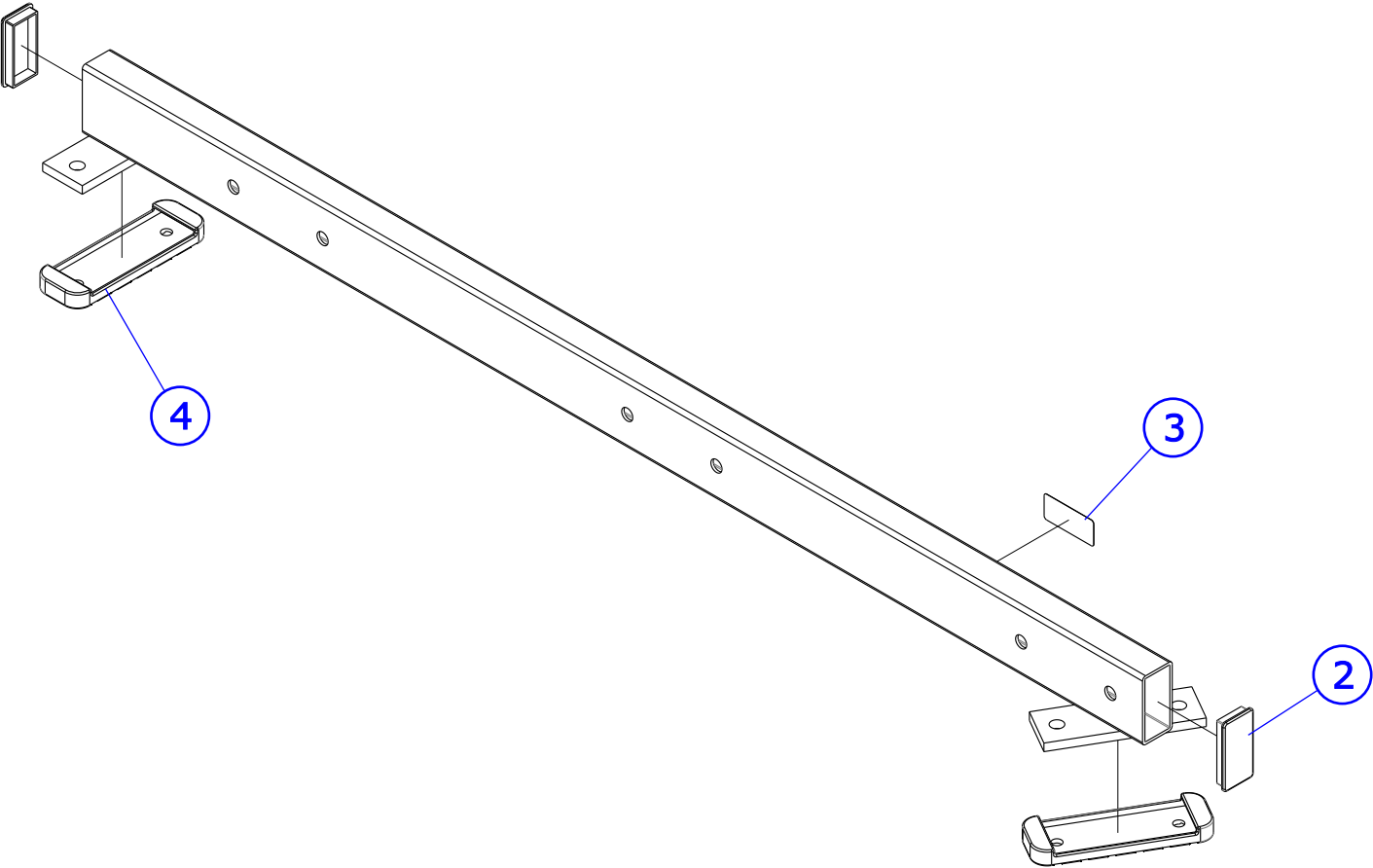
COMPONENT ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
1	1	PLSLC-CST	ASSY, SEAT FRAME, PLSLC
2	1	PLSLC-CSFL	ASSY, SIDE FRAME, LEFT, PLSLC
3	1	PLSLC-CSFR	ASSY, SIDE FRAME, RIGHT, PLSLC
4	1	PLSLC-CFX	ASSY, FRONT FRAME, PLSLC
5	1	ILLE-CAJST	ASSY, ADJ SEAT BACK, ILLE
6	18	WASH.375SAE	3/8" SAE FLAT WASHER
7	14	3236204	SCREW, M10 X1.5 35MM
8	4	3236210	SCREW, M10 X1.5 65MM
9	18	WASH.5STAR	1/2" INTERNAL LOCK WASHER
10	14	NUT.5LOCK	1/2 DIA THICK LOCK NUT

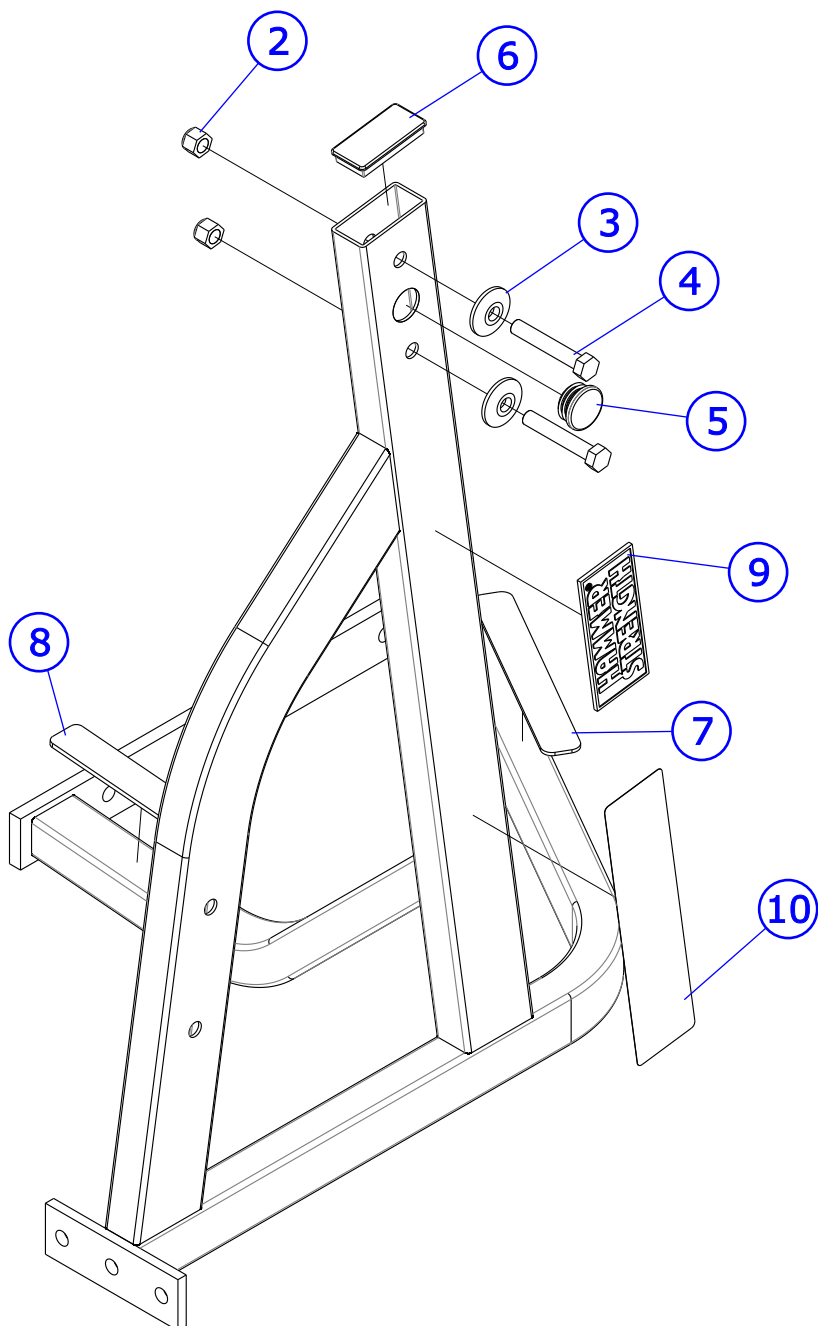
ITEM NO.	QTY.	PART NO.	DESCRIPTION
11	4	HHB.5X3.5	1/2 X 3 1/2 BOLT
12	10	H-BACK-WASH	BACKING WASHER
13	10	HHB.5X3	1/2 X 3 BOLT
14	4	H-HORN-ASSY	ASSY, WEIGHT HORN
15	1	LIMITERRODS	SHORT RANGE LIMITER ROD
16	1	PLSLC-CMA	ASSY, MOVEMENT ARM, PLSLC
17	4	7499699	PAD, 9 X 6-1/2 X 2-7/8
18	1	7459199	PAD, SEAT 18-1/2 X 19-7/8
19	1	7399399	PAD, 7 X 11-1/4
20	1	7398899	PAD, BACK 25 X 11-1/4

FRONT FRAME ASSEMBLY



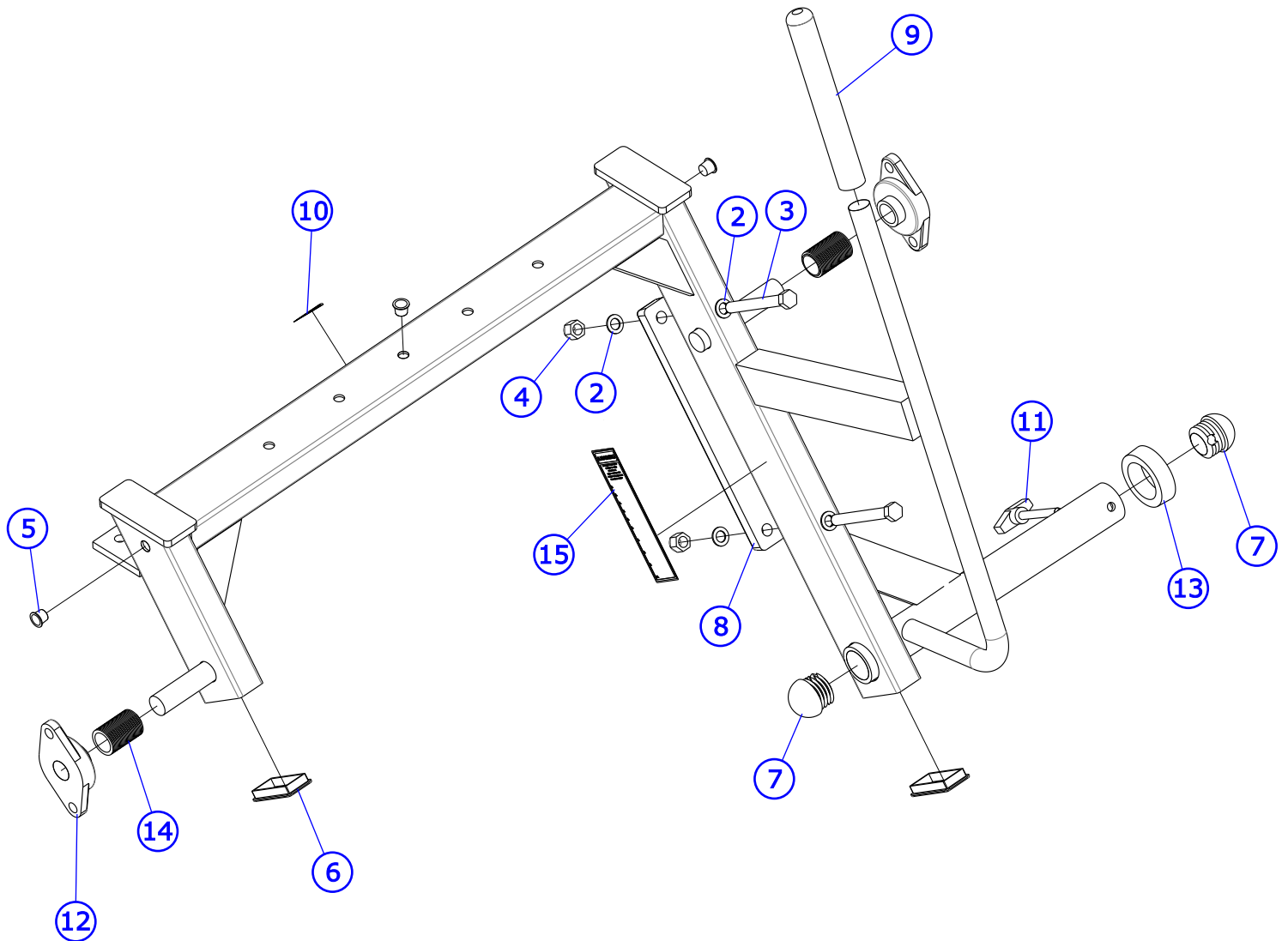
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
3	1	-	SERIAL NUMBER
4	2	MM-8	2 X 6 FLANGE RUBBER SLIPPER

LEFT SIDE FRAME ASSEMBLY



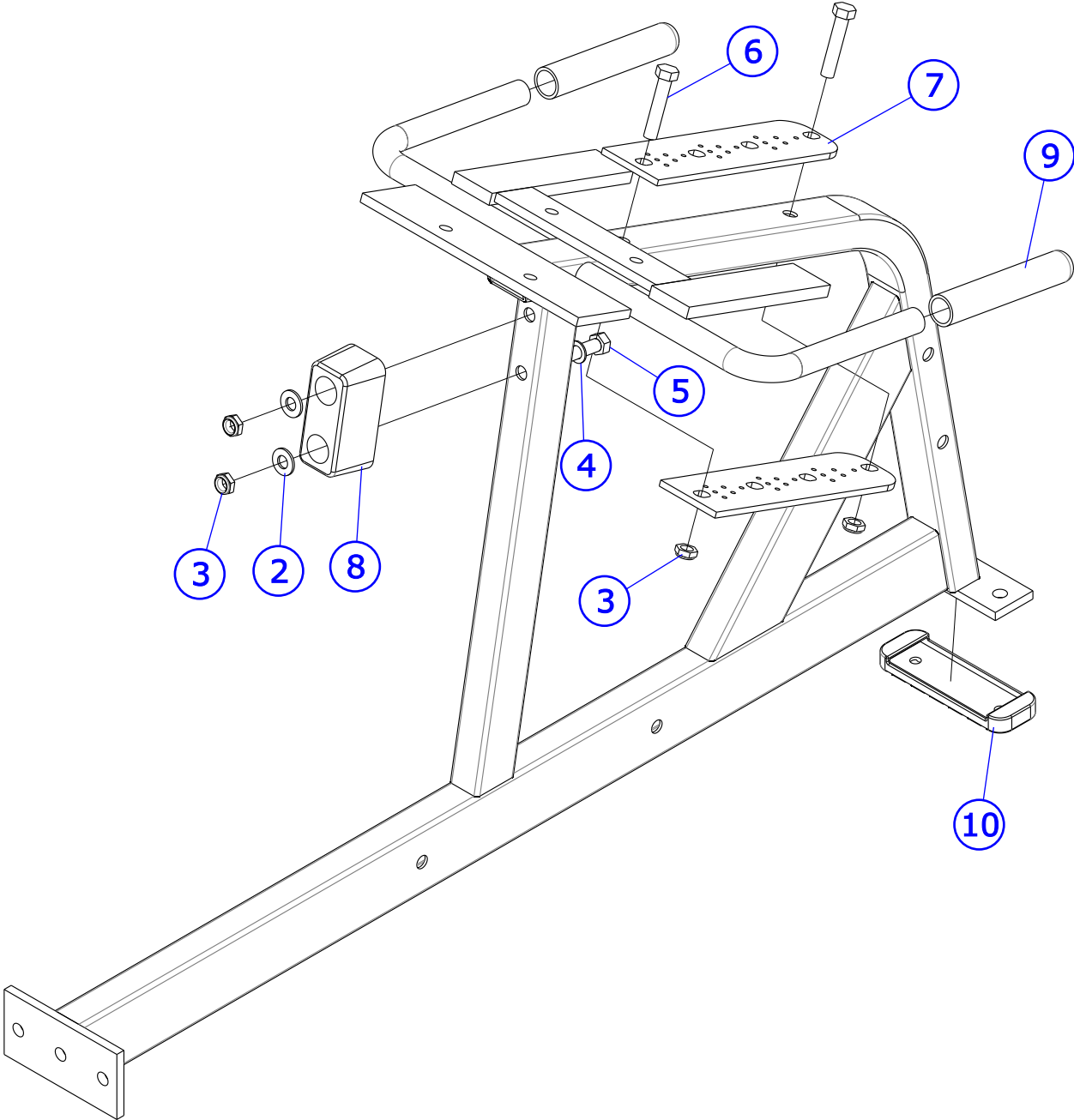
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	NUT.5LOCK	1/2 DIA THICK LOCK NUT
3	2	H-BACK-WASH	BACKING WASHER
4	2	HHB.5X3	1/2 X 3 BOLT
5	1	H-LOCK-PLUG(SMALL)	SMALL LOCKING PLUG
6	1	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
7	1	NONSKID 1 X 9	PLASTIC NON SKID STRIP 1 X 9
8	1	H-PLATE-G1	SMALL PLATE GUARD
9	1	H-NAMEPLATE	HAMMER STRENGTH BADGE
10	1	ID-PLSLC	PRODUCT PLACARD, PLSLC

MOVEMENT ARM ASSEMBLY



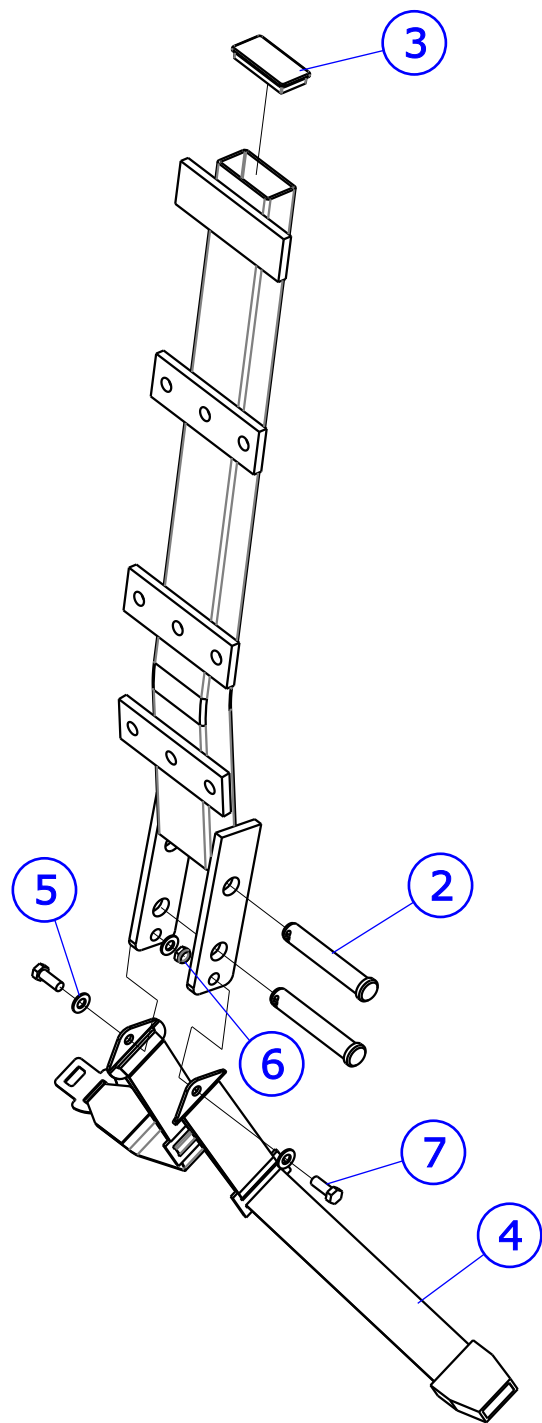
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	4	WASH.5STAR	1/2" INTERNAL LOCK WASHER
3	2	HHB.5X4.5	1/2 X 4 1/2 BOLT
4	2	NUT.5LOCK	1/2 DIA THICK LOCK NUT
5	3	H-HPLUG (REG)	HOLE PLUG
6	2	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
7	2	RUBCAP1-2	RUBBER CAP #1
8	1	H-STR-BUMP	MM4-12
9	1	H-GRIP	HANDLE GRIPS (.938X16)
10	1	8039501	LABEL, WARNING, TRIANGLE
11	1	SELECTOR PIN-3	SELECTOR PIN 3 IN.
12	2	H-BEAR-SML	SMALL BEARING
13	1	H-RUBRNG	MM5 RING
14	2	ACCORDIAN	SHAFT GUARD
15	1	8773701	LABEL, ASTM PL VERT

SEAT FRAME ASSEMBLY



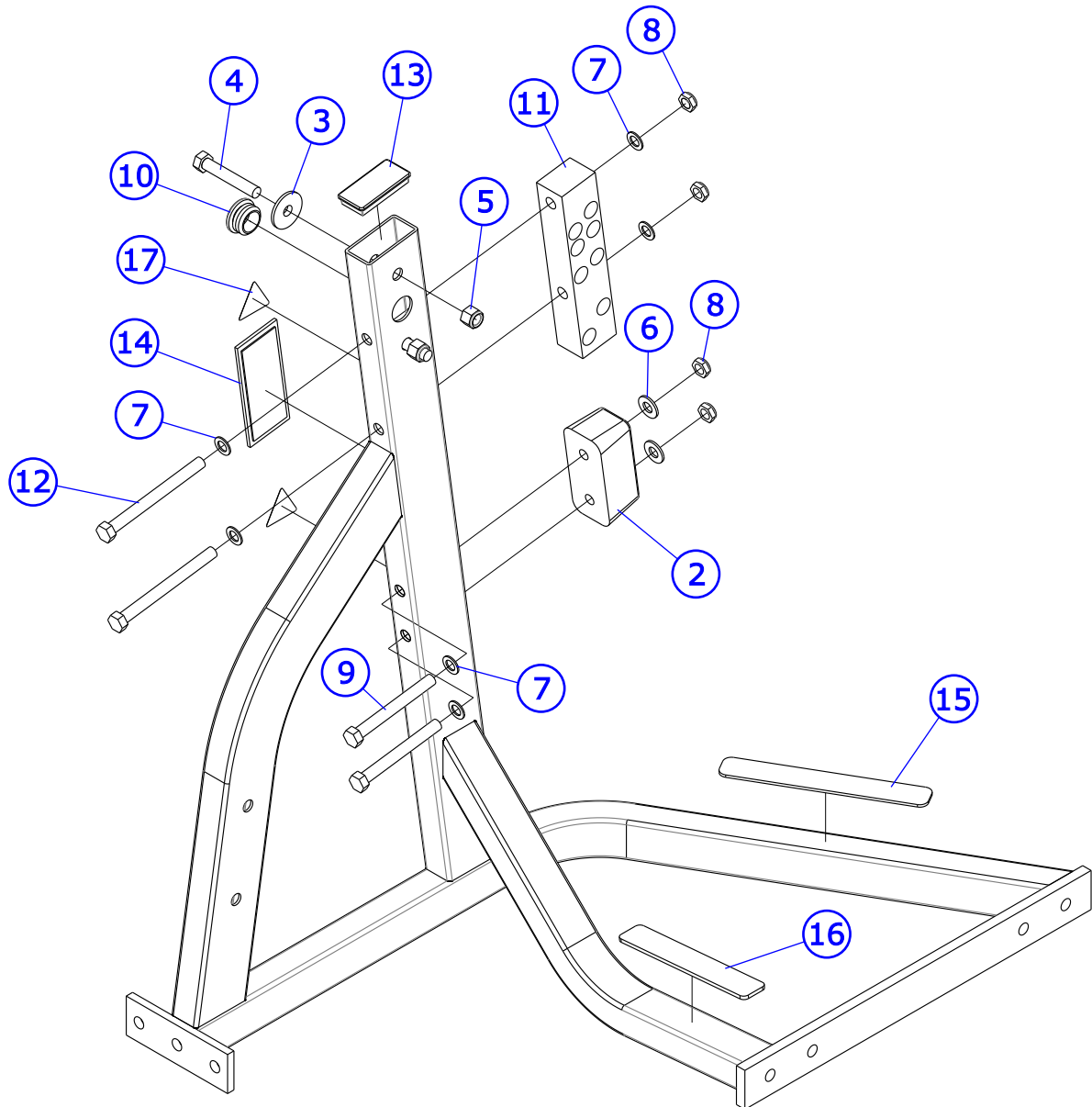
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	WASH.5SAE	1/2" SAE FLAT WASHER
3	4	NUT.5JAMLOCK	1/2 THIN LOCK NUT
4	2	WASH.5STAR	1/2" INTERNAL LOCK WASHER
5	2	HHB.5X3.5	1/2 X 3 1/2 BOLT
6	2	HHB.5X2.5	1/2 X 2 1/2 BOLT
7	2	H-SEATRCKS-CUT	ORIGINAL SEAT RACK
8	1	H-BUMP-MED	H-BUMP-MED
9	2	H-GRIP	HANDLE GRIPS (.938X16)
10	1	MM-8	2 X 6 FLANGE RUBBER SLIPPER

ADJ. SEAT BACK ASSEMBLY



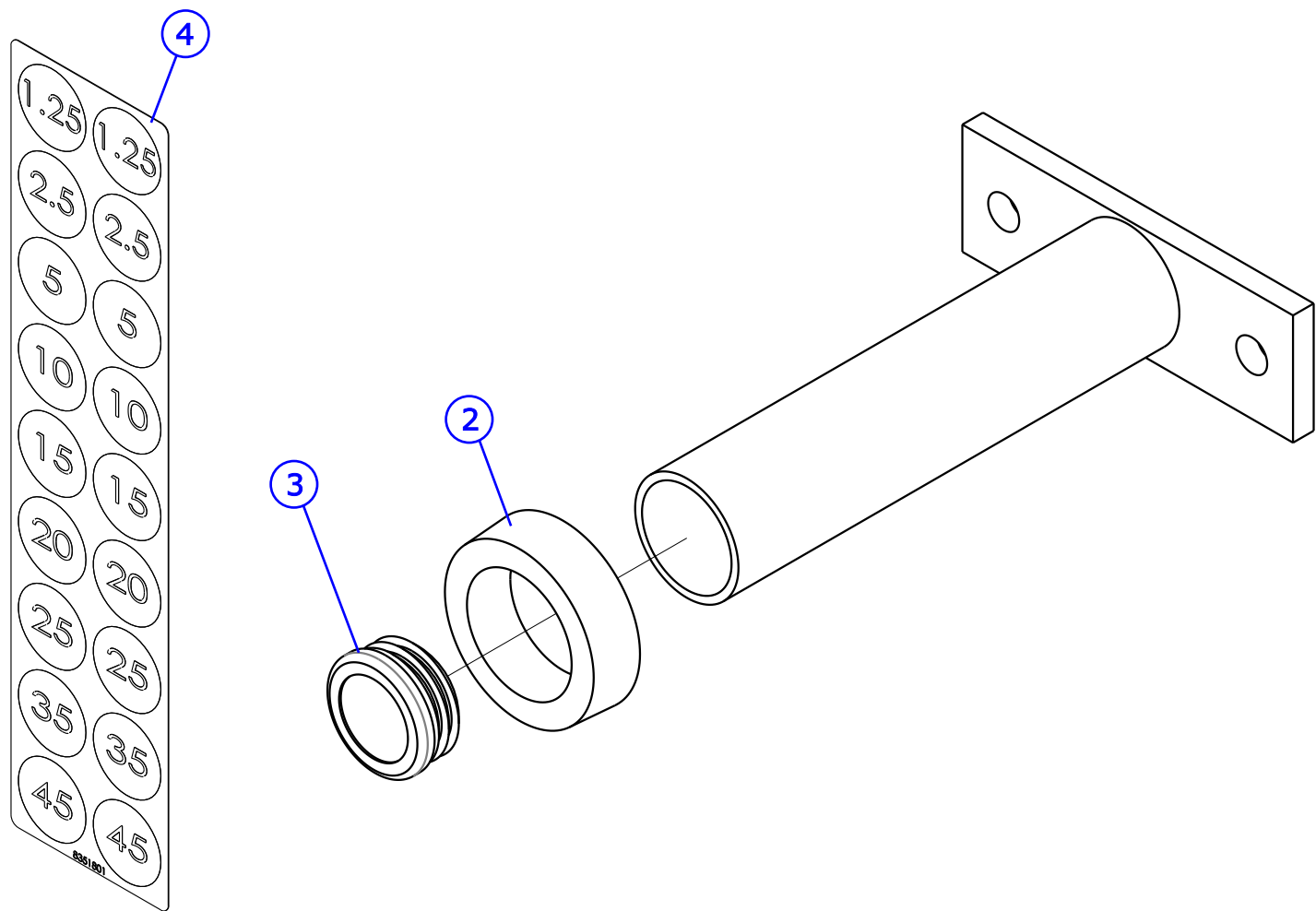
ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	2	STD SEAT PIN	STD SEAT PIN
3	1	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
4	1	SEATBELT-ASSEM	SEATBELT, COMPLETE
5	4	WASH.375SAE	3/8" SAE FLAT WASHER
6	2	NUT.375JAMLOCK	3/8 THIN LOCK NUT
7	2	HHB.375X1	STEEL BOLT 3/8 X 1

RIGHT SIDE FRAME ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	H-BUMP-MED	H-BUMP-MED
3	2	H-BACK-WASH	BACKING WASHER
4	2	HHB.5X3	1/2 X 3 BOLT
5	2	NUT.5LOCK	1/2 DIA THICK LOCK NUT
6	2	WASH.5SAE	1/2" SAE FLAT WASHER
7	6	WASH.5STAR	1/2" INTERNAL LOCK WASHER
8	4	NUT.5JAMLOCK	1/2 THIN LOCK NUT
9	2	HHB.5X4.5	1/2 X 4 1/2 BOLT
10	1	H-LOCK-PLUG(SMALL)	SMALL LOCKING PLUG
11	1	PLSLC-19-0	RANGE ADJUSTER
12	2	HHB.5X5.5	1/2 X 5 1/2 BOLT
13	1	RC1530-1Q1	CAP:1-1/2 X 3 RECTANGLE PLUG
14	1	H-NAMEPLATE	HAMMER STRENGTH BADGE
15	1	NONSKID 1 X 9	PLASTIC NON SKID STRIP 1 X 9
16	1	H-PLATE-G1	SMALL PLATE GUARD
17	2	8039501	LABEL, WARNING, TRIANGLE

WEIGHT HORN ASSEMBLY



ITEM NO.	QTY.	PART NO.	DESCRIPTION
2	1	H-RUBRNG	MM5 RING
3	1	H-RUBCAP2	PLUG, HAMMER WEIGHT HORN
LABEL NOT INCLUDED IN ASSEMBLY			
4	-	8351801	LABEL, WEIGHT HORN, SHEET