

# R1 Recumbent Exercise Lifecycle Bike

R1-XX00-0203

## Parts Manual

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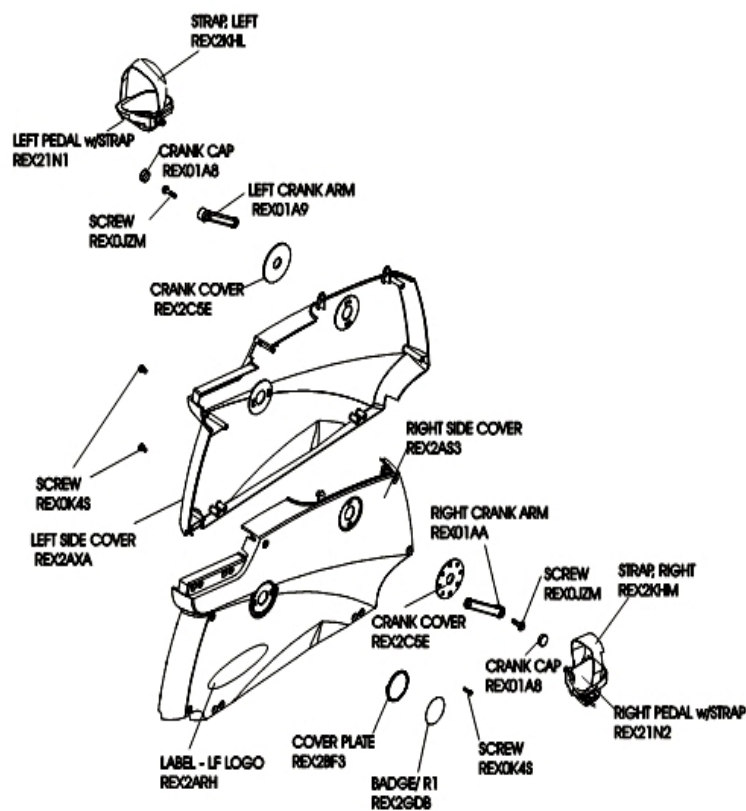
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## Component Assembly 1

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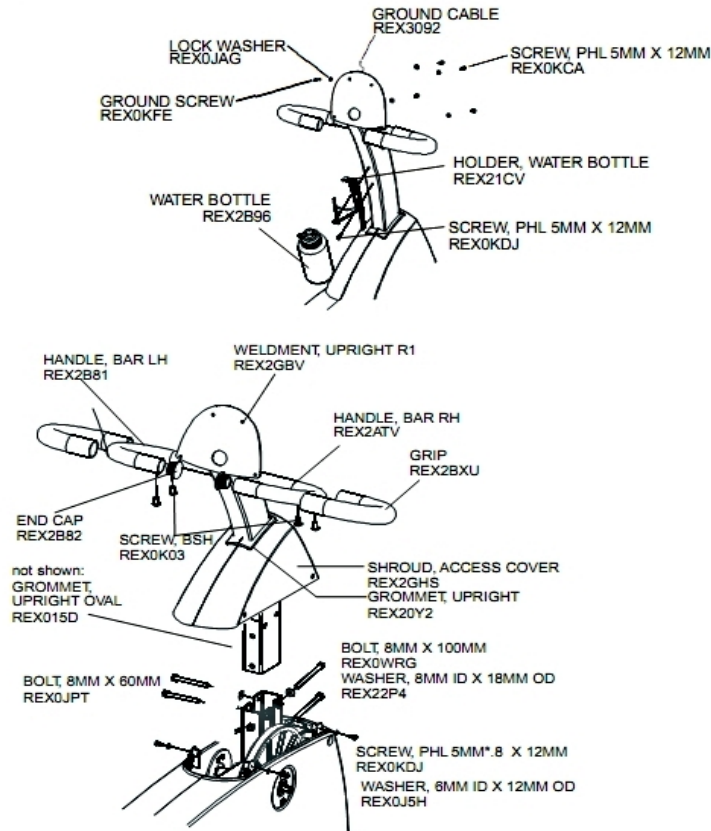
| Ref # | Part Number | Qty | Description                                        |
|-------|-------------|-----|----------------------------------------------------|
| -     | 8819801     | 1   | Transformer, 100-240V, 9V, 1.5A, Domestic, W-Swite |

## Component Assembly 2



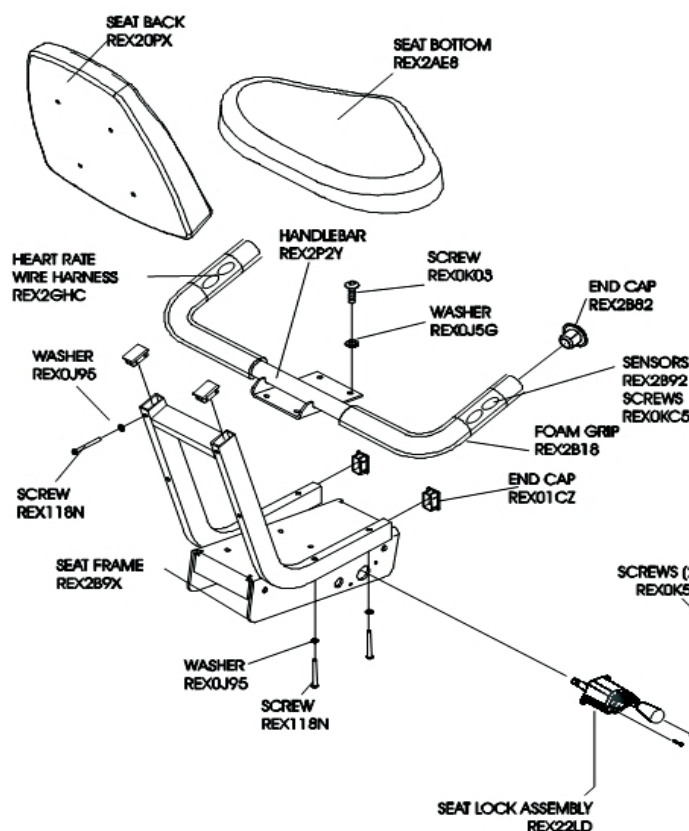
| Ref # | Part Number | Qty | Description                              |
|-------|-------------|-----|------------------------------------------|
| -     | REX0JZM     | 2   | Hardware: 8-18 Screw, HEX Washer Type 25 |
| -     | REX2KHL     | 1   | Pedal Strap, Left                        |
| -     | REX21N1     | 1   | Left Pedal - R1-5                        |
| -     | REX229E     | 1   | Assembly; Left And Right Pedal - R1-5    |
| -     | REX3GJ4     | 1   | CRANK, R                                 |
| -     | REX2BF3     | 1   | Cover, Extra Crank Hole                  |
| -     | REX2GDB     | 1   | Decal: Badge, R1                         |
| -     | REX2KHM     | 1   | Pedal Strap, Right                       |
| -     | REX3GJ3     | 1   | CRANK, L                                 |
| -     | REX2AS3     | 1   | Shroud, Main Right                       |
| -     | REX0K4S     | 3   | Hardware: Screw, PHI 5MM X 12MM          |
| -     | REX2AXA     | 1   | Shroud, Main Left                        |
| -     | REX01A8     | 2   | Plastic Cap. Crank                       |
| -     | REX21N2     | 1   | Right Pedal - R1-5                       |
| -     | REX2C5E     | 2   | Cover, Crank                             |
| -     | REX2ARH     | 1   | Decal: Label, LifeFitness Logo           |

## Component Assembly 3



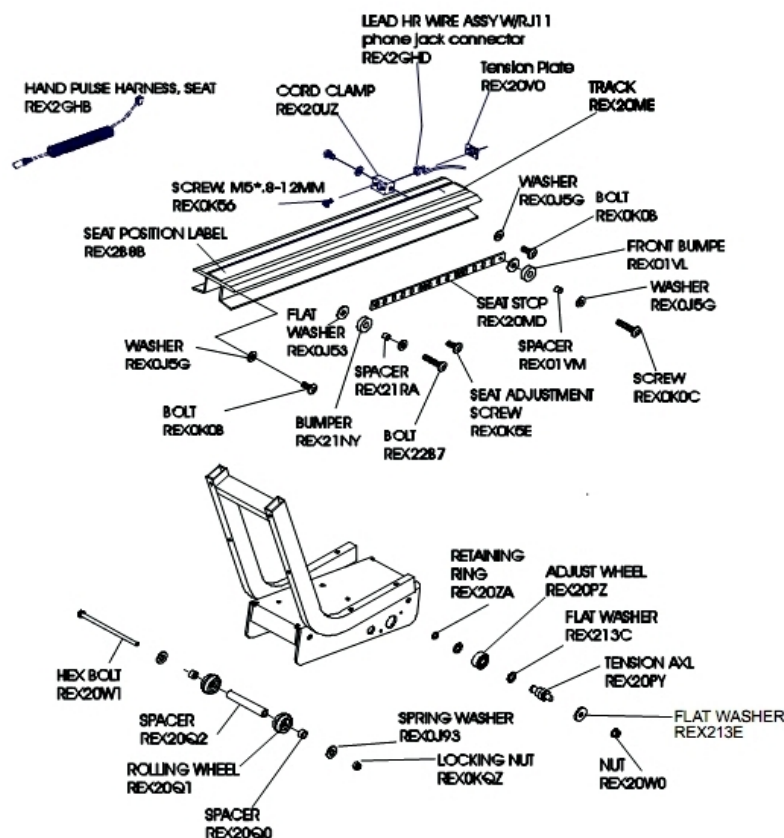
| Ref # | Part Number | Qty | Description                          |
|-------|-------------|-----|--------------------------------------|
| -     | REX0KCA     | 4   | Hardware: Screw, M5*12-12 PHI RND    |
| -     | REX3092     | 1   | Cable Assembly, Ground               |
| -     | REX0JPT     | 2   | Hardware: Bolt, 8MM X 60MM           |
| -     | REX0KFE     | 1   | Hardware: Screw, GND                 |
| -     | REX21CV     | 1   | Holder, Water Bottle                 |
| -     | REX0WRG     | 2   | Hardware: Bolt, 8MM X 100MM          |
| -     | REX2B81     | 1   | Handle, Bar Left                     |
| -     | REX2GHS     | 1   | Shroud, Access Cover                 |
| -     | REX015D     | 1   | Grommet, Upright Oval                |
| -     | REX0J5H     | 4   | Hardware: Washer, 6MM ID X 12MM OD   |
| -     | REX0KDJ     | 6   | Hardware: Screw, PHI 5MM*.8 X 12MM   |
| -     | REX22P4     | 2   | Hardware: Washer, 8MM ID X 18MM OD   |
| -     | REX2B96     | 1   | Accessory: Water Bottle              |
| -     | REX2BXU     | 2   | Grip                                 |
| -     | REX0JAG     | 1   | Hardware: Washer, Lock Ext. Tooth BZ |
| -     | REX0K03     | 4   | Hardware: Screw, BSH                 |
| -     | REX2ATV     | 1   | Handle, Bar Right                    |
| -     | REX2B82     | 1   | Cap, Handle Bar End                  |
| -     | REX2GBV     | 1   | Weldment, Upright R1                 |
| -     | REX20Y2     | 1   | Grommet, Upright                     |

## Component Assembly 4



| Ref # | Part Number | Qty | Description                                |
|-------|-------------|-----|--------------------------------------------|
| -     | REX3GYD     | 1   | RS1 SEAT LOCKING HANDLE                    |
| -     | REX2B82     | 1   | Cap, Handle Bar End                        |
| -     | REX0J95     | 8   | Hardware: Washer, Spring                   |
| -     | REX2B18     | 2   | Grip                                       |
| -     | REX2GHC     | 1   | Hand Pulse Harness, Handlebar              |
| -     | REX2P2Y     | 1   | Weldment, Seat Handlebar                   |
| -     | REX118N     | 8   | Hardware: Screw, CR. RE. PAN HD, M6*1.0-55 |
| -     | REX0K56     | 2   | Hardware: Screw, M5*.8-12MM CR RE Count HD |
| -     | REX2B92     | 1   | Sensor, Heart Rate                         |
| -     | REX2B9X     | 1   | Weldment, Seat Frame                       |
| -     | REX01CZ     | 4   | Cap, End                                   |
| -     | REX20PX     | 1   | Seat Back R1-5 And R1                      |
| -     | REX2AE8     | 1   | Seat Pad                                   |
| -     | REX0KC5     | 1   | Hardware: Screw, HR Sensor MTG             |
| -     | REX0K03     | 1   | Hardware: Screw, BSH                       |
| -     | REX0J5G     | 1   | Hardware: Washer, 8MM ID X 18MM OD X 1.5MM |

## Component Assembly 5

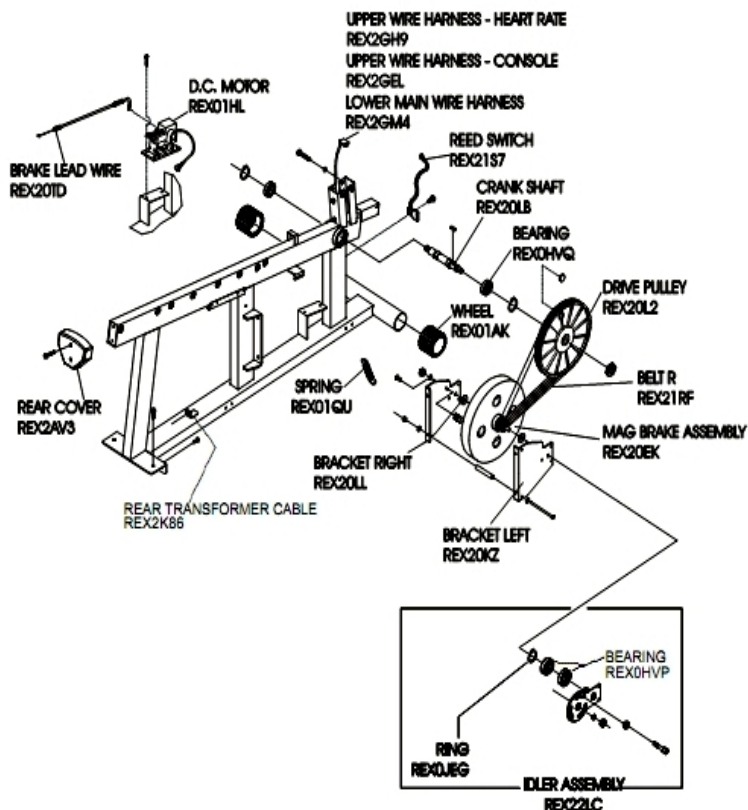


| Ref # | Part Number | Qty | Description                                        |
|-------|-------------|-----|----------------------------------------------------|
| -     | REX0J5G     | 3   | Hardware: Washer, 8MM ID X 18MM OD X 1.5MM         |
| -     | REX22B7     | 1   | Hardware: Cap Screw, M8 X 1.25-40                  |
| -     | REX2GHB     | 1   | Hand Pulse Harness, Seat                           |
| -     | REX2GHD     | 1   | E-Cable: Lead HR Wire Assembly with RJ11 Phone Jac |
| -     | REX20W1     | 1   | Hardware: Bolt, HEX M10*1.5-160                    |
| -     | REX21RA     | 1   | Spacer, Tube                                       |
| -     | REX01VM     | 1   | Spacer, Tube SM                                    |
| -     | REX20Q2     | 1   | Spacer Rexon                                       |
| -     | REX20UZ     | 1   | Cord Clamp                                         |
| -     | REX21NY     | 1   | 1" Rubber Bumper                                   |
| -     | REX2B8B     | 1   | Decal: Label, Seat Position                        |
| -     | REX0K56     | 1   | Hardware: Screw, M5*.8-12MM CR RE Count HD         |
| -     | REX20MD     | 1   | Stop, Seat                                         |
| -     | REX213E     | 1   | Hardware: Washer, Flat                             |
| -     | REX20ME     | 1   | Extrusion, Seat                                    |
| -     | REX0J53     | 1   | Hardware: Washer, Flat .84*24-2                    |
| -     | REX01VL     | 1   | Bumper, Seat Front                                 |
| -     | REX20PZ     | 1   | Wheel, Adjust                                      |
| -     | REX20W0     | 1   | Hardware: Nut, M10*1.5 HEX SERR Flange             |
| -     | REX20Q1     | 1   | Wheel, Rolling                                     |
| -     | REX0J93     | 1   | Hardware: Washer, Spring 1.0                       |
| -     | REX20Q0     | 1   | Spacer                                             |

| Ref # | Part Number | Qty | Description                               |
|-------|-------------|-----|-------------------------------------------|
| -     | REX0K0C     | 1   | Hardware: Screw, M8*1.25-35 HEX SOC TRUSS |
| -     | REX0K5E     | 1   | Hardware: Screw, Seat Adj                 |
| -     | REX20ZA     | 1   | Ring, Retaining                           |
| -     | REX20V0     | 1   | Tension Plate                             |
| -     | REX213C     | 1   | Hardware: Washer, Flat                    |
| -     | REX20PY     | 1   | Axle, Tension                             |

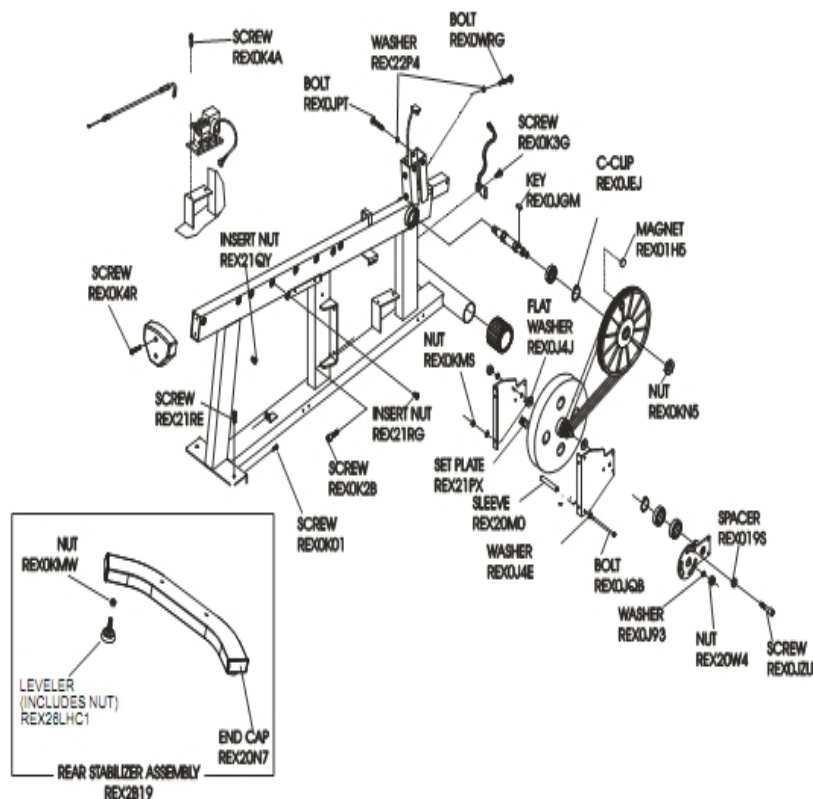


## Component Assembly 6



| Ref # | Part Number | Qty | Description                                   |
|-------|-------------|-----|-----------------------------------------------|
| -     | 3225301     | 1   | Bearing, 12MM Ball                            |
| -     | REX01AK     | 1   | Wheel, Assembly                               |
| -     | REX20LL     | 1   | Bracket, Brake MTG Right                      |
| -     | REX2AV3     | 1   | Cap, Seat Extrusion                           |
| -     | REX2GEL     | 1   | E-Cable: Lead Wire Assembly (Upper Console)   |
| -     | REX01QU     | 1   | Spring, Belt Tension                          |
| -     | REX20TD     | 1   | Cable, Resistance Brake                       |
| -     | REX0HVP     | 1   | Bearing Ball 6004ZZ                           |
| -     | REX2K86     | 1   | Cable, Cross-Trainer Motor-Transformer        |
| -     | REX2GM4     | 1   | Cable Harness, Base                           |
| -     | REX01HL     | 1   | Drive Motor, Pesistande DC                    |
| -     | REX21S7     | 1   | Sensor, RPM                                   |
| -     | REX20LB     | 1   | Crank Shaft                                   |
| -     | REX20L2     | 1   | Flywheel                                      |
| -     | REX0JEG     | 1   | Ring: C-Ring, A-20                            |
| -     | REX20EK     | 1   | Magnetic Brake Assembly                       |
| -     | REX21RF     | 1   | Belt, R1/R3                                   |
| -     | REX20KZ     | 1   | Bracket, Brake MTG Left                       |
| -     | REX22LC     | 1   | Adjust: Tensioner, Belt                       |
| -     | REX2GH9     | 1   | Cable Assembly, Hand Pulse Harness To Console |

## Component Assembly 7



| Ref # | Part Number | Qty | Description                            |
|-------|-------------|-----|----------------------------------------|
| -     | REX0J4J     | 1   | Hardware: Washer, Flat .10*20-2        |
| -     | REX21QY     | 1   | Inserts-Nut                            |
| -     | REX0KN5     | 1   | Hardware: Nut, M19 Low Prof            |
| -     | REX21RE     | 1   | Hardware: Screw, SHCS 8MM X 50MM       |
| -     | REX2NFK     | 3   | Leveler, Leg                           |
| -     | REX0J4E     | 1   | Hardware: Washer, Flat 6MM*13-1        |
| -     | REX0JGM     | 1   | Key, Crank                             |
| -     | REX0JPT     | 1   | Hardware: Bolt, 8MM X 60MM             |
| -     | REX21PX     | 1   | Plate, Set                             |
| -     | REX21RG     | 1   | Inserts-Nut                            |
| -     | REX0HVP     | 1   | Bearing Ball 6004ZZ                    |
| -     | REX019S     | 1   | Spacer, Tensioner                      |
| -     | REX0JQB     | 1   | Hardware: Bolt, HEX HD M6*1.0-110      |
| -     | REX0KMS     | 1   | Hardware: Nut, HEX M6*1.0 T=5          |
| -     | REX0WRG     | 1   | Hardware: Bolt, 8MM X 100MM            |
| -     | REX2K86     | 1   | Cable, Cross-Trainer Motor-Transformer |
| -     | REX01H5     | 1   | Magnet Rexion                          |
| -     | REX20W4     | 1   | Hardware: Nut, HEX M10 X 1.5-6         |
| -     | REX213E     | 1   | Hardware: Washer, Flat                 |
| -     | REX22P4     | 1   | Hardware: Washer, 8MM ID X 18MM OD     |
| -     | REX2B19     | 1   | Assembly, Rear Foot Stabilizer         |
| -     | REX0K01     | 1   | Hardware: Screw, SHCS 5MM X 15MM       |

| Ref # | Part Number | Qty | Description                           |
|-------|-------------|-----|---------------------------------------|
| -     | REX0J93     | 1   | Hardware: Washer, Spring 1.0          |
| -     | REX0JEG     | 1   | Ring: C-Ring, A-20                    |
| -     | REX0K4A     | 1   | Hardware: Screw, M5*0.8-20 PHI PAN HD |
| -     | REX0JZU     | 1   | Hardware: Screw, SHCS Brake MTG       |
| -     | REX0K3G     | 1   | Hardware: Screw, PHI HD. M5 X .8-12   |
| -     | REX0K2B     | 1   | Hardware: Screw, SHCS Brake MTG       |
| -     | REX20N7     | 1   | Cap, 1.5 X 4.0 Tube                   |
| -     | REX0K4R     | 1   | Hardware: Screw, PHI 5MM X 12MM       |

