

R3-5 Consumer Recumbent Bike (Self-Powered)

R35-0000-01

Parts Manual

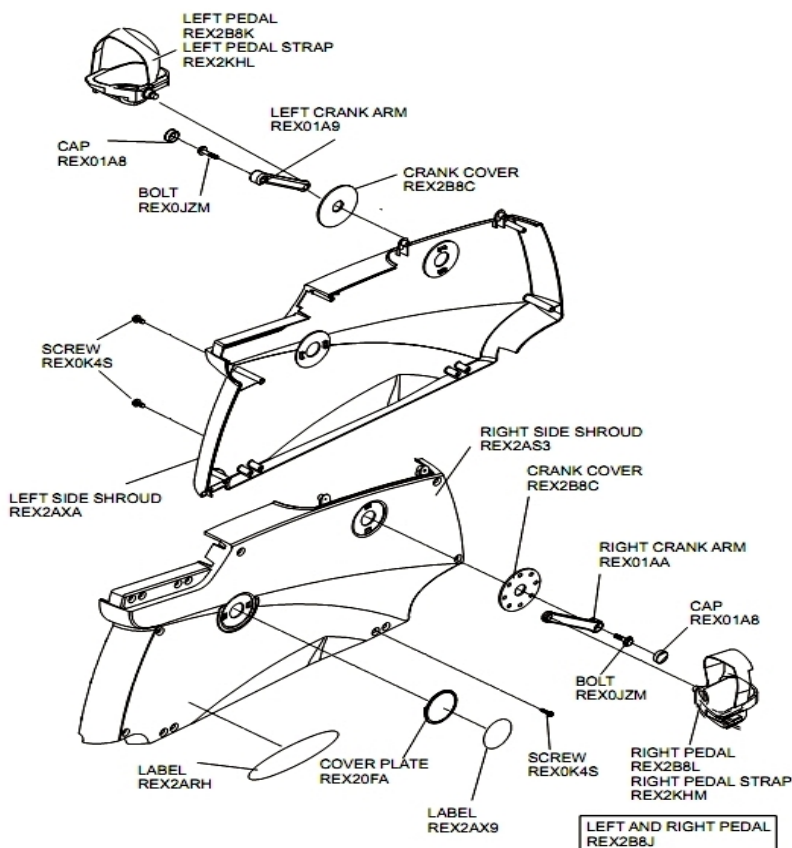
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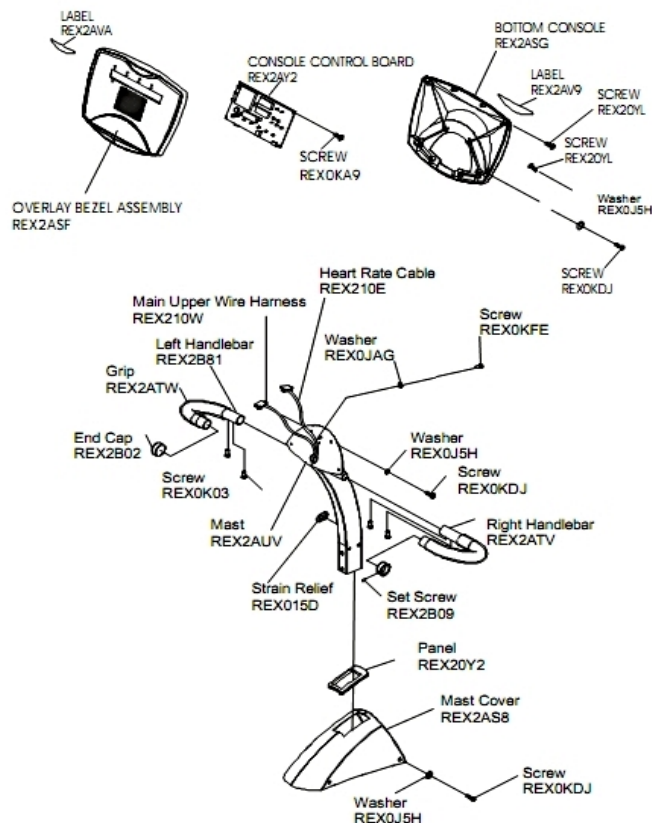
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Component Assembly 1



Ref #	Part Number	Qty	Description
-	REX0JZM	4	Hardware: 8-18 Screw, HEX Washer Type 25
-	REX2KHL	2	Pedal Strap, Left
-	REX229E	2	Assembly; Left And Right Pedal - R1-5
-	REX3GJ4	2	CRANK, R
-	REX20FA	2	COVER PLATE
-	REX2KHM	2	Pedal Strap, Right
-	REX2AS3	2	Shroud, Main Right
-	REX0K4S	5	Hardware: Screw, PHI 5MM X 12MM
-	REX2B8K	2	Left Pedal, Self Balancing
-	REX2AXA	2	Shroud, Main Left
-	REX3GJ3	2	CRANK, L
-	REX01A8	4	Plastic Cap. Crank
-	REX2AX9	2	BADGE, R3-5
-	REX2B8C	4	Cover, Crank
-	REX2B8L	2	Right Pedal, Self Balancing
-	REX2ARH	3	Decal: Label, LifeFitness Logo

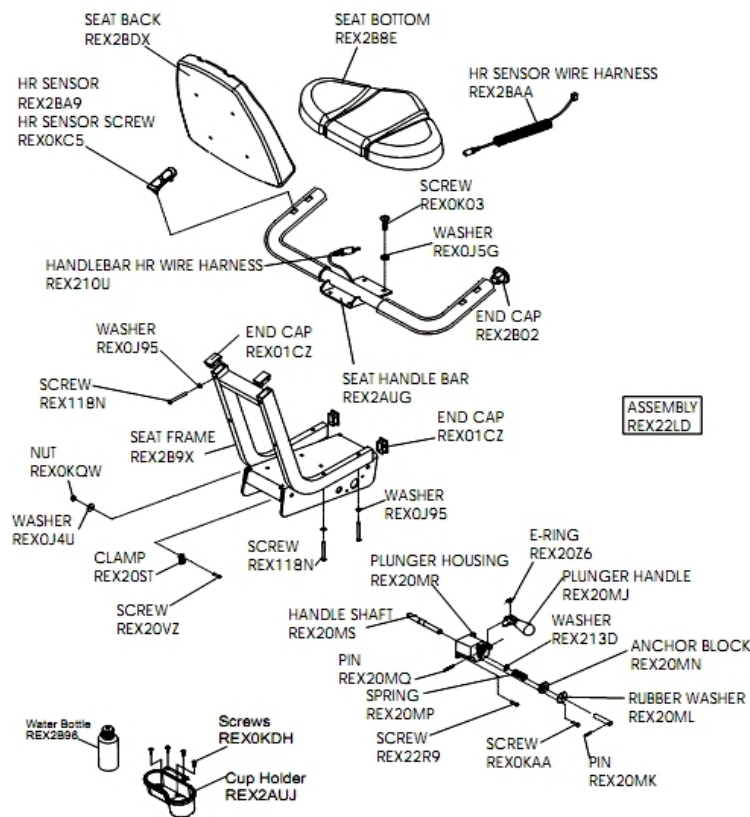
Component Assembly 2



Ref #	Part Number	Qty	Description
-	REX0KA9	2	Screw, Board MTG M3*24-6
-	REX2AY2	2	Circuit Board, Console
-	REX0KFE	2	Hardware: Screw, GND
-	REX2B02	3	Cap, Grip
-	REX2B93	2	Console, Assembly German C35 R35
-	REX210E	2	Cable, Cross-Trainer Upright
-	REX2B09	3	Hardware: M4 X .7 HXS NO CUP ST BO
-	REX2ASF	2	Console, Front Plastic
-	REX2AS8	2	Shroud, Access Cover
-	REX210W	2	Harness Console Mast
-	REX015D	2	Grommet, Upright Oval
-	REX0J5H	6	Hardware: Washer, 6MM ID X 12MM OD
-	REX0KDJ	6	Hardware: Screw, PHI 5MM*.8 X 12MM
-	REX2OYL	4	Hardware: Screw, CR RE PAN HD Tap M3*24-8
-	REX2ASG	2	Bottom, Console-Simple
-	REX2AV9	2	Label, Life Fitness Back
-	REX2B81	2	Handle, Bar Left
-	REX2ATW	3	Grip
-	REX2AY3	2	Console (Complete) English C35 R35
-	REX0JAG	2	Hardware: Washer, Lock Ext. Tooth BZ
-	REX0K03	5	Hardware: Screw, BSH
-	REX2ATV	2	Handle, Bar Right

Ref #	Part Number	Qty	Description
-	REX2AUV	2	WLDMT, UPRIGHT
-	REX2AVA	2	Label, Life Fitness Console Front
-	REX20Y2	2	Grommet, Upright

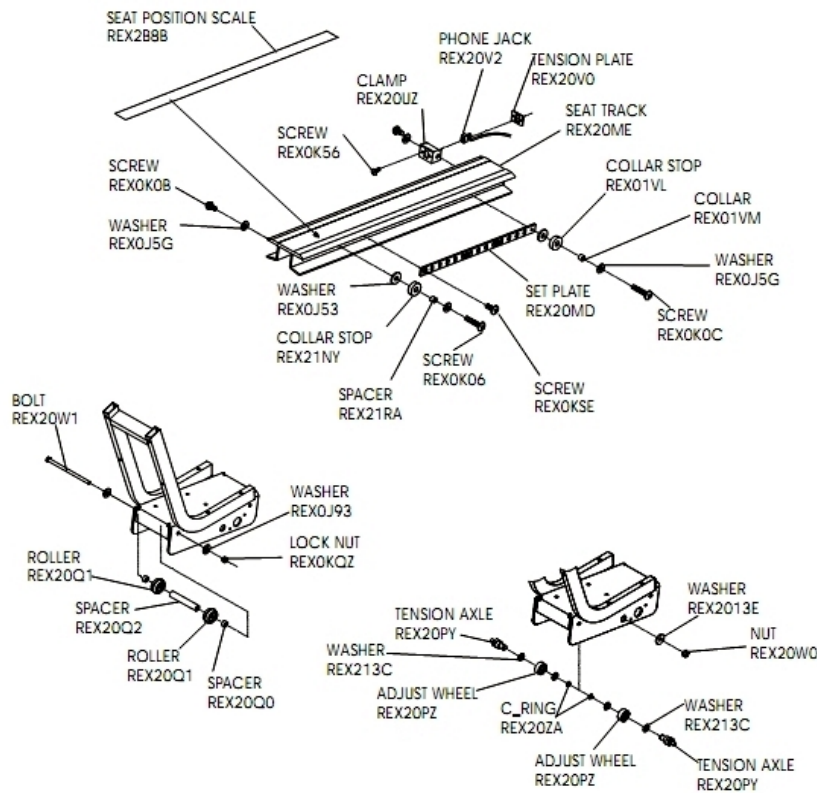
Component Assembly 3



Ref #	Part Number	Qty	Description
-	REX3GYD	2	RS1 SEAT LOCKING HANDLE
-	REX213D	2	Flat Washer
-	REX0J95	6	Hardware: Washer, Spring
-	REX0KDH	5	Hardware: Screw, 5MM Diameter X 8MM PHI HD
-	REX20MN	2	Anchor Block
-	REX20MQ	2	Pin-Pivot
-	REX210U	2	Hand Pulse Harness; Handlebar
-	REX0J4U	2	Hardware: Washer, Flat 6MM Id X 18MM Od
-	REX20MR	2	Plunger Housing
-	REX20ST	2	Clamp, Power Cord
-	REX2AUG	4	Weldment, Seat Handlebar
-	REX2B02	3	Cap, Grip
-	REX20MP	2	Compression Spring
-	REX2B96	2	Accessory: Water Bottle
-	REX2AUJ	2	Accessory: Holder, Cup
-	REX2B9X	2	Weldment, Seat Frame
-	REX01CZ	6	Cap, End
-	REX22R9	2	Hardware: Screw, 6MM Diameter X 12MM PHI HD (with Locktight)
-	REX20VZ	2	Hardware: Bolt, M5* .8-16MM Cap HD SQ. Neck
-	REX20Z6	2	E-Ring
-	REX0KAA	2	CR.RE. PAN HD. Tapping Screw

Ref #	Part Number	Qty	Description
-	REX118N	10	Hardware: Screw, CR. RE. PAN HD, M6*1.0-55
-	REX20ML	2	Rubber Washer
-	REX0KC5	3	Hardware: Screw, HR Sensor MTG
-	REX0KQW	2	NUT, LOCKING M5* .8-5MM
-	REX20MJ	2	Plunger Handle
-	REX20MK	2	Location Pin
-	REX2B8E	2	Seat Assembly
-	REX2BA9	3	Contact HR Harness, Handlebar
-	REX2BAA	2	Contact HR Harness Coiled Cord Phone Jack End
-	REX2BDX	2	Seat Back, with Lumbar Support
-	REX0K03	5	Hardware: Screw, BSH
-	REX20MS	2	Handle Shaft
-	REX0J5G	5	Hardware: Washer, 8MM ID X 18MM OD X 1.5MM

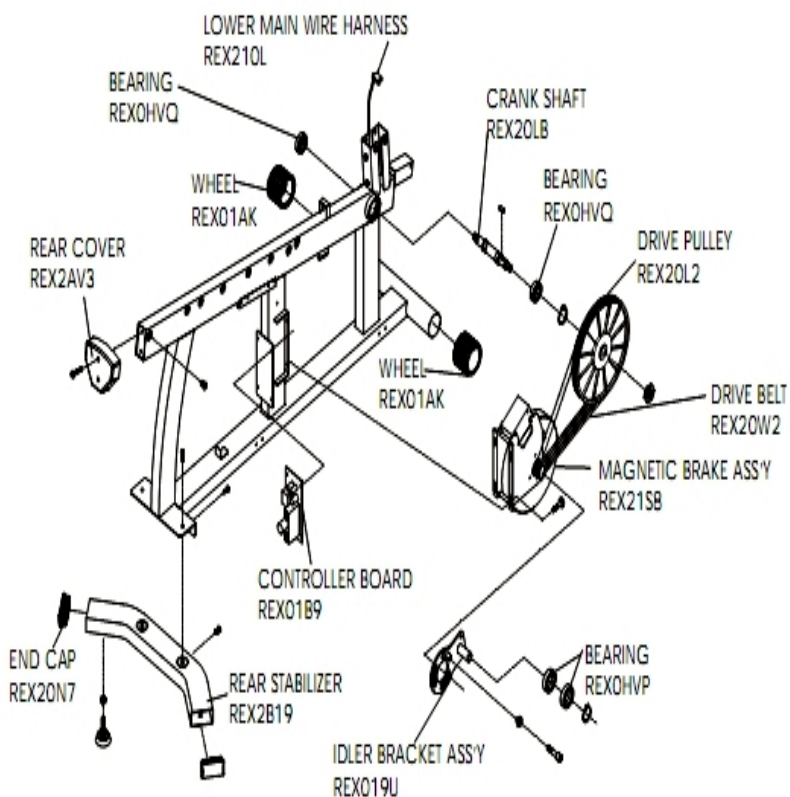
Component Assembly 4



Ref #	Part Number	Qty	Description
-	REX0J5G	5	Hardware: Washer, 8MM ID X 18MM OD X 1.5MM
-	REX20PY	4	Axle, Tension
-	REX20W1	2	Hardware: Bolt, HEX M10*1.5-160
-	REX0K06	2	HEX. SOC. TRUSS HD. SCREW
-	REX21RA	2	Spacer, Tube
-	REX20ME	2	Extrusion, Seat
-	REX0J53	3	Hardware: Washer, Flat .84*24-2
-	REX01VL	2	Bumper, Seat Front
-	REX20PZ	4	Wheel, Adjust
-	REX20W0	2	Hardware: Nut, M10*1.5 HEX SERR Flange
-	REX20Q1	4	Wheel, Rolling
-	REX0J93	3	Hardware: Washer, Spring 1.0
-	REX20Q0	3	Spacer
-	REX0K56	2	Hardware: Screw, M5*.8-12MM CR RE Count HD
-	REX20MD	2	Stop, Seat
-	REX20V2	2	HR Cable with Phone Jack At One End
-	REX213E	2	Hardware: Washer, Flat
-	REX01VM	2	Spacer, Tube SM
-	REX20Q2	2	Spacer Rexon
-	REX20UZ	2	Cord Clamp
-	REX21NY	2	1" Rubber Bumper
-	REX2B8B	2	Decal: Label, Seat Position

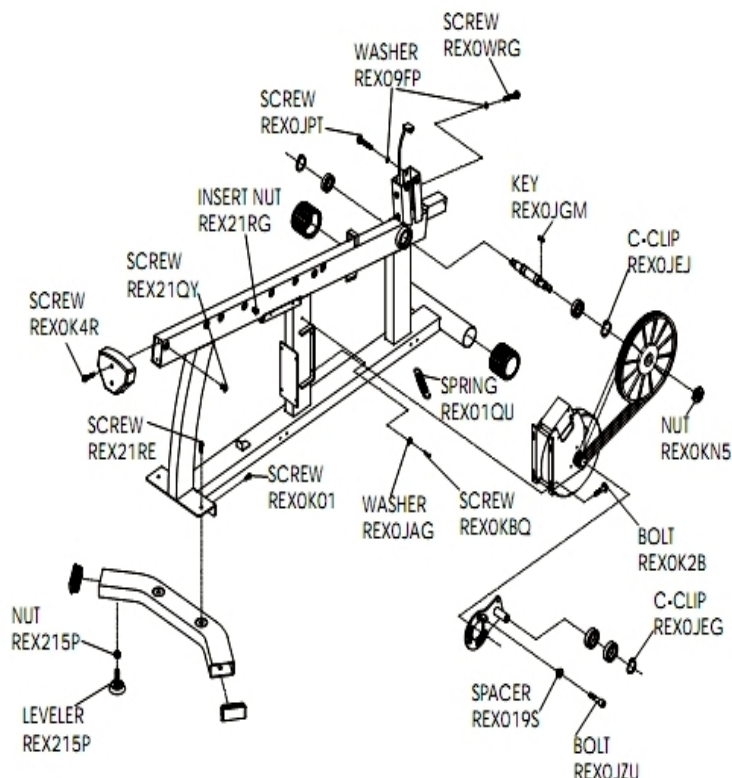
Ref #	Part Number	Qty	Description
-	REX0K0C	2	Hardware: Screw, M8*1.25-35 HEX SOC TRUSS
-	REX0K5E	2	Hardware: Screw, Seat Adj
-	REX20ZA	3	Ring, Retaining
-	REX20V0	2	Tension Plate
-	REX213C	5	Hardware: Washer, Flat

Component Assembly 5



Ref #	Part Number	Qty	Description
-	3225301	4	Bearing, 12MM Ball
-	REX01AK	2	Wheel, Assembly
-	REX20N7	3	Cap, 1.5 X 4.0 Tube
-	REX01B9	2	Board, Circuit
-	REX019U	2	Idier Wheel Bracket Assembly
-	REX3EUR	2	MAGNETIC BRAKE ASSY (Generator/Brake)
-	REX20W2	2	Belt, Poly-V
-	REX2B19	2	Assembly, Rear Foot Stabilizer
-	REX0RXQ	2	Adjust: Tensioner, Belt
-	REX20L2	2	Flywheel
-	REX20LB	2	Crank Shaft
-	REX0HVP	3	Bearing Ball 6004ZZ
-	REX2AV3	2	Cap, Seat Extrusion
-	REX210L	2	Wire Harness Main

Component Assembly 6



Ref #	Part Number	Qty	Description
-	REX0WRG	2	Hardware: Bolt, 8MM X 100MM
-	REX21QY	2	Inserts-Nut
-	REX0JAG	2	Hardware: Washer, Lock Ext. Tooth BZ
-	REX0K01	2	Hardware: Screw, SHCS 5MM X 15MM
-	REX0JEG	2	Ring: C-Ring, A-20
-	REX09FP	2	Washer
-	REX0KBQ	2	SCREW, PHILLIPS PAN HEAD TAPPING
-	REX019S	2	Spacer, Tensioner
-	REX21RG	2	Inserts-Nut
-	REX0JPT	2	Hardware: Bolt, 8MM X 60MM
-	REX0JGM	2	Key, Crank
-	REX01QU	2	Spring, Belt Tension
-	REX2NFK	6	Leveler, Leg
-	REX21RE	3	Hardware: Screw, SHCS 8MM X 50MM
-	REX0KN5	2	Hardware: Nut, M19 Low Prof
-	REX0K4R	2	Hardware: Screw, PHI 5MM X 12MM
-	REX0JZU	2	Hardware: Screw, SHCS Brake MTG
-	REX0JEJ	2	Ring, Retaining, 63/64
-	REX0K2B	2	Hardware: Screw, SHCS Brake MTG

