

Signature Series Plate-Loaded - Seated Dip

SPLDIP

Parts Manual

1/5/2019 16:44:35 PM





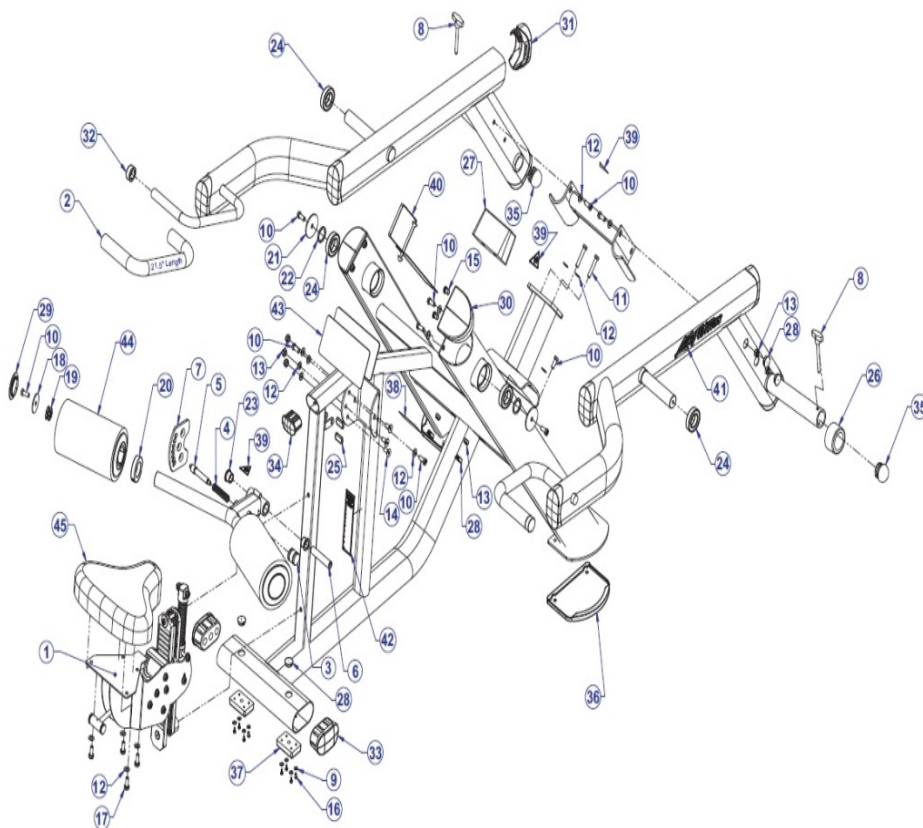
**SPLDIP - SIGNATURE SERIES
PLATE-LOADED - SEATED DIP**

Table of Contents

Component Assembly.....	3
Labels and Placards.....	5
Painted Frame Weldments.....	6
90 Degree Reversed Roller Seat Assembly.....	7

** Upholstery & Frame Colors are listed at the end of the Parts Manual **

Component Assembly



Ref #	Part Number	Qty	Description
1	8718901	1	Weldment 90 Deg Roller Seat Reversed
2	3235804	2	Grip 1.5" OD
3	7424801	1	Pop Pin Knob
3	7424803	1	KNOB TULIP STYLE
4	7351501	1	Pull Pin Spring
5	7425103	1	Pull Pin 4.250
6	8720801	1	Shaft .75"
7	8721001	1	Plate SPL Selector
8	8722401	2	Selector Pin
9	3114407	8	Hardware: Flat Washer
10	3236202	16	Hardware: Screw 25MM
11	3236208	2	Hardware: Screw 55MM
12	3273303	21	Hardware: WasherR, 3/8, THRU-HARDENED
13	3236801	9	Hardware: Nut 10 MM ID
14	3238302	3	Hardware: Screw 25MM
15	3238601	4	Blind Thread Insert - 1.5"
16	3239101	8	Hardware: Phillips Pan Screw
17	3251202	4	Hardware: Screw 25MM
18	7322301	2	Plate 1.97 OD X .447 ID 10 GA
19	7347301	2	Hardware: Nut 10 MM ID
20	7357901	2	Shaft Collar
21	8722595	2	Cover Plate - Shadow Gray

Ref #	Part Number	Qty	Description
22	8752801	2	Pivot O-ring
23	3104901	2	Bearing 3/4" ID 1" OD
24	3243201	4	Ball Bearing
25	7570801	2	Guard Paint 1.25 X .75 X .25
26	8813401	2	Flat Bumper Weight Horn - medium
27	8837701	1	H-Style Bumper
28	3237403	8	Plug 1" Hole
29	7308701	2	Cap Bearing Housing
30	7326295	2	Cap D-Tube-Top
31	7333901	8	End Cap FLOV Large
32	7662902	2	Grip Cap
33	7800401	2	Large Cap
34	7800501	1	Small Cap
35	8593501	4	Cap
36	8708801	2	SPL Foot Slipper
37	8708901	2	Rubber Foot Pad
38	7571301	1	Label Serial Number
39	8039501	3	Label Warning Triangle 10-0099-067 BNR
40	8343101	1	Tag - Bolt To Floor
41	8866901	2	Label LF Logo 10 IN. - Flat
42	8773799	1	Label, ASTM, Placard Vertical - Custom
43	8820999	1	Placard, SPLDIP, Instructions - Custom
44	7424799	2	ASSY, ROLLER PAD SHORT Custom
45	7297199	1	PAD, SEAT SADDLE Custom

** Upholstery and Frame Colors are list at the end of the Parts Manual **

ASTM Warning Label



SEATED DIP

CAUTION: MAX CAPACITY FOUR OR THREE REPEATS PER SET. SLOWLY REVERSE. 1-2 REPS PER SET.

1

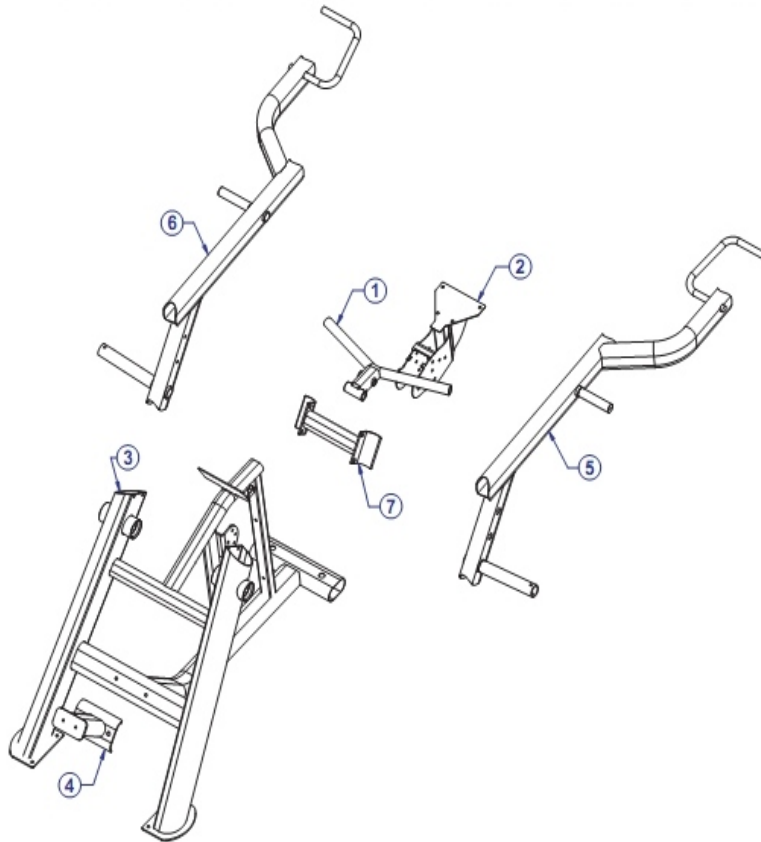
2

Life Fitness

Ref #	Part Number	Qty	Description
-	8773704	1	Label, ASTM, Placard Vertical - Spanish
-	8773701	1	Label, ASTM, Placard Vertical - English
-	8773705	1	Label, ASTM, Placard Vertical - Italian
-	8820902	1	Placard, SPLDIP, Instructions - German
-	8820903	1	Placard, SPLDIP, Instructions - French
-	8820904	1	Placard, SPLDIP, Instructions - Spanish
-	8820907	1	Placard, SPLDIP, Instructions - Japanese
-	8773708	1	Label, ASTM, Placard Vertical - Portugese
-	8773706	1	Label, ASTM, Placard Vertical - Dutch
-	8773703	1	Label, ASTM, Placard Vertical - French
-	8820901	1	Placard, SPLDIP, Instructions - English
-	8820908	1	Placard, SPLDIP, Instructions - Portugese
-	8820906	1	Placard, SPLDIP, Instructions - Dutch
-	8820905	1	Placard, SPLDIP, Instructions - Italian
-	8773702	1	Label, ASTM, Placard Vertical - German
-	8773707	1	Label, ASTM, Placard Vertical - Japanese

**** Upholstery and Frame Colors are list at the end of the Parts Manual ****

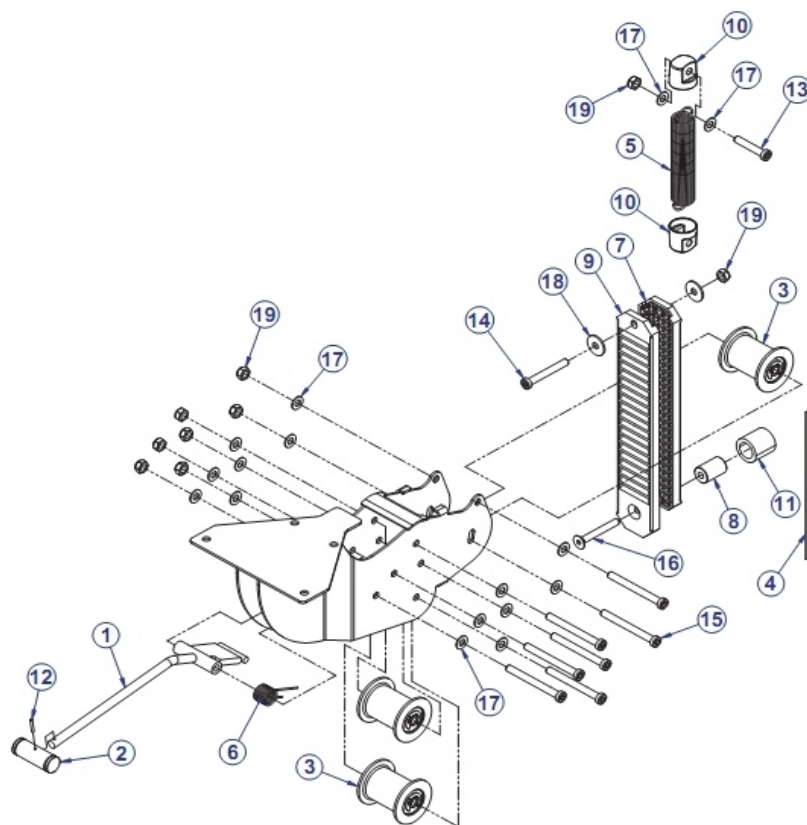
Painted Frame Weldments



Ref #	Part Number	Qty	Description
1	8716200	1	Weldment Hold Down
2	8718300	1	Weldment 90 Deg Seat Reversed
3	8804100	1	Weldment SPLDIP Main Frame
4	8804600	1	Weldment SPLDIP Bumper Mount
5	8805100	1	Weldment SPLDIP Workarm Left
6	8805200	1	Weldment SPLDIP Workarm Right
7	8805400	1	Weldment SPLDIP Workarm Bridge

** Upholstery and Frame Colors are list at the end of the Parts Manual **

90 Degree Reversed Roller Seat Assembly



Ref #	Part Number	Qty	Description
1	8708595	1	Weldment SPL Release Handle SG
2	7287903	1	Adjuster Handle
2	7287901	1	Handle Adjuster
3	7564201	3	Assembly Seat Roller
4	7422002	1	Label Seat Adjust
5	7442601	1	Spring PRO2 Roller Seat
6	7442701	1	Spring PRO2 Handle Torsion
7	7564401	1	Seatrack Flat
8	7570601	1	Stop Roller Seat
9	8416801	1	Track Seat - Serrated (20 Slots)
10	8719701	2	Spring End Cap
11	3235804	1	Grip 1.5" OD
12	3110010	1	Roll Pin 1/8" D X 7/8" L
13	3236208	1	Hardware: Screw 55MM
14	3236212	1	Hardware: Screw 75MM
15	3236217	7	Hardware: Screw 100MM
16	3238312	1	Hardware: Screw 75mm
17	3273303	16	Hardware: WasherR, 3/8, THRU-HARDENED
18	3236602	2	Washer 3/8"
19	3236801	9	Hardware: Nut 10 MM ID

** Upholstery and Frame Colors are list at the end of the Parts Manual **

Frame and Upholstery Color Chart

Frame Colors



Note: Include frame color in order notes when ordering frame assemblies or weldments.

Upholstery Colors



Replace '99' with the above color suffix when ordering pads (i.e. 7412399 = 7412301 BLACK)

