

Strength Abdominal

ST05

Parts Manual

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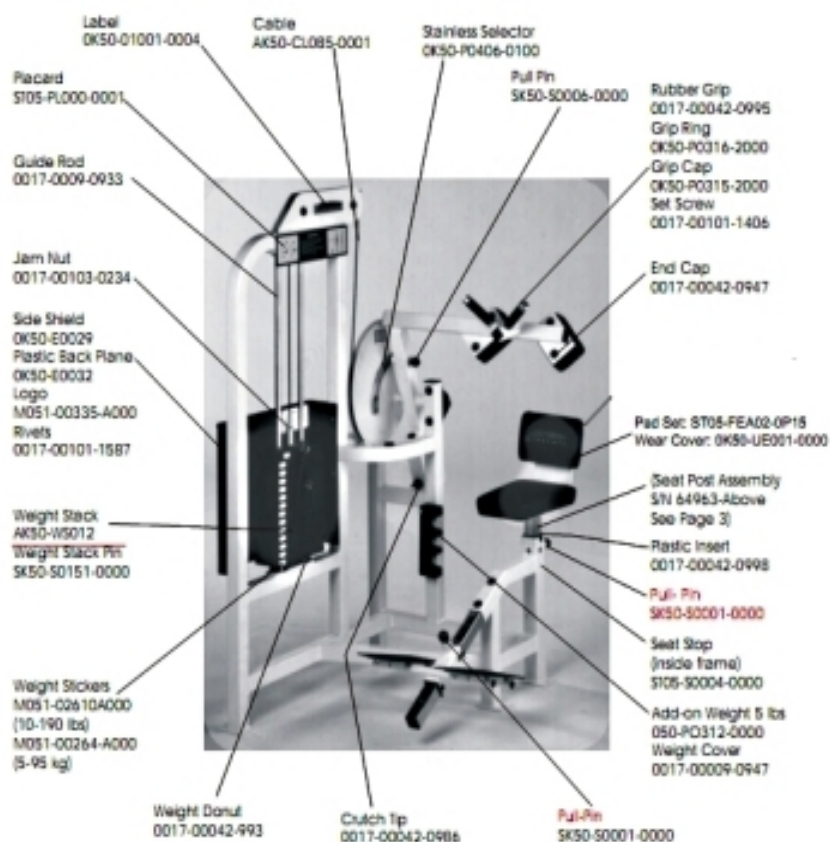


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** Upholstery & Frame Colors are listed at the end of the Parts Manual **

Component Assembly 1

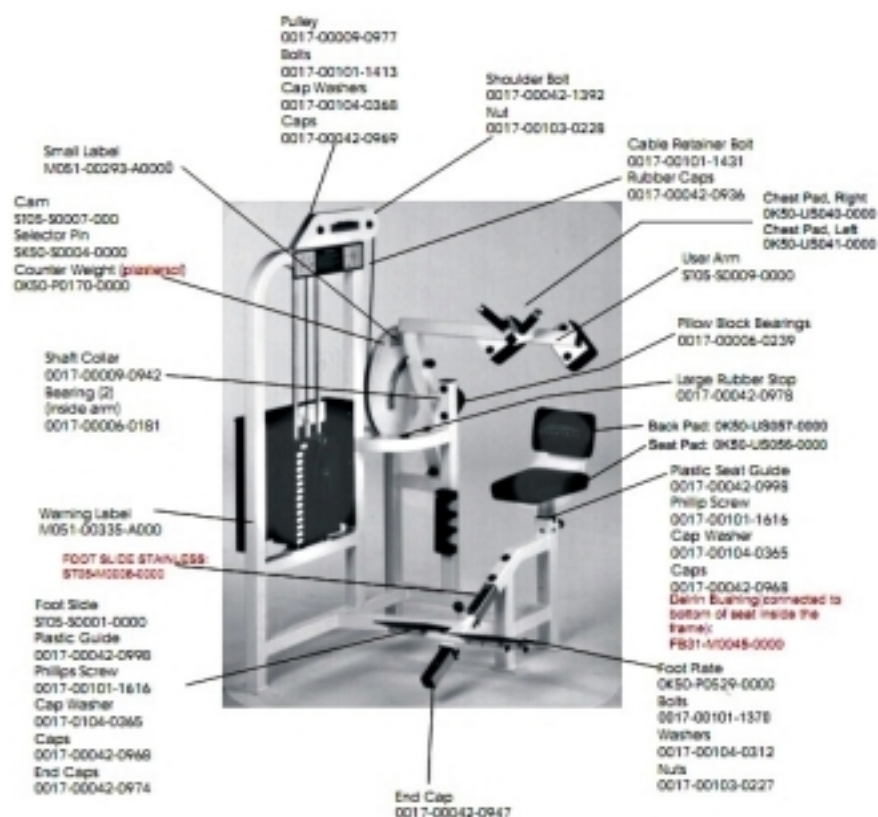


Ref #	Part Number	Qty	Description
-	M051-00335-A000	1	Warning Decal 9000 Vertical.
-	SK50-S0001-0000	1	2.75" Pull Pin Kit; Gen Purchased
-	0017-00042-0993	1	3/4" Donut Cap
-	0017-00042-0998	1	Seat Guide
-	OK50-P0312-0000	1	NLA: ADD ON PLATE; 5.0 LB; STRENGTH
-	OK50-P0406-0100	1	Polished Abd Selector; Strength
-	ST05-S0004-0000	1	Sub Assembly
-	0017-00042-0947	1	1-3/4"X3/4"X11" G Plastic Cap
-	0017-00101-1406	1	Hardware: 10-32 X 1/8; Set Screw
-	AK50-WS012	1	NLA: 140LB WS W/ NEW RED & 1.06 PLT
-	OK50-P0315-2000	1	Cap; Grip
-	OK50-UE001-0000	1	Wear Cover; Strength
-	7353001	1	Hardware: Assembly Selector Pin
-	OK50-A1102-0000	1	Magnitized Weight Stack Pin with Lanyard and Ring For Customer Service
-	0017-00042-1209	1	1" ID Grip
-	0017-00009-0933	1	Chrome Rod: 3/4" Get Length From Customer
-	0017-00101-1587	1	Hardware: RVT 201X0413X.354 T NY NO
-	OK50-P0316-2000	1	Collar: 1" ID Collar
-	AK50-CL085-0001	1	Cable; 85" One Ball End; Strength
-	OK50-E0032	1	NLA: /PLASTIC BACKPLANE 16.63" X 24"
-	M051-00264-A000	1	Manual: Kilogram Regular 5-954150-5

Ref #	Part Number	Qty	Description
-	SK50-S0006-0000	1	4.5 Soft Tip PPK; SL50 ST05
-	ST05-PL000-0001	1	NLA: PLACARD; ABDOMINAL
-	0017-00103-0234	1	Hardware: Nut 9/16-12 JAM D ST ZN B
-	0K50-01001-0004	1	Decal: Name Plate 9 1/4" Chrome Plated Plastic
-	0017-00042-0986	1	Cap: Rubber Crutch Tips

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Component Assembly 2

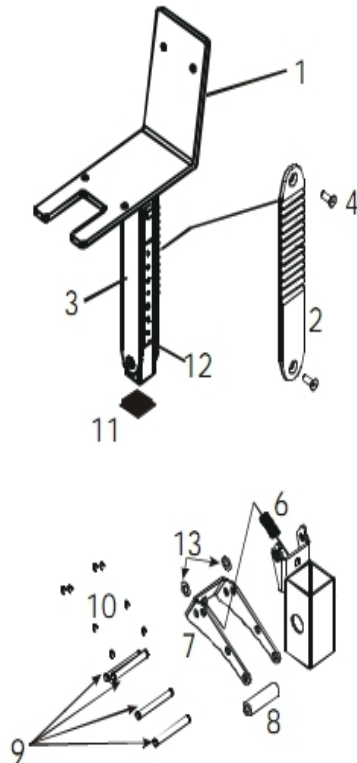


Ref #	Part Number	Qty	Description
-	M051-00335-A000	1	Warning Decal 9000 Vertical.
-	0017-00042-0978	1	Thick Rubber Stop; 1-3/8 OD X 3/8
-	0017-00042-0998	2	Seat Guide
-	0017-00101-1431	1	Hardware: 5/16-18X 8 UNS HXS BLT G5 ZN B
-	0017-00101-1616	2	Hardware: 10-24 X 8 PHI PAN ST ZN B
-	0017-00103-0227	1	Hardware: Nut 1/4 -20 Jam D ST ZN B
-	0017-00103-0228	1	Hardware: Nut 10-24 HEX D ST ZN B
-	0K50-P0170-0000	1	COUNTER WEIGHT; STRENGTH
-	0K50-US041-0000	1	Chest Pad Left; ST05; Strength
-	0K50-US057-0000	1	Pad Set, Ab Back
-	ST05-M0006-0000	1	Engrave SS Post; Abductor; Strength
-	ST05-S0007-0000	1	Complete Cam Sub ASSM
-	0017-00006-0203	1	Slotted 1.0" ID Pillow Block Bearing (Slot 11/16"
-	0017-00042-0947	1	1-3/4"X3/4"X11" G Plastic Cap
-	0017-00104-0368	1	Hardware: Flanged Finishing Washer - Large (RHW205)
-	7662301	1	Bushing FWMAB SS Slide
-	0017-00042-0936	1	Black Rubber Cap; /375X.500
-	0017-00042-0968	2	Finishing Cap - Small (RH10)
-	0017-00101-1370	1	Hardware: 1/4 -20X16 HXS FLT BLT G5 BZ B
-	SK50-S0004-0000	1	4.5 Pull Pin Kit; SL05-10 FB30
-	8347301	1	Kit, Snap-On Footplate
-	0017-00042-0969	1	Finishing Cap - Large (RH20)

Ref #	Part Number	Qty	Description
-	0017-00104-0365	2	Hardware: Flanged Finishing Washer - Small (RHW105
-	0K50-US056-0000	1	Pad Set, Ab Seat
-	M051-00293-B000	1	Decal: ASTM Warning Label
-	ST05-S0009-0000	1	Sub Assembly; User Arm; Abductor; Stren
-	3237801	1	Pulley 4.5" OD
-	0017-00009-0942	1	Collar: Shaft; 1.020" ID N/D
-	0017-00042-0974	1	Caps; Round; Black; Plate; F1"
-	0K50-US040-0000	1	Chest Pad Right; ST05; Strength
-	ST05-S0001-0000	1	Ab Machine Foot Slide
-	0017-00006-0181	2	Needle BH 168 Bearing
-	0017-00101-1413	1	Hardware; 3/8 16X28 UNS HEX; STR
-	0017-00104-0312	1	Hardware: Washer 281-.625-065 FL-D ST ZN B

** Upholstery and Frame Colors are list at the end of the Parts Manual **

Seat Post Assembly



Ref #	Part Number	Qty	Description
1	ST05-S0011-0000	1	Weldment, Seat
2	0K50-P0547-0000	1	Plate, Front Striker
3	0K50-P0548-0000	1	Plate, Back Striker
4	0017-00101-1655	4	Hardware: 5/16-24X12 FLT SOC CS ST ZN B
6	0017-00009-1079	1	Spring: Compression N/D
7	0K50-P0550-0000	1	Release Lever
8	0017-00042-1089	1	3/8" ID X 3/16" Wall Extruded Tube Duro 65A Black
9	0K50-P0551-0000	4	Hardware: Grooved Pin
10	0017-00100-0190	8	Ring C .375 5103-37 ST ZN
11	0017-00042-0944	1	1 1/2 X 1 1/2 Endcap
12	M051-00363-A000	1	Decal: Seat Post Number Strip 14 Notch

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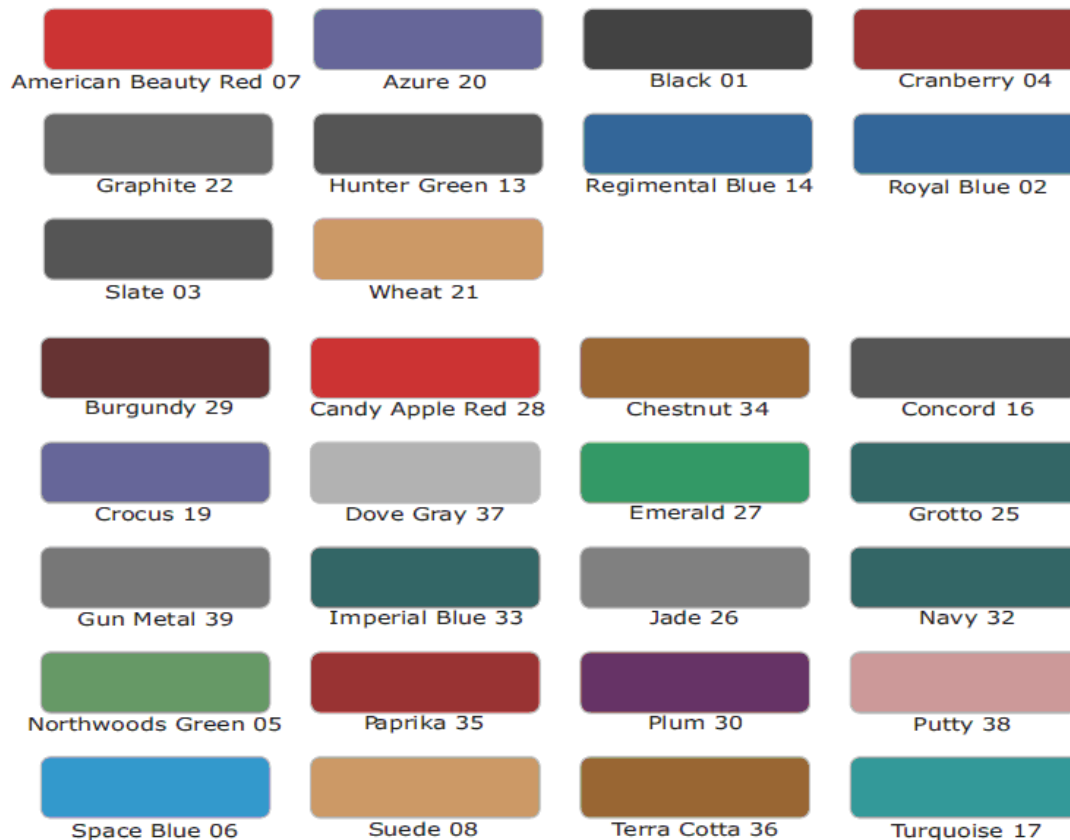
Frame and Upholstery Color Chart

Frame Colors



Note: Include frame color in order notes when ordering frame assemblies or weldments.

Upholstery Colors



Replace '99' with the above color suffix when ordering pads (i.e. 7412399 = 7412301 BLACK)

