

X7 Cross-Trainer - English/Metric 230-240+/50 ALL Cords

X7-XX0X-0103

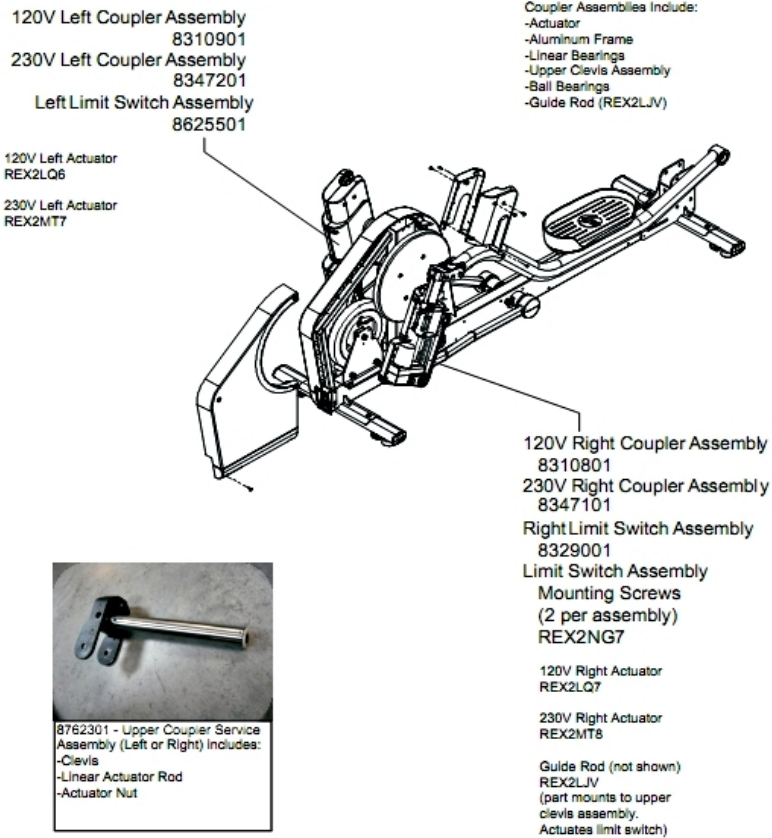
Parts Manual

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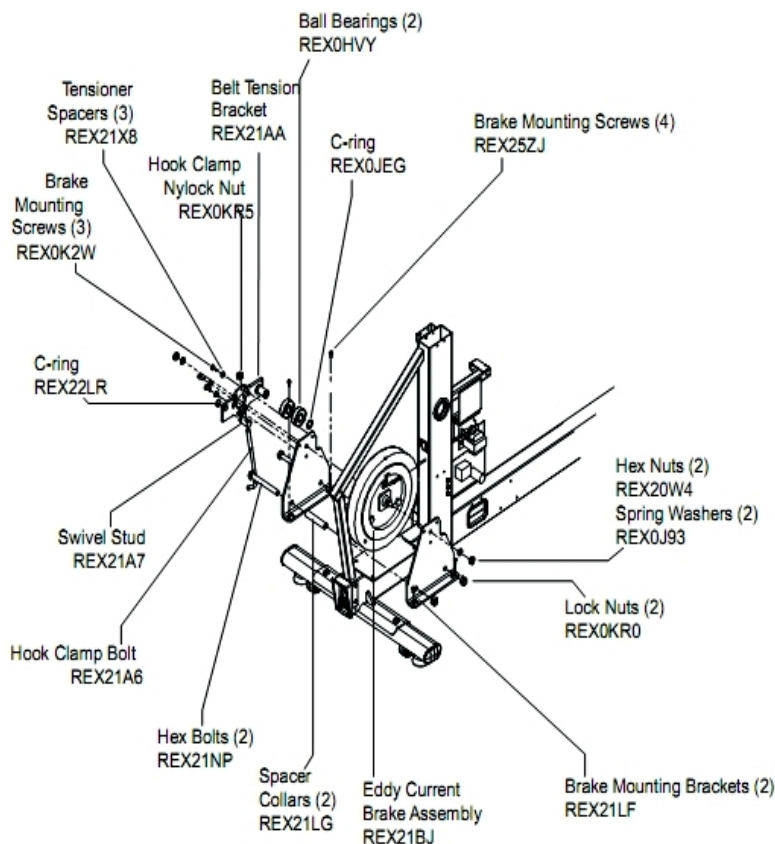
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Actuators



Ref #	Part Number	Qty	Description
-	REX2MT8	1	Actuator, Right Coupler 230V
-	REX2MT7	1	Actuator, Left Coupler 230V
-	REX2NG7	1	Hardware: Screw, PHI PAN M3 X 0.5-10
-	8762201	1	Service Assembly, Limit Switch Left
-	REX2LJV	1	Guide Rod, Adj Link
-	8762101	1	Service Assembly, Limit Switch Right
-	8347101	1	Service Assembly, Right 230V Coupler
-	8347201	1	Service Assembly, Left 230V Coupler

Brake and Tensioner Components

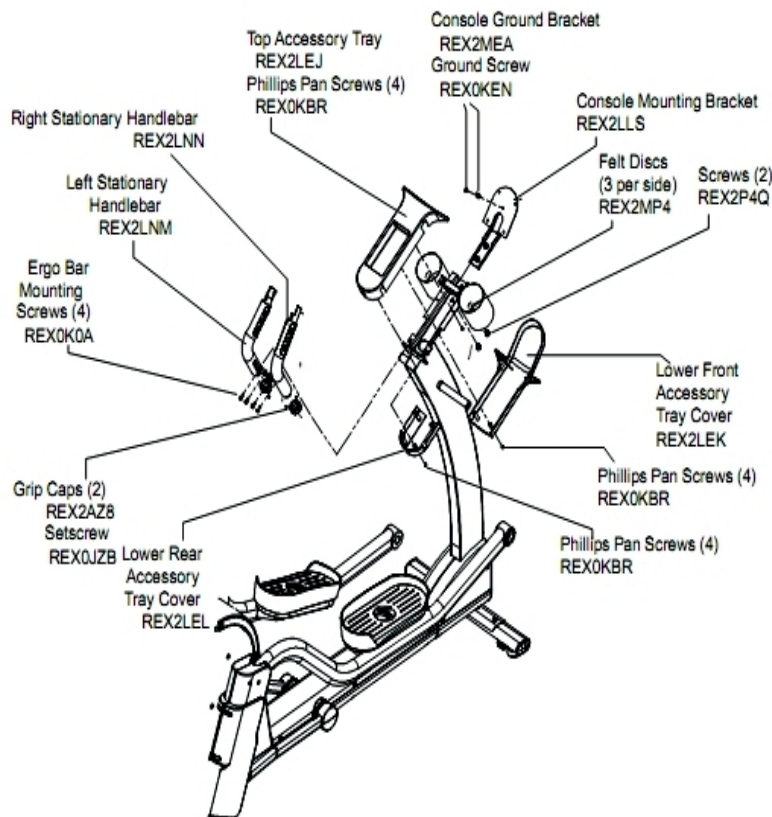


Ref #	Part Number	Qty	Description
-	REX21A6	1	Hardware: Bolt, Hook Clamp
-	REX21LG	1	Spacer, Collar
-	REX25ZJ	1	Hardware: Cap Screw, M8 X 1.25-20
-	REX21AA	1	Bracket, Belt Tensioner
-	REX21X8	1	Spacer, Tensioner
-	REX0K2W	1	Hardware: Screw, SHCS Brake MTG
-	REX20W4	1	Hardware: Nut, HEX M10 X 1.5-6
-	REX0KR0	1	Hardware: Nut, Lock M12 X 1.75-12
-	REX0KR5	1	Hardware: Nut, Nylock M10 X 1.5, 10M Thick
-	REX21A7	1	Hardware: Stud, Swivel
-	REX22LR	1	Ring: C-Ring, A-16
-	REX0JEG	1	Ring: C-Ring, A-20
-	REX0HVV	1	Bearing, Ball 6204ZZ
-	REX21NP	1	Hardware: Bolt, HEX HD M12 X 1.75-110
-	REX21BJ	1	Brake, Assembly Eddy Current
-	REX21LF	1	Bracket, Brake MTG
-	REX0J93	1	Hardware: Washer, Spring 1.0

Cables and Miscellaneous

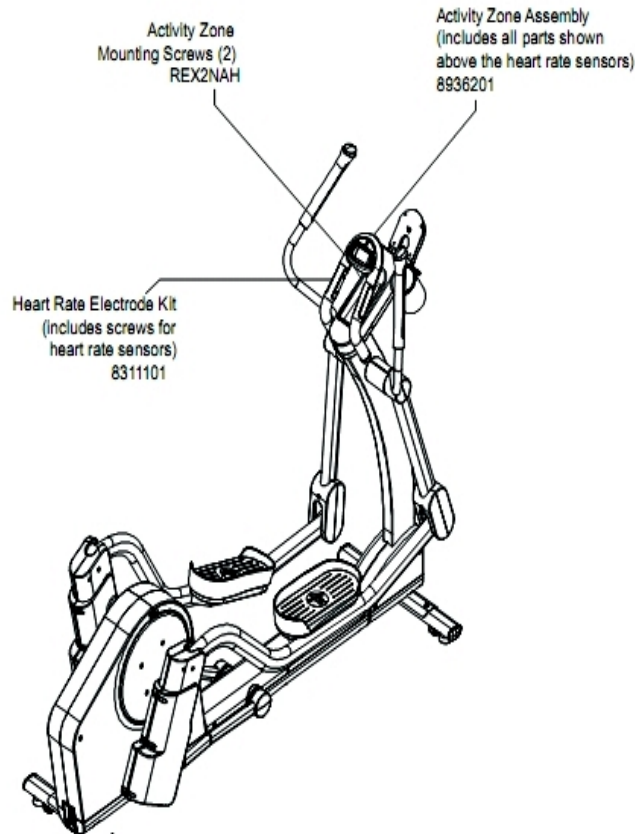
Ref #	Part Number	Qty	Description
-	REX2LQA	1	Cable, Upright, Console to MCB
-	REX2LQJ	1	Cable, Grip, HR Sensor To Console
-	REX2LQB	1	Cable, Base, Console To MCB
-	8186301	1	Arctic Silver Touch Up Paint; 18ML Bottle, HEAO006
-	REX2LQD	1	Cable, Upright, User Pod To MCB
-	REX2LQH	1	Cable, Upper, HR Sensor To Console
-	REX2LQG	1	Cable, Grip, User Pod To Console
-	REX2LQE	1	Cable, Base, User Pod To MCB
-	REX2LQC	1	Cable, Grip, User Pod To MCB
-	REX2LQF	1	Cable, Upper, User Pod To Console
-	8332401	1	Manual, User X7 English

Console Support and Handlebars



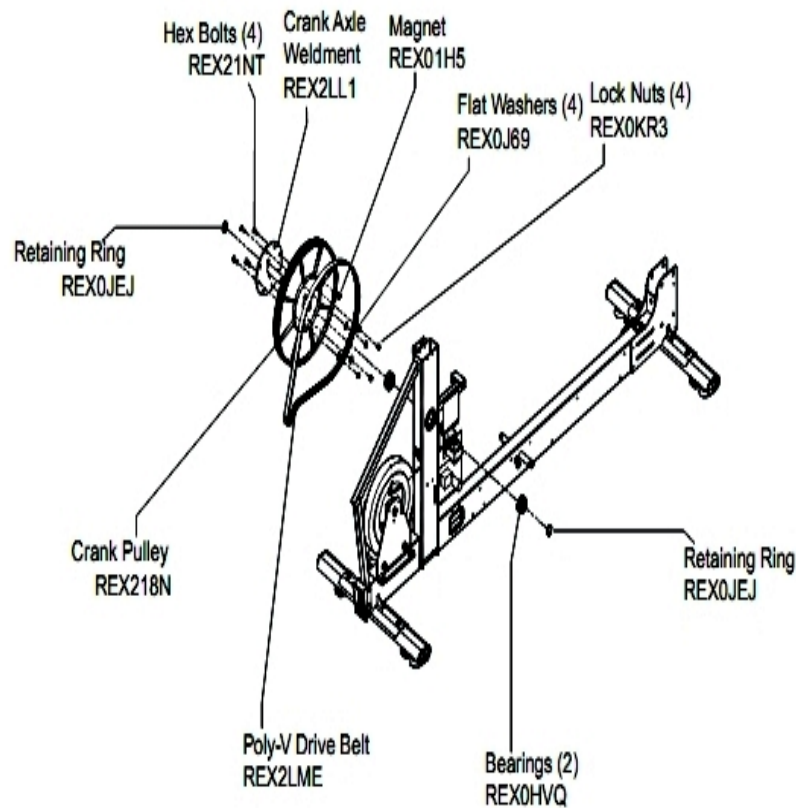
Ref #	Part Number	Qty	Description
-	REX2MEA	1	Console Ground Bracket
-	REX2P4Q	1	Hardware: Bolt, HEX M10 X 1.5-16
-	REX2LNM	1	Stationary Handlebar Overmold Left
-	REX0K0A	1	Hardware: Cap Screw, M8 X 1.25-16
-	REX2AZ8	1	X3-0 And X3-5 Hardware Bag Assembly
-	REX2LEL	1	Lower Console Support Cover
-	REX2LEK	1	Bottom Console Support Cover
-	REX2LEJ	1	Top Console Support Cover
-	REX0KEN	1	Ground Screw, Console Bracket
-	REX0KBR	3	Hardware: Screw, PHI PAN M3.5 X 20-8
-	REX0JZB	1	Hardware: M4 X .7 HXS NO CUP ST BO
-	REX2MP4	1	Felt Disc
-	REX2LNN	1	Stationary Handlebar Overmold Right
-	REX2LLS	1	Bracket, Console Support

Console, Activity Zone and Heart Rate Sensor Kit Assemblies



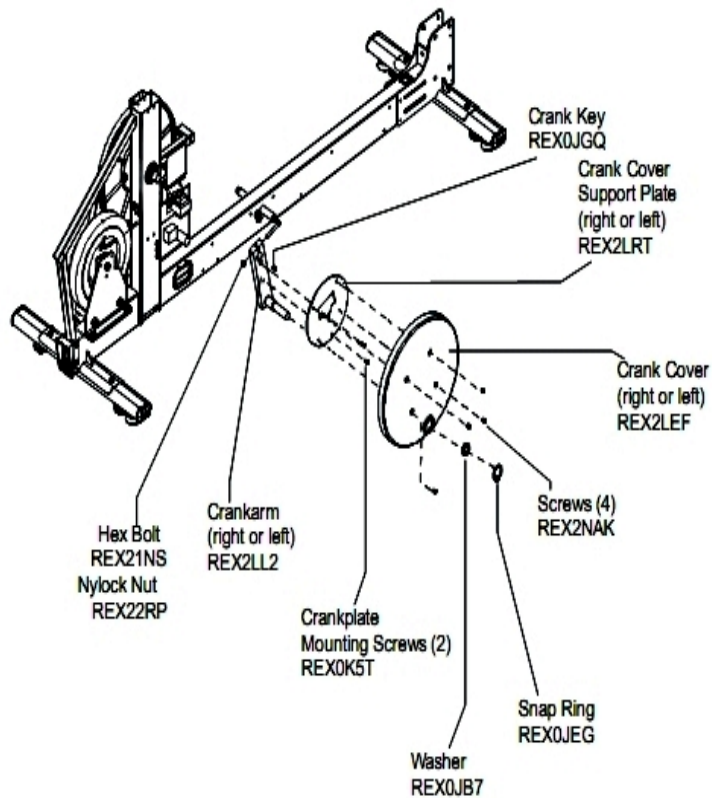
Ref #	Part Number	Qty	Description
-	REX2NAH	1	Hardware: Screw, PHI PAN M4 X 0.7-8
-	8311101	1	Service Assembly, HR Electrodes
-	8936201	1	Service Assembly, X7-X8 Act Zone, P4

Crank Pulley and Drive Belt



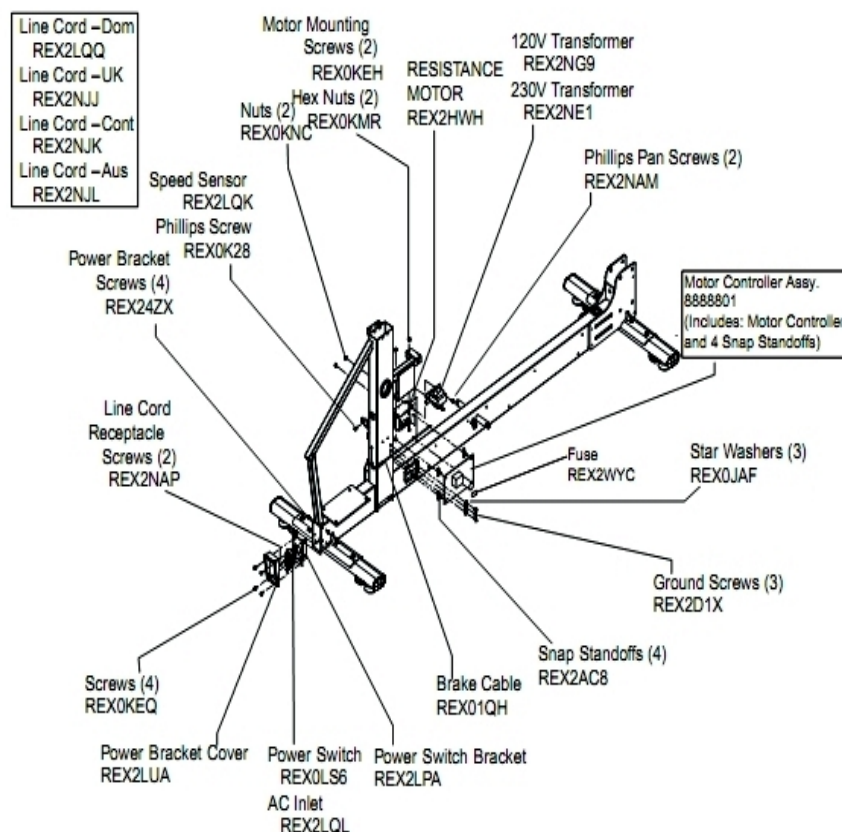
Ref #	Part Number	Qty	Description
-	REX21NT	2	Hardware: Bolt, HEX HD M6 X 1-20
-	REX0JEJ	2	Ring, Retaining, 63/64
-	REX01H5	1	Magnet Rexon
-	REX218N	1	Pulley, Crank
-	REX0KR3	1	Hardware: Nut, Lock M6 X 1, 6MM Thick
-	3225301	1	Bearing, 12MM Ball
-	REX2LME	1	Belt, Drive, Poly V, 520J
-	REX2LL1	1	Weldment, Axle Crank
-	REX0J69	1	Hardware: Washer, Flat .6 X 13-1

Crank Related Components



Ref #	Part Number	Qty	Description
-	REX21NS	1	Hardware: Bolt, HEX HD. M8 X 1.25-60
-	REX2LEF	1	Cover; Crank
-	REX2LRT	1	Plate; Crank
-	REX22RP	1	Hardware: Nut, Nylock M8 X 1.25 X 6MM Thick
-	REX0JEG	1	Ring: C-Ring, A-20
-	REX0JGQ	1	Crank Key
-	REX0JB7	1	Hardware: Wave Washer; 20.5MM X 26.7MM T = 0.25MM
-	REX0K5T	1	Hardware: Screw, PHI M5 X 0.8-10
-	REX2LL2	1	Weldment, Crank Arm
-	REX2NAK	1	Hardware: Screw, CSL PAN M5 X 0.8-8

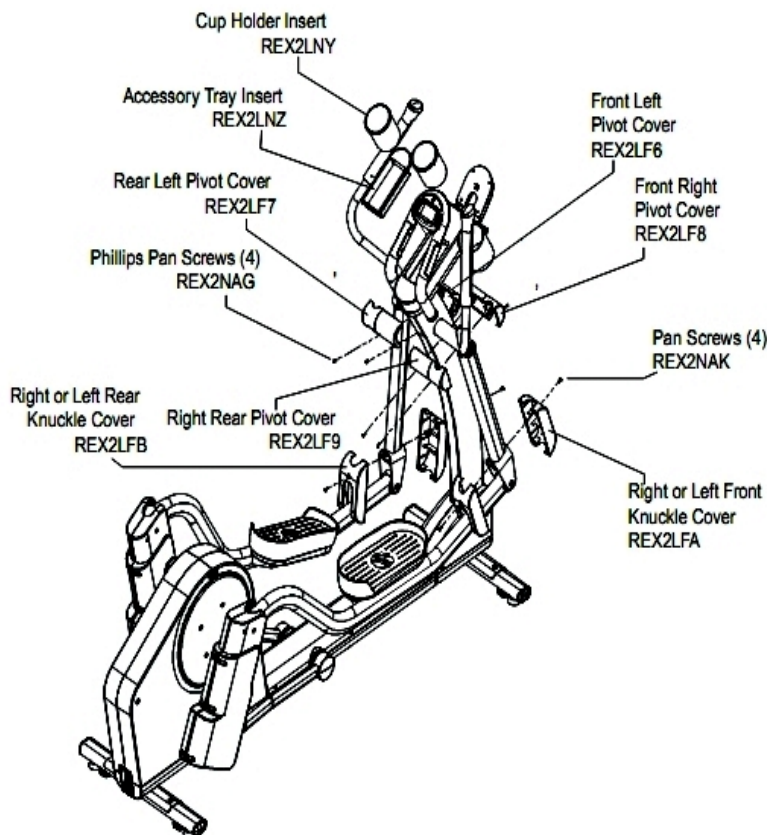
Electronic Components



Ref #	Part Number	Qty	Description
-	REX2AC8	1	Clamp: Snap Standoff
-	REX24ZX	1	Screw, Power Bracket
-	8888801	1	Service Assembly, ASXT Motor Control V2
-	REX0K28	1	Hardware: Cap Screw, M5 X 0.8-16
-	REX0KEQ	1	Hardware: Screw, PHI PAN M5 X 0.8-12
-	REX2NG9	1	120V Transformer
-	REX2NAM	1	Hardware: Screw, PHI PAN M4 X 0.7-12
-	REX01QH	1	Cable, Brake Harness
-	REX0JAF	1	Hardware: Star Washer
-	REX0KMR	1	Hardware: Nut, M5 X 0.8, 4MM Thick
-	REX0LS6	1	Power Switch
-	REX2LPA	1	Bracket, Power Switch
-	REX2LQL	1	Electrical: Inlet, AC
-	REX0KNC	1	Hardware: Nut, HEX M4 X 0.7, 3.2MM Thick
-	REX2D1X	1	Hardware: Screw, PHI PAN M5 X 0.8-6
-	REX2LQQ	1	120V Line Cord
-	REX2WYC	1	Electrical: Fuse Metric 5X20 S-B 3.15A 250V
-	REX0KEH	1	Hardware: Screw, Pan HD with Patch M5 X .8-16
-	REX2HWH	1	Drive Motor, Resistance Stepper
-	REX2LUA	1	Cover, Power Bracket
-	REX2NAP	1	Hardware: Screw, PHI Pan M3 X 0.5-8

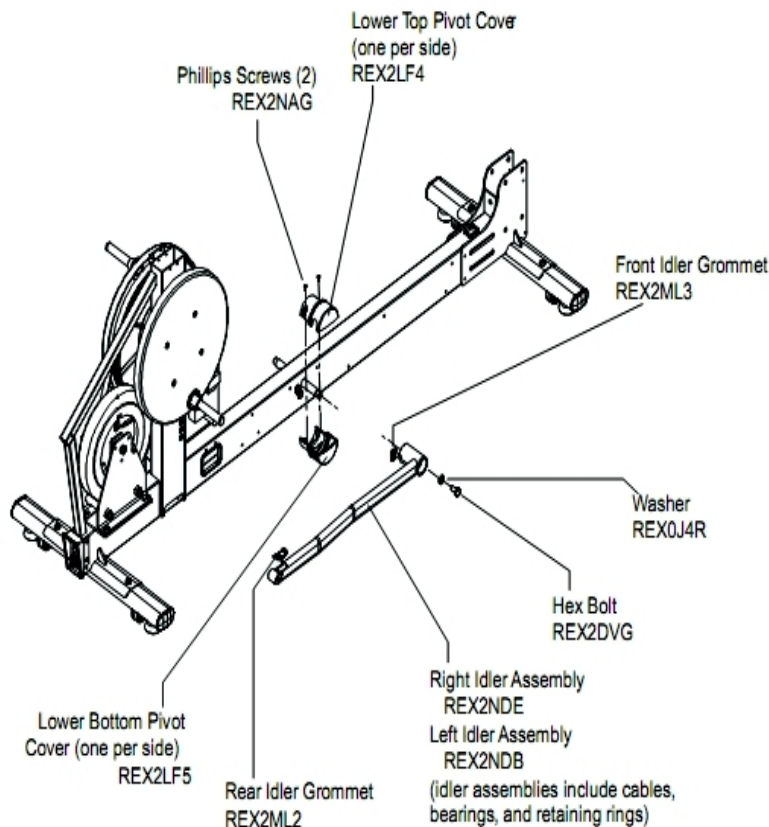
Ref #	Part Number	Qty	Description
-	REX2LQK	1	Speed Sensor

Front Plastics



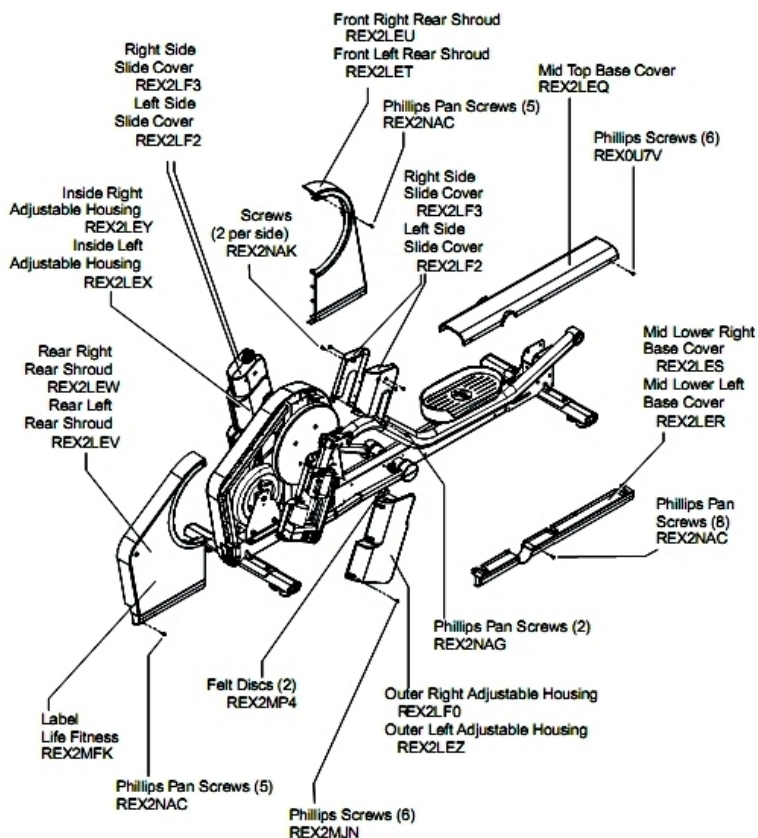
Ref #	Part Number	Qty	Description
-	REX2LF9	1	Cover, Rear Right User Arm
-	REX2LFB	1	Cover; Rear Clevis
-	REX2LF8	1	Cover, Front Right User Arm
-	REX2NAG	1	Hardware: Screw, PHI PAN M3.5 X 18-12
-	REX2LF6	1	Cover; Front Left User Arm
-	REX2LFA	1	Cover; Front Clevis
-	REX2LNZ	1	Accessory: Plastic CD Tray
-	REX2NAK	1	Hardware: Screw, CSL PAN M5 X 0.8-8
-	REX0KBA	1	Hardware: Screw, PHI PAN M5 X 16-12
-	REX2LF7	1	Cover; Rear Left User Arm
-	REX2LNY	1	Insert, Cup Holder

Idler Assemblies and Covers



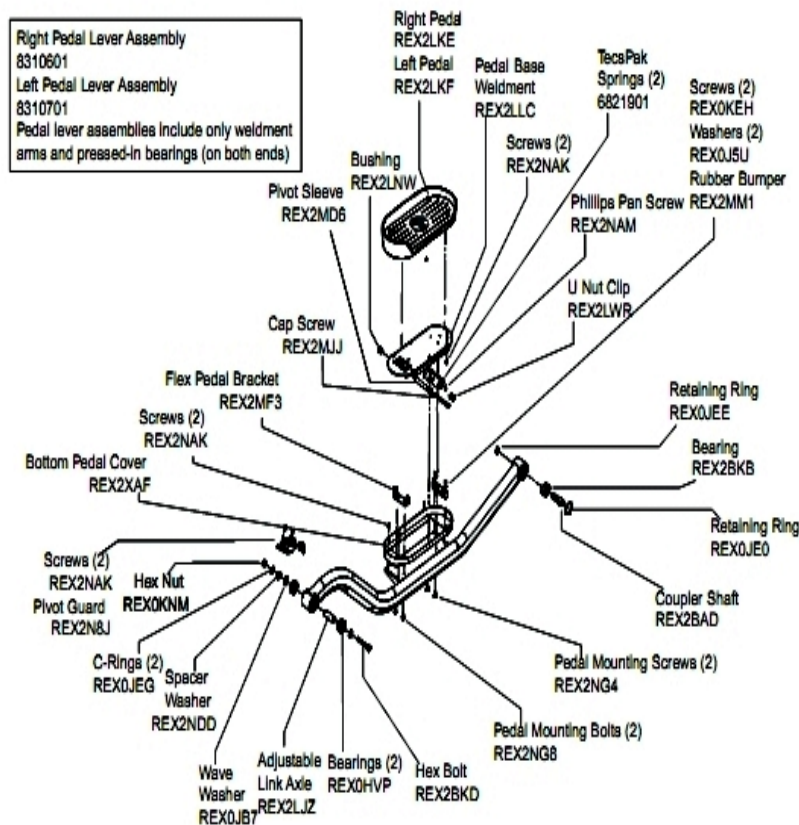
Ref #	Part Number	Qty	Description
-	REX2LF4	1	Cover Pivot Lower Top
-	REX2LF5	1	Cover Pivot Lower Bottom
-	REX2ML3	1	Grommet, Idler Front
-	REX0J4R	1	Hardware: Washer, 20MM OD X 10MM ID X 3MM Thick
-	REX0KBA	1	Hardware: Screw, PHI PAN M5 X 16-12
-	REX2NAG	1	Hardware: Screw, PHI PAN M3.5 X 18-12
-	8770201	1	Service Assembly, Idler Left X7
-	REX2DVG	1	Hardware: Bolt, HEX M10 X 1.5-20
-	REX2ML2	1	Grommet, Idler Rear
-	8770101	1	Service Assembly, Idler Right X7

Main Shrouds



Ref #	Part Number	Qty	Description
-	REX2LER	1	Cover; Extrusion Left
-	REX0KBA	1	Hardware: Screw, PHI PAN M5 X 16-12
-	REX2LET	1	Shroud; Rear Front-Half, Left
-	REX2LF0	1	Cover; Outer Actuator, Right, X7
-	REX2LF2	2	Shroud; Telescoping, Left
-	REX2MFK	1	Decal: Label, Life Fitness Aluminum
-	REX0U7V	1	Hardware: Screw, PHI M4 X 16-16
-	REX2MJN	1	Hardware: Screw, PHI HD, M3.5 X 18-12
-	REX2NAC	3	Hardware: Screw, CSL PAN M5 X 0.8-12
-	REX2LEY	1	Cover; Inside Actuator, Right
-	REX2LEX	1	Cover; Inside Actuator, Left
-	REX2LEZ	1	Cover; Outside Actuator, Left, X7
-	REX2LEW	1	Shroud; Rear, Rear-Half
-	REX2LEV	1	Shroud: Rear; Rear-Half; Left
-	REX2LEU	1	Shroud; Rear Front-Half, Right
-	REX2NAG	1	Hardware: Screw, PHI PAN M3.5 X 18-12
-	REX2LEQ	1	Cover; Extrusion Top
-	REX2LF3	2	Shroud; Telescoping, Right, X7
-	REX2MP4	1	Felt Disc
-	REX2LES	1	Cover; Extrusion Right

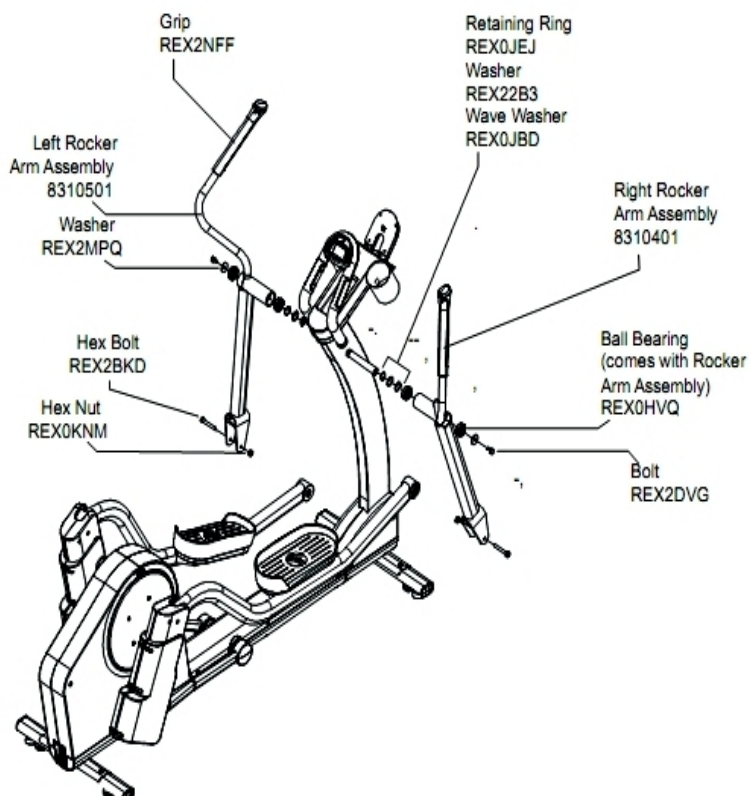
Pedal Lever Assembly



Ref #	Part Number	Qty	Description
-	REX0JEO	1	Ring, Retaining B-40
-	REX2MD6	1	Sleeve Pivot, Pedal
-	REX2NG4	1	Pedal Mounting Screw
-	REX2BAD	1	Shaft, Coupler Pedal Conn
-	REX2LJZ	1	Axle, Adj Link
-	REX2MJJ	1	Hardware: Cap Screw, M8 X 1.25-90
-	REX2NG8	1	Hardware: Bolt, HEX HD M6 X 1-12
-	REX0HVP	1	Bearing Ball 6004ZZ
-	REX2BKB	1	Bearing, Self-Align, 2203
-	REX2NDD	1	Hardware: Washer, Spacer
-	REX0JEG	1	Ring: C-Ring, A-20
-	REX2NAM	1	Hardware: Screw, PHI PAN M4 X 0.7-12
-	REX2MM1	1	Bumper, Rubber
-	8310701	1	Service Assembly, Left Pedal Lever
-	REX0JEE	1	Ring, Retaining A-17
-	REX2LLC	1	Plate, Pedal
-	REX2LWR	1	Nut, Clip, U
-	REX2N8J	1	Guard, Pivot
-	REX2LKE	1	Pedal, Right
-	REX2LKF	1	Pedal, Left
-	REX2MF3	1	Weldment; Flex Pedal Bracket, X7

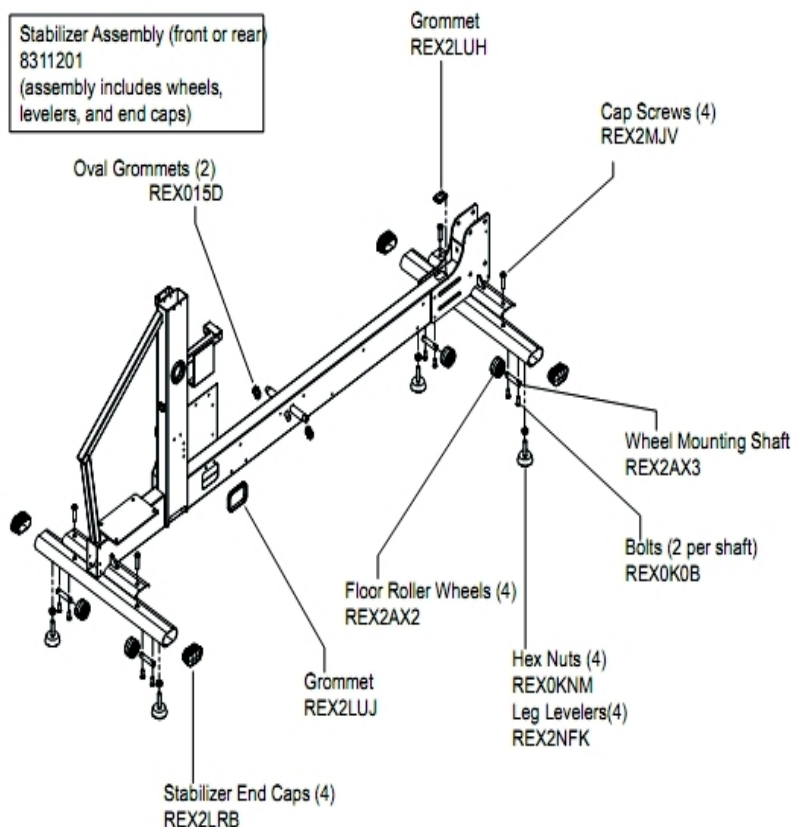
Ref #	Part Number	Qty	Description
-	REX2XAF	1	Cover Bottom Pedal
-	6821901	1	Spring, TECSPAC Black
-	REX0JB7	1	Hardware: Wave Washer; 20.5MM X 26.7MM T = 0.25MM
-	REX0KEH	1	Hardware: Screw, Pan HD with Patch M5 X .8-16
-	REX2LNW	1	Bushing, IGUS
-	REX2NAK	3	Hardware: Screw, CSL PAN M5 X 0.8-8
-	8310601	1	Service Assembly, Right Pedal Lever
-	REX0J5U	1	Hardware: Washer, 12 MM OD X 5.2 MM ID X 1MM Thick
-	REX2BKD	1	Hardware: Bolt, HEX HD M10 X 1.5-74
-	REX0KNM	1	Hardware: Nut, HEX M10 X 1.5-8

Rocker Arm Assemblies and Hardware



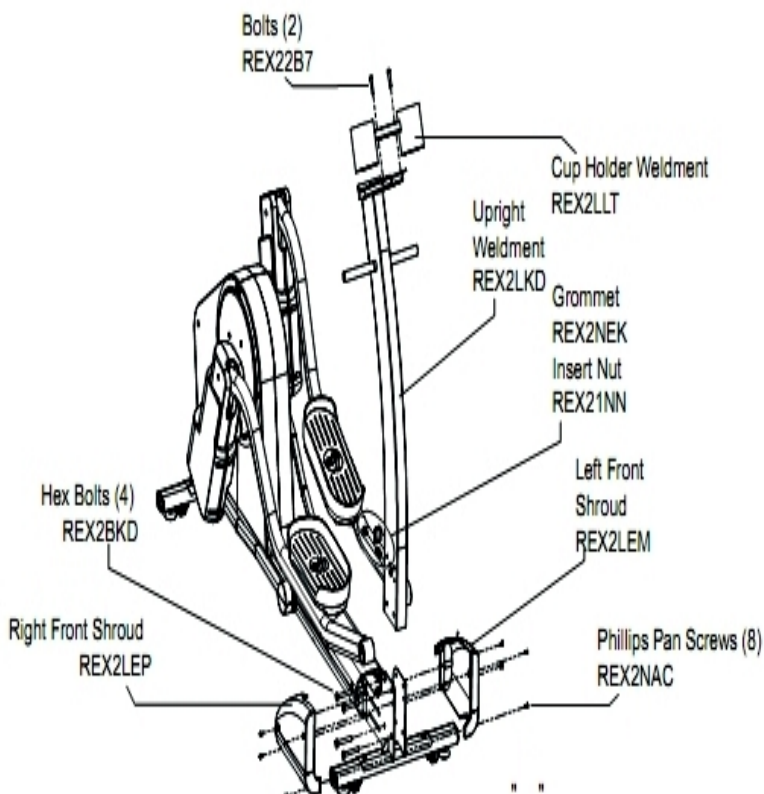
Ref #	Part Number	Qty	Description
-	3225301	1	Bearing, 12MM Ball
-	REX0KNM	1	Hardware: Nut, HEX M10 X 1.5-8
-	REX2MPQ	1	Hardware: Washer, 35MM OD X 10MM OD X 3MM Thick
-	8310401	1	Right User Arm with Bearing, X7
-	8310501	1	Left User Arm with Bearing, X7
-	REX2BKD	1	Hardware: Bolt, HEX HD M10 X 1.5-74
-	REX22B3	1	Hardware: Washer, .26 X 35-.8
-	REX2NFF	1	X7 Grip, Molded
-	REX0JBD	1	Hardware: Wave Washer, 25MM X 35MM
-	REX2DVG	1	Hardware: Bolt, HEX M10 X 1.5-20
-	REX0JEJ	1	Ring, Retaining, 63/64

Stabilizer Components and Grommets



Ref #	Part Number	Qty	Description
-	REX0KNM	1	Hardware: Nut, HEX M10 X 1.5-8
-	REX2NFK	1	Leveler, Leg
-	REX2LUJ	1	Grommet, 50MM X 75MM
-	REX2LRB	1	Stabilizer Endcap
-	REX2LUH	1	Grommet, 38MM X 25MM
-	REX2MJW	1	Hardware: Screw, HXS M10 X 1.5-15
-	REX015D	1	Grommet, Upright Oval
-	REX2AX2	1	Wheel-Floor Roller
-	REX2AX3	1	Shaft, Wheel Mounting
-	8311201	1	Service Assembly, Stabilizer

Upright and Upright Shrouds



Ref #	Part Number	Qty	Description
-	REX2LEM	1	Cover; Upright Left, X7
-	REX21NN	1	Hardware: Nut, Insert M10 X 1.5
-	REX2NAC	1	Hardware: Screw, CSL PAN M5 X 0.8-12
-	REX2LKD	1	Weldment, Upright
-	REX2LLT	1	Bracket; Cup Holder
-	REX2NEK	1	Grommet, 38MM X 25MM
-	REX22B7	1	Hardware: Cap Screw, M8 X 1.25-40
-	REX2BKD	1	Hardware: Bolt, HEX HD M10 X 1.5-74
-	REX2LEP	1	Cover; Right Upright, X7

