Wandered through various career paths in upper division classes including urban planning and anthropology. Had the great good fortune to work with Craig Heller as a senior. Became a late entry, closeted Pre-med after Christmas of '72. Was fortunate to get into med school after a "gap year"; which included taking freshman chem at Berkeley and working as a lab tech at Stanford Hospital. In med school, Community Medicine and Family Practice were the natural extensions of HumBio thinking. Now, at 60 (the new 45), I am participating in the transformation of health care through the creation of a Patient Centered Medical Home. A simple definition of PCMH can be found on Wikipedia, or you can visit the practice website: MyHealthMedicalGroup.com. Unfortunately, I look 60 and not 45 in the video.... Most professionally and intellectually stimulating time since that spring of 1971!