

Monday, May 27th – 3:00 pm to 4:30 pm

GOVERNANCE AND LEADERSHIP

GL-3: Replacing the Failed 'War on Drugs' with Decriminalization and Harm Reduction

Presentation Description:

The 'War on Drug's' has been a catastrophic failure, inflicting unnecessary harm and hardship on millions of people. This presentation explores the alternatives – through a harm reduction and decriminalization lens. Let's imagine a substance use and mental health system that puts the individual, research and best practices first.

Workshop Objectives:

1. Participants will learn about the realities of the 'war on drugs' and the devastation it has caused.
2. Participants will explore the opportunities to frame the treatment on substance users in such a way that their using and mental health are positively impacted.
3. Participants will be encouraged to see what they/their organization could do to move this vision closer to reality.

Presenter Bio:

Ben Bridgstock is an expert with over 20 years' experience in harm reduction, substance use, addiction and mental health, frequently speaking to audiences across Canada.

HEALTH PROMOTION AND WELLNESS

HP-3: Stigma – Hidden in Plain Sight

Presentation Description:

The stigma associated with substance use is a barrier to achieving wellness. This panel will shine a light on diverse sources and implications of stigma. It will challenge the audience to consider steps all levels to address that stigma, from the innovative and radical to the individual and subtle.

Workshop Objectives:

1. Participants will be able to recognize sources of stigma at structural, system, program, policy, and interpersonal levels.
2. Participants will be able to recognize the impact of stigma at structural and system levels.
3. Participants will be able to apply new knowledge and strategies to take action to address the stigma associated with substance use at structural and individual levels.

Presenter Bio:

Andrew R.F. Berthelet, Community Addictions Peer Support Association – A member of the Board of Directors, peer group facilitator, and volunteer at CAPSA, living in early recovery and continuously engaged in training and education.

Rebecca Jesseman, Canadian Center on Substance Use and Addiction – A respected and recognized subject-matter expert on drug policy, with a focus on cannabis and regulatory options, treatment system reform, and criminal justice.

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Frank Welsh, Canadian Public Health Association – A developer of policy alternatives and advocacy, his interests include developing public health approaches to drug policy, and cannabis legislation and regulation.

INNOVATIVE PROGRAMMING 1

IP1-3a: Older Adults with Alcohol-Related Problems – Best Practice Guidelines

Presentation Description:

Health Canada has funded the Canadian Coalition for Seniors' Mental Health to develop national clinical guidelines for substance use disorders among older adults. This workshop will focus on key recommendations from the Alcohol guidelines, including Low Risk Drinking Guidelines for older adults, and the introduction of a senior-specific screening tool.

Workshop Objectives:

1. Participants will recognize why alcohol-related problems present differently in older adults as compared to the general population.
2. Participants will become familiar with the Prevention, Assessment, and Treatment Guidelines for Alcohol Use Disorder for older adults, developed by the Canadian Coalition for Seniors' Mental Health, including Low-Risk Drinking Guidelines for older adults.
3. Participants will be introduced on how to use the Senior Alcohol Misuse Indicator (SAMI) tool to screen for alcohol-related problems among older adults.

Presenter Bio:

Dr. Bonnie Purcell is a clinical psychologist with the Geriatric Mental Health Program at London Health Sciences Centre and author of the Senior Alcohol Misuse Indicator.

Marilyn White-Campbell is recognized as a Canadian pioneer in the treatment of geriatric substance use issues and a Geriatric Addictions Consultant for the COPA program.

IP1-3b: The Power of Drop-Ins for Marginalized Women with Addiction and Mental Health Needs

Presentation Description:

Women's homelessness is at a crisis level and marginalized women in Hamilton have limited options for safety and support. Willow's Place is a safe drop in space that uses a creative model of support that resonates with women. It promotes community and provides respite for women in crisis with addiction and mental health problems.

Workshop Objectives:

1. Participants will better understand the scope of women's homelessness and the systemic pressures.
2. Participants will brainstorm ways to better serve drop-in clients with addiction and mental health problems and better equip community based staff to work with our clients.
3. Participants will discuss the coordination of systems to improve service and support marginalized women.

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Presenter Bio:

Jaclyn Smith has worked in the field of Corrections, Violence against Women and is currently the Program Manager of Outreach Programs which includes Willow's Place.

Alyssa Richards started as a Social Work student at Mission Services and was hired to work in our Drop-In space. Alyssa is now a Lead Program Facilitator at Willow's Place.

Lindsay Gill has nine years of experience working in both the Men's and Women's Homelessness Sector. Lindsay is a Lead Program Facilitator at Willow's Place.

INNOVATIVE PROGRAMMING 2

IP2-3: Mental Health Engagement And Response Team (MHEART) – Why Crisis Response should be Multi-Sectoral and Flexible

Presentation Description:

After years of program reorganization, and re-deployment of resources to meet the needs of individuals in mental health crisis; and coinciding with the creation of the Northumberland County Situation Table, the MHEART program was created. This workshop will share the lived experiences of clients and team members in the development of this innovative and collaborative crisis response program designed to meet the needs of an urban and rural mental health population.

Workshop Objectives:

1. Participants will learn about the relationship between situation tables and crisis response programs; as well as metrics defining the level of involvement in crisis intervention responses from various sectors.
2. Participants will identify the need in their community for innovative and adaptable crisis programs.
3. Participants will discuss and recognize the impact of the crisis intervention services and the value of this response in connecting individuals to core services.

Presenter Bio:

Jennifer Cox has worked in the field of mental health for 20 years, her role is an integrated leadership role with Ontario Shores Centre for Mental Health Sciences, Northumberland Hills Hospital and Campbellford Memorial Hospital.

Amy Eriksson has a Master of Social Work degree and has been working in the mental health and addiction field of 17 years.

Police Constable Nick Moeller started his career with the Toronto Police Service in 2001. In 2016 Nick transitioned to the Cobourg Police Service, and is now the Mental Health Resource Officer

Matthew Suurd is a Registered Psychiatric Nurse and has been working in mental health for 10 years including forensic, crisis and inpatient programs.

Constable Nancy Wagner is the Mental Health Liaison Officer with the Ontario Provincial Police in Northumberland County and part of the Mental Health Engagement and Response Team.

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PEER AND FAMILY SUPPORT

PS-3: Creating, Managing and Supporting Spaces for Young Adult Experts and Peers

Presentation Description:

This interactive presentation will address the engagement of young adult peers in the workplace from an experienced peer's perspective highlighting the successes of a recent peer-led, multi-stakeholder Design Lab and allowing the audience to experience first-hand what it takes to develop a strong peer-program.

Workshop Objectives:

1. Participants will apply strategies of meaningful co-design for peer-programming.
2. Participants will identify Best Practices for including peers in the program design process.
3. Participants will discuss strategies for further stakeholder collaborations.
4. Participants will learn the foundations of meaningful engagement of young adult peers in the workplace.

Presenter Bio:

Mardi Daley is a young adult peer leader who, since 2015 has co-authored multiple resources related to engagement and hiring practices of young adult peers in the workplace. Her work includes contributions to the by-youth, for-youth "MY" Guide, Best Practices for Hiring Young Adult Peers and most recently, she led a multi-level stakeholder Design Lab to further develop strategies for the ethical employment of young adult peers.

Julia Vanderheul is the Program Director of the Transitional Age Youth Program at LOFT Community Services. Julia is the co-chair of several networks in Toronto relating to mental health, youth and addictions. She has extensive work experience with youth and has expanded the LOFT Transitional Age Youth program by facilitating coordinated community based responses to service user needs.

QUALITY IMPROVEMENT

QI-3a: Ensuring Quality in Data – Lessons from the DATIS Experience

Presentation Description:

DATIS - the Drug and Alcohol Treatment Information System in the Provincial System Support Program (PSSP) at CAMH supports Ontario's substance abuse and problem gambling services to "tell their story" through data. This presentation highlights innovative practices by DATIS to increase agencies' capacity to improve data quality.

Workshop Objectives:

1. Learn about the DATIS Data Quality Report process and multi-faceted support to the sector.
2. Identify key components of data quality based on the DATIS experience and an environmental scan of current and leading practices in the mental health, substance abuse and related sectors.
3. Co-design solutions to address common data quality issues in small group discussions.

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Presenter Bio:

Lara Greenlees has been with DATIS in CAMH for seventeen years working directly with the HSPs in the Addictions sector drawing on her experience in the automotive industry to provide data quality expertise.

Dr. Suzanne Zerger is the Program Manager, Evaluation in the Provincial System Support Program, CAMH.

Heather McKee is an Evaluator in the Toronto office of PSSP, CAMH.

Mohini Patel is an Evaluator from PSSP at CAMH, currently working on a provincial evaluation of the Choices program for at-risk youth.

Addiction/Community agency that uses DATIS – To be confirmed

QI-3b: From Silos to Synergies – Working Together for System Improvements in Crisis and Acute Services

Presentation Description:

People who need urgent services face multiple challenges in getting care. How can providers successfully work together to improve the system? This workshop will engage participants in learning about factors contributed to the implementation of system improvement initiatives in NSM LHIN like a regional pathway for acute MH care and MH Surge Plan.

Workshop Objectives:

1. Improve their understanding of conditions needed to enable system improvements.
2. Describe the steps in successfully leading a quality improvement initiative.
3. Identify one key learning from the session can be applied in their own work.

Presenter Bio:

With a career spanning more than 25 years in the addictions and mental health sector, Susan Lalonde Rankin has an extensive knowledge base in high performing systems of care. Her skills are in strategy execution and implementation of inter-agency quality improvement projects.

Chris Brens is an Experienced Planning Specialist with a demonstrated history of working in the hospital & health care industry. Skilled in Policy Analysis, Evaluation, Analytical Skills, Clinical Research, and Data Analysis.

SUPPORTIVE HOUSING STRATEGIES AND SOLUTIONS

SH-3a: Developing Partnerships to Improve System Capacity and Create a Seamless Path for Patients Accessing Housing Supports

Presentation Description:

This presentation will provide an overview of how three organizations developed a partnership to align processes to improve system capacity and patient flow for people accessing housing support services in Durham. As a result, 81% of patients seen were appropriately referred; one partner had an annual reduced vacancy rate from 1100 days pre implementation to 200 in 17/18. By focusing on individual patients, partners established positive working relationships that were built on trust, collaboration and transparency

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Workshop Objectives:

1. Participants will learn about the partnership model which enabled the system change.
2. Participants will learn the processes that were established and presenters will share the results and outcomes.
3. Participants will discuss the tools utilized to support the processes.

Presenter Bio:

Beth Brannon is an experienced health care leader and registered nurse who is a passionate advocate for high quality and accessible mental health care.

Sheri Rice is a Program Director at Durham Mental Health Services and has led multiple projects to increase the capacity to serve clients with both mental health and addictions.

Paul Secord is the Director of Programs and Clinical Services at the CMHA – Durham and has led a number of supportive housing initiatives in the Central East LHIN.

SH-3b: Sustainable Momentum – When Copying and Borrowing Other People's Work Transforms Lives

Presentation Description:

We invite participants to spread new supported housing development across the Province. Indwell has successfully implemented or developed 196 units of new housing with integrated professional supports in three municipalities in 2years! Breaking down the tasks and liberal borrowing of knowledge can equip others to spread success through Ontario.

Workshop Objectives:

1. Participants will identify core elements of new supported housing development, from property acquisition through service and funding development.
2. Participants will discuss core challenges in local contexts to new supported housing development, including limitations of organizational capacity, funding challenges and project development.
3. Participants will recognize and apply opportunities to overcome challenges through localized asset assessment and borrowing what works in other communities.

Presenter Bio:

As Indwell's Director of Mental Health Services, Steven Rolfe is passionate about transforming lives through supported housing in Ontario.