

Tuesday, May 28th – 10:15 am – 11:45 am

GOVERNANCE AND LEADERSHIP

GL-4: Optimization of the Staged Screening Process for Access to Addiction Treatment and Recovery Services – A Collaborative and Community Approach

Presentation Description:

The workshop would provide rationale for standardized addiction assessment and referral, summarize our approach in Windsor Essex, discuss barriers, implications, and allow time for question/answer.

Workshop Objectives:

1. Raise awareness of the need for, and benefits of a standardized addiction assessment and referral.
2. Better understand the challenges that surround standardized addiction assessment and referral.
3. Better understand, from a practical standpoint, how leaders can support advancement toward a standardized assessment and referral.

Presenter Bio:

Patrick Kolowicz – Currently oversees a significant portion addiction services within the ESC LHIN, including Withdrawal Management (residential/community), Assessment/Referral, and Problem Gambling Services. Chair of Treatment/Recovery group, a function of the Windsor Essex County Opioid and Substance Strategy (WECOSS). Promotes addiction system integration.

Marina Bourlak, Implementation Specialist at the Centre for Addiction and Mental Health (CAMH). Marina works within the Provincial System Support Program (PSSP) at CAMH and currently supports the Provincial roll out of multiple Quality Improvement and Implementation initiatives, including Staged Screening and Assessment (SS&A), the Ontario Perception of Care (OPOC) and Opioid De-Implementation in Primary Care.

HEALTH PROMOTION AND WELLNESS

HP-4: Developing a Life Promotion Strategy for the North – Building a Suicide-Safer Network Together

Presentation Description:

The presentation will give participants a hands-on learning experience of how our community developed a life promotion and suicide prevention strategy through the collection of data, the engagement of youth and those with lived experience and the development of a logic model that was co-developed and endorsed by over 100 community partners. Using a multi-sectoral, multi-stakeholder, equity-centred approach, we will share our key learnings in the development of a Suicide Safer Network for the region.

Workshop Objectives:

1. Participants will be able to describe the current state of suicide within northern Ontario.
2. Participants will be able to identify specific life promotion strategies that are useful for organizing around suicide prevention in communities.
3. Members will be able to recognize the importance of using a health equity lens in planning, to encourage more fulsome connections within communities.
4. Participants will understand the mechanisms used to engage partners including youth, those with lived experience and service providers.
5. Participants will understand the importance of using data in community service planning.

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- Participants will observe how our community organized a planning summit for community partners and understand how we were able to leave with an action plan by going through a logic model exercise.
- Participants will be able to utilize the skills and techniques learned in this session for future initiatives in their own organizations and communities.

Presenter Bio:

Shana Calixte is the Manager of Mental Health and Addictions for Public Health, Sudbury & Districts. She leads a multi-disciplinary team to provide upstream mental health promotion programming as well as community initiatives around addictions and opioid use.

Mark Fraser is a Director at the Child and Family Centre with over 18 years of clinical and research experience working with children, youth and families within the mental health, corrections, developmental, and child welfare sectors.

Alex Boulet is the Social Planning Council of Sudbury's senior researcher and holds a Master's of Education in Settler Colonial Food Systems and Public Education.

William Mekers is currently the Research Analyst at the Child and Family Centre and holds a Master's of Science Degree and is also pursuing a Masters of Business Administration.

INNOVATIVE PROGRAMMING 1

IP1-4: The Rapid Access Addiction Medicine Model - Improving Access to Care and Outcomes

Presentation Description:

Rapid Access Addiction Medicine (RAAM) clinics increase access to care, improve client outcomes, and reduce emergency department utilization for people with alcohol and/or opioid problems. We will describe the development and evaluation of The Royal Ottawa Mental Health Centre's RAAM clinic. Lessons learned and strategies for implementing RAAM models will be discussed.

Workshop Objectives:

- Describe a rapid access addiction medicine care model to improve outcomes for people with opioid and/or alcohol use problems.
- Recognize the importance of partnerships and seamless care pathways.
- Identify strategies to implement RAAM clinics within your settings and services.

Presenter Bio:

Dr. Kim Corace is the Director of Clinical Programming and Research in the Substance Use and Concurrent Disorders Program at The Royal Ottawa Mental Health Centre, an Associate Professor in the Department of Psychiatry at University of Ottawa, a Clinical Investigator with the Institute of Mental Health Research, and a Clinical Health Psychologist. Working at provincial, national, and international levels, her work focuses on developing and evaluating novel integrated care models and pathways to improve treatment access and outcomes for vulnerable populations struggling with substance use and mental health comorbidities. Dr. Corace co-leads the development, implementation, and evaluation of the Rapid Access Addiction Medicine (RAAM) clinic at The Royal Ottawa Mental Health Centre.

Dr. Melanie Willows is an addiction medicine physician and is the Clinical Director of the Substance Use and Concurrent Disorders Program at The Royal Ottawa Mental Health Centre. She is an Assistant Professor at University of Ottawa, a diplomate with the American Board of Addiction Medicine and current President

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of the Canadian Society of Addiction Medicine (CSAM). Dr. Willows is committed to collaborating with clinicians and researchers to develop new services that improve access and address gaps in care for substance use and mental health problems. Dr. Willows has been instrumental in the development of the Rapid Access Addiction Medicine (RAAM) Clinic at the Royal Ottawa Mental Health Centre.

INNOVATIVE PROGRAMMING 2

IP2-4a: Pharmacogenomics is Changing the Lives of Individuals with Mental Health Conditions – Real Life Case Studies

Presentation Description:

Pharmacogenomics is an evolving tool that can help physicians and their patients find the right drug at the right dose at the outset of condition, especially in the field of mental health. It is the missing piece of the puzzle that can connect patients, physicians, and pharmacists to accelerate the patients' recovery.

Workshop Objectives:

1. Participants will recognize the genes involved in medication response to better decipher pharmacogenomic tests.
2. Participants will observe real life case studies and assess the ways in which pharmacogenomics can improve prescribing practices.
3. Participants will learn how to identify the optimal medication for their patient's mental health condition, using pharmacogenomics.

Presenter Bio:

Sanjida Ahmed, PhD – Sanjida Ahmed is a Geneticist working at Personalized Prescribing Inc. She worked in a genetic testing company in Dubai for 10 years before joining Personalized Prescribing.

Sara Temkit, PharmD – Sara is a licensed pharmacist, and currently works as a Lead Pharmacist at Personalized Prescribing. Sara enjoys helping patients with their drug therapy problems.

IP2-4b: The Versatility and Flexibly of Acceptance and Commitment Therapy in Working with Individuals with Addictions and Concurrent Disorders

Presentation Description:

This interactive workshop will provide an overview of Acceptance and Commitment Therapy, outcomes from groups provided in the out-patient program at St. Joseph's Healthcare Hamilton, in addition to providing models for individuals, groups and families that can be easily implemented in any setting.

Workshop Objectives:

1. Participants will gain an understanding of the ACT model and outcomes
2. Participants will discuss how ACT principles can be effectively applied to working with individuals experiencing mental health and substance use disorders

Presenter Bio:

Holly Raymond is currently the Clinical Director for the General Psychiatry & Addiction Service at St. Joseph's Healthcare Hamilton and the Professional Practice Lead for Addictions.

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PEER AND FAMILY SUPPORT

PS-4: Clients as Partners – Starting a Client Advisory Council

Presentation Description:

Choices for Change will share their process and experience in creating a Client Advisory Council and overall efforts to authentically partner with clients at all levels of the organization. Participants will learn practical tips and have opportunity to share their own experiences in establishing a culture of “clients as partners”.

Workshop Objectives:

1. Participants will understand the process Choices for Change undertook to establish the Client Advisory Council.
2. Participants will identify tools and processes that would be helpful (or not helpful!) in their own efforts to authentically partner with clients.
3. Participants will discuss and share their own ideas and experiences in efforts to partner with clients.

Presenter Bio:

Robin Spence Haffner is the Manager of Clinical Programs & Quality Improvement. She is the co-chair of Choices for Change’s Client Advisory Council.

Brian King and Leslie Elkeer are the inaugural co-chair and vice-chair of Choices for Change’s Client Advisory Council. They are both retired business professionals with lived experience who have received service from Choices for Change and now have now partnered with Choices for Change staff as Client Advisors to create the Client Advisory Council.

QUALITY IMPROVEMENT

QI-4: Going 4 Gold – Setting a Quality Standard for Youth Engagement in Ontario

Presentation Description:

This presentation will help to create a consistent understanding of system level youth engagement quality standards within the child and youth mental health sector in Ontario to ensure young people get the best care experience no matter where in the province they intersect with the mental health/addiction system.

Workshop Objectives:

1. Participants will increase their capacity to practice youth engagement particularly at the system level.
2. Participants will discuss and describe their experiences of youth engagement from personal or professional perspectives within the mental health and addictions sector.
3. Participants will recognize the importance of deepening their partnerships with youth and communities.

Presenter Bio:

Kamill Santafe. They/them. Human rights activist. Art therapy student. At the Centre Kamill supports agencies across Ontario with best practices of youth engagement.

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MaryAnn Notarianni (she/her) is part of the Centre's executive leadership team, overseeing the Centre's operations and providing leadership to quality and youth engagement initiatives.

SUPPORTIVE HOUSING STRATEGIES AND SOLUTIONS

SH-4: From Intake to Stability and Engagement – Collaborative Actionable Solutions in Supportive Housing

Presentation Description:

Using an interactive approach, we will demonstrate some of the lessons learned from the first two years of a three-year evaluation of a transitional housing program. Participants will learn how we adapted a Stability and Engagement Tool and gain skills and strategies for measuring program outcomes and assessing/defining client success.

Workshop Objectives:

1. Participants will be able to examine and evaluate their intake processes as they relate to the goals/mandate of their specific supportive transitional housing and/or mental health programs.
2. Participants will be able to adapt a Stability and Engagement Tool to match the needs of their specific Programs and apply the Tool using real client profiles.
3. Participants will assess the Tool's efficacy within an environment of shared ownership and collaborative decision-making.

Presenter Bio:

Tom Krause has a Master's degree in social work and approximately 10 years of experience working with Older Adults with Mental Health and Addiction Issues. Rebecca Heersink has 10 years' experience working with data, technology and process improvement within Healthcare. She is passionate about finding innovation solutions.