

Tuesday, May 28th – 12:45 pm to 2:15 pm

GOVERNANCE AND LEADERSHIP

GL-5: Leading Together – Measuring Collaboration at Ontario's Youth Wellness Hubs

Presentation Description:

Youth Wellness Hubs Ontario (YWHO) is exploring how a “one-stop-shop” hub model of service delivery leads to organizations working differently together. Learn about YWHO's model of integrated governance, how YWHO is measuring the way organizations collaborate, and how this can benefit Ontario's mental health and addiction system.

Workshop Objectives:

1. Raise awareness of the need for, and benefits of a standardized addiction assessment and referral.
2. Better understand the challenges that surround standardized addiction assessment and referral.
3. Better understand, from a practical standpoint, how leaders can support advancement toward a standardized assessment and referral.

Presenter Bio:

Joanna Henderson is Director of the McCain Centre for Child, Youth & Family Mental Health at CAMH and Executive Director of Youth Wellness Hubs Ontario. Shauna MacEachern is the Project Manager for Youth Wellness Hubs Ontario and the Manager of Implementation at CAMH's Provincial System Support Program.

Paula Reaume Zimmer is the Integrated Vice President of Mental Health and Addiction Services for Bluewater Health and supports the Chatham-Kent Youth Hub.

HEALTH PROMOTION AND WELLNESS

HP-5: Protecting Our Protectors – Supporting Police Officer Mental Health

Presentation Description:

This workshop will outline the high recurrence of mental health disabilities and the stressors of policing. Operational Stress Injuries, barriers to care and disability management will be discussed. Canadian programs and strategies to address police mental health and well-being will be analyzed. Leadership and organizational challenges will be highlighted.

Workshop Objectives:

1. Participants will identify operational and organizational stressors that can impact police.
2. Participants will describe Operational Stress Injuries and disability management to further promote mental health awareness.
3. Participants will recognize the impact of these stressors on rates of police mental illness and suicidal behaviours.
4. Participants will assess a variety of the federal, provincial/territorial and local level initiatives to address police mental health.
5. Participants will discuss how to build on current initiatives and develop new approaches to police mental health.

Presenter Bio:

Dr. Kamkar is a Clinical Psychologist, CAMH; Assistant Professor, Department of Psychiatry, University of Toronto. Primary areas of expertise include Police and First Responders Mental Health.

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Chief Pedersen has over 35 years of experience in both large and mid-sized police services. Background includes work in Homicide, Hold Up and Administrative Units.

With a focus on mental health, social determinants of health and criminal justice, Roslyn provides evidence-informed public policy advice to stakeholders and policymakers.

INNOVATIVE PROGRAMMING 1

IP1-5a: The Path to Recovery is in Your Hands – Adapting and Assessing a Self-Management Online Platform for Young Adults with Mental Health Challenges

Presentation Description:

We are evaluating the effectiveness of an online platform as a self-management mental health care tool for Young Adults. Participants are using the platform for four months and reporting on their experiences quantitatively and qualitatively. This presentation will discuss the intervention, preliminary findings, and the development of online mental health interventions.

Workshop Objectives:

1. Participants will consider the benefits and challenges of e-mental health interventions from development to assessment.
2. Participants will discuss the merits of online interventions in their own workplaces and consider ways in which it can be strategically integrated into various mental health interventions.
3. Participants will have the opportunity to engage with platform materials as participants in an arts-based activity and reflect on their learning.

Presenter Bio:

Maria Nazeer is the Research Coordinator at Stella's Place. She is responsible for leading the data collection, analysis and reporting of the NexJ research project. Rachel Bromberg is a Peer Supporter at Stella's Place, working on the NexJ Connected Wellness platform. She provides online support to young adults through the platform.

IP1-5b: Talk4Healing – Talk, Text, Chat

Presentation Description:

Participants will have an opportunity to learn about Talk4Healing and our unique service approach in supporting Indigenous women in Ontario through Talk, Chat and Text; cultural responsiveness through a client centered support service that allows women to access services and supports no matter their geographical location and an understanding the unique needs of Indigenous women and how to best respond.

Workshop Objectives:

1. Participants will gain an understanding of Talk4Healing and additional support tools.
2. Participants will have an increased understanding and knowledge of trends Talk4Healing has identified for indigenous women in Ontario.
3. Participants will have an increased understanding of challenges and hurdles Indigenous women face when accessing services and supports.



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Presenter Bio:

Robin Haliuk is a proud Metis from Thunder Bay and mother to two beautiful daughters and a step son who keep her busy when not working. After completing her diploma in Child and Youth Work at Confederation College, Robin has spent the last twenty years working extensively within the Indigenous community through social service and mental health initiatives.

INNOVATIVE PROGRAMMING 2

IP2-5: Moving to Full Day Intake – Benefits for Staff and Clients

Presentation Description:

In this session, participants will learn how we moved to this more inclusive model using client feedback, staff perceptions and a desire to have our services more accessible. We will also explore the benefits for the staff members as well with these changes.

Workshop Objectives:

1. To understand how to implement a full day walk in intake model and how this will benefit clients and staff.
2. To understand how to use the staged-screening process to assist in clients accessing the right services.
3. To increase confidence working with a same day assessment process using the GAIN Q3 MI.

Presenter Bio:

Lori Griffith has worked at Addiction Services of Thames Valley since 2004 both as a clinician and now in leadership and is currently supporting the Health Links approach in the SW region.

Val DiGregorio is a clinician at Addiction Services of Thames Valley since 2015 in the Heartspace program. She also has leadership role in our intake services.

PEER AND FAMILY SUPPORT

PS-5: Creativity, Collaboration, and Collective Care – Sustainability in Arts-Based Peer Work

Presentation Description:

Join Stella's Place Peer Workers Funmilade Adeniyi-taiwo and Liz Beeforth, co-facilitators of Stella's Studio, along with Heidi Sasek, Access Coordinator, as they explore how strong self and collective care practices, arts, and authentic peer-to-peer engagement come together to create a space that is healing for both participants and staff.

Workshop Objectives:

1. Attendees will be invited to creatively reflect on key concepts such as sustainability, community, collaboration, and self and collective care through arts-based activities.
2. Attendees will learn about operational practices that contribute to the sustainability of the arts-based programming at Stella's Place, as well as collaborative and co-design practices that foster community and connection among our participants.
3. Attendees will identify and discuss achievements in, and opportunities for, self, collective, and community care practices.

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Presenter Bio:

Funmilade Adeniyi-taiwo is a peer support worker at Stella's Place. He is involved in drop in group facilitation, and provides peer support directly to young adults online and in person.

Heidi Sasek is the Access Coordinator at Stella's Place. Her job is to help participants access our services and provide front line support.

Liz Beeforth is a Peer Support Worker at Stella's Place. They co-facilitate several drop-in groups and provide peer support directly to young adults online.

QUALITY IMPROVEMENT

QI-5: Creating a Culture of Data Use to Drive Quality Improvement and Innovation

Presentation Description:

The session will offer self-assessments, case studies, strategies, and resources that highlight effective practices in creating a data culture. By engaging with these resources throughout the session, participants will clarify their current cultural practices and determine strategies for improvement within their own agencies.

Workshop Objectives:

1. Participants will explore the elements that contribute to an effective culture of data use.
2. Participants will learn strategies to create a culture of data use.
3. Participants will practice using data to tell stories.

Presenter Bio:

Marla Jackson, Manager of Research and Evaluation at Hôtel-Dieu Grace Healthcare – Marla has over 20 years of experience in program evaluation and healthcare improvement. She currently supports healthcare teams to collect and use evidence effectively.

Jennifer Voth, Research Associate at Hôtel-Dieu Grace Healthcare – Jennifer has a background in statistical modeling, research design, and methodology. She currently assists healthcare teams in guiding research from conception to completion.

SUPPORTIVE HOUSING STRATEGIES AND SOLUTIONS

SH-5: Innovative Strategies for Intersectoral Collaboration between Health Care, Mental Health and Supportive Housing

Presentation Description:

Addressing upstream determinants of health through intersectoral collaboration is essential to meeting the complex health and social needs of under-housed people living with mental health challenges. But how do we do it? Join this session to discuss four recommendations to do this work which emerged from a symposium hosted by WIHV in 2018.

Workshop Objectives:

1. Through interactive activities participants will learn about innovative strategies for intersectoral collaboration.
2. Participants will reflect on their own position as advocates for intersectoral collaboration within their own organizations and will discuss and engage meaningfully in how to operationalize these recommendations.

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Presenter Bio:

Dara Gordon is a policy research coordinator at Women's College Hospital. Her work focuses on integrated care, mental health and policy. She has an MPH from UofT.

Jay Shaw is a scientist at Women's College Hospital. He is an AMS Phoenix Fellow in Ethics and Governance of Artificial Intelligence for Health.