



PARISH OF THE HOLY EUCHARIST

HOLY MARTYRS SACRED HEART ST GREGORY ST JUDE
MARCH 26, 2017 FOURTH SUNDAY OF LENT



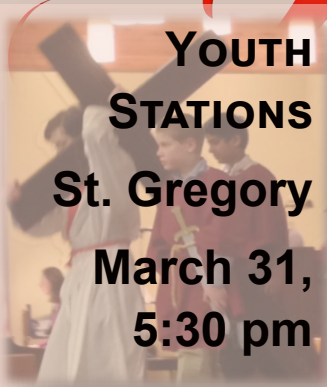
**A LIVE
MULTIMEDIA
DRAMA**

Performed by
Maria Vargo

Tuesday May 23
Sacred Heart

Tickets go on
sale next weekend
at all churches

Faustina



**YOUTH
STATIONS**

St. Gregory

**March 31,
5:30 pm**

A Divine Mercy Moment *Faustina: Messenger of Divine Mercy*, the moving, live production performed by actress Maria Vargo and directed by Leonardo Defilippis of Saint Luke Productions, will be presented at Sacred Heart Church in Yarmouth on **Tuesday, May 23 at 7:00 p.m.** The event is sponsored by the Blakeslee Family, Parish of the Holy Eucharist, Knights of Columbus Council #15791, and The Presence Radio Network. Experience firsthand the life and message of St. Faustina whose personal encounters with Jesus have inspired a world-wide devotion to Christ's Divine Mercy. This drama also brings audiences a riveting modern story that makes Divine Mercy remarkably relevant and urgent for our world today. The program is filled with all the elements of professional theater, runs 90 minutes, and is suitable for ages 13 and up. Admission is \$10. **Tickets will go on sale after Mass on the weekend of April 1 and 2.**

Watch the trailer and learn more at www.DivineMercyDrama.com

"Help me, O Lord, that my eyes may be merciful, so that I may never suspect or judge from appearances, but look for what is beautiful in my neighbors' souls and come to their rescue."

- St. Faustina (Diary 163)



Keyless entry is coming to Sacred Heart rectory. Please contact the office or fill out a form on the website to request an access code.

The Disciple Maker Index Parish

Survey is now officially closed. The final 30 paper surveys were sent to be tabulated along with the already 627 responses from our parishioners. Catholic Leadership Institute has received over 12,700 from all the parishes and diocese participating in this round of the project.



Catholic Leadership INSTITUTE

"A sincere thank you" to everyone who participated in this important endeavor to help our parish formulate short and long term goals from the information gathered. Our next step is to form the team who will help us evaluate the information over the next several months, with the guidance from a CLI facilitator. We will keep you posted on our progress.

Deacon Dennis Popadak, CLI coordinator.

Prayer and Devotion

Please Take the Time to Remember in Prayer

Those who are ill: Please keep them in your prayers this coming week. Wilfred "Sonny" Joy who fell recently and was seriously, injured, that he have a quick recovery.

Cathy Madore as she deals with her chronic headaches.

Mimi Rice as she recovers from recent surgery.

Georgette Dionne as she recovers from surgery.

Peter Snyder, for full recovery after operation and treatment.

Ed Collins who is recovering from a recent illness.

If you want to request prayers for someone in need, please contact Fr. Daniel Greenleaf at daniel.greenleaf@portlanddiocese.org.

Pray for our Elect and Candidates as they continue their Lenten journey: Maddison, Ashley, and Sydney Garcia, Ashley Tellier, Peter Brown, Declan and James Frueh, and Benjamin Whiting.

ADORATION of the Blessed Sacrament

"Will you come and spend an hour with Me?"

In this very noisy and busy world come and spend some time in peace and quiet with Jesus. For one hour a week, sit quietly and encounter Christ in your personal way.



ADORATION DAYS AND SITES

Holy Martyrs, Monday 8:00 am to 8:00 pm

St Gregory, Friday 8:30 am to 12:30 pm

Stop in the chapel for a visit. Sign up not required. Committed Adorers and occasional substitutes wanted.

FMI Jenny Manago (Holy Martyrs) 847-514-1813
Cindy Carrier (St. Gregory) 207-272-5943

Readings for the Week of March 26, 2017

Sunday: 1 Sm 16:1b, 6-7, 10-13a/Ps 23:1-6/Eph 5:8-14/
Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38

Monday: Is 65:17-21/Ps 30:2, 4-6, 11-12a, 13b/Jn 4:43-54

Tuesday: Ez 47:1-9, 12/Ps 46:2-3, 5-6, 8-9/Jn 5:1-16

Wednesday: Is 49:8-15/Ps 145:8-9, 13cd-15, 17-18/Jn 5:17-30

Thursday: Ex 32:7-14/Ps 106:19-23/Jn 5:31-47

Friday: Wis 2:1a, 12-22/Ps 34:17-21, 23/Jn 7:1-2, 10, 25-30

Saturday: Jer 11:18-20/Ps 7:2-3, 9bc-12/Jn 7:40-53

Next Sunday: Ez 37:12-14/Ps 130:1-8/Rom 8:8-11/
Jn 11:1-45 or 11:3-7, 17, 20-27, 33b-45

Divine Mercy Sunday The Parish of the Holy Eucharist invites you to join us for the Feast of Divine Mercy, April 23, 2017, at Holy Martyrs in Falmouth. The feast day celebration begins at 3:00 pm, and will include Veneration of the Divine Mercy Image, Meditation, Eucharistic Adoration, Recitation of the Divine Mercy Chaplet, Benediction, and the Sacrament of Reconciliation. Holy Mass begins at 5:30 pm. All are welcome.



Wedding Banns

2. Paul Gerard Gilles Tardif & Rosetta Saunders

IS THE SPIRIT CALLING YOU?

"The Lord looks on the heart"

Are you being called to do the deeds of Christ as a priest or in the consecrated life, proclaiming the reign of the loving mercy of God our Father? Call Fr. Seamus Griesbach at (207)773-6471 or email seamus.griesbach@portlanddiocese.org.



You Can Understand the Bible! If you want a better understanding of our faith and a deeper relationship with God, you should join us for *The Bible Timeline* on Tuesday nights, 6:30 pm at Sacred Heart Church. Classes continue for 7 more weeks. By being a part of this study, you will not only benefit personally, but you will also help to bring about a profound renewal in our parish as we all grow closer to Christ.



Making Music Praying Twice

Lent Class continues.
Easter/Pentecost Class begins April 27.
Classes held at Holy Martyrs, Thursdays at 10:30 am.
Contact Jen Runge to register or for more details.
Jennifer.runge@portlanddiocese.org



“Ignatian Spirituality: A Path to True Freedom”

in Portland on March 27-29. All are welcome to attend “Ignatian Spirituality: A Path to True Freedom,” presented by Fr. Frank Kaminski, S.J., on March 27-29. Each day, the free presentations will follow the 9 am Mass at St. Pius X Church on 492 Ocean Avenue in Portland. Each presentation will last about an hour and will include a talk and time for prayer. The topics are “Ignatius Loyola: The Freedom to Lose Your Life” on Monday, March 27; “The Spiritual Exercises: A Freedom Only Jesus Can Give” on Tuesday, March 28; and “Pope Francis: The Freedom to Serve the Gospel” on Wednesday, March 29. For more information, (207) 797-7026.

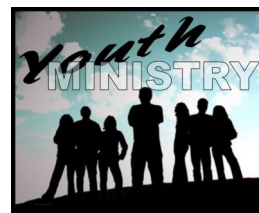


Please join “Little Blessings”, the young families group of POTHE on Thursday, April 6 at 10:30 am. The meeting will be held at the rectory (the white building adjacent to Sacred Heart church). We will be sharing ideas of how we survive “Spring Fever” with little ones. There will be lots of new friends to meet.

We look forward to seeing you there!
FMI please contact Rachel Mutchie at rmmutchie@gmail.com

ENCOUNTER I - JR HIGH MINISTRY

(Grades 5&6)
Holy Martyrs 4:00 - 5:15 pm
April 2 - Lenten Activity
April 23 - The Messiah has Come
St Gregory 5:30 - 7:00 pm (grades 5-8)
April 23 - Exile and Return



ENCOUNTER II - JR HIGH MINISTRY (Grades 7&8)

Sacred Heart 6:30 - 8:00 pm
March 28, Apr 4, 11 & 25—Theology of the Body
CALLED - HIGH SCHOOL MINISTRY (Grades 9-12)

Holy Martyrs 6:30—8:00 pm
March 26, Apr 2, 9, 23 & 30—Thy Kingdom Come—Study on the Gospel of St Matthew and more...
Sacred Heart 6:30 - 8:00 pm
March 28, Apr 4, 11, 18, & 25—Unlocking the Mystery of the Bible—Study on Salvation History



Flame Retreat

Saturday April 1, 9:30 am
Holy Martyrs



All children who are currently preparing to receive the sacraments of Confirmation and Eucharist on April 29 in our parish will participate in a morning retreat on Saturday, April 1, at Holy Martyrs Church, from 9:30 am until 12:30 pm. At least one adult must join each child for this retreat. Sponsors and grandparents are certainly welcome. We ask that no siblings come on that day as this retreat is specifically and especially designed for the FLAME children. Fr. Daniel and Georgette Dionne will invite the adults to join them for one session. The children and parents will also spend time together during engaging activities and reflection which will enrich the understanding of the beautiful sacraments of Confirmation and Eucharist. There is no need to register for this retreat.

Join Catholic women from around the diocese at the Maine Catholic Women’s Conference, set for Saturday, April 29, from 8:30 am to 4:30 pm at the Holiday Inn by the Bay in Portland. The conference will feature Leah Darrow, who now teaches women an appreciation of the true meaning of beauty and God’s design. She reflects on the virtue of modesty with inspiration with Scripture. The mission of the conference is to gather for a day to nurture and strengthen the faith of the Catholic women of Maine, so they may share the abundance of God’s mercy and love. The cost is \$60 For more information, call (207) 321-7898



Celebrating the “Joy of the Family” in the Diocese of Portland

The Diocese of Portland has launched the Joy of the Family initiative. A specific theme featured in Pope Francis’ Amoris Laetitia (“The Joy of Love”) will be highlighted each month. Bishop Deeley encourages us, individually and as a parish, to use resources provided by the diocese to help protect, promote, and strengthen marriage and families in our world. **We will have a special section in the bulletin and on the website highlighting these materials.**

An excerpt from Bishop Deeley’s recent letter in Harvest Magazine:
“Last year, when Pope Francis first published *The Joy of Love*, I invited you to read it and reflect on what it teaches. Hopefully, you have started to do that. The document is a very realistic one, speaking of the strengths and gifts of families but, also, discussing the contemporary

challenges faced by families. ... We are going to take some time together over the next year or more to study this exhortation and help to apply it to concrete situations in the lives of people in our diocese. Together, we intend to discover again the Joy of the Family. Marriage and family life is being lived out beautifully by many people in our diocese. We want to share these experiences even as we examine the rich teaching of the Church regarding marriage and family life. Experiences of others can help us to think about our own lives and what we might do to strengthen our own living out of marriage and family life.

We hope that this series will be found helpful. Pope Francis reminds us that “no family drops down from heaven perfectly formed; families need constantly to grow and mature in the ability to love” (AL 325). With God’s blessing, we pray that our efforts, here in Harvest and in other activities in our parishes and diocese that lift up the beauty of marriage and family life, will strengthen our families as they grow in love.”
Most Rev. Robert P. Deeley, J.C.D.



Take a Stand for Life This Lent

From March 1 to April 9, our community will take part in 40 Days for Life ... a groundbreaking, coordinated international mobilization. We pray that, with God's help, this will mark the beginning of the end of abortion in our city and beyond. Call Judy 207-872-6558 to sign up to join us at the public right-of-way outside Maine Family Planning, 43 Gabriel Drive, Augusta. Take a few moments a day to pray joining in the Spirit with others during these 40 Days for Life. FML, Joann Segovia, 553-7159.

Rachel's Vineyard Retreat It is normal to grieve a pregnancy loss, including the loss of a child by abortion, and it is okay not to feel okay about an abortion. Come to a Rachel's Vineyard Retreat on April 21-23, whether you are the mother, father, or relative of the baby. You'll have a private room for



two nights and join a handful of others who also want to move beyond the pain. Come experience, through Scripture, God's profound mercy. Preregistration is needed by Friday, April 14. For general information, visit www.portlanddiocese.org/projectrachel and www.rachelsvineyard.org. To discuss registration, contact Annette Rioux in the Office of Lifelong Faith Formation at (207) 321-7885 or annette.rioux@portlanddiocese.org.

Does a fear of falling keep you from doing the things you'd like to? Aging With Grace Ministry will host "A Matter of Balance," a workshop offered by the Southern Maine Agency on Aging. This nationally recognized program is designed to reduce the fear of falling and encourage physical activity. The workshop is conducted over eight sessions, meeting at Holy Martyrs from 12:30-2:30 pm on Tuesdays, May 23 through July 18. Trained leaders will teach you to: view falls as something you can control; set goals and increase your activity level; make changes around the home to reduce fall risks; exercise to increase strength and balance; and reduce your risk for falls. Space is limited and preregistration is required. Reserve your space now: call Southern Maine Agency on Aging: 207-396-6500 or 1-800-427-7411.

Haiti -- temps de Careme --the Parish is pleased to support for the Haitian sister parish of Sacre Coeur de Meyer in early March with the monthly door collection. Father Bertrand Dieuville has commented that his parishioners have started their Lenten period with a strong commitment. He has asked the people to accept a special task this year to help local families who suffered damage to their homes with the October storm Matthew. Some 40 dwellings were lost -- metal roofs blown away, walls blown down, crops and gardens destroyed. Father Bertrand has asked parishioners to offer material and financial help to neighbors during Lent. He is particularly concerned because the seasonal rains will begin in April. He is pleased with the initial response and has received some 10,000 Haitian gourdes --equivalent to \$150. In Haiti, this is significant when we remember the Meyer pastor explaining that a good offertory at weekend Masses would equal \$15. We will explore ways to help the Meyer community.

Thanks to parishioners' generosity, I had quite a variety of food to take to the men at Friendship House in early March. Main dishes were chicken, sausage/meatballs/pasta; beef teriyaki; and minestrone. Other donations were fresh local vegetables, frozen veggies, a big green salad, a bag of clementines, two gallons of milk, small pecan pies, and lots of cookies. The men thanked me and we thank you sincerely for these gifts they so need and enjoy. The date of our next meal for FH is Wednesday, April 5.

Deborah Nicklas, 781-4362



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.

Council #15791

2017 Scholarship Notice for College Students

APPLICATIONS NEED TO BE IN BY APRIL 1, 2017.

This year two \$500.00 Scholarship will be awarded to fund two College Students. For a copy of the guidelines and application, please go to the POTHE Web site www.POTHE.org and look for the "Miscellaneous Quick Links Section", then Click on Knights of Columbus for the 2017 James O. Harris / Knights of Columbus Scholarship Form.

If you wish to pickup an application there will be some located at the rear of each church.

Applications received by **April 1, 2017** will be considered. Announcement of awards will be made in **May 2017** and presented accordingly.

Mail application, including transcripts and essays to:

Stephen M Griffin, 49 Webster Road, Freeport, Maine 04032-6229

The Review Committee must be able to read the Application so it can be judged properly. Please write or print clearly. If you have any questions on the above guidelines or the application, please contact the Council Youth Director at 207-517-0481, or e-mail him at griffinsm15@gmail.com. Good Luck.

Weekly Council Events Schedule for March 26, 2017.

Sunday March 26, 2017 Coffee and Pastry Socials following the Sunday Masses.

Serving and set-up help appreciated.

Tuesday March 28, 2017 Council Officers Meeting at 5 pm followed by the monthly Council Fund Raising Meeting at Holy Martyrs at 6 pm.

Let us continue to keep in our Healing Prayers Brother Charles Thurston ... Brother John Bonnell ... Brother Donald Hamalainen ... Brother Gary & Diane Potvin ... Brother Glen and Wife Elizabeth Hansen ... Margaret, wife of Brother George Ventresca ... Cynthia, Sister-In-Law of Brother Chris Madden ... Luke Roy, son of Brother Mark Roy ... Sherrill, Wife of Brother Al Caprio ... Brother Richard Farr.

Knight and Family of the Month for March

Seminarian Brother Kevin Upham, Brother James Seely and Wife Jean

St. Vincent de Paul Your continuing generous clothing donations have been the backbone of keeping this very successful program going. In addition to the free clothing distribution your monetary donations go to funding the food purchases needed to feed over 200 people per day 5 days a week. God has been very good to all of us and we as his Disciples are responding by continuing what He began. Thank you!! Jack Mullin

Cumberland/Falmouth Food Pantries You are just great! As Jesus told us "Ask and you shall receive,"-well we do, and we do receive thanks for your generosity. The "needs" just continue, be they for baked beans, tuna, peanut butter and jelly, pasta soups, cereals, shampoo, and soap. As we close in on the first quarter we find a 12% increase in participating families in need compared to last year. We thank you for your continuing weekly support for our local neighbors. Peace be with you. Jack Mullin

The Yarmouth Food Pantry is participating in a program from Way-side. This is a monthly food box for seniors [60+]. These boxes will contain each month: fruit juice and canned fruit; either pasta, rice, or lentils; peanut butter plus an additional protein [canned salmon, tuna, or meat]; assorted canned vegetables; shelf stable milk and every other month also powdered milk; and a block of cheese that needs to be refrigerated. If you would like to get a box every month all you have to do is go to the Food Pantry and sign up [at the First Parish Congregational Church on Main St. in Yarmouth] or call our Parish office for more information and to get an application. There are no limits on household income, you just have to be a senior. If you have a spouse also 60+, you can each get a box. If you know someone who would really benefit from this program, please tell them about it. Thank you.

“Doing something” for Lent: Prayer, Fasting, Almsgiving



Consider making the commitment to go to daily Mass during Lent as a way to increase

times of prayer. We have added a daily evening Mass at Holy Martyrs in the hopes that it would be convenient for those who work during the day.

POTHE Daily Mass Schedule

- Holy Martyrs Monday to Friday 5:30 pm
- Sacred Heart Tuesday, Wednesday & Thursday 8:15 am
- St. Gregory Monday & Friday 8:00 am

Daily Mass Times in Area Churches can be found on our website.

Light is On Confessions

- St Gregory April 3 6pm
- Sacred Heart April 4 6pm
- St Jude April 5 6pm
- Holy Martyrs April 6 6pm



Holy Thursday, April 13

Mass of the Lord's Supper

- Holy Martyrs 5:30 pm

Mass followed by adoration and Loaves and Fishes Meal

- St. Gregory 6:00 pm

Mass followed by adoration and Loaves and Fishes Meal

Good Friday, April 14

Stations of the Cross

Sacred Heart noon Holy Martyrs 3 pm St. Gregory 3 pm

Liturgy of the Passion of the Lord & Veneration of the Cross

- Holy Martyrs 5:30 pm
- St. Gregory 6:00 pm
- Sacred Heart 6:30 pm
- St. Jude 6:30 pm

Holy Saturday, April 15

Easter Vigil

- Sacred Heart 7:45 pm
- St. Gregory 7:45 pm

Easter Sunday, April 16

The Resurrection of the Lord

- Sacred Heart 8:00 am and 11 am
- Holy Martyrs 8:30 am and 10:30 am, **no 5:30 pm**
- St. Gregory 8:30 am
- St. Jude 9:30 am

Traditional Station Services are held at our churches each Friday during Lent.

- Holy Martyrs 6:30 pm
- Sacred Heart 8:15 am
- St. Gregory 5:30 pm
- St. Jude 5:30 pm



Youth Stations of the Cross Come and join our youth as we remember the last hours of Christ.



- Holy Martyrs March 17 at 6:45 pm
- Sacred Heart March 24 at 5:30 pm
- St. Gregory March 31 at 5:30 pm
- St. Jude April 7 at 5:30 pm

Friday Simple Meal We gather as a parish for simple meals during the Lenten season. On each Friday we celebrate the Stations of the Cross in conjunction with a meatless meal. These times of breaking bread as a



community serve to enrich our Lenten journey. Evening meals are held at Holy Martyrs, St. Jude, and St. Gregory churches. Breakfast is held at Sacred Heart. All are invited to join us.

- Sacred Heart following the 8:15 am Station
- Holy Martyrs following the 5:30 pm Mass
- St. Gregory following the 5:30 pm Stations
- St. Jude following the 5:30 pm Stations



Easter Flowers



Envelopes are in pews this weekend Please complete and return by Palm Sunday, April 9. You can also sign up at WeShare on the website. Names will be listed in the Easter bulletin.



During Lent, your family will build a culture of encounter through

- Daily prayer
- Weekly fasting
- Almsgiving that changes lives

Learn more at crsricebowl.org/families.

The fourth week of Lent we pray for Fernando and all young people in El Salvador, struggling to find meaningful work and provide for their families.

To read more go to the Rice Bowl page on the web:
<http://www.crsricebowl.org/stories-of-hope/week-3>

“Doing something” for Lent: Prayer, Fasting, Almsgiving

Begin new traditions of family Lenten Practices! Visit the Lent section of our POTHE website home page or the Faith Formation page to access Lenten digital activities around the three practices of **Prayer, Almsgiving, and Fasting**, specially designed for your family.

Prayer – Spending time in nature is a great way to develop and enhance our prayer life. This activity offers families an instructed way to listen to God's voice and notice God at work in the beauty of the natural world. God calls us to be stewards of creation. Spending time in it is a good place to begin. <http://vibrantfaithathome.org/item/prayer-plots>

Prayer – Explore some biblical references to Jesus praying. How is your family prayer influenced by the prayers of Jesus?

<http://vibrantfaithathome.org/item/the-prayers-of-jesus>

Almsgiving – Families can prepare to answer Jesus' call to provide for people in need by assembling kits of personal care items and snacks to offer to individuals who are asking for help. Keep a few bags in each car so they are ready to give to those in need.

<http://vibrantfaithathome.org/item/care-kits>

During Lent, when your friends or co-workers express curiosity about Catholic customs and symbolism, use those moments as opportunities to evangelize! Following are some common questions Catholics hear during Lent and some evangelizing answers.

Abstinence: So why aren't you eating pepperoni pizza on Friday?

You love pepperoni pizza. You eat it all the time. Suddenly, you can't have it on Fridays?! What could possibly be going on? It must be that Catholic thing, again. Absolutely! On Fridays during Lent, we particularly remember the sacrifice of Christ on the cross. In memory of this great sacrifice, we continue the tradition of penance and sacrifice – abstaining from meat on Fridays is an outward manifestation of an interior reality: the conversion of our hearts. As Pope John Paul II has said, “In fact, the external aspects of fasting, though important, do not convey the full measure of the practice. Joined to the practice should be a sincere desire for inner purification, readiness to obey the divine will and thoughtful solidarity with our brothers and sisters, especially the very poor.” Christ himself fasted and prayed in the desert. Through fasting and praying, we unite ourselves with the sacrifice of Christ and offer him reparation for our sins and failings. It's a little thing to give him in the face of his ultimate sacrifice, but what a grace that our God accepts and loves little gifts!

External Sacrifice: So why exactly are you not eating candy for the next month? This is a very popular penance during Lent, and the questions about it are just as popular. Heaven forbid you



What are you doing for Lent?

- Daily Weekday Mass
- Stations of the Cross every Friday
- Youth Living Stations of the Cross
- Simple Meals on Friday during Lent
- Adoration of the Blessed Sacrament
- Sacrament of Confession for Easter
- Small Faith-sharing Groups
- Friday Simple Meal on Fridays of Lent
- Catholic Radio Services Rice Bowls
- Faith Formation Family Activities
- Lenten Apps and Online Resources

Day of Fasting and Abstinence

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for

Almsgiving – We can serve others with our time and our talents, but it's also important to help others by giving money. This hands-on coin activity helps our children see the value in giving some of their money to promote social causes they care about, and when they do, they can learn to be lifetime givers. Watch the movie “Millions” (preview for age sensibility).

<http://vibrantfaithathome.org/item/giving-money>

Fasting - Traditionally, Christians give up something that they like or that is important to them during Lent as way of remembering the sacrifice Jesus made for us. This year, instead of giving something up, add acts of kindness for members of your family.

<http://vibrantfaithathome.org/item/practice-kindness>

Fasting - Fasting is an ancient practice of “giving up.” Fasting enables us to mark time by living in a different way, most often giving up food for a set period of time.

Fasting can help us to focus on God and to better appreciate things we take for granted. (use the included resource to teach your family about the forms of fasting).

<http://vibrantfaithathome.org/item/is-there-a-fast-fast>



should avoid the cake at the birthday party! You LOVE cake! But it's Lent – a time for penance and sacrifice. Christ has said, “If anyone wishes to come after me, he must deny himself and take up his cross daily and follow me” (Luke 9:23). Giving up something we enjoy strengthens our love for Christ and our resilience against temptation. As Pope Benedict XVI said in his Lenten address of 2009, “Through fasting and praying, we allow [Christ] to come and satisfy the deepest hunger that we experience in the depths of our being: the hunger and thirst for God.” It unites us with Christ's own sacrifices and gives us a deeper appreciation of the blessings in our

lives.

External Sacrifice vs. Internal Conversion: I don't get it ...

All you do is give up candy? Now, here is an interesting question.

External sacrifices are the most obvious kind, so sometimes it does look like all we do is avoid chocolate. However, if you look closer, you'll realize that fasting and abstinence have always gone hand in hand with two of their best friends: prayer and almsgiving. External sacrifice is a manifestation of interior conversion: “...interior conversion urges expression in visible signs, gestures and works of penance” (CCC no. 1430). Interior conversion is where prayer and almsgiving come into play. In almsgiving, we show mercy and generosity to others, giving them a chance to experience the blessings we have. In prayer, we are communicating with God, asking him to bless and perfect our fasting and almsgiving: “... prayer is the living relationship of the children of God with their Father who is good beyond measure, with his Son Jesus Christ and with the Holy Spirit” (CCC no. 2565). It's not just avoiding sweets. It's glorifying God by growing in his Love.



Parish of the Holy Eucharist

Small Group Faith Sharing Material 5th Sunday of Lent—April 2, 2017 Sunday Readings

Opening Prayer

By your help, we beseech you, Lord our God, may we walk eagerly in that same charity with which, out of love for the world, your Son handed himself over to death. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

Amen

(source: *The Roman Missal, Third Typical Edition*)

Mass Readings

Reading 1

Ezekiel 37:12-14

Thus says the Lord God: O my people, I will open your graves and have you rise from them, and bring you back to the land of Israel. Then you shall know that I am the Lord, when I open your graves and have you rise from them, O my people! I will put my spirit in you that you may live, and I will settle you upon your land; thus you shall know that I am the Lord. I have promised, and I will do it, says the Lord. *The Word of the Lord*

Commentary on Ezekiel

Ezekiel served as a prophet among God's people from 593 to 563 BCE. During this time, Jerusalem fell to the Babylonians and the nation went into the Exile. The people were severely demoralized. They had lost all the signs of God's presence and God's favor from among them: the Temple was destroyed; the king was dead; their land was occupied by foreigners; they had been transported to an alien territory. The nation was as good as dead. Ezekiel offers a message of hope: God will make them live again as a nation. The Lord who gives breath to all living things will restore them to life and to their land; they will be a living people again, a nation alive with God.

QUESTIONS

1. What is God's promised gift?
2. When have you experienced God bringing life into something that was dead in your life.

Responsorial Psalm

Ps 130: 1-2, 3-4, 5-6, 7-8

R. With the Lord there is mercy and fullness of redemption.

Out of the depths I cry to you, O LORD;
LORD, hear my voice!

Let your ears be attentive
to my voice in supplication.

R. With the Lord there is mercy and fullness of redemption.

If you, O LORD, mark iniquities,
LORD, who can stand?

But with you is forgiveness,
that you may be revered.

R. With the Lord there is mercy and fullness of redemption.

I trust in the LORD;

my soul trusts in his word.

More than sentinels wait for the dawn,
let Israel wait for the LORD.

R. With the Lord there is mercy and fullness of redemption.

For with the LORD is kindness
and with him is plenteous redemption;

And he will redeem Israel
from all their iniquities.

R. With the Lord there is mercy and fullness of redemption.

Reading 2

Romans 8: 8-11

Brothers and sisters: Those who are in the flesh cannot please God. But you are not in the flesh; on the contrary, you are in the spirit, if only the Spirit of God dwells in you. Whoever does not have the Spirit of Christ does not belong to him. But if Christ is in you, although the body is dead because of sin, the spirit is alive because of righteousness. If the Spirit of the one who raised Jesus from the dead dwells in you, the one who raised Christ from the dead will give life to your mortal bodies also, through his Spirit dwelling in you. *The Word of the Lord*

Commentary on Romans

Death still ravages the bodies of the faithful, even after Christ has overcome death in his Resurrection. But the Spirit has been poured into their spirits, and now they will endure; they will survive, even when death comes to the body. This was the Good News which attracted so much attention in the early days of Christianity. That same message goes to the very ends of the earth still today.

QUESTIONS

1. What does it mean to be in the flesh and in the Spirit?
2. Does being "in the spirit" attract attention as it did in the early days? Why or why not?

Gospel

Jn 11: 1-45

Now a man was ill, Lazarus from Bethany, the village of Mary and her sister Martha. Mary was the one who had anointed the Lord with perfumed oil and dried his feet with her hair; it was her brother Lazarus who was ill. So the sisters sent word to him saying, "Master, the one you love is ill." When Jesus heard this he said, "This illness is not to end in death, but is for the glory of God, that the Son of God may be glorified through it." Now Jesus loved Martha and her sister and Lazarus. So when he heard that he was ill, he remained for two days in the place where he was. Then after this he said to his disciples, "Let us go back to Judea." The disciples said to him, "Rabbi, the Jews were just trying to stone you, and you want to go back there?" Jesus answered, "Are there not twelve hours in a day? If one walks during the day, he does not stumble, because he sees the light of this world. But if one walks at night, he stumbles, because the light is not in him." He said this, and then told them, "Our friend Lazarus is asleep, but I am going to awaken him." So the disciples said to him, "Master, if he is asleep, he will be saved." But Jesus was talking about his death, while they thought that he meant ordinary sleep. So then Jesus said to them clearly, "Lazarus has died. And I am glad for you that I was not there, that you may believe. Let us go to him." So Thomas, called Didymus, said to his fellow disciples, "Let us also go to die with him." When Jesus arrived, he found that Lazarus had already been in the tomb for four days. Now Bethany was near Jerusalem, only about two miles away. And many of the Jews had come to Martha and Mary to comfort them about their brother. When Martha heard that Jesus was coming, she went to meet him; but Mary sat at home. Martha said to Jesus, "Lord, if you had been here, my brother would not have died. But even now I

know that whatever you ask of God, God will give you." Jesus said to her, "Your brother will rise." Martha said to him, "I know he will rise, in the resurrection on the last day." Jesus told her, "I am the resurrection and the life; whoever believes in me, even if he dies, will live, and everyone who lives and believes in me will never die. Do you believe this?" She said to him, "Yes, Lord. I have come to believe that you are the Christ, the Son of God, the one who is coming into the world." When she had said this, she went and called her sister Mary secretly, saying, "The teacher is here and is asking for you." As soon as she heard this, she rose quickly and went to him. For Jesus had not yet come into the village, but was still where Martha had met him. So when the Jews who were with her in the house comforting her saw Mary get up quickly and go out, they followed her, presuming that she was going to the tomb to weep there. When Mary came to where Jesus was and saw him, she fell at his feet and said to him, "Lord, if you had been here, my brother would not have died." When Jesus saw her weeping and the Jews who had come with her weeping, he became perturbed and deeply troubled, and said, "Where have you laid him?" They said to him, "Sir, come and see." And Jesus wept. So the Jews said, "See how he loved him." But some of them said, "Could not the one who opened the eyes of the blind man have done something so that this man would not have died?" So Jesus, perturbed again, came to the tomb. It was a cave, and a stone lay across it. Jesus said, "Take away the stone." Martha, the dead man's sister, said to him, "Lord, by now there will be a stench; he has been dead for four days." Jesus said to her, "Did I not tell you that if you believe you will see the glory of God?" So they took away the stone. And Jesus raised his eyes and said, "Father, I thank you for hearing me. I know that you always hear me; but because of the crowd here I have said this, that they may believe that you sent me." And when he had said this, He cried out in a loud voice, "Lazarus, come out!" The dead man came out, tied hand and foot with burial bands, and his face was wrapped in a cloth. So Jesus said to them, "Untie him and let him go." Now many of the Jews who had come to Mary and seen what he had done began to believe in him.

The Gospel of the Lord

Commentary on John

In John's Gospel, the event which finally brought the officials to decide they had to deal with Jesus was the resuscitation of Lazarus. The community for which John wrote considered the Lazarus story so decisive that they saw it as the hinge upon which turned all subsequent events in the witness they gave to Jesus Christ. Here, finally, is the manifestation of the One who was their hope for new life in God. Lazarus was truly dead. There could be no doubt about that. People who had died were normally buried within 24 hours. Many persons believed that the soul remained near the body for three days after death. After that, a person was truly and surely dead. In this passage, we hear that it has *been four days!* For sure, there can be no hope now. But, enter Jesus! With him, even death, true death, will not stand! He has power over life and death. He is identified with the God of the living. Death is not what God had intended for human life. The power of death has to be overcome, to show that all evil, all sin, needs to be eradicated from the world. Martha does not lose hope when everyone else said it was hopeless. She knows that Jesus is close to God and that God will hear his plea.

QUESTIONS

1. Lazarus was brought back to life which foreshadowed the resurrection of Jesus. How is what happened to Lazarus different from Jesus' resurrection?
2. How can this be understood spiritual with the elements of our life that are dead?

Watch the Video

Please watch the reflection on the weekly readings prepared by the staff at Parish of the Holy Eucharist. It can be found on the parish website at www.poth.org or you may obtain copies of the DVD at the parish office.



Credits

Opening Prayer. *Missale Romanum, Libreria Editrice Vaticana*, 2008. *Roman Missal*, Catholic Book Publishing Co., New York, 2011.

Readings for Mass. Excerpts from the Lectionary for Mass for Use in the Dioceses of the United States of America, second typical edition © 2001, 1998, 1997, 1986, 1970 Confraternity of Christian Doctrine, Inc., Washington, DC.

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March 25: Solemnity of the Annunciation of the Lord

"Enriched from the first instant of her conception with the splendor of an entirely unique holiness, the virgin of Nazareth is hailed by the heralding angel, by divine command, as 'full of grace' (cf. Luke 1:28). To the heavenly messenger she replies: 'Behold the handmaid of the Lord; be it done to me according to thy word' (Luke 1:38). Thus the daughter of Adam, Mary, consenting to the word of God, became the Mother of Jesus. Committing herself wholeheartedly and impeded by no sin to God's saving will, she devoted herself totally, as a handmaid of the Lord, to the person and work of her Son, under and with him, serving the mystery of redemption, by the grace of Almighty God" (Dogmatic Constitution on the Church/ LG, 56).



The Light is ON for You

Celebrate the Sacrament of Reconciliation

What Is Reconciliation?

Reconciliation (also known as confession or Penance) is a sacrament instituted by Jesus Christ in his love and mercy to offer sinners forgiveness for offenses committed against God. At the same time, sinners reconcile with the Church, because it is also wounded by our sins. Every time we sin, we hurt ourselves, other people, and God. In Reconciliation, we acknowledge our sins before God and his Church. We express our sorrow in a meaningful way, receive the forgiveness of Christ and his Church, make reparation for what we have done, and resolve to do better in the future.

The forgiveness of sins involves four parts:

Contrition: a sincere sorrow for having offended God, and the most important act of the penitent. There can be no forgiveness of sin if we do not have sorrow and a firm resolve not to repeat our sin.

Confession: confronting our sins in a profound way to God by speaking about them—aloud—to the priest.

Penance: an important part of our healing is the "penance" the priest imposes in reparation for our sins.

Absolution: the priest speaks the words by which "God, the Father of Mercies" reconciles a sinner to himself through the merits of the Cross.



Saturday, March 25

Catholic Relief Services

6:45am SH That Man is You
 11:00am HM Funeral, Wayne Sherwood
 3:15pm HM Confessions Fr. Antony
 3:15pm SH Confessions Fr. Kaseta
 3:15pm SG Confessions Fr. Greenleaf
 3:30pm SG Rosary

Sunday, March 26

Fourth Sunday of Lent, Catholic Relief Services

Scrutinies

8:00am SJ Choir Practice
 8:30am SJ Faith Formation
 9:10am HM Faith Formation
 9:30am SH Faith Formation
 9:30am SG Faith Formation
 4:45pm HM Choir Practice
 6:30 pm HM Teen Youth Ministry

Monday, March 27

8:00am HM Adoration
 4:15pm HM Faith Formation

Tuesday, March 28

9:30am HM Centering Prayer Group
 5:00pm HM Knights Meeting
 6:30pm HM Knights Workshop
 6:30 pm SH Bible Timeline

Wednesday, March 29

9:00am SH Morning Glory Prayer Group
 5:30 pm SJ Faith Formation
 6:45pm SH Choir Practice
 7:00pm SH Alzheimer's Support Group
 7:00pm SG Choir Practice

Thursday, March 30

6:30am SH Book Club
 10:00am HM Making Music Praying Twice
 6:00 pm SJ Flame

Friday, March 31

8:15am SH Stations of the Cross & Breakfast
 8:30am SG Adoration
 5:30 pm SG Youth Stations of the Cross & Supper
 5:30 pm SJ Stations of the Cross & Supper
 6:00 pm HM Supper
 6:30 pm HM Stations of the Cross

Saturday, April 1

First Saturday,

Faustina Ticket Sales,

6:45am SH That Man is You
 9:00am HM Sacrament Retreat
 3:15pm HM Confessions Fr. Greenleaf
 3:15pm SH Confessions Fr. Antony
 3:15pm SG Confessions Fr. Kaseta
 3:30pm SG Rosary

Sunday, April 2

Fifth Sunday of Lent,

Faustina Ticket Sales

Scrutinies

8:00am SJ Choir Practice
 8:30am SJ Faith Formation
 9:10am HM Faith Formation
 9:30am SH Faith Formation
 9:30am SG Faith Formation
 1:00pm HM Connected Catholics
 4:45pm HM Choir Practice
 6:30 pm HM Teen Youth Ministry

Saturday, March 25

4:00pm HM Fr. A Fran Downey by Jack & Betty Mullin
 4:00pm SH Fr. K Deceased Family & Friends of Eleanor Peters
 4:00pm SG Fr. G Robert Harvey by Tom & Belinda Harvey

Sunday, March 26

8:00am SH Fr. K Deceased Family & Friends of Gene & Claudie Higgins
 8:30am HM Fr. A Peter Sullivan by Barbara Keefe
 8:30am SG Fr. G Tom Royles by Dennis & Jeanne Haynes
 9:30am SJ Fr. K Henry W. Perkins by his Wife & Family
 10:30am HM Fr. A Bill Kennedy by his Family
 11:00am SH Fr. G Parishioners
 5:30pm HM Fr. G Deceased Family & Friends of Bruce & Cecelia Peaslee

Monday, March 27

8:00am SG Fr. K Andrew Kaseta
 5:30pm HM Fr. A Steve & Jean Gaecki by Kim Palli

Tuesday, March 28

8:15am SH Fr. K Mr. & Mrs. Fred Gretsck Jr. by Helen Copley
 5:30pm HM Fr. A Francis Downey by Philip and Kate Welch

Wednesday, March 29

8:15 am SH Fr. K John & Catharine Collins, John & Eva LaCompte by John Collins
 5:30 pm HM Fr. K Julia & Joseph Tracy by Leonard P. Larrabee, Jr.

Thursday, March 30

8:15am SH Fr. K Marcia O'Donnell by Marion & Clayton Clark
 5:30 pm HM Fr. T Alan Toothacher by Stephen & Sally Hunt

Friday, March 31

8:00am SG Fr. K Doris Harvey by Tom & Belinda Harvey
 5:30 pm HM Fr. G Deceased Family & Friends of Patricia Pride

Saturday, April 1

4:00pm HM Fr. G Barbara Mullin by Jack Mullin
 4:00pm SH Fr. A Deceased Family & Friends of Jean Bott
 4:00pm SG Fr. K Christine Savigno by Mark & Lynn Pesky

Sunday, April 2

8:00am SH Fr. G Deceased Family & Friends of the Bouchard Family
 8:30am HM Fr. K Deceased Family & Friends of Scott & Dominique Lambert
 8:30am SG Fr. A Mr. & Mrs. William B. Mahoney by the McBrady Family
 9:30am SJ Fr. G Parishioners
 10:30am HM Fr. K Fran Downey by the Ewald Family
 11:00am SH Fr. A Joseph Mora by his wife Ellen Mora
 5:30pm HM Fr. G Wayne Sherwood by Pat Dunn

Apostolate of Prayers for Priests, Portland Diocese	
Saturday March 25	Our Holy Father
Sunday March 26	Rev. Dominic Tumusiime, AJ Rev. Kevin Martin
Monday, March 27	Rev. Thomas Lequin Rev. Joel Cyr
Tuesday March 28	Rev. Frank Murray Rev. Raymond Legace, OFM
Wednesday March 29	Rev. Paul Sullivan, SJ Rev. Vincent Mellone
Thursday March 30	Rev. James Brewer V. Rev. Daniel Greenleaf
Friday March 31	Rev. Brad Morin Rev. Ralph Boisvert
Saturday April 1	Rev. Rudolph Leveille Rev. Maurice Lebel
Sunday April 2	Bishop Joseph J. Gerry, OSB



Fr. Greenleaf
Pastor



Fr. Kaseta, OFM Cap
Parochial Vicar



Fr. Antonydass
HGN



Mr. Popadak
Deacon



Ms. Dionne
Faith Formation



Mr. Cannon
Business Manager

Clergy

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Fr. Antony HGN 207-229-6895, antony.dass@portlanddiocese.org

Deacon Dennis Popadak, 207-847-6884, dennis.popadak@portlanddiocese.org

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Knights Officers Peter Rogers, Grand Knight, appro6@gmail.com

Joe Mathew, Deputy Grand Knight, jmathew@maine.rr.com

Bereavement Ministry Beth Anne King, 749-7974

Adoration Ministry Jenny Manago (Holy Martyrs) 847-514-1813

Cindy Carrier (St. Gregory) 272-5943

PARISH OFFICE

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266 Foreside Rd. Falmouth 04105

Parish Website: www.POTHE.org

Email: POTHE@portlanddiocese.org

PARISH MISSION STATEMENT

We are the Parish of the Holy Eucharist, a Catholic Community called to discipleship seeking deeper communion with God, each other, and our neighbors by celebrating the Sacraments, sharing God's word, and serving all in need.

Schedule of Masses, Confession & Adoration

Holy Martyrs Church

Mass Schedule

Saturday 4:00 pm

Sunday

8:30 am, 10:30 am & 5:30 pm

Monday to Friday

5:30 pm

Adoration

Monday 8:00 am - 8:00 pm

Confession

Saturday 3:15 pm

Sacred Heart Church

326 Main St. Yarmouth

Mass Schedule

Saturday 4:00 pm

Sunday

8:00 am & 11:00 am

Tuesday, Wednesday,

Thursday

8:15 am

Confession

Saturday 3:15 pm

St. Gregory Church

24 North Raymond Rd. Gray

Mass Schedule

Saturday 4:00 pm

Sunday

8:30 am

Monday & Friday

8:00 am

Adoration

Friday 8:30 am -12:30 pm

Confession

Saturday 3:15 pm

St. Jude Church

134 Main St. Freeport

Mass Schedule

Sunday

9:30 am

PARISH INFORMATION

Bulletin and Website

Items for the bulletin are due 10 days prior to publication. Please submit bulletin and website information to Elizabeth.rosquete@portlanddiocese.org.

Sacrament of Baptism for Infants

Please call the parish office as soon as you give birth to your child.

Sacrament of Marriage

Please contact the parish office at least 6 months in advance of the desired date of your wedding.

Sacrament of Confession

Held every Saturday in HM, SH, & SG at 3:15 pm or at any time by appointment with the priest.

Sacrament of the Anointing of the Sick and Pastoral Care to the Sick and Homebound

Please call the parish office with the name, condition, address, and phone number of the person who is in need.

Adult Confirmation

Please contact the Georgette in the Lifelong Faith Formation Office.

Vocations to the Priesthood or Religious Life

Contact the Pastor, Fr. Daniel Greenleaf.

Making Funeral Arrangements

Please contact the funeral home, and they will assist you in making arrangements for the Church.

Having a Mass Said for Deceased Loved One or Special Intention

Call the office or fill out an envelope at the entrance of the Church.

Wishing to Register in the Parish

Please contact the parish office and ask for Elizabeth Rosquete.

Wishing to Become Catholic

Please contact the parish office and ask for the Lifelong Faith Formation Office.

Ministry to Those in Need

Please contact the parish office and we will do what we can to provide assistance or help find appropriate resources in our area.