



INSTITUTE OF
CATHOLIC
CULTURE

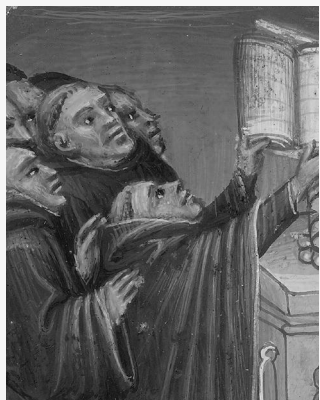
2025 - 2026 CURRICULUM

QUARTER III

Know the Faith. Love the Faith. Live the Faith.

QUARTER III

The third quarter of the ICC curriculum year, beginning with the celebration of the Resurrection through the season of Pentecost, introduces attendees to the book of Acts and the Epistles, the Medieval and Renaissance world, the scholastic philosophical tradition, and the Church's spiritual patrimony.



HOURS OF GRACE: THE DIVINE OFFICE & THE PRAYER OF THE CHURCH

LIVE COURSE with Rev. David Anderson, on Mondays, June 1 - November 9

Pre-class Discussion @ 7:30 PM EST, Lecture from 8:00 - 9:15 PM EST

The Divine Office is how the Church fulfills the Scriptural call to pray without ceasing—the prayers of the hours are the wheels on which the Christian inner life runs. The Psalter, the summary of the entire Bible prayed and sung, stands at its center. This course examines the historical context of this liturgical prayer, exploring forms including the Roman Breviary, Monastic Diurnal, Liturgy of the Hours, and Byzantine hours, with emphasis on transformation through prayer.

The Church, who prays in her temples seven times in the day and once again during the night, did not pray alone. The people kept her company, and fed themselves with delight on the manna hidden under the words and mysteries of the divine liturgy.

Dom Prosper Guéranger

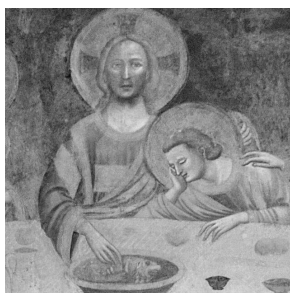


PRAY ALWAYS: A MONASTIC GUIDE TO PERSONAL PRAYER

With Mother Cecilia, O.S.B., on Tuesday, April 14

Pre-class Discussion @ 7:30 PM EST, Lecture from 8:00 - 9:15 PM EST

In his first epistle to the Thessalonians, Saint Paul encourages the church to "Rejoice always, pray always, give thanks in all circumstances; for this is the will of God in Christ Jesus for you." But how does one "pray always," especially when we live in a world which is so demanding and so busy? In this reflection, Mother Cecilia will share with us the secrets of the monastic life in keeping ourselves in a constant state of prayer even when distracted by the necessities of this life.



FRIENDSHIP IN CHRIST: ST. AELRED ON SPIRITUAL FRIENDSHIP

With John Cuddeback, Ph.D., on Tuesday, April 21

Pre-class Discussion @ 7:30 PM EST, Lecture from 8:00 - 9:15 PM EST

God created man for communion with Him and for communion with each other, in Him. St. Aelred of Rievaulx believed that human friendship is an essential part of God's plan for mankind. In this lecture, we will explore the 12th-century Cistercian abbot's beautiful teaching on spiritual friendship, examining how the bonds we form with one another can become a school of charity and a pathway to deeper union with God.



SINGING IN THE HOLY LAND: HYMNS OF THE RESURRECTION

With Rev. Hezekias Carnazzo, on Tuesday, April 28

Pre-class Discussion @ 7:30 PM EST, Lecture from 8:00 - 9:15 PM EST

Easter hymns such as Ye Sons and Daughters and Regina Caeli, are among the most treasured hymns sung during the Paschal season, as the "alleluia" is resurrected following Lent. However, many people may not be familiar with the cherished hymns sung in the Holy Land during this joyous season. Join Fr. Hezekias and the St. George choir to rediscover the resurrection hymns of the Holy Land, the ancestral treasure of Middle Eastern Paschal music.



SAVING CIVILIZATION: HOW MONASTICISM PRESERVED WESTERN CULTURE

With John Pepino, Ph.D., on Tuesday, May 5

Pre-class Discussion @ 7:30 PM EST, Lecture from 8:00 - 9:15 PM EST

Once the Roman Empire collapsed at the hands of pagan barbarians, Christianity - not to mention western culture - could have been in grave danger of disappearing from the European continent during the "Dark Ages," were it not for the "light" of monastic communities: Their monasteries were centers of learning and managed to preserve the great works of Western Civilization - all the while preserving and spreading the Faith through missionary zeal.



COOKING FOR CROWDS: EGGS FOR PASCHA

With Rev. Hezekias Carnazzo, on Tuesday, May 19

Pre-class Discussion @ 7:30 PM EST, Lecture from 8:00 - 9:15 PM EST

Why Eggs? As we celebrate the gift of the Resurrection, many families will enjoy the tradition of an Easter egg hunt. But why eggs on Easter? Join Fr. Hezekias for a special ICC "Cooking for Crowds," as Father shares some of his favorite breakfast recipes and teaches us the beautiful story of how eggs became associated with Easter in the early Church—a tradition deeply rooted in faith, sacrifice, and the joy of new life.

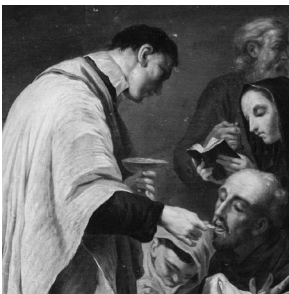


THE CANTERBURY TALES: ICC BOOK CLUB

With Ben Reinhard, Ph.D., on Tuesdays, May 26, June 16 & July 7

Pre-class Discussion @ 7:30 PM EST, Lecture from 8:00 - 9:15 PM EST

Geoffrey Chaucer's *Canterbury Tales* follows a group of pilgrims traveling from London to Canterbury Cathedral—telling each other stories along the way. These tales offer a vivid portrait of medieval society, from knights and clergy to merchants and millers, each revealing timeless truths about human nature. Join their pilgrimage in the ICC Book Club to read and discuss what is undoubtedly one of the greatest works of Medieval literature.



PARTNERS IN THE ALTAR: MORAL IMPLICATIONS OF ST PAUL'S EUCHARISTIC THEOLOGY

With Rev. Paul Scalia, on Tuesday, June 2

Pre-class Discussion @ 7:30 PM EST, Lecture from 8:00 - 9:15 PM EST

While the Catholic Church's doctrine on the real presence of Christ in the Eucharist is well known, too often the moral implications of this doctrine are ignored or outright rejected by many. In this study, we will discover the biblical foundations for the Church's teachings which both lead to a worthy reception of the Eucharist and those teachings which flow from it—transforming not only how we receive, but how we live.



SACRAMENT OF FLESH AND BLOOD: BL. LANFRANC'S DEFENSE OF THE REAL PRESENCE

With Jared Staudt, Ph.D., on Tuesday, June 9

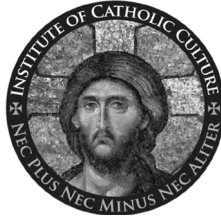
Pre-class Discussion @ 7:30 PM EST, Lecture from 8:00 - 9:15 PM EST

Is Jesus truly present in the Eucharist: Body, Blood, Soul and Divinity? This question arose centuries before the Protestant Revolt, when Bl. Lanfranc of Canterbury defended the Real Presence against those who believed Christ was merely spiritually present. This great medieval saint and teacher of St. Anselm became the principal proponent of the doctrine known as Transubstantiation, proclaiming the reality that the Eucharist truly becomes the Body and Blood of Christ.



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THE INSTITUTE OF CATHOLIC CULTURE

We are an adult catechetical organization, faithful to the Magisterium of the Catholic Church, and dedicated to the Church's call for a new evangelization. The Institute seeks to fulfill its mission by offering educational programs structured upon the classical liberal arts and opportunities in which authentic Catholic culture is experienced and lived.



ONLINE EXPERIENCE

- Live online webinars
- Semester-long, self-paced courses
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- Classroom experience that allows for note-taking and bookmarking favorite moments



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