

May

3

2026



# PARISH OF THE BLESSED SACRAMENT

## WELCOME!



### SACRAMENTS

Baptisms: The next class is on **Wednesday, May 27** at 6pm. Please call the office to register.

Weddings: Contact the parish nine to twelve months in advance.

Sacrament of the Sick: please call the parish office anytime.

Funerals: Contact the parish office

Parish School of Religion: call the Parish Office to register.

### OUR CLERGY

**Father Michael Friedel**, Pastor  
[mfriedel@dio.org](mailto:mfriedel@dio.org)

**Father Jeffery Grant**, Pastor Emeritus  
**Father Ryan Kehoe**, Parochial Vicar  
[rkehoe@dio.org](mailto:rkehoe@dio.org)

**Father Zachary Samples**,  
In Residence  
**David Erdmann**, Deacon

### PASTORAL STAFF

**McKinzie Oshesky**, Office Manager  
**Janet Vespa**, Finance Manager  
**Lisa Sarnowski**,  
Director of Communications  
**Jane Hartman**, Music Director  
**John Langdon**, Maintenance Manager

### Bulletin Submissions:

Email: [bulletins@bsps.org](mailto:bulletins@bsps.org)  
Due Monday by noon

### SCHOOL STAFF

**Beth Shade**, Principal  
**Esther Edgren**,  
School Administrative Assistant  
**Michele Hinds-Greenwood**,  
School Secretary  
**Jenna Davlin**,  
Development Director

**PARISH OFFICE:**  
Phone: (217) 528-7521  
Website: [www.bsps.org](http://www.bsps.org)

**SCHOOL OFFICE:**  
748 West Laurel  
Phone: (217) 522-7534  
Fax: (217) 522-7542  
[www.bssbruins.org](http://www.bssbruins.org)

1725 S. Walnut St.  
Springfield, IL 62704

Office hours: 8:00am to 4:00pm

Sign up for our electronic newsletters: text BLESSED1725 to 84576

Blessed Sacrament Parish welcomes new residents and visitors. It is wonderful to celebrate the Eucharist with you. If you are new to the parish, please call the office to register or register online at [www.bsps.org](http://www.bsps.org)

Follow us on Facebook: [bspspi](https://www.facebook.com/bspspi)  
Follow us on Instagram: [bsps1725](https://www.instagram.com/bsps1725)

©LPI

## MASS INTENTIONS FOR THE WEEK

### Monday, May 4

Confessions before Mass  
8:00am Mass: Mary Ann Bart

### Tuesday, May 5

Confessions before Mass  
8:00am Mass: Mary Forsyth

### Wednesday, May 6

Confessions before Mass  
8:00am Mass: Mr.&Mrs. Ernest Hiltbrand, Sr.

### Thursday, May 7

Confessions before Mass  
8:15am Mass: Roy & Leona Marti

### Friday, May 8

Confessions before Mass  
8:00am Mass: Geraldine Frasco

### Saturday, May 9

8:00am Mass: Bill & Barb Lehman  
3pm - 4pm Confessions  
4:30pm Mass: RE.&ML.VonBehrenFamily

### Sunday, May 10

6th Sunday of Easter  
7:00am Mass: For Our Parishioners  
8:30am Mass: For Our Parishioners  
10:05am Rosary: Blessed Sacrament  
Women's Club  
10:30am Mass: Fields, Clay & Brown  
Families

Confessions in the Adoration  
Chapel on Saturdays

Morning Confession in  
Confessionals

Rosary is prayed before the  
10:30am Sunday Mass beginning at  
10:05am AND after regular  
weekday Masses at 8:00am.

All are welcome!

## FROM THE PASTOR'S DESK

### Did You Know?: The Precepts of the Church

If you ask anyone who was catechized fifty or sixty years ago if they could rattle off the precepts of the Church, my guess is that they'd probably be able to remember at least some of them. But for those of us who were catechized a little more recently (or not much at all), you might be more in the camp of "Wait, what? Precepts of the Church? What are those?"

The precepts of the Church are essentially commandments of the Church that are considered *binding* (as in, they have to be observed). Whereas the Ten Commandments are binding on account of *divine* precept (meaning God gave us those laws to follow), the precepts of the Church are what are called *positive* laws, meaning they are decreed by the Church for legitimate pastoral reason. Those "pastoral reasons" are to help aid people in the moral life and to nourish people through the liturgical life of the Church.

The Catechism of the Catholic Church, in paragraph 2041, puts it this way: "The precepts of the Church are...meant to guarantee to the faithful the very necessary minimum in the spirit of prayer and moral effort, in the growth in love of God and neighbor." Essentially, they are the bare minimum to succeed in living a Christian life. If one is missing, well, then a fundamental aspect of our Christian identity is missing!

In their current enumeration, there are five (those of you who studied the Baltimore Catechism would know them as the six commandments of the Church). They are as follows:

- "You shall attend Mass on Sundays and on holy days of obligation and rest from servile labor."
- "You shall confess your sins at least once a year."
- "You shall receive the sacrament of the Eucharist at least during the Easter season."
- "You shall observe the days of fasting and abstinence established by the Church."
- "You shall help to provide for the needs of the Church."

Again, these are meant as a *minimum*. Some will need or want confession more than once a year (like me!). We are *obliged* to attend Mass on Sunday and holy days of obligation, but the Church is certainly not telling you that you have to stop there... It's interesting to note that the precepts tell us that we're *not* required to receive communion every time we go to Mass, just at least once in the Easter season. Many people equate going to Mass (required) with receiving (not required)—and I've heard people argue, "well, if I can't receive communion [because they're not properly disposed], then I just won't go to Mass." Or worse, people know they're in a state where they shouldn't receive and go ahead and receive anyway, just because they're at Mass and that's what you do. That's not what the Church envisions, and it's not what the Lord desires for us. It's also illuminating to think that tithing (a.k.a. providing for the needs of the Church) is not just the Church saying "we gotta get ours"; rather, contributing some of our means (time, talent, and treasure) is seen as something positive, contributing to the building up of our spiritual lives by placing a proper emphasis on worldly goods and giving us stake in the mission of the Church.

The precepts of the Church are not just meant to be a list of requirements, but a formulation of what is helpful and necessary for an individual to experience God now and in eternity. No amount of just "checking the boxes" and then doing whatever I want with the rest of my life will ever fool God (or ourselves, for that matter). But certainly, abiding by these five precepts might just lead us to deeper communion with God and, thereby, with each other!

Keep spreading joy!

Fr. Friedel



**Please Pray for Our Recently Departed**  
 Michael Blair  
 Jeanne McCarthy

**Congratulations to Our Recently Baptized**  
 Charlotte Campbell Zhang, daughter of Cierra and Cheng Zhang

Mass will continue to be live-streamed and can be found by going to the parish website at [www.bsps.org](http://www.bsps.org) and click on WATCH MASS HERE.

Confessions are heard Monday-Saturday mornings from 7:30-7:45am in the confessionals and on Saturday afternoon 3-4pm in the Adoration Chapel.

**Catholic Charities Diocese of Springfield in Illinois Hockey with Paprocki 2026 Fundraiser** “The Holy Goalie,” Bishop Thomas John Paprocki will be returning to the ice and defending the goal to benefit Catholic Charities Legal Services (CCLS) program during the upcoming Hockey with Paprocki fundraiser. This event will be held on Saturday, May 2, 2026 at 3:30 p.m. at the Nelson Center Ice Rink located at 1601 N 5<sup>th</sup> St in Springfield. Tickets can be purchased online for \$10 or \$15 at the door. Catholic School student ticket price is \$5. Advanced tickets may be purchased at: [cc.dio.org/events/hockey-pap](http://cc.dio.org/events/hockey-pap).

Next weekend is our collection for the **Catholic Communications Campaign**. The Diocese of Springfield uses the Catholic Times, social media, videos and podcast to share inspiring stories and to teach the faith. There is a special envelope in your packet for Communications or you may donate online at [pushpay.com/g/bspsspringfield](http://pushpay.com/g/bspsspringfield) or through the QR code.



Blessed Sacrament School recently completed their annual Running Contest. Students and faculty were required to walk or run ten miles, complete 10 push-ups, complete 10 crunches, talk about a person or promise of God that they see in their life and spend 10 minutes with God in prayer. There were 175 individuals who qualified and they earned a Breakfast of Champions, a Gatorade and permission to wear comfy, cozy clothes on a school day! The contest was inspired by Psalm 100... “for the Lord is good and His love endures forever.”

## TEACHER APPRECIATION WEEK!

May 4-8, 2026

PSA has compiled a list of gift ideas for parents to use as a reference, making it easy for you to show appreciation

**Kenzel**  
• Bath and Body Works/ Target

**Malawy**  
• Caribou Coffee/ Old Navy

**Schworer**  
• Hae's/ Kennedy Sue

**Scherer**  
• Custom Cup/Gypsy Soul

**Kreiling**  
• Amazon/ Target/ Buffalo Wild Wings

**Dahkamp**  
• Amazon/ Scheels/ Texas Roadhouse

**Dean**  
• Target/ Amazon/ Chick-fil-A

**Phillips**  
• Chicco/ Amazon/ TJ Maxx/ HomeGoods/ Azteca

**Ambrose**  
• Starbucks/ TJ Maxx

**Newton**  
• Target/ Amazon

**Larson**  
• Azteca/ La Fiesta/ Casa Real/ Target

**Bottom**  
• Homeplate/ Gypsy Soul

**Zanger**  
• Corner Pub/Panera

**Ketchum**  
• Obed n Issac's/ Azteca/ Target/ Home Goods

**Kraft**  
• Hae's/Mimosa/ Darcy's/ Home Goods

**Harvey**  
• Engrained/ Kennedy Sue

**Keller**  
• Target/ Panera

**Reiser**  
• Barnes & Noble/ Target

**Vogt**  
• Amazon/ Target

**Christie**  
• Azteca/ Engrained

**Healy**  
• Noodles and Company/Chipotle

**Smith**  
• Starbucks/ Target

**Mundstock**  
• Pedicures/ Target

**Watson**  
• Caribou Coffee/Chick-fil-A/Target

**Ficke**  
• Bella Milano/ Custom Cup

**Mauntel**  
• TJ Maxx/ Home Goods/ D'Arcy's Pint

**Triphahn**  
• Grab-a-Java/ Local Restaurants

**Davis**  
• Starbucks/ Amazon

**Allen**  
• Engrained/ Custom Cup

**Criscione**  
• Engrained/ Custom Cup

Don't forget to use the Script Program for your gift cards. Just stop in the office!

**Teacher Appreciation Day is May 5, 2026.** Your teacher doesn't need another apple-shaped Christmas ornament but would love a little treat. We've made a "treat cheat sheet" so that you know what their favorites are. Many of these vendors are part of the Scrip fundraising program (win-win!) Those cards are available for purchase in person at the school office during regular hours (cash or check).

## WE'RE HIRING!

# OFFICE MANAGER

Applications are being accepted for the position of Office Manager for Blessed Sacrament Church in Springfield, Illinois. We are seeking a practicing Roman Catholic with an understanding of parish life and culture, and possessing proven office and financial skills. This position oversees the daily administrative operations of the parish and assists with the financial upkeep of the parish office. Candidates should possess 3-5 years of experience in office management, administrative leadership or financial support. Scan the QR code below for a full job description and application. Blessed Sacrament Church has a pay range of \$22 to \$25 per hour for the Office Manager position. Benefits for this position can be found at [bsps.org/employment-opportunities](http://bsps.org/employment-opportunities).

Send resume and application to  
 Father Michael Friedel at [mfriedel@dio.org](mailto:mfriedel@dio.org)

Pray for peace - Practice the First Saturday devotion! It is essential for world

peace and the salvation of souls. Go to [www.bluearmy.com](http://www.bluearmy.com) to learn about the First Saturday virtual pilgrimage for the 100th anniversary of Fatima.

OUR LADY OF *Fatima* 

Vacation Bible School returns to Blessed Sacrament this summer! VBS will be held June 22—26, 2026 from 8:30 AM to 11:30 AM. All children entering Preschool through Fifth Grade are invited to join VBS. The fee is \$50 for the week. You can register online (and pay) now at [www.bsps.org/vbs](http://www.bsps.org/vbs).



Blessed Sacrament School students can register for Summer Camp as well at [www.bssbruins.org/summer-camp](http://www.bssbruins.org/summer-camp)

 **St. Patrick Catholic School**

**Celebrating the Legacy**

Alumni, Friends & Supporters are invited

**Saturday, May 16th**

4:00 Open House at St. Patrick School  
5:00 Mass at St. Patrick Catholic Church

Join us after mass at Rt 66 Mother Road  
Diner Hotel & Conference Center  
625 E. St. Joseph St., Springfield

**RSVP Encouraged**  
[kcavanagh@st-patrick.org](mailto:kcavanagh@st-patrick.org) or  
217-523-7670

**SAVE THE DATE!**  
Blarney Bash for Scholarships  
Wednesday, June 24th at the K of C on Meadowbrook  
Details coming soon!

Thursday, May 7 is the National Day of Prayer! Take a moment today to pray together this blessing of peace:

Dear Lord,

You have said “Do not let your hearts be troubled”.

Bless me with Your peace.

Fill my heart with trust in You,

And hope in Your promises.

Be my rock in time of distress,

My light in times of darkness,

And my rest in the storm.

Amen.

## MINISTRY SCHEDULE

MAY 4 — MAY 8

MONDAY - FRIDAY

8:00 am

Haddie Luttrell and Marin Oldenburg

**Saturday, May 9, 4:30PM**

**Lector:** Vince Toolen

**Servers:** Henry Barry, Jack Bishop, Sam Hughes

**Eucharistic Ministers:** Joseph Stannard, Dan and Mary Ellen Bishop, Noreen Luhr

**Sunday, May 10, 7:00AM**

**Lector:** Jim McDermott

**Servers:** Cason Ganey

**Eucharistic Ministers:** Carolyn Graham, Kathy Gietl, Ann Walker, Rae Marie Davlin, Carrie O'Brien

**Sunday, May 10, 8:30AM**

**Lector:** Kristen Faucon

**Servers:** Nicholas Frevert, Brody Mihelich, Andrew Hofner

**Eucharistic Ministers:** Dave and Lisa Sarnowski, George Rudis, Sally Petrone

**Sunday, May 10, 10:30AM**

**Lector:** Tim Moore

**Servers:** Sophia Wygant, Thomas and Matthew Christie

**Eucharistic Ministers:** Rodney and Patti Naylor, Lynn Frasco, Brittani Newton, Mary Tuttle

To obtain a full schedule for ALL Mass volunteers or to VOLUNTEER FOR AN EMPTY SLOT, go to [www.rotundasoftware.com/ministry/blessedssacrament\\_spi](http://www.rotundasoftware.com/ministry/blessedssacrament_spi)

### IF YOU ONLY READ THREE THINGS THIS WEEK:

- The Garden Party returns—mark your calendars for **June 23 and 24!**
- Vacation Bible School sign up is live now! Go to [www.bsps.org/vbs](http://www.bsps.org/vbs) to enroll, pay and volunteer! Sign up for Summer Camp too...
- Commemorate the National Day of Prayer on Thursday, May 7

Parishioners, non-parishioners, neighbors, and non-neighbors are ALL INVITED to join us on the evenings of June 23 and June 24 for family fun, food and nostalgia at our 98th Annual Garden Party!

In the 50's and 60's, girls planned to wear their best summer dresses to the Garden Party and shopped accordingly. The dress code has definitely changed—you're welcome to be as comfortable or as classy as you desire!

Join us and bring a friend to enjoy the carnival rides, nostalgic games and delicious food.

Blessed Sacrament Field and Parking Lot

Evenings of June 23 and 24.

All are invited!



### Weekly Parish Finance Report April 18 to April 24

	AMOUNT RECEIVED	TOTAL HOUSEHOLDS
Loose Collections	\$1,569.00	
Envelope Collections	\$12,227.00	175
Online Giving Collections	\$6,630.40	120
<b>TOTAL COLLECTIONS</b>	<b>\$20,426.40</b>	295
Target Amount	\$25,000.00	

### HEAVENLY FATHER, WE PRAY FOR...

Kayla Friedel

Mary Tuttle

*Please call the Parish Office to submit a name to the prayer list. Names will automatically be removed after six weeks unless notified.*

Project Rachel can help women and men heal from the pain of abortion. For assistance call 217-698-4456

Diocesan Child Abuse Reporting and Investigation at 217-321-1155

**Support Our Advertisers!**

Little space. Big impact.  
Advertise here  
Call 800-950-9952

We are proud to support Blessed Sacrament.

Tony Nestler   Bob Mizeur   Jeff Raes

3131 W. Wabash Avenue   HICKORYPOINTBANK.COM   MEMBER FDIC

**Tate Hartman, CFP®, CFA**  
Financial Advisor  
heartlandfinancialservices.org

**Retirement | Investments | Insurance**

Not FDIC Insured. May Lose Value. No Bank Guarantee.

**Mike O'Brien**  
Parishioner  
536 N. Bruns Ln., Suite 2B  
Springfield, IL 62702  
217-753-1791  
cell: 217-414-5343  
mike.o'brien@COUNTRYfinancial.com

**Advertise in Our Church Bulletin!**

**Contact Brandy Stivers**  
bstivers@4LPi.com  
(800) 950-9952 x2609

**TROXELL**

**John P. Eck, Jr.**  
Parishioner

217-321-3187  
Fax: 217-528-5771  
Mobile: 217-899-0655  
E-mail: jeck@troxellins.com  
www.troxellins.com

**STARCREST CLEANERS**

4 CONVENIENT SPRINGFIELD LOCATIONS:  
2701 West White Oaks Drive  
4349 Conestoga  
1825 W. Jefferson St.  
2025 S. MacArthur Blvd.  
Open 7 days a week Same Day Service

**Never miss our bulletin!**

Get this bulletin delivered straight to your inbox every week.

Scan to subscribe on [parishesonline.com](http://parishesonline.com)

**Edward Jones**   Member SIPC

**Financial Strategies built just for you.**

**Tim Healy**  
Financial Advisor  
1215 S 4th St Suite B  
Springfield, IL 62703  
217-528-2827  
Parishioner  
MKT-58940-A AECSPAD > edwardjones.com

**CHIROPRACTIC • NUTRITION • BRAIN BALANCING**

**DR. CHRIS REID  
DR. SHAY REID  
DR. SHAUGHN REID**

**REID**  
Family Wellness

Parishioners  
**217.698.5800**  
reidfamilwellness.com



**Advertise Here!**

Engage with consumers in your neighborhood.



**F.J.MURPHY & SON, INC.**

Plumbing, Heating & Cooling  
"The Name You Know & Trust"  
Quickest Service - Since 1947  
**528-4081**

**Jacobs & Middleton**  
FAMILY DENTISTRY

**217.546.6262**

Sarah Jacobs D.D.S. Parishioner  
1905 Montana Drive Suite 30  
Springfield, IL 62704  
www.jacobsandmiddleton.com

J. Zach Middleton D.M.D.

CELEBRATING 50 YEARS OF SERVICE TO THE COMMUNITY

**A-1 LOCK**

Parishioners  
**101 N. 4th • 523-8182**

Eliminate the uncertainty and financial burden with the Staab Family & Associates.



**STAAB**  
1937  
Honoring Life

Contact us for your personal visit to Plan Ahead.  
217.528.6461  
StaabFuneralHomes.com  
Springfield ♦ Sherman

HELPING YOU SAY GOODBYE with dignity & respect.



**Lauterbach Tire & Auto Service**

**1569 Wabash Ave.  
546-2600**

**Here with you.**



**HSBS St. John's Hospital**

**B & B Electric INC.**

**217-528-9666** Fax 217-528-5481  
bnbelectric.net  
3000 Reilly Dr. | Springfield, IL 62703

**Butler FUNERAL HOMES**  
AND CREMATION TRIBUTE CENTER

Springfield · Chatham · New Berlin

**217.544.4646**

Proudly Owned and Operated by S.C.I. Illinois Services, LLC

We'll Make the Plans. You Make the Memories.

**Kingdom Seekers**

Mika Arbogast • 217-553-2872  
mika@kingdomseekerstravel.com  
www.kingdomseekerstravel.com

**Support Our Advertisers!**

**UCB**  
UNITED COMMUNITY BANK  
The Leader of Community Banking

**UCBbank.com**

Member FDIC

**Ron Furman & Sons PAVING**  
SPRINGFIELD, IL 217-528-9407 ILLINOIS

RESIDENTIAL COMMERCIAL

3600 N. Dilsen Pkwy • 62707 • ronfurmapaving@hotmail.com

Bruce and Mary Cumming, Parishioners

**Cumming's Carpet One Floor & Home**

1805 S. MacArthur Blvd. Springfield, IL 62704  
www.carpetone.com

**217-546-4924**



**LPi**

**We're Hiring Ad Sales Executives**

- Paid Training
- Full-time with Benefits

Visit [www.lpicommunities.com/careers](http://www.lpicommunities.com/careers)

Let Go. Let God.

**level<sup>3</sup>**

HOME IMPROVEMENT INC.

We also specialize in cash purchases of residential real estate.

Gary Rogers | **217.494.0602**

**Trendsetters.floral**

217.483.8800

309 N. MAIN ST., CHATHAM, IL 62629  
WWW.TRENDSSETTERS-INC.COM

Little space. Big impact.

Advertise here  
Call 800-950-9952

**VIG LAW**



• DUI  
• TRAFFIC TICKETS  
• FEDERAL & STATE FELONY AND MISDEMEANOR DEFENSE

**(217) 241-5628**  
www.vig-law.com  
1100 S. 5th Street  
Springfield, IL 62703

**IF YOU LIVE ALONE**

**MDMedAlert!**™

STARTING AT **\$19.95** /mo.

✓ Ambulance ✓ Police/Fire  
✓ Family/Friends ✓ GPS & Fall Alert

**CALL NOW! 800.809.3570** [md-medalert.com](http://md-medalert.com)

**J. DAVID CROSS, DDS**  
ESTHETIC PERIODONTAL & IMPLANT MICROSURGERY



J. DAVID CROSS, D.D.S.  
Periodontist

**217-793-0196**  
No Referral Needed

[www.jdavidcrossdds.com](http://www.jdavidcrossdds.com)

**FREE AD DESIGN WITH PURCHASE OF THIS SPACE**

Call 800.950.9952

**Edward Jones**

Mary Pat Cavanagh

1999 Wabash Avenue Ste 115  
Springfield, IL 62704  
Bus. 217-546-4752  
mary-cavanagh@edwardjones.com  
edwardjones.com

**ILLINOIS PRESBYTERIAN HOME COMMUNITIES**

Founded in Faith... Focused on Community

217-546-5622  
www.iphcommunities.org

**Throop & Son Tree Service**

Since 1929

Earl Throop  
217-528-8523



**ADT-Monitored Home Security**

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide


**833-287-3502**



**catholicmatch®**

Illinois

CatholicMatch.com/IL




**John Belz, MD, FAAP**

Springfield Clinic Pediatrics  
3501 Old Jacksonville Road

**217.960.8193**

**Springfield clinic**

ACCEPTING NEW PATIENTS • SCHEDULE ONLINE

BLESSED SACRAMENT, SHG ALUM —

**John Belz, MD, FAAP**

Springfield Clinic Pediatrics  
3501 Old Jacksonville Road


**217.960.8193**

**Springfield clinic**

ACCEPTING NEW PATIENTS • SCHEDULE ONLINE

**State Farm**

Mark Cortesi  
Insurance Agent  
Parishioner  
(217) 787-1727  
www.growwithmark.com



Visit **PEASE'S NOSTALGIC CHOCOLATE SHOP**



**PEASE'S**  
AT **BUNN gourmet**  
SINCE 1940

(217) 523-3721  
1701 S State St, Springfield, IL 62704

(217) 793-1840  
2941 Plaza Dr, Springfield, IL 62704