



# Sacred Heart of Jesus Church

353 Main Street Highland Falls, NY 10928

sacredheartchurch@twcmetrobiz.com

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Rev. Joseph Tokarczyk, Pastor

Mary Ann Brigham - Religious Education 845-446-2674

Mary Carter Parish Secretary (Mon. Tues. Wed.)

Breanna Scott Parish Secretary (Thurs. Fri.)

Helen Lindsey Music Director

Linda Green RCIA Coordinator

Helen Agro Book Keeper

## Devotions of our Parish

Adoration Benediction followed by Litany & Novena to the  
Sacred Heart on First Friday

**Our Lady of Fatima** - First Saturday before Mass

**Rosary** - May & October after Daily Mass

Rosary for Peace every Wednesday

**Lauds** - before Daily Mass during Lent and Advent

## Blessed Sacrament Chapel

Route 9W, Fort Montgomery NY 10922



## Schedule of Masses

**Saturday Vigil:** 5:00 pm Sacred Heart

From Dec 1st to April 1st 4:00 pm Sacred Heart

**Sunday:** 8:00 am Blessed Sacrament

9:30 am Sacred Heart

11:30 am Sacred Heart

### Daily Mass

*Monday, Tuesday, Thursday, Friday*

8:00 am Sacred Heart

*Wednesday:* 4:30 pm Rosary for Peace

5:00 pm Sacred Heart

*Saturday:* 9:00 am Sacred Heart

### First Friday of the Month Mass and Adoration

9:00 am Sacred Heart Exposition until 1pm

### Confessions

Saturday 4:15 - 4:45 pm Sacred Heart

Saturday 3:15 - 3:45 pm (from Dec 1st to April 1st)

## MASSSES FOR THE WEEK

Saturday, 17 Mar	<b>St. Patrick, Bishop</b>
9:00 am	Lorentz & Catherine Graber
4:00 pm	Dana Pelella
Sunday, 18 Mar	<b>Fifth Sunday of Lent</b>
8:00 am	Sacred Heart Parishioners
9:30 am	Josephine and Elio Federico
11:30 am	August Reberholt Sr.
Monday, 19 Mar	<b>St. Joseph</b>
8:00 am	John Jones
Tuesday, 20 Mar	
8:00 am	Christine Graber
Wednesday, 21 Mar	
5:00 pm	Filomena Colcol
Thursday, 22 Mar	
8:00 am	James H. Willis
Friday, 23 Mar	<b>St. Turibius, Bishop</b>
8:00 am	Saundra Palazzo
Saturday, 24 Mar	<b>Blessed Oscar Romero, Bishop</b>
9:00 am	Intention Available
4:00 pm	Intention Available
Sunday, 25 Mar	<b>Palm Sunday</b>
8:00 am	Sacred Heart Parishioners
9:30 am	George Szarka
11:30 am	Living & Deceased Members of the Mollo and Borghese Family

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### PRESENTING THE GIFTS

If you have arranged an intention of Mass, you may want to consider presenting the gifts of bread and wine during that celebration. Please inform an usher before Mass.

## +PARISH LENTEN ACTIVITIES

**Daily Mass 8 am Mon-Fri (Wed 5 pm)**

**Stations of the Cross**

**Every Friday evening at 7 pm**

**Confessions**

**Every Saturday from 3:15 to 3:45 pm**

**Reconciliation Monday**

**26 March 4 – 8 pm**

**Holy Thursday 29 March 7 pm**

**Good Friday 30 March**

**3 pm & Stations of the Cross at 7 pm**

**Holy Saturday 31 March 7 pm**



Reconciliation Monday is a Diocese-wide event that will take place Monday March 26th. Confession will be available in every parish in the Diocese from 4-8 pm.

## March 18th, Fifth Sunday of Lent

In the first reading, Jeremiah preaches the new covenant, when the law of the Lord is internalized and written upon the hearts of all who believe. With a new heart, we will have knowledge and obedience of God's will. John describes this knowledge and obedience in Jesus, who realizes that, like the grain of wheat, he must die to this world in order to produce much fruit.

## Why Fasting?

Fasting is an invitation to strip off distractions and make more room for God.

It may not sound appealing at first, but fasting is one of the greatest blessings God gives to us during lent. Our distractions are too numerous to count. When we eliminate one or more of them - snacks, or TV time or gossip – we open up time and space for God. We move beyond the thing we are giving up and embrace the gift that God has for us. Perhaps it's a word of encouragement from Scripture or an insight about someone we love or a softer heart toward a difficult neighbor, co-worker or love one.

Fasting can open the door to these simply gifts because we are more able to recognize them in our lives.

There's another blessing to fasting, one that we don't even think about. That same time and space that we give to God is also a sacred gift that we give to ourselves. When we set aside this time and space, we are asking the Lord to be more present to us. We are asking him to give us a deeper taste of his love and a deeper sense of his comfort and healing.

So pray about what types of things might be good for you to fast from. Remember, this is a season of grace, and God is more than willing to shower his blessings on you as you seek him.

*"Father, through my fasting and prayer this Lent, help me to glimpse the glory you have promised."*

We pray for the sick and homebound:

Alexis & Brooklyn Aragon, Linda Austin, Bob Barnes, Marcella Berdon, John Bosch, Joan Brennan, Anne Burley, Dick Cafarelli, Joseph Colleluore, Sharon Colleluore, Connie Cacioppo, Dorothy Crapanzano, Dan Cronin, Nancy Denisow, Elizabeth Crapanzano DiPiero, Ryan Donaldson, Bob England, Olympia Estrada, Terry Favre, Jack Focht, Eileen Ford, Dana Fortino, Marcia Graber, Agnes Kilb, Darlene & Ed Koffer, Mary Livsey, Augustina Lusk, Trudy McCabe, Joe McCormick, Andy Marcinak, Walter Miller, Ann Mirabello, Tom Murray, Nestor Navalo, Johnny Quattrocchi, Grace Ann Rice, Gary Ricci, Annie Scott, Bob Scott, Marge Servedio, Juan Sierra, RJ Shrieve, Mary Kate Squicciarini, Fr. Patrick Sullivan.



### ST. JOSEPH

*Oh, St. Joseph, whose protection is so great,  
so strong, so prompt before the throne of  
God, I place in you all my interests  
and desires.*

### Religious Education

Mar 22 Gifts of Holy Spirit Night 6-8 pm  
(Parents and candidates)

**DIVINE MERCY  
SUNDAY  
WILL BE ON  
APRIL 8 2018**



### Pope Francis' Intentions for March

During this season of Lent, we pray against the evil of corruption in our world. We also pray that any people who have material, political, or spiritual power may resist the lure of corruption.

Schedules for Lectors and Eucharist Ministers are available for pick up in the Sacristy.

### Past Sunday's Gifts:

Collection March 11 \$ 3611

Catholic Relief Services Collection \$ 480

*Thanks for your generosity!*

## TAKE ACTION NOW!

In his recent Executive Budget proposal, Governor Andrew Cuomo included a radical bill that would expand late-term abortions in New York State. The language at this proposal is similar to past attempts, but goes even further by legalizing infanticide when a baby is born alive during an attempted abortion.

The bill also would eliminate New York's ban on late-term abortions, empower non-doctors to perform abortions, and remove protections against unwanted or coerced abortions. The enacted state budget requires three-way negotiation and must be finalized by April 1. The State Senate is our only hope to stop this horrific abortion scheme. Please let your State Senator know that they must not allow the state budget to be used as a vehicle for expanding late-term abortion and legalizing infanticide.

Send the editable prewritten message to your state Senator now by using the simple 4 steps below:

1. Go to [www.nyscatholic.org](http://www.nyscatholic.org)
2. Search for Abortion Expansion
3. Click on budget bill S7511/ A 9511
4. Click on the small red link on the top left: Take Action Now.

***This must be done prior to April 1st  
and let us pray for the hearts and  
souls of all involved.***





### Easter Flower Remembrance Envelopes



We call to your attention that during the Season of Lent our altars are left in a barren state to remind us of the simplicity of the Lenten Season, and no flowers will be decorating our altars.

On Easter the church is lovingly and beautifully adorned with flowers. These flowers are given to the glory of God, and in memory of those we have lost but still hold dear. You are invited to honor friends and loved ones by making a donation for altar flowers in their names. Place up to three names of those you wish to remember on the envelope and place it in the Sunday collection or return it to the parish office before Easter.

*We thank you for your devotion and consideration in helping us to decorate the Church!*

### WHY LENT.....

Sometimes we think that Lent is all about our turning back to the Lord in repentance. But Lent is also about God reaching out to us, offering us a torrent of healing love and merciful grace.

It's about God doing everything in his power to set things right with us.

### The "Wing" of Fasting.

St. Augustine, one of the great Fathers of the Church, once said, "Do you want your prayer to fly toward God? Then give it two wings: fasting and almsgiving."

For Augustine, fasting was a way to help us pay closer attention to God, to other people, and to the way we are living.

Spiritual fasting is a decision to give up food so that we can draw closer to God.

A Reminder: All Fridays of Lent are *Days of Abstinence* and meat should not be taken at any meal. (The law of abstinence binds all Catholics over 14 years of age.)

*Giving up things for Lent  
helps us refocus our attention  
on the Lord.*

### DURING LENT....

Fast from words that pollute.

Feast on words that purify.

Fast from anger. Feast on patience.

Fast from pessimism. Feast on optimism.

Fast from worry. Feast on Divine Providence.

Fast from complaining. Feast on appreciation.

Fast from complaining. Feast on appreciation.

Fast from bitterness. Feast on forgiveness.

Fast from self-concern.

Feast on compassion for others.

Fast from anxiety. Feast on trust.

Fast from discouragement. Feast on hope.

Fast from idle gossip. Feast on purposeful silence.

Fast from thoughts that weaken.

Feast on promises that inspire.

Fast from judging others.

Feast on the Christ dwelling in them.



## GOLDEN WEDDING JUBILEE MASS

Couples celebrating their 50th Wedding Anniversary anytime during 2018 are invited to attend the Golden Wedding Jubilee Mass with Cardinal Dolan at Saint. Patrick's Cathedral on Sunday, June 3rd at 2:15 pm. Pre-registration is required. Please contact the parish office to register.

The closing date to register for the Mass is Monday, 14, 2018.

### Wednesday 21 March

Right after 5 pm Mass  
**BROTHER PAUL MILLER**  
will offer

*a beautiful Lenten opportunity  
of prayer and healing.*

Br Paul Miller, OFS is a professed member of the Secular Franciscan Order. He is married with four adult children and twelve grandchildren.

The Healing Ministry of Divine Mercy was established to propagate the devotion of Divine Mercy. As a Franciscan, he seeks to minister specifically to the sick, the poor, the helpless, and the marginalized, thereby bringing Our Lord's healing and peace to those most in need.

Most importantly, his life's mission as ordained by God, is to proclaim The Authentic Message of Divine Mercy throughout the world. His complete surrender and devotion to Our Lord's Most Sacred heart, propels the vehicle for fulfilling this God-given mission, that of saving souls.

All are welcome!

## SAINT OF THE MONTH ST. PATRICK

### Patron Saint of Ireland

St. Patrick was born in Scotland in the year 387. At sixteen he was captured by pirates and sold as a slave to a chief in Ireland. While tending sheep in the mountains, he prayed constantly.

After six years, a voice from heaven told him to go back to his own country. But first he went to Rome, where he became a priest. He was then sent to England where he labored for the Church for some time. He wanted, however, to return to Ireland, and he begged the Pope to send him there. The Pope made him a bishop and then sent him as a missionary to Ireland.

One of the pagan kings of Ireland arrested Patrick. When he saw the miracles worked by Patrick, he said, "Tell us about your God. He has given you great power."

"There is but one God," answered Patrick, "and three divine persons: the Father, the Son, and the Holy Spirit." Picking up a green shamrock he said, "Even as there are three leaves on this one stem, so there are three persons in one God." Thereafter he was allowed to preach the new Faith everywhere in Ireland.

*O God, You sent St. Patrick to preach your glory to the Irish people. Through his merits and intercession grant that we who have the honor of bearing the name of Christians may constantly proclaim your wonderful designs to men.*



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