

Chapter
17

The Seven Sacraments



Let Us Pray

Leader: Lord, we see your mightiness in the works you have done.

“May the glory of the LORD endure forever;
may the LORD be glad in these works!”

Psalm 104:31

All: Lord, we see your mightiness in the works you have done. Amen.

Activity

Let's Begin

● **I Will Remember** Juana's favorite time of year is spring. Every spring Juana and her *abuela*, or grandmother, would garden together. This spring was different. Abuela had died during the winter, and Juana missed her very much.

One day Juana walked past the flower bed and noticed buds on the green shoots. “Those are the flowers from the bulbs Abuela and I planted in the fall!” she thought. “When I see them, I will remember that she is living with God now.”

What things remind you of special people in your life when they are not with you?

- Why is it important to remember these people?

- **Make Reminder Cards** Make reminder cards to send to three people who are special to you.



God's Love Is Present



Focus What is a Sacrament?

Faith Fact

When Germans and Saracens were about to invade Assisi, Saint Clare stood atop the city's walls, holding the Blessed Sacrament as a protection. When the invaders saw her, they ran away.

The flowers in Juana's garden were signs to her that her *abuela* still lived with God and was loved by him. God the Father sent Jesus into the world as a sign of his love for all people. He pointed the way to God for all who followed him.

Jesus welcomed people like Peter and Zacchaeus, and they changed their lives for him. Jesus showed people God the Father's forgiveness. He healed some and called others to serve God's people. Through Jesus' words and actions, many people experienced God's saving love. Jesus made God and his love present.

Jesus said this to his Apostles at the Last Supper.



SCRIPTURE

No one comes to the Father except through me. If you know me, then you will also know my Father. From now on you do know him and have seen him.

John 14:6–7

It was only after Jesus' Resurrection that his Apostles began to understand who Jesus really was. Gradually, they came to understand that he was not just a sign of God—he really was God!

? How did Jesus show God's saving love to the world?

Illustration Division

Signs of God's Love

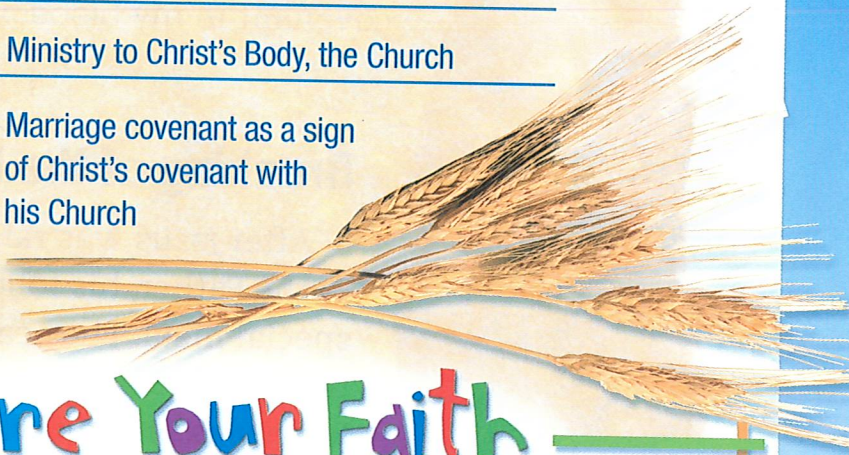


Jesus told his followers that he would always be with them and that they would continue his saving work. One of the ways that Jesus is with his people today is through the seven **Sacraments**. The Sacraments are actions of the Holy Spirit at work in Christ's Body, the Church. Jesus is present in the Sacraments.

The Church has named seven Sacraments that have their origins in Jesus. Each one celebrates a way that Jesus' saving work continues in the world.

Words of Faith

The **Sacraments** are signs that give grace. Sacraments were instituted by Christ and are celebrated by his Church.

The Seven Sacraments



Baptism	New life in Christ
Confirmation	Strengthening through the Holy Spirit
Eucharist	Unity and salvation in Christ through the Body and Blood of Christ
Reconciliation	Conversion and forgiveness through Christ
Anointing of the Sick	Healing in Christ
Holy Orders	Ministry to Christ's Body, the Church
Matrimony	Marriage covenant as a sign of Christ's covenant with his Church

Activity

Share Your Faith

Reflect: Think of someone you love.

Share: Sketch a sign that reminds you of the person. Explain the sign to the class as you say the name.

Act: With your classmates, play a game matching the signs and names.

Eucharist



Focus

What is the heart of the Christian life?

Jesus often ate meals with his friends. On the night before he died, Jesus shared a meal with his Apostles and asked them to remember him always.



SCRIPTURE

Luke 22:17-20

The Last Supper

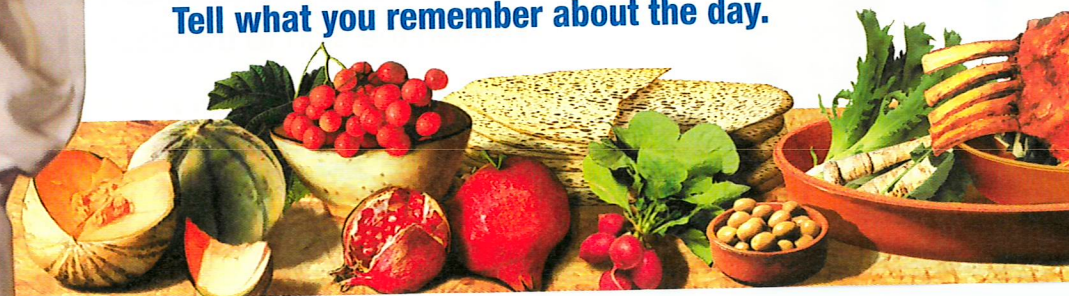
Then [Jesus] took a cup, gave thanks, and said, "Take this and share it among yourselves; for I tell you [that] from this time on I shall not drink of the fruit of the vine until the kingdom of God comes." Then he took the bread, said the blessing, broke it, and gave it to them, saying, "This is my body, which will be given for you; do this in memory of me." And likewise the cup after they had eaten, saying, "This cup is the new covenant in my blood, which will be shed for you."

Luke 22:17-20

Breaking of the Bread

After Jesus was raised from the dead and returned to the Father, his followers gathered weekly for a special meal. They called this meal the "breaking of the bread." They believed, as Catholics do today, that Jesus was present when they broke bread together. Today this meal is called the **Eucharist**, or Mass.

? When did you first receive Jesus in Holy Communion? Tell what you remember about the day.



The Eucharist

The word *Eucharist* means “thanksgiving.” At the beginning of Mass, you ask God’s mercy because of your sins. Your venial sins can be forgiven through your celebration of the Eucharist. You listen to God’s word. You thank God the Father for the great gift of his Son. When you receive Jesus in Holy Communion, you are united with the other members of the Body of Christ.

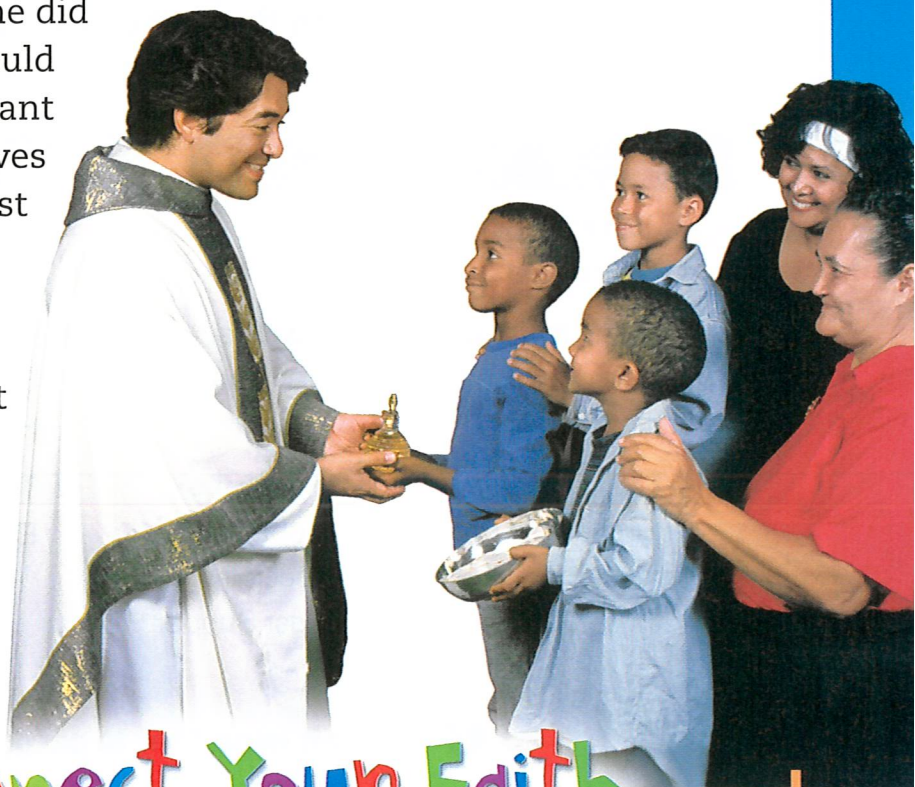
Words of Faith

Eucharist is the Sacrament through which Catholics are united with the life, death, and Resurrection of Jesus.

Living the Eucharist

When Jesus told the Apostles to “do this in memory of me,” he did not mean only that they should break bread together. He meant that they should live their lives as he did. Living the Eucharist means loving, welcoming, and forgiving others. You live the Eucharist when you share with those who do not have what you do.

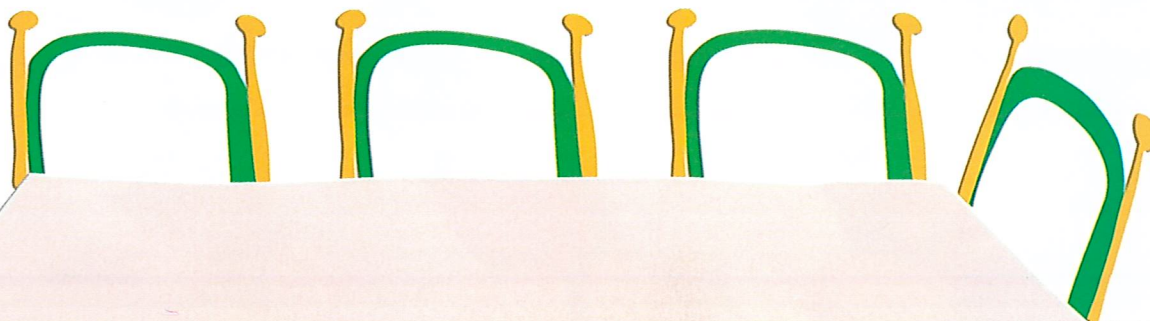
? What are some ways that you can live the Eucharist?



Activity

Connect Your Faith

Dinner Guests Think of people you would like to have as company for dinner at your house, and write their names on the chairs. In the space on the table, write what you might do to welcome them and show them the love of Jesus.



Participating at Mass



Focus

How can you participate actively in Mass?

Do you go to Mass, or do you participate in Mass? Do you know the difference? If you arrive at church on Sunday, slink into the pew, and daydream for the next hour, you are only *going* to Mass.

Mass is an excellent time for you to take an active role in building your relationship with God. It is your chance to join with the rest of your parish in lifting your voices and souls in praise of God.

Take Part

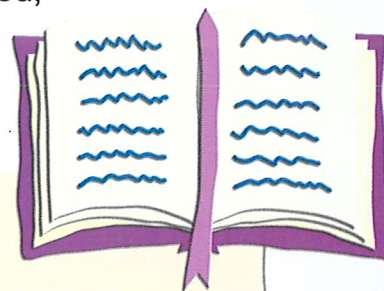
- Join in singing the hymns and responses.
- Listen to the word of God as it is proclaimed in the Scriptures and the homily.
- Pray with the priest as he says the Eucharistic Prayer. Think about the meaning of the words, especially those Jesus used at the Last Supper.
- Offer a greeting of peace to the people around you.
- Open your heart to Jesus and the Church as you receive Holy Communion.
- Think of one way to live the Eucharist during the following week.

? Why is it important to participate actively in Mass?

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Prepare a Liturgy Prepare a liturgy for your school.

Your teacher will help you by sharing the Scripture readings for the day. Listen as your teacher reads these passages to you, and think about what they say. Choose songs that relate to the readings. Write one prayer of the faithful.



Date _____

Scripture _____

_____Songs _____

_____Prayer of the Faithful _____

_____

Prayer of Thanks



Let Us Pray

Gather and begin with the Sign of the Cross.

Reader: The Lord be with you.

All: And with your spirit.

Reader: Lift up your hearts.

All: We lift them up to the Lord.

Reader: Let us give thanks to the Lord our God.

All: It is right and just.



Sing together.

We come to share our story,
we come to break the bread,
We come to know our rising from the dead.

"Song of the Body of Christ" © 2001, GIA Publications, Inc.

Reader: Because you love us, you gave us this
great and beautiful world.

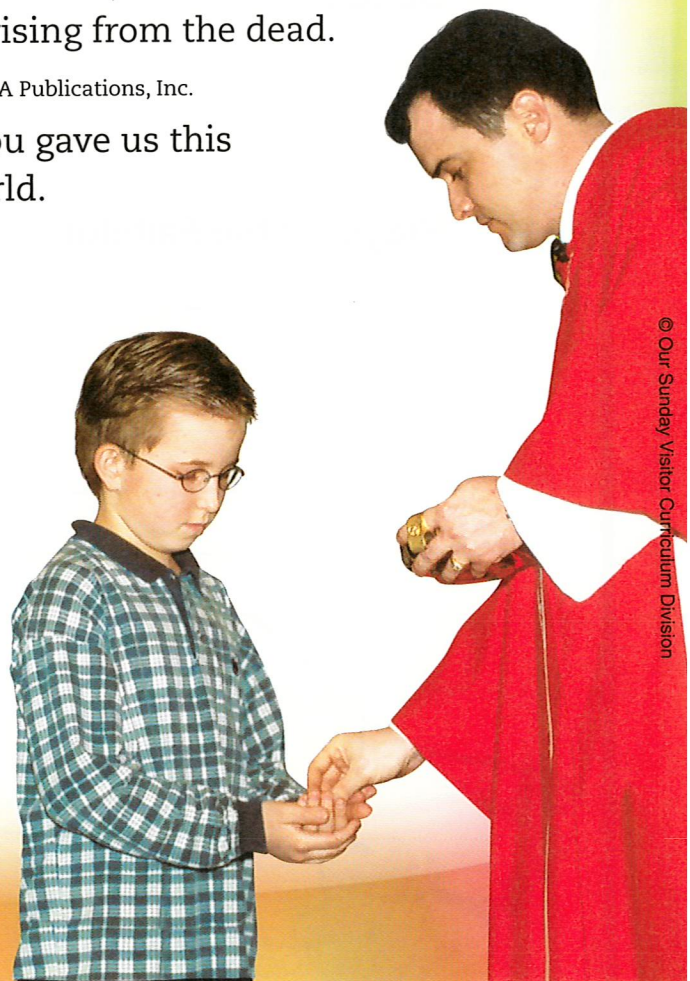
All: Sing refrain.

Reader: Because you love us,
you sent Jesus your
Son to bring us to you.

All: Sing refrain.

Leader: Let us pray.
Bow your heads as the
leader prays.

All: Amen.



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A Work with Words Fill in the circle next to the answer that best completes each statement.

1. There are _____ Sacraments.
☐ seven ☐ eight ☐ nine
2. _____ is present in all of the Sacraments.
☐ Water ☐ Jesus ☐ The Bible
3. The early Christians _____ the Eucharist.
☐ celebrated ☐ did not celebrate ☐ invented
4. Eucharist means "_____."
☐ morality ☐ heaven ☐ thanksgiving
5. When you _____, you continue Jesus' work in the world.
☐ go to religion class ☐ sing hymns ☐ live the Eucharist

B Check Understanding Complete each sentence by circling the correct answer.

6. After Jesus' Resurrection, the Apostles began to understand that (he was God/he was gone forever).
7. The Sacraments are actions of the (priest/Holy Spirit) at work in Christ's Body, the Church.
8. When you receive Jesus in Holy Communion, you (forgive/are united with) the other members of the Body of Christ.

C Make Connections

9. What are some ways you can live the Eucharist?

10. What are some ways you can participate actively in the Mass?



Activity

Live Your Faith

Catholics Believe

- The seven Sacraments are signs, instituted by Christ, that give grace.
- The Sacrament of the Eucharist is at the heart of Christian life.

SCRIPTURE

Read *Psalm 107* as a way to give thanks to God for his blessings.

GO www.osvcurriculum.com
online For weekly scripture readings and seasonal resources

Create a Thank-you List In the Eucharistic Prayer you hear the words "Lift up your hearts" and "Let us give thanks to the Lord our God." Make a list of things for which you offer thanks to God. Remember these things the next time you participate in the Eucharist.



People of Faith

Margaret Mary Alacoque was born into a peasant family in France. When she joined a convent, Margaret Mary developed a deep prayer life. She had several visions in which Jesus told her about his loving heart. Devotion to the Sacred Heart of Jesus, which includes participating in Mass and receiving the Eucharist on the first Friday of each month, developed and grew in the Church because of her inspiration. Her feast day is October 16.



Family Prayer

Saint Margaret Mary Alacoque, pray for us that we may deepen our prayer lives and our devotion to the Eucharist. Amen.

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▲ Saint Margaret Mary Alacoque
1647–1690

In Unit 6 your child is learning about **SACRAMENTS**.