## Reverse Advent Calendar Fun

What is a Reverse Advent Calendar? It's a lot of fun and a great way to share the blessings of the holiday season with others.

The STM Service and Justice Commission has created two Reverse Advent Calendars for this year's Advent season. Here is how they work:

Calendar 1: Food Products
Find a big box or basket. Each day of Advent, add the item listed on the calendar to the box or basket. On Christmas, bring the box or basket to STM and we will make sure the items are passed on to our friends at St. Anthony Parish in Neopit.

Calendar 2: Random Acts of Kindness and Reflection
Each day of Advent, perform a simple Random Act of Kindness for someone in your life. That person may be someone you see every day or a new person. Or, take a little time to reflect on a part of your life you wish to give a little attention. We've provided you with a calendar to give you ideas, but be sure to keep it simple and fun! Then, watch for how God works through your kindness.

May your Christmas be blessed with the warmth of Jesus' love.
Blessings,
STM Service and Justice Commission

|  |  | Add an item | Reve <br> Products fo <br> to your Advent | rse Advent <br> St. Anthon <br> ox or basket a | Calendar <br> Parish, N <br> return to STM | opit <br> on Christmas Day. |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| November 28 <br> Bar soap | November 29 <br> Cake or dessert mix | November 30 <br> Frosting | December 1 <br> Canned meat (chicken, tuna, Spam) | December 2 <br> Canned tomatoes | December 3 <br> Chili powder | December 4 <br> Coffee, tea, hot chocolate |
| December 5 <br> Crackers | December 6 <br> Cream soup: Chicken, celery or mushroom | December 7 <br> Canned soup: Tomato, chicken noodle, etc. | December 8 <br> Kidney or chili beans | December 9 <br> Pasta or rice | December 10 Sugar | December 11 <br> Flour |
| December 12 <br> Tomato paste or sauce | December 13 <br> Toilet paper | December 14 <br> Toothpaste | December 15 <br> Toothbrush | December 16 <br> Deodorant | December 17 <br> Shampoo | December 18 <br> Juice - Any kind |
| December 19 <br> Canned vegetables | December 20 <br> Canned fruit | December 21 <br> Spaghetti sauce | December 22 <br> Boxed cereal or oatmeal | December 23 <br> Boxed potatoes or stuffing mix | December 24 Gravy mix | December 25 <br> Blessings to you on Christmas Day! |


| Wise | EN Stili Jesus | Reverse Advent Calendar <br> Random Acts of Kindness and Reflection <br> re the warmth and love of Jesus with others through simple acts of kindness. |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| November 28 <br> Call a friend or family member to say hello. | November 29 <br> Say a prayer for someone who is sick. | November 30 <br> Smile at someone new. | December 1 <br> Send someone a card or letter. | December 2 <br> Compliment someone in your family. | December 3 <br> What item in your house or are you most grateful for? | December 4 <br> Read a story to someone. |
| December 5 <br> Say a prayer with someone for a cause that is special to both of you. | December 6 <br> Say Thank You to someone - and really mean it. | December 7 <br> What are three things you are grateful for at this moment? | December 8 <br> Donate to a charity. | December 9 <br> What book or movie impacted your life that you are grateful for? | December 10 <br> Leave a care package or gift on a friend's porch. | December 11 <br> Clean a closet and donate what you don't need. |
| December 12 <br> Read a Bible passage and say a prayer for someone special to you. | December 13 <br> Hide an encouraging note in a book and donate the book. | December 14 <br> Forgive someone. | December 15 <br> Make someone laugh. | December 16 <br> Leave a Thank You note for the USPS/FedEx/UPS person. | December 17 <br> Say a prayer for our military members. | December 18 <br> Do something good for nature/the environment. |
| December 19 <br> Say a prayer for someone you don't especially like. | December 20 <br> Don't complain or whine all day. | December 21 <br> What song are you most grateful for? | December 22 <br> Tell someone you love them. | December 23 <br> Ask others to continue Random Acts of Kindness. | December 24 <br> Name 3 ways Jesus blessed you this week. | December 25 <br> Blessings to you on Christmas Day |

