#### Reverse Advent Calendar Fun

What is a Reverse Advent Calendar? It's a lot of fun and a great way to share the blessings of the holiday season with others.

The STM Service and Justice Commission has created two Reverse Advent Calendars for this year's Advent season. Here is how they work:

#### Calendar 1: Food Products

Find a big box or basket. Each day of Advent, add the item listed on the calendar to the box or basket. On Christmas, bring the box or basket to STM and we will make sure the items are passed on to our friends at St. Anthony Parish in Neopit.

#### Calendar 2: Random Acts of Kindness and Reflection

Each day of Advent, perform a simple Random Act of Kindness for someone in your life. That person may be someone you see every day or a new person. Or, take a little time to reflect on a part of your life you wish to give a little attention. We've provided you with a calendar to give you ideas, but be sure to keep it simple and fun! Then, watch for how God works through your kindness.

May your Christmas be blessed with the warmth of Jesus' love.

Blessings,

STM Service and Justice Commission

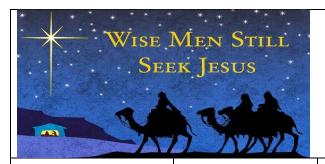


## Reverse Advent Calendar

# Products for St. Anthony Parish, Neopit

Add an item to your Advent box or basket and return to STM on Christmas Day.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 28	November 29	November 30	December 1	December 2	December 3	December 4
Bar soap	Cake or dessert mix	Frosting	Canned meat (chicken, tuna, Spam)	Canned tomatoes	Chili powder	Coffee, tea, hot chocolate
December 5	December 6	December 7	December 8	December 9	December 10	December 11
Crackers	Cream soup: Chicken, celery or mushroom	Canned soup: Tomato, chicken noodle, etc.	Kidney or chili beans	Pasta or rice	Sugar	Flour
December 12	December 13	December 14	December 15	December 16	December 17	December 18
Tomato paste or sauce	Toilet paper	Toothpaste	Toothbrush	Deodorant	Shampoo	Juice – Any kind
December 19	December 20	December 21	December 22	December 23	December 24	December 25
Canned vegetables	Canned fruit	Spaghetti sauce	Boxed cereal or oatmeal	Boxed potatoes or stuffing mix	Gravy mix	Blessings to you on Christmas Day!



### Reverse Advent Calendar

### Random Acts of Kindness and Reflection

Share the warmth and love of Jesus with others through simple acts of kindness.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 28	November 29	November 30	December 1	December 2	December 3	December 4
Call a friend or family member to say hello.	Say a prayer for someone who is sick.	Smile at someone new.	Send someone a card or letter.	Compliment someone in your family.	What item in your house or are you most grateful for?	Read a story to someone.
December 5	December 6	December 7	December 8	December 9	December 10	December 11
Say a prayer with someone for a cause that is special to both of you.	Say Thank You to someone – and really mean it.	What are three things you are grateful for at this moment?	Donate to a charity.	What book or movie impacted your life that you are grateful for?	Leave a care package or gift on a friend's porch.	Clean a closet and donate what you don't need.
December 12	December 13	December 14	December 15	December 16	December 17	December 18
Read a Bible passage and say a prayer for someone special to you.	Hide an encouraging note in a book and donate the book.	Forgive someone.	Make someone laugh.	Leave a Thank You note for the USPS/FedEx/UPS person.	Say a prayer for our military members.	Do something good for nature/the environment.
December 19	December 20	December 21	December 22	December 23	December 24	December 25
Say a prayer for someone you don't especially like.	Don't complain or whine all day.	What song are you most grateful for?	Tell someone you love them.	Ask others to continue Random Acts of Kindness.	Name 3 ways Jesus blessed you this week.	Blessings to you on Christmas Day