

## **Family Activity Sheet**

16-Dec	Sun	Light the rose candle on your advent wreath and read from your family Bible, Isaiah 9:6-7
17-Dec	Mon	Go to <a href="http://www.sjchurch.formed.org">www.sjchurch.formed.org</a> and create a log in for your family (it's our gift to you!). Take some time to check out the resources.
18-Dec	Tue	Log in to <a href="http://www.formed.org">www.formed.org</a> using your newly created account and find "Brother Francis Presents The Days of Advent." If you have younger kids, commit to watching these short video clips each day in Advent (can even watch on your mobile phone).
19-Dec	Wed	Pray for everyone who is lonely, sick, or struggles with mental illness over this holiday season. Talk with your kids about how this can be a sad time for some people and we should pray for them.
20-Dec	Thu	Call a family member you don't see often and wish them a Merry Christmas.
21-Dec	Fri	Enjoy family movie night. Log in to <a href="http://www.formed.org">www.formed.org</a> and choose a movie to watch together.
22-Dec	Sat	Decorate a "Get Well" card for parish shut ins. Next time you are in church, give it to the priest or deacon to take with them on their next sick call.
23-Dec	Sun	Light the fourth candle on your advent wreath and read from your family Bible, Revelation 21:1-4
24-Dec	Mon	Make and decorate a birthday cake for Jesus. Attend the vigil Mass for Christmas (Holy Day of Obligation)
25-Dec	Tue	Sing Happy Birthday to Jesus. Attend Christmas Mass (Holy Day of Obligation)
26-Dec	Wed	Gather old toys, clothes, and other items and donate them to a local charity.
27-Dec	Thu	Write a letter to someone you missed seeing or speaking with over the holiday and let them know they were missed.
28-Dec	Fri	Gather around the dinner table and tell everyone what you were most thankful for in 2018.
29-Dec	Sat	If you have young kids, find some cartoons to watch on FORMED.org. Find a new favorite!
30-Dec	Sun	Pray for the homeless and those without warm clothing and shelter.
31-Dec	Mon	As a family, set one New Year's faith related resolution. For example, say a decade of the rosary together every evening.
1-Jan	Tue	Attend Mass for the Solemnity of Mary, Mother of God (Holy Day of Obligation)
2-Jan	Wed	Gather around the dinner table and share your hopes for 2019.
3-Jan	Thu	Pray for all of the faith formation families - that they have a happy and healthy new year
4-Jan	Fri	Enjoy family movie night. Log in to <a href="http://www.formed.org">www.formed.org</a> and choose a movie to watch together.
5-Jan	Sat	Decorate a "Thinking of You" card(s) for our prison ministry. Bring it with you to our January family session. Talk to your kids about what it means to remember those in prison. Read Hebrews 13:2-3, Matthew . 25:31-46. Today is the feast of St. John Neumann. Ask for his intercession for a special intention.
6-Jan	Sun	Epiphany: Read Matthew 2:1-12 from the family Bible. Talk about a time when you took a long journey to see someone special.
7-Jan	Mon	January is National Hobby month. Think of a new hobby that your family can share.
8-Jan	Tue	January is also National book month. Did you know that FORMED.org also has a ton of free ebooks and audio books? Find one to read or listen to in the car, this month.
9-Jan	Wed	As a family, decorate a "Thinking of You" card for our parish's shut-ins. Next time you're at Mass, give it to a priest or deacon to distribute on their next home or hospital visit.
10-Jan	Thu	Go online and find a new prayer to memorize as a family. For example, the prayer for AFTER a meal...
11-Jan	Fri	Make some cookies or brownies to take to a sick friend, family member, or parishioner.
12-Jan	Sat	To conclude National Pizza week, make a homemade pizza, from scratch, with your family.
13-Jan	Sun	As a family, decide on one big community service project you'd like to devote time to this year. Research local options.
14-Jan	Mon	The 2nd week of January is universal letter writing week. Write a family member a nice handwritten letter & mail it.
15-Jan	Tue	Learn the Guardian Angel prayer and say it when you are scared or nervous (for example when it's really snowy outside and the driving conditions are bad... you can say it together, in the car).
16-Jan	Wed	Go out of your way to smile at everyone you talk to today.
17-Jan	Thu	Pray for an end to racism.
18-Jan	Fri	Enjoy family movie night. Log in to <a href="http://www.formed.org">www.formed.org</a> and choose a movie to watch together.
19-Jan	Sat	Go to reconciliation, as a family.
20-Jan	Sun	After Mass today, discuss the Gospel and/or homily together, on the ride home. What struck you? Did you learn something new?
21-Jan	Mon	Today is National Hugging day. Give your family and friends a hug... make someone smile!
22-Jan	Tue	Do something nice for someone today, that they weren't expecting.
23-Jan	Wed	Learn the Divine Mercy Chaplet.
24-Jan	Thu	Today is National Complimenting day. Find someone you don't always get along with and give them a GENUINE compliment.
25-Jan	Fri	Spend some time with your kids looking through a Bible and show them your favorite verse. If you don't have one, spend time as a family finding something that speaks to you and/or your family.
26-Jan	Sat	Say the rosary together before bed.
27-Jan	Sun	In anticipation of National puzzle day (1/29) gather around the table and as a family put together a puzzle.

