



# St. Bridget

600 Clifford Avenue • Loves Park, IL 61111 633-6311



## March 3, 2019 **ASHES TO EASTER**—8TH SUNDAY IN ORDINARY TIME

**Ash Wednesday Masses**—March 6th-7:00 AM, 8:15 AM, 12:15 PM, 5:30 PM.

**Daily Masses**—7:00 AM, 8:15 AM, 5:30 PM.

**Parish Mission with Fr. Keith Romke—Journey and Rest: Loving and Being Loved by God**—Sunday-Tuesday, March 17th thru March 19th at 7:00 PM St. Bridget Church.

**Light of the World Retreat**—Friday-Monday, March 29th-April 1st.

**Perpetual Adoration**—1:00 PM on Sunday until Saturday at 1:00 PM.

**Diocesan Confession Day at St. Bridget**—Wednesday, April 10th. Confessions from 9:00 AM until 8:00 PM.

**Confessions Schedule**—Sundays at 9:15 AM-9:45 AM, Mondays at 8:45 AM, Tuesdays at 7:30 AM-7:45 AM and 5:45 PM, Wednesdays at 8:45 AM, Thursdays at 7:30 AM, Fridays at 8:45 AM and Saturdays at 8:45 AM until all heard and 3:30 PM-4:30 PM.

**Stations of the Cross**—Fridays at 2:15 PM (only when school is in session) and 6:00 PM (after the 5:30 PM Mass). April 12th, 2:15 PM and 6:30 PM, Living Stations with the 8th grade St. Bridget students.

**Chaplet of the Divine Mercy**—Every Saturday at 4:15 PM before the 4:30 PM Mass.

**Middle School Youth Group**—March 13th, 20th, April 10th, 17th.

**High School Youth Group**—March 10th, 17th (Rockford Ice Hogs Game), 31st, April 14th.

**Festival of Praise**—Mondays, March 11th and April 8th at 7:00 PM.

**2019 Lenten Retreat**—Sponsored by the Servants of the Holy Heart of Mary on Saturday, March 16th from 9:00 AM-4:00 PM at St. Bridget Catholic School Room 3.

**Lent 2019 Ignatian Prayer Adventure with Fr. Browning**—Saturdays between March 2nd thru April 20th at 10:30 AM.

**Shamrock Shuffle**—Saturday, March 9th at 6:00 PM.

**Lenten Fish Fry**—Fridays, March 15th, 22nd at 5:30 PM.

**Basilica and National Shrine of Mary Help of Christians, Holy Hill Wisconsin-Pilgrimage** with Fr. John Friday, April 5th.

**Palm Sunday Masses**—Saturday, April 13th at 4:30 PM, Sunday, April 14th at 7:00 AM, 8:00 AM, 10:00 AM, 11:30 AM.

**Holy Week Schedule**—Holy Thursday, April 18th at 7:00 PM, Good Friday, April 19th- Celebration of the Lord's Passion with veneration of the cross at 3 PM with Stations of the Cross at 6 PM; Easter Vigil, Saturday April 20th at 7:30 PM.

**Easter Sunday Masses**—April 21st- 7:00 AM, 8:00 AM, 10:00 AM and 11:30 AM.

**Divine Mercy Sunday**—April 28th-There will be confessions from 1-3 PM; 2:30 PM Divine Mercy Chaplet, 3:00 PM Mass.

### LENTEN REGULATIONS FOR FAST AND ABSTINENCE

In the United States, **Ash Wednesday** and **Good Friday** are days of fast and abstinence. All other **Fridays of Lent** are days of **abstinence only**.

**ABSTINENCE:** All persons who have completed their fourteenth year are bound by the law of abstinence.

**FAST:** All adults are bound by the law of fast from the beginning of their nineteenth year up to the beginning of their sixtieth year.

**EXPLANATION:** The law of abstinence means that a person is bound to abstain **beginning the day after one's fourteenth birthday**.

The law of fast means that adults are bound to fast from the day after their eighteenth birthday until **the end of the day of their fifty-ninth birthday**.

**APPLICATION:** The **law of abstinence** forbids the eating of meat and food prepared with meat or meat by-products.

The **law of fast** allows only one full meal and two lighter meals in the course of a day, and prohibits eating between meals.

**EXCEPTIONS:** Women who are pregnant and persons who are sick are not bound by the law of the fast.