

Dear Parents and Guardians,

As part of ongoing support for families, your child's school is offering a series of classes for parents and guardians through a partnership with the Behavior Intervention Support Team (BIST). These training sessions are designed to provide ways you can support your child's developing academic and behavior skills, as well as increase consistency between home and school.

## **BIST Virtual Parenting Series**

**5:45 PM - 6:00 PM      Enter Zoom Waiting Room**

**6:00 PM – 6:45 PM      Informational Session**

**6:45 PM – 7:00 PM      Questions and Answers**

**\*\*\*All times are Central Time\*\*\***

**February 5<sup>th</sup>- Ready, Reset, GO!**

**February 12<sup>th</sup>- When Once is NOT Enough**

**February 19<sup>th</sup>- Addressing “I Don't Know How!” Syndrome**

These classes are designed to:

- Create consistency between school and home
- Provide language for adults to use when redirecting children
- Share ways to problem solve to increase your child's success
- Increase generosity and kindness in your children
- Bring a sense of calm to your home

Please join us for any or all three sessions!

## **How to Register for Free Training**

These virtual classes are provided free of charge, however, we do ask that you **please register through our website on or before Tuesday, February 3rd**. Instructions for registration are on the page below.

We are excited to offer this opportunity to you!

Sincerely,

Marty Huitt, Director  
Behavior Intervention Support Team/Cornerstones of Care  
8150 Wornall Rd  
Kansas City, MO 64114  
@MartyHuitt

To register for this class:

1. Go to <http://BIST.org>
2. Click Log In on the home screen.
3. If you already created a username by previously enrolling in a BIST class, just log in on this screen.
4. If you have never registered for a BIST class, enter your information (Name, Email, and a Password). This will register you on the website, but not for the class.
5. At the top of the page, use the dropdown menu called "Classes." Click "Training Calendar."
6. Select the class you wish to attend (Parenting with BIST). Click "Register" under your preferred class.
7. Fill out the required questions and click "Register."
8. On the checkout screen, complete the billing details even though this is a free class.
9. Click "Place Order." The Order Details page is your confirmation of registration.
10. You will receive an email containing the Zoom link for the training sessions on Wednesday, February 4th.
  - a. If you have not received an email containing the Zoom link by noon on February 5<sup>th</sup>, please contact our office at [bist@cornerstonesofcare.org](mailto:bist@cornerstonesofcare.org) for assistance.