



2nd Annual
Corpus Christi Festival

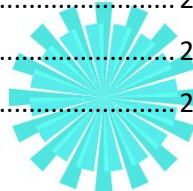
FESTIVAL GUIDE

Corpus Christi Parish
Nova Scotia





Welcome	4
The Story of the Feast	5
A Calendar of Parish Activities during the Festival	6
Daily Schedule of Parish Activities during the Festival	7
There's an Activity for Everyone during the Festival	9
Keeping the Feast at Home	10
Prayers	11
CORPUS CHRISTI NOVENA	11
THE LITANY OF THE BLESSED SACRAMENT	11
ADORATION	11
YOUR DOMESTIC CORPUS CHRISTI PROCESSION	11
Music.....	14
VISION HYMN DEBUT	14
AN EVENING OF SACRED MUSIC FOR CORPUS CHRISTI.....	14
MUSICAL PRELUDE ON CORPUS CHRISTI SUNDAY	14
Crafts and Baking	15
MAKE A MONSTRANCE CRAFT	15
CORPUS CHRISTI BREAD.....	18
BAKE WITH ME: CORPUS CHRISTI COOKIES.....	18
Gathering	19
STORYTIME.....	19
TRIVIA NIGHT	19
MOVIE WATCH PARTIES.....	19
Prepare Your Home.....	21
YOUR DOMESTIC ALTAR.....	21
FLOWERS, FLOWERS, FLOWERS.....	21
Send in your Photos	25
SELFIE IN WHITE	25
More Information	26
CORPUS CHRISTI PROCESSION GUIDE.....	26
MONSTRANCE CRAFT.....	29



Welcome

Hello Parishioner of Corpus Christi:

Well, here we are. Our second Corpus Christi Festival is upon us. We cannot gather in person for this very special day for our Parish but we can gather and connect with each other through many other means. On social media, via our website, on Zoom, through YouTube, via text messages and emails, in chat rooms and even by telephone. There is no shortage of ways to connect; and in this past year, we've become experts in gathering virtually.

The Festival Committee has created many ways for us to be together this year. A year of experience means we know a lot more about this stuff and that means we can do it bigger and better than last year. As we gather virtually as the Body of Christ, we know that he is among us even in this virtual way. His Spirit is with us no matter what we do. And even though we won't be able to receive Him sacramentally on Corpus Christi Sunday, we can celebrate this gift He has given us: the gift of Himself, whenever and however we gather as Church, and the gift he has given in his Body and Blood that we know we will one day again be able to receive.

The challenge this year is to bring His presence into our midst through our celebrations in our homes, and in our virtual interactions. And so, we invite you to take part in as many of the multitude of events that are planned and bring the spirit of the Eucharist with you to those events. Let's make them explode with the Holy Spirit and the presence of our Lord, Jesus Christ.

Happy Corpus Christi,

Fr. John





The Story of the Feast

It was a humble nun in Belgium, Saint Juliana (1258), Prioress of Mont Cornillon, who first suggested and advocated a special feast in honor of the Blessed Sacrament to be celebrated on a day other than Maundy Thursday. From her sixteenth year she had often in her prayers beheld a strange sight: it was as if the full moon appeared to her in brilliant light, while a part of its disc remained black and lightless. Finally, in a vision, Christ showed her the meaning of this picture. The moon represented the ecclesiastical year; the black spot indicated the lack of a festival in honor of the Blessed Sacrament. She was to announce to the authorities of the Church that God wished such a feast to be established.

In 1230 Juliana communicated her secret to a small group of learned theologians. As her message became publicly known, she had to suffer scorn and ridicule for some years. But the bishop of her diocese (Liège) and some of his canons eventually lent a willing ear to her appeals. A diocesan synod in 1246 decided in her favor and prescribed such a feast for the churches of Liège.

Was it mere coincidence that one of the men who had supported her efforts in Belgium later became pope? He was Jacques Pantaléon, Archdeacon of Liège. Upon his election to the papal office he assumed the name of Urban IV (1261-1265). On September 8, 1264, six years after Juliana's death, he established for the whole Church that festival in honor of the Holy Eucharist which the saintly nun had proclaimed to be willed by God. It was to be celebrated with great solemnity on the Thursday after Pentecost week, and indulgences were granted to all who would receive Holy Communion or attend special devotions in addition to hearing Mass.

Urban IV commissioned the great Dominican scholar Saint Thomas Aquinas to compose the texts of Mass and Divine Office for the new feast. The splendor, depth, and devotion of the prayers and hymns that Saint Thomas wrote have enriched the liturgy with one of its most beautiful rituals. They are still in use today, admired and appreciated by people of all faiths.

- from *Handbook of Christian Feasts and Customs* by Francis X. Weiser, S.J.





A Calendar of Parish Activities during the Festival

Friday, May 28	Saturday, May 29	Sunday, May 30	Monday, May 31
Corpus Christi Novena Begins Prepare your domestic Corpus Christi Altar Check your inbox for Corpus Christi Festival News	Corpus Christi Novena Selfie Day!! Sign up for Trivia Night!	Corpus Christi Novena Did you send in your selfie yet? <i>Trinity Sunday</i> Coffee Morning Let's get social	Corpus Christi Novena Story Time with Katie Make a Monstrance and add it to your prayer space <i>Send us a photo</i>
Tuesday, June 1	Wednesday, June 2	Thursday, June 3	Friday, June 4
Corpus Christi Novena Bake a loaf of Bread Send us a pic Family Rosary Corpus Christi Vision Hymn Debuts Send in a donation toward flowers if you're able	Corpus Christi Novena Did you send in your selfie yet? Bake with Me: Corpus Christi cookies Send a picture An Evening of Sacred Corpus Christi Music	Corpus Christi Novena Litany of the Most Blessed Sacrament Adoration Trivia Night	Corpus Christi Novena Storytime with Niamh Head outside and decorate your driveway with chalk art Send a photo Teen Movie Night Watch Party
Saturday June 5		Sunday June 6	
Corpus Christi Novena Family Movie Matinee Watch Party Decorate your house with flowers Send us a picture Movie Night		<i>Corpus Christi Sunday</i> <i>Tune in to Mass at 9:30 am</i> <i>Mass begins at 10:00 am</i> <i>Hold your Family Corpus Christi Procession</i> <i>Send us a video</i> <i>Coffee Morning</i> <i>Let's get social</i>	



Daily Schedule of Parish Activities during the Festival

Time	Activity	Where
Friday, May 28		
11:00 am	Corpus Christi Novena Day 1	Join us on Facebook
	Prepare your domestic Corpus Christi Altar	Your Domestic Church
	Check your inbox daily for Corpus Christi Festival News	
Saturday, May 29		
11:00 am	Corpus Christi Novena Day 2	Join us on Facebook
	Selfie Day!!	Send us your selfie
	Sign up for Trivia Night!	Register at the link in your email
	Check your inbox daily for Corpus Christi Festival News	
Sunday, May 30 Trinity Sunday		
10:00 am	Mass for Trinity Sunday	Join us on YouTube
11:00 am	Corpus Christi Novena Day 3	Join us on Facebook
11:15 am	Coffee Sunday – Let's get Social	Join us on Zoom
	<i>Get all the deets on what's coming up – don't miss out</i>	
	Don't forget to send in your Selfie!!	
	Check your inbox daily for Corpus Christi Festival News	
Monday, May 31		
11:00 am	Corpus Christi Novena Day 4	Join us on Facebook
11:15 am	Story time with Katie Andrews (Windsor)	Join us on Zoom
	Make your Monstrance craft and send us a picture of it with your home altar	Your Domestic Church
	Check your inbox daily for Corpus Christi Festival News	
Tuesday, June 1		
11:00 am	Corpus Christi Novena Day 5	Join us on Facebook
	Send your monetary donation for flowers to finance@corpuschristins.ca today with Corpus Christi Flowers in the comment box	
	<i>I am the bread of life</i>	
	Bake up a loaf of bread with your family	Send us a Picture
7:00 pm	Family Rosary	Join us on Facebook
7:30 pm	Our Vision Hymn Debuts	Join us on Facebook
	<i>It's time for your family to share your loaf of bread – add your pic to the comments on Facebook and partake of this treasure!!</i>	
	Remember to register for Trivia Night	
	Check your inbox daily for Corpus Christi Festival News	





Time	Activity	Where
Wednesday, June 2		
11:00 am	Corpus Christi Novena Day 6 Did you send in your Selfie yet?	Join us on Facebook
2:00 pm	Bake with me: Make Corpus Christi Cookies <i>Afterward send us a picture of your cookies</i>	Join us on Zoom & YouTube
7:30 pm	An Evening of Sacred Corpus Christi Music Are you registered for Trivia Night? It's tomorrow Check your inbox daily for Corpus Christi Festival News	Join us on Facebook
Thursday, June 3 Corpus Christi Day (the Solemnity is moved to Sunday)		
11:00 am	Corpus Christi Novena Day 7 Adoration with Fr. Keith Time TBA	Join us on Facebook YouTube
7:00 pm	Litany of the Blessed Sacrament (in English)	Join us on Zoom
8:00 pm	TRIVIA NIGHT!! Check your inbox daily for Corpus Christi Festival News	Join us on Zoom
Friday, June 4		
11:00 am	Corpus Christi Novena Day 8	Join us on Facebook
11:15 am	Storytime with Niamh Webster (Wolfville) Head outside and create your Corpus Christi Chalk Art on your driveway/sidewalk <i>Send your selfie flat lay of your artwork</i>	Join us on Zoom Send a picture
8:00 pm	Moderated Teen Movie Night Check your inbox daily for Corpus Christi Festival News	Join us on Teleparty
Saturday, June 5		
11:00 am	Corpus Christi Novena Day 9	Join us on Facebook
11 am to 2 pm	Flower Drop Off at St. Joseph, Kentville DO NOT ENTER THE CHURCH	By the side door, you'll see a box for drop offs
2:30 pm	Family Movie Matinee Watch Party We're watching " <i>Ferdinand</i> " Decorate your house with fresh flowers and snap a picture to send in	Join us on Teleparty Send a picture
8:00 pm	It's Grown Up Movie Night Check your inbox daily for Corpus Christi Festival News	Join us on Teleparty
Sunday, June 6 Solemnity of the Most Precious Body and Blood of Christ		
9:30 am	Tune in early for Mass on Corpus Christi Sunday for a very special presentation of music and selfies	Join us on YouTube
10:00 am	Mass begins	Join us on YouTube
10:40 am	Immediately after Mass Hold your Family Corpus Christi Procession <i>Take a video and send us a copy for our Video archive</i>	Your Domestic Church Video archive
11:00 am	Or thereabouts we'll gather on Zoom for coffee and socializing	Join us on Zoom



There's an Activity for Everyone during the Festival

Prayers

Corpus Christi Novena
Litany of the Blessed Sacrament
Family Rosary
Adoration
Domestic Corpus Christi
Procession

Music

Vision Hymn Debut
An Evening of Sacred Music for
Corpus Christi
Special Video before Mass

Crafts and Baking

Make a monstrance
Chalk your driveway
Bake some bread
Bake with me: Corpus Christi
Cookies

Gathering

Storytime with Katie
Storytime with Niamh
Trivia Night
Teen Movie Night
Family Movie Matinee
Grownups Movie Night

Prepare your Home

Prepare your domestic altar
Decorate your front porch with
flowers
Chalk your driveway

Send in a Photo/Video

Selfie in White
Your domestic altar

Monstrance craft
Fresh baked bread
Corpus Christi Cookies
Flowers on your porch
Chalk Art flat lay
Your domestic Corpus Christi
Procession (video)



Keeping the Feast at Home

The Church keeps time through its annual cycle of Christian Feasts and Fasts. These celebrations sanctify our days and weeks by drawing them into the mystery of God's redeeming love in Christ. Many of the larger feasts (such as Christmas and Easter) have traditions with which we are all familiar – simple ways of keeping the Feast not only in Church but in our homes and among friends.

Historically almost every one of the Church's festivals has been accompanied by cultural traditions that unite our domestic lives with the larger reality of the Church's worshipping life. This is perhaps nowhere more true than with the Feast of Corpus Christi! World-wide traditions associated with this celebration of the Lord's eucharistic presence include liturgical processions, street decorations, special foods, household crafts and more. In all of them, the Lord's abiding presence with his Church through the Blessed Sacrament is celebrated and proclaimed.

We are all invited to keep the Feast this year as members of Corpus Christi parish. Below are just a few suggestions for enlivening the celebration in our homes.

Undertaking common devotions is a beautiful way of supporting our common prayer in the life of the Church. And it reminds us that we are never alone!





Prayers

CORPUS CHRISTI NOVENA

Our Corpus Christi Novena reflects on the Presence of our Lord in the Eucharist and will help us to prepare our hearts and minds for the celebration of this most holy day. Its reflections explore the depth and beauty of Jesus' gift to us and the prayer portion is taken from St. Thomas Aquinas' Corpus Christi prayers. This prayer reflects on Jesus' gift to us of his Most Precious Body and Blood. Join us daily at 11 am for the Novena Prayer during the Festival.

THE LITANY OF THE BLESSED SACRAMENT

The Litany of the Blessed Sacrament was written by St. Peter Julian Eymard, the founder of the Blessed Sacrament Fathers. Litanies are a form of prayer containing a series of petitions to which we make fixed responses. One of the most beautiful features of a litany is the combination of invocations alternating with petitions in a rhythmic, repetitive pattern. Through this inspirational chorus of voices reaching towards heaven, we hope to strengthen our faith and obtain the favors for which we're praying (from EWTN).

ROSARY

We will gather together to recite the Rosary on Corpus Christi Day.

ADORATION

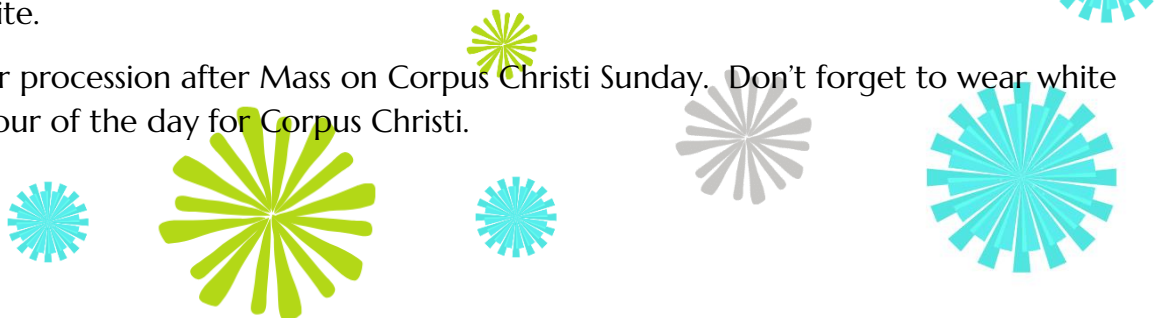
If you haven't joined Fr. Keith for Adoration on our YouTube Channel before, Corpus Christi Day, on Thursday, June 4 is, a great day to start. Let's see if we can get at least 100 people to tune in for Adoration at the same time!



YOUR DOMESTIC CORPUS CHRISTI PROCESSION

In the [Corpus Christi Procession Guide](#), you will find everything you need to hold your very own Corpus Christi Procession at home. We hope you will make a video of your family's procession so that we can add it to our video gallery on the Festival page on our website.

Hold your procession after Mass on Corpus Christi Sunday. Don't forget to wear white – the colour of the day for Corpus Christi.





THE CORPUS CHRISTI PROCESSION IN MONTREAL IN 2019



A Family Corpus Christi Procession

Processions have been a characteristic feature of the life of God's people since biblical times. From the processions of the Ark of the Covenant in the Old Testament to Christ's triumphant procession into Jerusalem on Palm Sunday and subsequently to the many annual processions of the medieval church, processions bear witness to the simple fact that we are a pilgrim people, with whom the Lord walks faithfully through the joys and sufferings of life.

The most unique feature of Corpus Christi celebrations is the annual Eucharistic procession that occurs in honour of the Blessed Sacrament. Dating from the middle ages, this procession of the Eucharistic Lord through parish neighbourhoods is a public celebration of Christ's continual sacramental presence in the Church. As Jesus says, I am with you *always*!





This year, we are invited to keep the centuries-old practice of procession for Corpus Christi in our homes – the domestic church. Family processions are a beautiful way of reminding ourselves that the Lord walks with us through the daily round of life and they sanctify or bless our homes and properties through prayer and song. They are also simple and fun for families of all ages, stages and size.

Take time this Corpus Christi to walk with the Lord!



Music

VISION HYMN DEBUT



We are not going to reveal too much about this particular event – you'll have to tune in on June 1 for the big reveal!!

AN EVENING OF SACRED MUSIC FOR CORPUS CHRISTI

Musicians from across our Parish and even beyond our borders are going to come together on June 2 for an evening of sacred music dedicated to the Feast of Corpus Christi. Did you know that when Pope Urban IV instituted the feast of Corpus Christi in 1264 for the universal Church he commissioned St Thomas Aquinas to compose the texts for Mass and the Office? These included the hymns for the various hours of the Divine Office which are still sung to this day! His hymns are some of the most beautiful sacred music in our Church history. Join us for Eucharistic hymns that speak to the wonder of this gift from Jesus. Hear some of Aquinas' music in the original Latin and also sing along to some of your Eucharistic favourites both old and new.

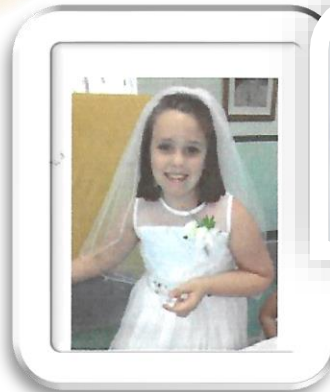


MUSICAL PRELUDE ON CORPUS CHRISTI SUNDAY

The Corpus Christi Festival will culminate with our celebrations on Corpus Christi Sunday. Tune in to Mass a half hour early, at 9:30 am, on Sunday, June 6 and view a special presentation before Mass that will include your contributions from the week before (selfies, artwork, and more) all set to music you will love. Don't forget to wear white on Corpus Christi Sunday – it's a tradition to clothe ourselves in white to remind us of our Baptism, and of our First Communion, and of the purity of Christ's love for us, on this day dedicated to the Eucharist.

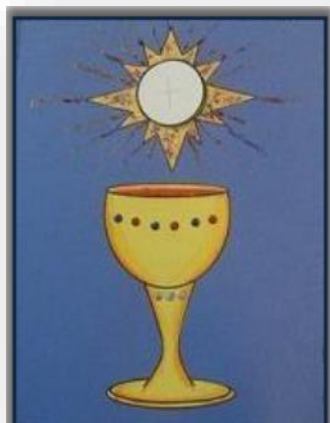
We'd love to see photos of this year's First Communicants in their Communion clothes for this special day!!





Crafts and Baking

MAKE A MONSTRANCE CRAFT



Gather your craft supplies (see the [Monstrance Craft](#) instruction page at the back of the Festival Guide) and make a monstrance to add to your prayer table this Corpus Christi. The monstrance is the receptacle in which the consecrated Host is exposed at Adoration and Benediction. Precious and special, the priest does not touch the monstrance with his bare hands when Jesus is exposed, but holds it using a humeral veil – a stole that he wears over his shoulders. When you make your monstrance, think of how amazing and special it is that we can experience Jesus in Adoration.





"We become like that which we gaze upon. Looking into a sunset, the face takes on a golden glow. Looking at the Eucharistic Lord for an hour transforms the heart in a mysterious way as the face of Moses was transformed after his companionship with God on the mountain. Something happens to us similar to that which happened to the disciples at Emmaus. On Easter Sunday afternoon when the Lord met them, he asked why they were so gloomy. After spending some time in His presence, and hearing again the secret of spirituality - 'The Son of Man must suffer to enter into his Glory' - their time with Him ended and their 'hearts were on fire'."

-Venerable Fulton Sheen

CHALKING YOUR DRIVEWAY OR SIDEWALK!

Decorating the routes of Corpus Christi processions with wonderfully elaborate floral and coloured sawdust designs is a tradition kept in many parts of the world. One way to embody this tradition in our own homes is to decorate our driveways and sidewalks this year in honour of Corpus Christi. This is a wonderful activity for children!

So grab your sidewalk chalk and head out to draw some sacred pictures in front of your house. Here are some examples.





After you've drawn your masterpiece, get your artists to lay down next to their works of art and take a "flat lay" photo. Send it to us at festival@corpuschristins.ca so we can share it with the rest of the parish. Share it via Google Drive or send it as an attachment. Let's see what we create to honour Jesus on this special day!!!





CORPUS CHRISTI BREAD

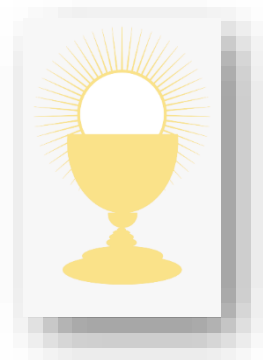


Few things are as comforting as homemade bread! A simple and fun way to prepare for the Feast of Corpus Christi is to make a loaf of bread for sharing. As we bake we can keep in mind Christ's remarkable words: I am the bread of life. Like the flour that is ground from wheat scattered throughout the fields, so too God gathers his Church from throughout the world!

[A bread recipe is included at the back of the Festival Guide.](#) Or use your own favourite. We suggest making your bread on June 1 and then sharing it together as you gather to hear the new Vision Hymn for the first time.

After you bake your bread, be sure to snap a photo and send it to us at festival@corpuschristins.ca.

BAKE WITH ME: CORPUS CHRISTI COOKIES



It's a live baking event! We are going to gather together for a live YouTube baking session on June 2 at 2 pm and bake up some Corpus Christi cookies.

We have a very special cookie recipe that makes dough you can roll and shape and play with so it's a great dough for kids. We call it playdough cookie dough, but it makes real cookies. So gather your mixing bowls and measuring spoons and get ready to shape and form and mold some Corpus Christi cookies. The ingredients list is really simple – you will need:

Butter
White Sugar
Milk
Sprinkles

Vanilla
All purpose flour
Yellow food colouring

Mixing bowl, measuring cups, measuring spoons
The recipe will be revealed during the baking session!!
And remember to send us pictures of your creations!!





Gathering

STORYTIME

We have two story times scheduled during the Festival. These will be on Zoom and we are going to read Catholic stories together. So check the schedule and set a reminder to tune in on Zoom on May 31 and June 4 for storytime at 11:15 am. Come a few minutes early and get settled in.

TRIVIA NIGHT



This is our big event!! Catholic Trivia. Meet up with your fellow parishioners and your neighbours on Zoom for this trivia night with questions about our Parish, our geography and our patronal Feast Day – Corpus Christi! Let's see who does Catholic best!!!

Sign up alone or with a team. If you sign up alone, we'll assign you to a team. A registration form will be sent to your email soon. RSVP when you receive it.

There will be prizes for the winners and for the best themed team name. It has to be Catholic or Corpus Christi themed. So get creative and show us what you're made of!!

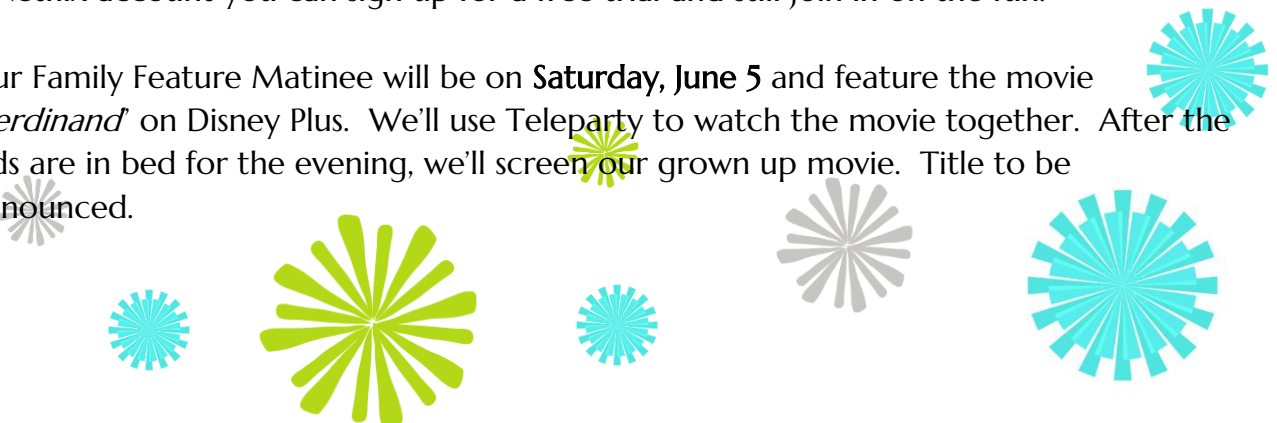
MOVIE WATCH PARTIES



We have three movie presentations planned. First up on **Friday, June 4, join us for Teen Movie Night.** We'll be streaming "Raiders of the Lost Ark". We'll watch together via TeleParty. Download the extension for your Chrome Browser [here](#).

You'll need a Netflix account to participate. If you don't have a Netflix account you can sign up for a free trial and still join in on the fun.

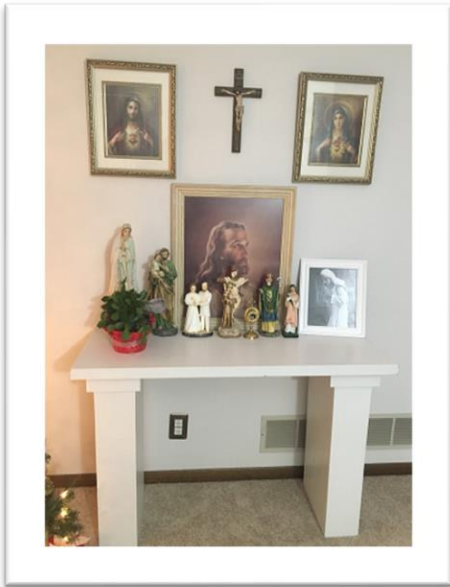
Our Family Feature Matinee will be on **Saturday, June 5** and feature the movie "*Ferdinand*" on Disney Plus. We'll use Teleparty to watch the movie together. After the kids are in bed for the evening, we'll screen our grown up movie. Title to be announced.





Prepare Your Home

YOUR DOMESTIC ALTAR



A special area set aside in your home as an altar is a wonderful tradition for your family. If you already have one, you know how much it can enhance your prayer life. If you are new to the idea of a home altar, Corpus Christi is the perfect time to start one. It can be a simple shelf, a small corner in one room, a larger table set apart, or an entire prayer room if you have the space. There are so many ways to create a prayer space in your home. This year, for Corpus Christi, let's make our prayer space reflect the joy and amazement that the Eucharist holds for us. It is Jesus' most precious gift to us.

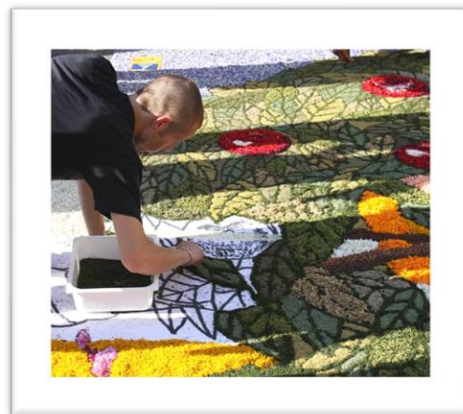
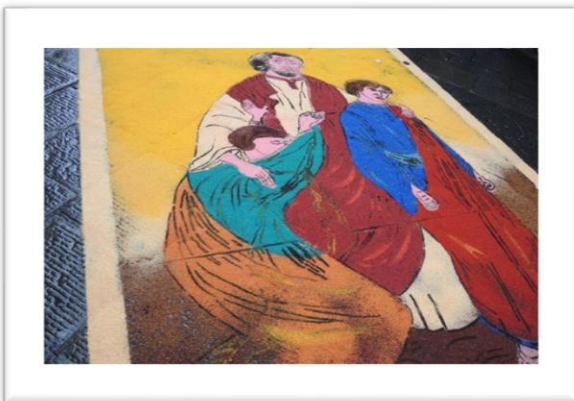
If you don't have statues to add to your prayer table, you can download and colour pictures and hang them on the wall. Lacy from Catholic Icing suggests a vase with some flowers, a crucifix, a small tablecloth (even a large napkin will do), and "[a]ny other religious trinkets you have around: small statues, holy cards, rosaries, religious medals, statues from incomplete nativity sets, etc"

Add a candle and light it when you pray. Any candle will do to start, and in time you may wish to add one or more Catholic prayer candles. These are also referred to as seven-day candles; these candles come in a glass votive jar, often with saints, or Jesus or Mary depicted on them and they will burn for seven days. Fun fact: Catholic prayer candles are available in the candle aisle at Dollarama.

Once you have your home altar set up, be sure to snap a picture and send it to us at festival@corpuschristins.ca. You can share it via Google Drive or send it as an email attachment. We're collecting all your photos and adding them to a photo gallery on the Corpus Christi Festival page of our website.

FLOWERS, FLOWERS, FLOWERS

Decorating the routes with Corpus Christi processions with wonderfully elaborate floral and coloured sawdust designs is a tradition kept in many parts of the world. Entire streets are covered in floral carpets depicting sacred art. Elaborate floral displays adorn churches and houses. Flower petals are strewn in the path of the Corpus Christi procession. Here are some examples:





You can decorate the front of your house with flowers or make a wreath with flowers and branches from your garden. There are many wonderful spring blooms at this time of year: there are still some tulips, and peonies are emerging, there's forsythia and magnolia, lilacs and bleeding hearts appear. Bring some of that beauty to the front of your house and decorate your front door, your porch, and make a floral statement.

Once you have house decorated, be sure to snap a picture and send it to us at festival@corpuschristins.ca. Share it via Google Drive or send it as an email attachment. We're collecting all your photos and adding them to a photo gallery on the Corpus Christi Festival page of our website.





We are also going to embrace these floral traditions by decorating the altar at St. Joseph Church with a multitude of flowers for Corpus Christi Sunday.

This is *our* feast day and we want to make it spectacular.

We invite you to donate flowers from your garden for the feast day, and drop them off at St. Joseph in Kentville on the day before Corpus Christi between 11 am and 2 pm. You must follow all Covid guidelines and restrictions, and the drop off will take place in the parking lot.

For those who do not live in the area, we invite you to make a cash donation for the purchase of flowers to decorate the altar on Corpus Christi Sunday.

Donations can be sent to finance@corpuschristins.ca with Corpus Christi Flowers in the comment box.





Send in your Photos

SELFIE IN WHITE



This is going to be our big photo spread for Corpus Christi.

Here's how it works:

- Get your household together.
- Dress all in white (the colour of Corpus Christi)
- First communicants might want to wear their Communion clothes in keeping with Corpus Christi traditions.
- Stand in front of a contrasting background
- Take a Selfie!!
- Send or share your selfie via Google Drive to festival@corpuschristins.ca
- Submit it by Monday, May 31 if you can so we have time to upload it before the Festival ends, but we'll accept your selfies all through the festival





CORPUS CHRISTI PROCESSION GUIDE

Below is a short guide for a family procession this Feast of Corpus Christi. The guide is a series of suggestions – ideas for keeping this beautiful feast that are flexible and can be accommodated to the needs of different families.

Be sure to take a video and send it to us!!

All gather at the family altar or the front door of the home.

At least one member of the family carries a sacred image or a crafted monstrance. Others are invited to carry images, candles, instruments or a cross to lead the procession!

Leader: In the name of the Father, and of the Son, and of the Holy Spirit.

All: Amen.

Leader: We gather today to celebrate the Feast of Corpus Christi. We are unable to be physically present with our parish family, yet one with our brothers and sisters, and with the entire Church, we join in prayer.

As God's family, with confidence, let us acclaim the Father's forgiveness, for God is full of gentleness and compassion.

Lord Jesus, you heal the sick. Lord, have mercy. **All:** Lord, have mercy.

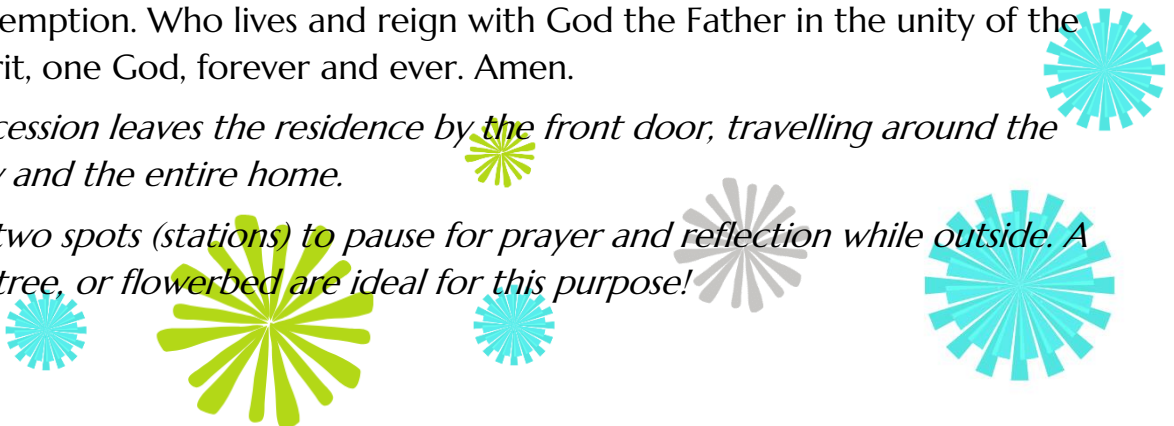
Lord Jesus, you forgive sinners. Christ, have mercy. **All:** Christ, have mercy.

Lord Jesus, you feed us with your Body and Blood. Lord, have mercy. **All:** Lord, have mercy.

Leader: Let us pray. O God, who in this wonderful Sacrament has left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who lives and reign with God the Father in the unity of the Holy Spirit, one God, forever and ever. Amen.

The procession leaves the residence by the front door, travelling around the property and the entire home.

Choose two spots (stations) to pause for prayer and reflection while outside. A garden, tree, or flowerbed are ideal for this purpose!





While walking to the first station all may sing Jesus loves me or another well-known hymn.

Jesus loves me, this I know
For the Bible tells me so
Little ones to Him belong
They are weak, but He is strong

Yes, Jesus loves me
Yes, Jesus loves me
Yes, Jesus loves me
The Bible tells me so

Jesus loves me, He who died
Heaven's gate to open wide
He will wash away my sin
Let His little child come in

Yes, Jesus loves me
Yes, Jesus loves me
Yes, Jesus loves me
The Bible tells me so

THE FIRST STATION

Reader: Jesus said, "I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world."

Let us pray. Most Holy and Almighty God, we thank you and praise you for giving us the most precious body and blood of Your only son, Jesus Christ. Through the institution of the Sacrament of Holy Communion we are able to nourish our bodies and souls. We thank you for having made Yourself our food and for uniting us with You in this beautiful Sacrament. **All:** Amen.

While walking to the second station, all may sing As We Gather at Your Table or another well-known hymn.

As we gather at your table,
as we listen to your word,
help us know, O God, your presence;
let our hearts and minds be stirred.
Nourish us with sacred story
till we claim it as our own;
teach us through this holy banquet
how to make Love's victory known.

Turn our worship into witness
in the sacrament of life;
send us forth to love and serve you,
bringing peace where there is strife.
Give us, Christ, your great

compassion
to forgive as you forgave;
may we still behold your image
in the world you died to save.

Gracious Spirit, help us summon
other guests to share that feast
where triumphant Love will welcome
those who had been last and least.
There no more will envy blind us
nor will pride our peace destroy,
as we join with saints and angels
to repeat the sounding joy.



THE SECOND STATION

Reader: Jesus said, "Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day. For my flesh is true food, and my blood is true drink."

Let us pray. O Jesus, present in the Sacrament of the altar, teach all the nations to serve you with willing hearts, knowing that to serve God is to reign. May your sacrament, O Jesus, be light to the mind, strength to the will, joy to the heart. May it be the support of the weak, the comfort of the suffering, the wayfaring bread of salvation for the dying and for all the pledge of future glory. **All:** Amen.

All process to the home altar or the front door of the home. If instruments are being carried, play them on the way, making a joyful noise to the Lord!

FINAL PRAYERS

Leader: Loving Father, the gift of the Eucharist blesses us with the True Presence for which every human heart longs. Through the grace of the Eucharist, let us become more perfectly the Body of Christ. We ask this through Christ our Lord. Amen.

All: Our Father... Hail Mary...

Leader All making the sign of the cross): May the Lord bless us, protect us from evil, and bring us into everlasting life. Amen.

All gather for refreshments and fellowship!

Join our Zoom Coffee Social!!



MONSTRANCE CRAFT

Supplies:

- Glue
- Scissors
- Clear tape
- Printable Monstrance and Host
- Sheet of construction paper for the background (blue or black look nice)
- Decorative items like glitter/glitter glue, gems, sequins, etc.
- Crayons to color the Monstrance. (yellow, orange, & red)

Extra Idea...

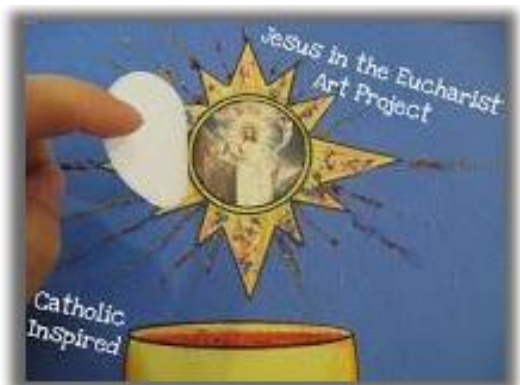
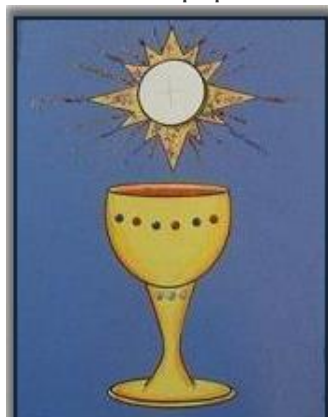
Print the Monstrance sheet onto yellow paper and cut out. (No coloring necessary.)

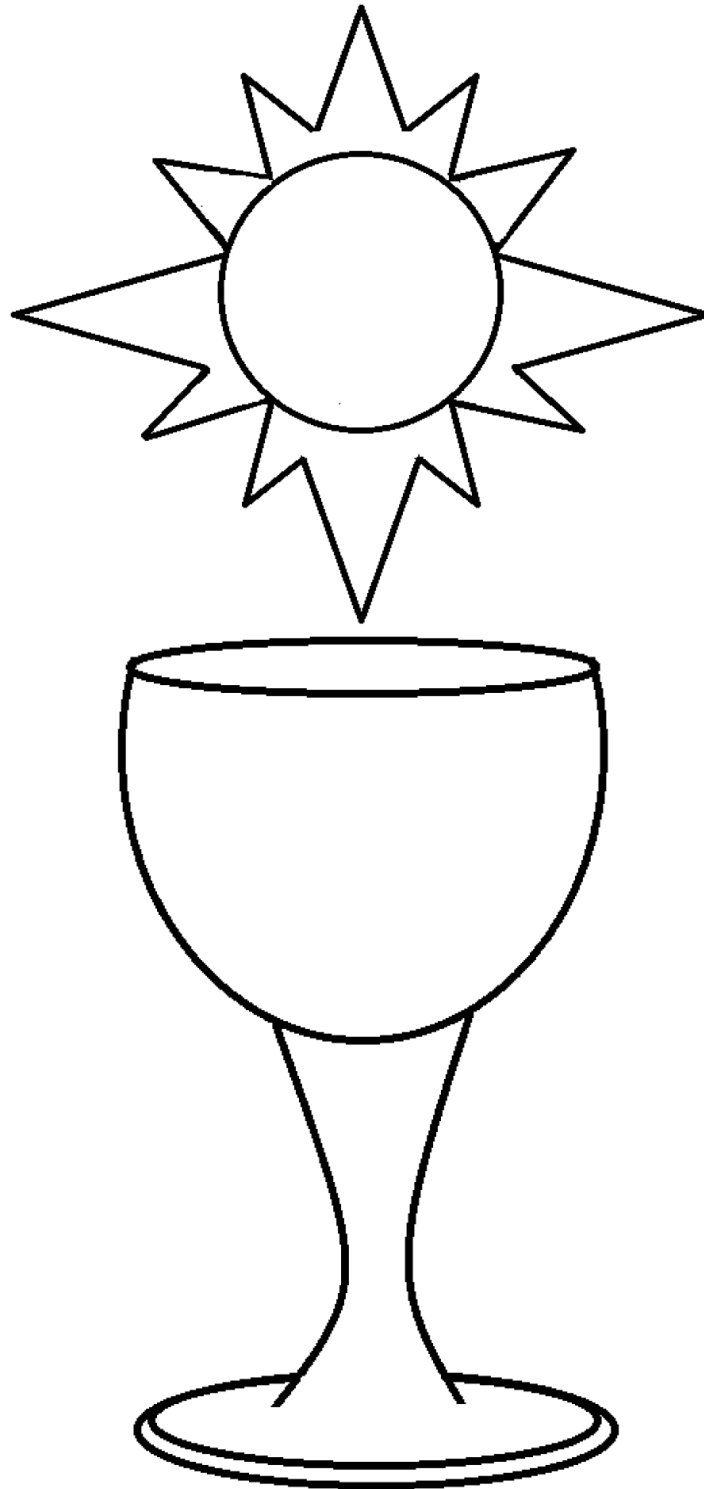
Instructions:

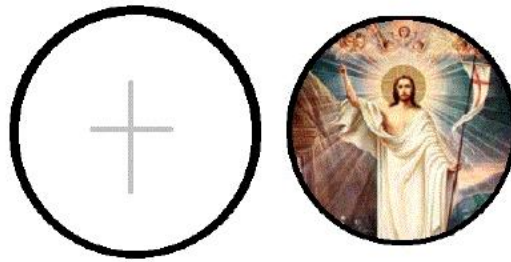
1. If you are not using the “short-cut idea” shown above – Color the chalice and Eucharist rays.
2. Cut out your chalice and Eucharistic rays.
3. Glue the chalice and rays onto the construction paper.
4. Now decorate the chalice and rays with the glitter, gems and sequins or whatever else you choose. You may also decorate the construction paper background, if desired.
5. Glue the Jesus circle in the Eucharistic ray circle.
6. With a small piece of clear tape attach the Eucharist circle to
1. create a door that opens to reveal the image of Jesus.

If you are not using this printable as a coloring sheet, cut out your Monstrance. Color it if you did not print them out on colored paper. Glue the Monstrance onto the construction paper.

Now decorate the Monstrance with glitter, gems and sequins or whatever else you choose. You may also decorate the construction paper background, if desired.







Glue the Jesus resurrected circle on to the Monstrance's center circle. With a small piece of clear tape attach the Eucharist to create a door that opens to reveal the image of Jesus.

Here's another idea for a monstrance craft: <https://www.catholicicing.com/catholic-abcs-week-18-letter-of-week-m/>

And one more ...

PAINTED MONSTRANCE FROM CATHOLIC INSPIRED

You will need:

- Construction paper or cardstock (color of your choice - We used black and white)
- paint: - white and yellow on black paper
-yellow and red on white paper
- paintbrush
- paper plate or cups for holding paint
- Host printable
- glue
- newspaper to cover the work area
- brown paint or brown paper for "Cross Version" (optional)

First, add a quarter size "glop" (that's art talk for large drop) of paint to the middle of your paper. Leave enough room for the rays and area for the monstrance base.



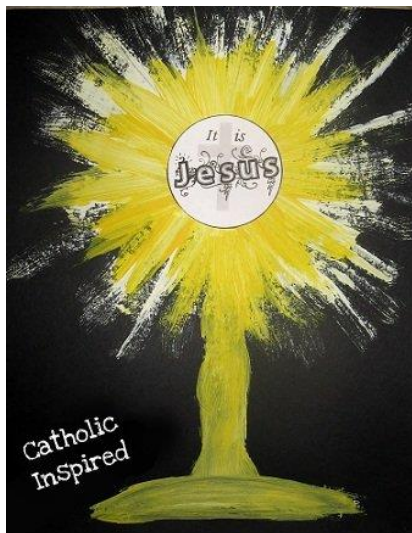


Now work the paint out in straight lines. Start at the center and go straight out from the center. Do this all the way around. ALWAYS start in the center and go straight out away from the center. This is the straight-line practice.

Now add a second color to the middle and do the same as the first.



You might want to do another drop of the first color again and the second color again - depending on how much the child fills in the area.



Add the stem and base to the monstrance. The stem goes straight down and the base goes straight across. The children can make the base curved (if they have the ability).

Now have the children cut out a host circle.

After the paint is dry the children can add the host circle to the center of the rays!





CORPUS CHRISTI BREAD

Ingredients

- 3 cups (680 grams) lukewarm water (ideally around 100 (F) — it should feel warm to the touch, but not hot)
- 1 tablespoon (10 grams) active dry yeast
- 1 heaping tablespoon (20 grams) salt
- 6 1/2 cups (910 grams) all-purpose flour
- a handful of cornmeal or flour for the bottom of the Dutch oven or baking surface of your choice

Instructions

1. Combine the water, salt, and yeast in a mixing bowl or large tupperware.
2. Add in the flour, and mix with a wooden spoon until the ingredients are evenly combined.
3. If you're using a tupperware, set the lid on top, but don't seal it — you don't want the cover to be airtight. If you're using a bowl, loosely cover the top with plastic wrap.
4. Let the dough sit for a minimum of two hours. Leaving it longer — even overnight — should be fine. At this point, you can either continue on to the next step, or refrigerate the dough and use it in the next two weeks. If you do refrigerate it, leave the top loose for a couple days before sealing it.
5. When you're ready to bake, take out a piece of dough about the size of a grapefruit. You'll want to use some flour on your hands and the surface of the dough to keep it from sticking too much, but try to avoid incorporating the added flour into the dough. At this point, you want to keep as much gas in the bread as possible, so don't punch it down or knead it. Instead you want to form what Hertzberg and François call a 'gluten cloak.' Holding the dough in both hands, you want to stretch out the top of the ball and pull the bottom together. The top and sides should be smooth and cohesive. The bottom will seem a little messy — that's okay. It will flatten out and come together as the dough rests and bakes. If you're using a cast-iron Dutch oven, any lightly floured surface will do. If you're using a baking sheet, put the bread on it to rest — this way you can just move the whole tray to the oven when you're ready to bake. And if you're using a baking stone and have a pizza peel, make good use of it!





6. Let the dough rest for about 40 minutes. About half-way through the rest, put the Dutch oven (or baking stone) in the oven and preheat to 450 (F). If you set the lid of the Dutch oven to the side or on the bottom rack you can allow it to preheat without having the extra step of to take it off before you can put in your dough. This might sound nitpicky, but the cast iron will be quite hot and heavy, so minimizing the number of steps is as much a matter of safety as convenience. Note that if you're using a baking tray, the thermal mass is negligible, so you won't gain anything by pre-heating with it in the oven.
7. Just before you put the dough in the oven, dust the surface of the bread with flour. Using a bread-knife, make slashes about a half-inch into the top of the dough. Three parallel cuts will give a classic look, but you can experiment with other patterns.
8. Bake for 30 to 35 minutes, or until the crust is a rich brown. If you're using a Dutch oven, take the top off about 20 minutes in. This lets moisture escape so that the crust can crisp.
9. See how long you can let the bread cool before trying a slice. The bread continues to cook after you take it out of the oven, so cutting into it can harm the texture.



