



PE, Art, Etymology, Music

Mrs. Pokojski Junior High Art

The junior high continues their exploration through art history. This semester began with a look at the Stone Age and exploration of the artwork found in the Caves at Altamira, Spain. This quarter students studied the use of mosaics in Roman art and architecture. The students are currently completing paper mosaics based on a subject of their choice. This project helps student develop

Principles of Art:

Color: To create unity, depth through value, and visual interest.

Pattern: Repetition of color, weights, texture.

Balance: Distribution of weight across a project.

Unity: Having a cohesive project that combines all elements into a meaningful piece of artwork.

Mrs. Miner Physical Education

Instead of telling you what we've been doing in PE, I thought I would *show* you this time!

Click here: [PE Update \(youtube.com\)](#)



Mrs. Wondercheck works with 5th grade on the planning stages of their soap carving.

Mrs. Pepino Library and Etymology

I just recently learned an interesting fact about the origins of the words "horse" and "car."

They come from the same root!

Back in the mists of time, the common parent language for most European languages (Romance, Slavic, Germanic), as well as Persian and Indic languages (Hindi, Bengali, etc) is Proto-Indo-European, and it is remarkable to explore how languages have changed.



Music: Click on this [link](#) to watch the 5th-8th grade Christmas Concert!



Technology Class

We spent three classes learning about online safety and etiquette.

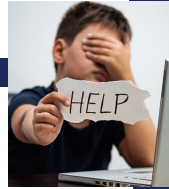
This newsletter has some of the information that they learned.

Phone Etiquette (shared with 4th-8th tech classes)

- Don't use a phone at a meal with others.
- Put phone away when talking to others.
- Excuse yourself if your phone rings while with others.
- Silence it or shut it off at Mass or other public settings.
- Don't use a phone at school.
- Make private or personal calls from home.

Cyber Bullying Prevention Techniques

- Protect your privacy. Don't give out private information such as passwords, mobile PIN code, name, address, phone number, school name, or family/friends' names. Bullies might use this in negative ways.
- Safeguard yourself. Don't exchange pictures or give out contact information to people you meet online. Ask permission from parents before giving out such information.
- Guard your digital goods. Don't leave your mobile phone or laptop unattended. Keep track of devices and use password protection.
- Be polite online and others will tend to do the same. If someone does get angry or bullies you, ignore them. If you are being harassed, report it.
- Don't send a message when you're angry. You can't undo it!
- Don't join in. Refuse to participate in negative conversations about others—even mean jokes. Do not forward the message to friends, "like," comment or share posts.
- Think before you share. Be aware that pictures, video and comments revealed online are not private. They can be shared without permission. Before you send a message or post something, ask yourself these questions: Would I want someone to say or do that to me? Do I want everyone to see this? If your answer is no, then do not send or share the post.



List of cell phones uses—provided by Jr. high tech classes:

(most do not have their own) 😊

Entertainment (games, videos, music, books, sports), education, communicating/connecting, safety, emergency, clock, camera, email, calendar, weather, directions, flash-light, tracker

Text Messaging tips

- Do not text when you are angry. Control your emotions. Calm down before you text.
- Read your message aloud. Be sure that your reader will not misunderstand your feelings.
- Read your text in both a positive and negative tone of voice before you send the message.
- Use emoji (or emoticons) to show how you feel since the reader cannot see your face.
- Ask questions if you're not sure what the message means.
- Make a phone call instead.
- Always be kind.



K-5 Art Specials Newsletter: Winter 2023

Hi to all parents and families of St. Teresa's students!

For the 2nd quarter we have been working on practicing more elements of art and delving into some more complicated projects.

Kindergarten-1st grade:

After working on noticing warm and cool colors, Kindergarteners and 1st graders enjoyed learning about primary colors and using paint to mix their own secondary colors, adding them to a color wheel. Next, we learned more color theory and the Element of Value by mixing black and white with a color to create tints and shades. Here is an example of a winter scene we painted:



2nd-3rd grades

These classes had fun using oil pastels and oil (yes, cooking oil!) to create some pumpkins with varying shades of red, orange, and yellow. They have also been practicing shading techniques using pencil and how to bring a drawing by marking out the edges of shapes for their composition. I have been impressed with how much these classes remember about art from last year, and they did well on a mid-semester pop quiz on the Elements of Art.

4th -5th grades:

For 2nd quarter, the 4th and 5th graders worked together on crafting illustrations of fairy tales out of colored paper. The idea was to layer the cut paper to create the characters and setting. Students' fine motor skills and patience were challenged by this project, as well as by the Christmas soap carving that came next!

