# Enriching Kidz <br> ONLINE LIVE CLASSES 

## Empowering Girls

 With Confidence For Girls ages 9-12
## COST: \$90

The interactive, multi-media workshop goes in-depth on issues like goals, social boundaries, and self-image.

Girls will learn about:

- Using their existing strengths
- Self-confidence and tools to boost self-esteem
- Setting short-term and long-term goals
- Body image and the media
- Finding positive role models
- Building healthy friendships
- Setting healthy boundaries
- Maintaining physical and emotional health
- Communication skill
- Gaining strength in celebrating who they are

Available Dates \& Times;
Sessions are 1 day a week for 4 weeks
Wednesdays 4/14-5/5 4:30-6:00 pm

* no class on 3/16

New class dates are being added weekly. For ALL available classes, dates, and times, go to
https://www.enrichingkidz.com
Students must attend all dates in the session chosen to complete the course.

Kidz Life Skillz:<br>Brain Teasers, Puzzles and Planning<br>For Boys \& Girls<br>in 3rd - 6th grades<br>COST: \$50



Students will enjoy a fun \& interactive class using hilarious \& funny games and activities that stress

- Problem Solving Skills
- Critical Thinking Situations
- Brain Teaser Challenges
- Learn the Decision Making process
- Party Planning


## Available Dates \& Times:

Sessions are 1 day a week for 2 weeks

| Tuesdays | 4/13 \& 4/20 | 4:30-5:30 PM |
| :--- | :---: | :---: |
| Thursdays | $4 / 15 \& 4 / 22$ | $4: 30-5: 30 \mathrm{pm}$ |

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Go to https://www.enrichingkidz.com, click on register for a class, select the class, and then scroll down to the dates and times.
To register by phone, or if you have questions regarding course curriculum, call Amy Marks at 513-336-9993.

