



*Free Seminar*

# Families & Social Media: Knowing the Limits

**Monday, February 3**

**6:30 – 8:00PM**

**McCallin Hall**

Join us for an in-depth conversation and Q&A session with local experts on the dangers and risks of social media and its effects on our youth today.

**Lynn Grandon, Program Director**

Office of Respect Life  
Catholic Charities Denver

**Mark Sanders, LPC CAC III**

Director of Substance Use Services  
St. Raphael Clinical Services

**Frank Cawley**

Director of Admissions  
Mullen High School



**This event is open to all middle and high school students & parents in our St. Thomas More Parish & School Community!**