

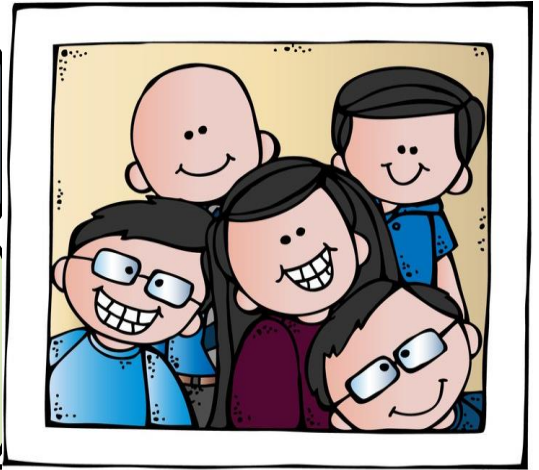
# St. James Faith on the Go

**Date: April 26, 2020**

**Message:** Walking with Jesus

**Gospel:** Luke 24:13-35

**Prayer:** Take three deep breaths and feel for God's presence in your heart. Heavenly Father, thank you for traveling with us each day. Be in our minds, our hearts, our words and our actions today. Amen.  
Amen.



**Prep:** Bible, faith journals,

**Warm Up:** Have you ever taken a road trip? Or a trip on a plane?

Talk about who was with you and where you went.

Sometimes our journeys take turns we are not expecting, like car trouble or cancelled flights.

Sometimes we go on adventures and don't know where we'll end up.

Sometimes we meet people along the way that we remember for a long time.

In today's Gospel, two friends were on a journey and had a very unexpected thing happen.

**Gospel Proclamation:** Luke 24:13-35

Have your student read the Gospel slowly, thinking about the words. It may help to read it twice.

When you finish, say, "The Gospel of the Lord."

**Breaking Open the Message:**

Where were the friends going?

How did they feel?

They were sad because their friend Jesus, who they thought would bring the Jews back into power was dead.

They were probably afraid because followers of Jesus were being arrested.

Maybe they were confused because Jesus was killed but now others say He has risen.

Who did they meet along the way?

Why did the friends not recognize Jesus?

What did the "stranger" explain to them as they walked?

When did the friends finally recognize Jesus?

What would have happened if they never met Jesus along the road?

For the two disciples, walking with Jesus changed their feelings. They went from being confused to understanding that Jesus was meant to give His life for others. They went from sad to excited to see Jesus again. In fact, they were so excited that they immediately journeyed all the way back to Jerusalem, a distance of 5-6 miles, to tell the other disciples!

Jesus travels with you along your journey through life.

Sometimes we forget He is with us and think we have to deal with our worries, fears and challenges alone.

Sometimes we recognize Him and listen to what He tells us.

Then we know that He is in charge and will help us through all the twists and turns we encounter.

### **Putting Faith into Action:**

So, we know that walking with Jesus will help us as it helped the disciples.

But how do we always remember that He is with us?

In the 1600s there lived a Carmelite named Brother Lawrence. Through his whole life he practiced walking with Jesus. He imagined Jesus was there all the time. In his mind and heart, he would talk to Jesus about everything that was going on. He even kept a seat next to him for Jesus! He wrote a book called *The Practice of the Presence of God* which is still available today! Imagine Jesus was standing next to you. What would you do differently? Imagine if everyone knew Jesus was with them. How would the world be different?

We can help make that change by remembering that Jesus is with us. But how?

1. Carry a reminder: a cross, a faith stone, a medal, or a paper with a favorite Bible verse.
2. Start each day with a quick prayer, asking Jesus to bless your day and help you through the surprises on the day's journey.
3. End each day by talking to Jesus about your day. Look for blessings: ways He has shown His presence. Give Him all your worries, fears, and anxiety. Did you know it says, "Do not be afraid." 365 times in the Bible? That's one for each day of the year!
4. Start a faith journal where you write to Jesus each day. You can tell Him your feelings, ask questions, even complain to Him.
5. Make it a habit to thank Jesus when anything goes well.
- 6.

### **Activity:**

Create a sign or poster for your room to remember that Jesus is always with you.

Use one of the Bible verses below or on the sample posters and decorate it using your own style.

Cast your cares upon the Lord for He cares for you. 1 Peter 5:7

I am with you always even to the end of the age. Matthew 28:20

God is my refuge and my strength, an ever present help in times of trouble. Psalm 46:1

I will instruct you and teach you in the way you should walk. Psalm 32:8

**Parents:** This can be a family or individual project depending on the age and needs of your children.

Your poster could be hung in a family gathering area as a reminder, which as parents, we always need, that we are not alone on this journey!

## Closing Prayer:

Music is another way to feel God's presence in our day.  
While you are working on your sign or poster listen to  
**Won't Worry Bout a Thing** by LifeTree Kids

There are many Lifetree Kids songs on YouTube that are fun for kids.

## Faith on the Go families:

Parents, take a picture of **your sign or poster** and email it to [mfitzpatrick@sjnovi.net](mailto:mfitzpatrick@sjnovi.net)

**FaithBuilder Families:** take a picture of **your sign or poster** and email it to [mtaylor@sjnovi.net](mailto:mtaylor@sjnovi.net)

