

## Healing of Memories

A RETREAT FOR WOMEN VETERANS
CREATED BY FR. MICHAEL LAPSLEY

November 15 - 17, 2019

The Healing of Memories Retreat is a response to the emotional, psychological and spiritual wounds inflicted by war, human rights abuses and other traumatic circumstances, and is a major step that helps Veterans begin the healing journey. It provides a safe place for participants to explore personal histories and gain insight and empathy for themselves and others.

## Journeys Journeys begin with a SINGLE STEP

"The feelings I have were shared and experienced by others. I learned I wasn't alone. I learned I was more normal than I thought I was based on my experiences."

## Free to Veterans

Funding for this workshop is provided by the Institute for the Healing of Memories and Arizona Community Foundation.

If you are a Veteran and would like to attend call Mike Wold at 651.687.9767



**Franciscan Renewal Center** 

Peace. Renewal. Good.