

# HOLY SPIRIT GRIEF MINISTRY

If one member suffers in the body of Christ which is the Church, all the members suffer with that member (1 Cor 12:26).

- **NEW BEGINNINGS**

## **A Ministry of Hope, Healing and Consolation**

**New Beginnings** is a Bereavement Ministry designed to provide support for Christian individuals who have experienced traumatic loss in their lives. The grieving process can cause a sense of feeling disconnected, dismayed and can fill the individual with a sense of hopelessness and despair. **New Beginnings** offers several services that will gently accompany the bereaved and the parish community in their adjustment to the fact of death and to the sorrow this entails.

**Contact: Susie Cram (702) 459-7778**

## HOPE

### **Catholic Funeral Mass Planning and Coordination**

Our faith reminds us of the sure and certain hope that our loved one who died in Christ will rise with him on the last day. A compassionate funeral coordinator will guide you in planning a beautiful funeral liturgy for your deceased loved one. You will be assisted in choosing Scripture readings and hymns that express our Christian hope in Christ's saving death and resurrection.

**Contact: Father Bill (702) 459-7778**

## HEALING

### **Grief Facilitation**

**“Blessed are they who mourn; they shall be consoled” (Matthew 5:3)**

This group offers support to grieving individuals. In this open support group which meets every two weeks at 6 pm, the bereaved will receive resources and an opportunity to examine their experience of loss and share with others in a safe environment. The bereaved examine their feelings and learn coping mechanisms to move through the process.

**Contact: Susie Cram (702) 459-7778**

### **GriefShare**

This 13 week video-based program is a journey from mourning to joy in that it helps and encourages the bereaved after the death of a spouse, child, family member or friend. GriefShare meeting days and times are planned by the facilitator to meet group needs.

**Contact: Linda Dammeyer (702) 459-7778**

### **Children Grief Support**

Holy Spirit is offering support for children dealing with death of a loved one, divorce, the impacts of Covid 19, health challenges, or any difficult life transition. It is an evidence-based program developed in collaboration with school counselors, therapists, child life specialists, educators, and social workers. It helps give voice to the overwhelming feelings that threaten these children, giving them a safe, supportive place to heal. It is a support group and not therapy. Our facilitators are trained, compassionate, and have completed the diocese's background check. Please call or email for more information.

**Contact:** Connie Theisen [kidshopeholyspirit@gmail.com](mailto:kidshopeholyspirit@gmail.com) or call 970-216-8977

### **Divorce Ministry**

This group provides support for divorced individuals, meeting every Thursday at 7pm (now via Zoom). Resources are provided which group members discuss and members share their experiences in a safe environment. The group process helps divorced individuals navigate through this difficult time and move towards healing and inner peace.

**Contact:** Barb Fraser [holyspiritdivorceministry@gmail.com](mailto:holyspiritdivorceministry@gmail.com) or call (702) 459-7778

### **New Beginnings Ministry - Suicide Grief Support**

This is a 5 week supplemental program to support those who have experienced the death of a loved one by suicide. Beginning April 13, 2021 6-8pm at the Parish Life Center\* Please call **970-216-8977** or email [holyspiritgrief@gmail.com](mailto:holyspiritgrief@gmail.com) for more information.

[Sign up can be done by clicking here.](#)