

HOLY SPIRIT GRIEF MINISTRY

If one member suffers in the body of Christ which is the Church, all the members suffer with that member (1 Cor 12:26).

NEW BEGINNINGS

A Ministry of Hope, Healing and Consolation

New Beginnings is a Bereavement Ministry designed to provide support for Christian individuals who have experienced traumatic loss in their lives. The grieving process can cause a sense of feeling disconnected, dismayed and can fill the individual with a sense of hopelessness and despair. **New Beginnings** offers several services that will gently accompany the bereaved and the parish community in their adjustment to the fact of death and to the sorrow this entails.

Contact: Susie Cram (702) 459-7778

HOPE

Catholic Funeral Mass Planning and Coordination

Our faith reminds us of the sure and certain hope that our loved one who died in Christ will rise with him on the last day. A compassionate funeral coordinator will guide you in planning a beautiful funeral liturgy for your deceased loved one. You will be assisted in choosing Scripture readings and hymns that express our Christian hope in Christ's saving death and resurrection.

Contact: Father Bill (702) 459-7778

HEALING

Grief Facilitation

"Blessed are they who mourn; they shall be consoled" (Matthew 5:3)

This group offers support to grieving individuals. In this open support group which meets every two weeks at 6 pm, the bereaved will receive resources and an opportunity to examine their experience of loss and share with others in a safe environment. The bereaved examine their feelings and learn coping mechanisms to move through the process.

Contact: Susie Cram (702) 459-7778

Grief-Share

This 13 week video-based program is a journey from mourning to joy in that it helps and encourages the bereaved after the death of a spouse, child, family member or friend. Grief-Share meeting days and times are planned by the facilitator to meet group needs.

Contact: Linda Dammeyer (702) 459-7778

Children Grief Support

Holy Spirit is offering support for children dealing with death of a loved one, divorce, the impacts of Covid 19, health challenges, or any difficult life transition. It is an evidence-based program developed in collaboration with school counselors, therapists, child life specialists, educators, and social workers. It helps give voice to the overwhelming feelings that threaten these children, giving them a safe, supportive place to heal. It is a support group and not therapy. Our facilitators are trained, compassionate, and have completed the diocese's background check. Please call or email for more information.

Contact: Connie Theisen kidshopeholyspirit@gmail.com or call (970) 216-8977

Divorce Ministry

This group provides support for divorced individuals, meeting every Thursday at 7pm (now via Zoom). Resources are provided which group members discuss and members share their experiences in a safe environment. The group process helps divorced individuals navigate through this difficult time and move towards healing and inner peace.

Contact: Barb Fraser holyspiritdivorceministry@gmail.com or call (702) 459-7778

New Beginnings Ministry - Suicide Grief Support

Holy Spirit, New Beginnings Grief Ministry is offering a 5-week supplemental program to support those who have experienced the death of a loved one by suicide. Please call the parish office at 702-459-7778 or email holyspiritgrief@gmail.com for more information.