

# ST. CECILIA CHURCH

DIGITAL NEWSLETTER



## ONLINE MASS TIMES

Daily (Mon - Sat):  
8:00 am English

Sunday:  
9:00 am English  
10:45 am English  
2:30 pm Spanish

Live streams:  
[Parish website](#)  
[Facebook](#)  
[YouTube](#)  
Roku channel

## STEWARDSHIP

You can tithe directly to our parish by visiting our website at:

[stceciliachurch.org/donate](https://stceciliachurch.org/donate)

## PASTOR'S MESSAGE

*Discipleship: Yoking with God*

**"Come to me, all you who labor and are burdened, and I will give you rest."**

Whenever I go to visit a sick or someone who is near death to celebrate the sacrament of the anointing of the sick, this is the gospel that I always choose. It never gets old for me, always new, consoling and refreshing.

What do you labor right now that is or are burdening you or weighing you down?

Marital woes? Poor health? Old age? Financial insecurity? Pandemic? Name what you labor right now. (continued)

## PASTOR'S LETTER CONTINUED

**“Take my yoke upon you and learn from me, for I am meek and humble of heart”**

A yoke is a wooden beam made for a pair to carry heavy load. During the time of Jesus, they were custom-made for an animal based on its size or dimensions so that it was comfortable.

So, when Jesus says “take my yoke,” he is inviting or telling us to share our burdens with him, and that he is on the other side of the yoke, carrying our burdens side by side with us. He is yoking with us. He doesn't totally remove our labor or our burden but rather he walks with us; he yokes with us. And because he walks with us we see our own burdens not as punishments but avenues to grow, to be better and to be stronger in spirit.

Yes, he yokes with us but remember that the most important “burden” or labor that we have, that is the burden of sin, which alienated us from God himself, he carried the cross on his own to Calvary, well Simon of Cyrene did help but he carried it alone for the most part of it. He did the heaviest lifting of our own burden. So that we will find true rest for ourselves.

So if you are weigh down right now, remember that God yokes with you. And since he made himself known to us as the “I am” through Moses, which means always present, we are reassured of his unwavering faithfulness. As what the prophet Zechariah in the first reading proclaims: see, your king shall come to you; a just savior is he...he shall banish the chariot from Ephraim, and the horse from Jerusalem; the warrior's bow shall be banished, and he shall proclaim peace to the nations.

And because God is “I am”, ever present – he will never fail to yoke with you. – **Fr. Cary**

## WELCOME, FR. PETER JULIA AND JUSTIN ECHEVERRIA!



This past week, Fr. Peter Julia began his first official week at St. Cecilia's as our new parochial vicar! Joining us for the summer is Justin Echeverria. Justin grew up in the Beaverton area, with Holy Trinity being his family's parish. Both Fr. Peter and Justin returned from their theological studies in Rome when the pandemic hit, quarantining with fellow seminarian Brent Durschmidt at the Griffin Center in SE Portland. **(More about Fr. Peter Julia next page)**



Fr. Peter Julia was born in Brooklyn, New York, in 1979 and was raised Catholic. His family moved to New Jersey and then Texas. He attended Baylor University and graduated with a bachelor's degree in health and fitness studies. He moved to Colorado Springs and then in 2008 to Portland.

Before entering seminary, he worked as a rock climbing instructor, coach, guide and bicycle mechanic and salesman. He was also a member of Cathedral Parish in Portland

While enrolled at the North American College in Rome, he used his expertise to service the bicycles of his peers. On bike rides, Deacon Julia prays the rosary or praises God spontaneously. He compares truing a bicycle wheel, adjustments to spokes to get rid of wobbles, to the occasional re-centering humans need via sacraments, formation and liturgy. Welcome Fr. Peter!

## MASS INTENTIONS

### Sunday, July 5

7:30 AM - + Nathan Hollingsworth  
9:00 AM - + Helen Mode  
10:45 AM - Adrian Kallimanis  
12:30 PM - People of St. Cecilia  
2:30 PM - Cira Hernandez, Ruperto Herrera Vela

### Monday, July 6

8:00 AM - Cristal Ruvalcaba

### Tuesday, July 7

8:00 AM - + Shannon Hanon-Hagler

### Wednesday, July 8

8:00 AM - Adrian Kallimanis

### Thursday, July 9

8:00 AM - + Helen Mode

### Friday, July 10

8:00 AM - + Bob Kreutzer

### Saturday, July 11

8:00 AM - + Ann LaMarte  
5:00 PM - Beatriz Ruvalcaba, Rey Brambilla  
7:00 PM - Poor Souls in Purgatory

## PARISH GUIDELINES ON THE REOPENING OF MASSES

Parishioners can sign up to attend Mass by emailing [massreg@stceciliachurch.org](mailto:massreg@stceciliachurch.org) with the following information: name/s of the attendees, phone number and preferred Mass time. When you sign up, please indicate if it is only for Sunday (or the vigil) Mass, or if it is only for a weekday Mass, or for both. Anyone attending Mass does so at his or her own risk. Vulnerable, at-risk and otherwise concerned persons should remain home. Anyone who has even the slightest symptoms or feelings of sickness must remain home. For the complete parish guidelines on the parish re-opening, [please click this document](#).

## JUNE ANNIVERSARIES

**Bill & Janet Motter, July 1, 15 years**

**Jerald Paulraj & Arockia Henishia, July 4, 15 years**

Sean & Melanie Nygaard, July 9, 14 years

Jim & Anne Galbraith, July 10, 44 years

Ian & Mary Gamble, July 11, 22 years

Geenthana & Agnita Kattar, July 11, 12 years

Steve & Tania Rhein, July 12, 17 years

**Raymond & Bonnie Dibb, July 14, 30 years**

Sam & Florence Inouye, July 16, 54 years

Dave & Nancy Andresen, July 19, 62 years

Dave & Peggy Brown, July 21, 58 years

**Curt & Angela Fingel, July 22, 15 years**

Oscar & Ana Badillo, July 23, 26 years

Rick & Colette Evers, July 31, 39 years

Matt & Chrissy Horne, July 31, 27 years

Andy & Jenise Van Pelt, July 31, 16 years

## ST. VINCENT DE PAUL

SVDP is currently in need of:

- dish soap
- coffee
- cake mixes

Donations can be delivered to the food pantry between the hours of 9 and 11 am. Thank you for your generosity!

# SUNDAYS AT HOME

PRAYING AS A FAMILY  
TAKEN FROM [52SUNDAYS.COM](http://52SUNDAYS.COM)

## SUNDAY READINGS

English readings [HERE](#)

Spanish readings [HERE](#)

## TAKE TIME TO CHAT

- What is God the Father like to you?
- What kind of “yoke” is Jesus talking about? (P.S. It’s not an egg!)
- Can you pray like Jesus does in today’s Gospel? Let’s hear it!

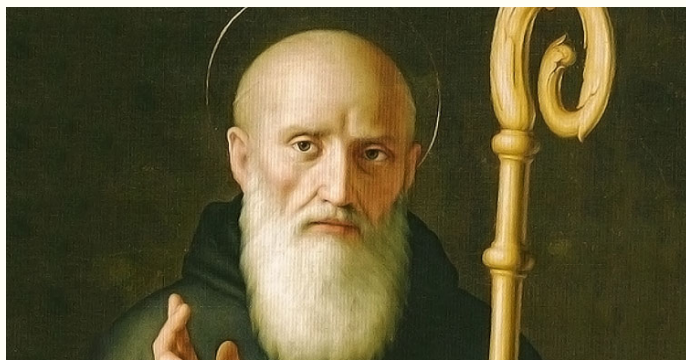
## FAMILY FUN: CREATE A SACRED SPACE

Consider creating a sacred space in your backyard by converting a shed to a chapel or a garden area into a grotto. Having a sacred space in your backyard gives you a place of refuge where you can collect your thoughts and pray without interruption. Involve the whole family in planning and building the space. Search the Internet for ideas and inspiration!

## FAMILY PRAYER

God our Father, giver of life, we entrust the United States of America to your loving care. You are the rock on which this nation was founded. You alone are the true source of our cherished rights to life, liberty, and the pursuit of happiness. Reclaim this land for your glory and dwell among your people.

Send Your Spirit to touch the hearts of our nation’s leaders. Open their minds to the great worth of human life and the responsibilities that accompany human freedom. Remind your people that true happiness is rooted in seeking and doing your will. Through the intercession of Mary Immaculate, patroness of our land, grant us the courage to reject the “culture of death.” Lead us into a new millennium of life. We ask this through Christ Our Lord. Amen.



## MEET OUR EXTENDED FAMILY: ST. BENEDICT, ABBOTT (JULY 11)

St. Benedict and his twin sister, St. Scholastica, were born around 480, into a distinguished family in central Italy. Benedict studied in Rome and, early in life, was drawn to live like a monk. At first, he became a hermit, but he soon realized that he could not live a hidden life in a small town any better than in a large city, so he withdrew to a cave high in the mountains for three years. Some monks chose Benedict as their leader for a while but found his strictness not to their taste. He had an idea of gathering various families of monks into one “Grand Monastery” to give them the benefit of unity, fraternity, and permanent worship in one house. Finally, he began to build what was to become one of the most famous monasteries in the world—Monte Cassino, commanding three narrow valleys running toward the mountains north of Naples. The Rule that gradually developed prescribed a life of liturgical prayer, study, manual labor, and living together in community under a common leader. In the course of the Middle Ages, all monasticism in the West was gradually brought under the Rule of St. Benedict.

## FUN FACTS!

Each year, Americans light about 200 million pounds of fireworks! Most of them are imported from China – \$247,100,000 worth.