

# < KID'S > KORNER

## Gospel Today Sixteenth Sunday in Ordinary Time / Luke 10:38-42

Mary sat in **quiet listening** to Jesus, while her sister Martha **bustled about serving** Jesus and His disciples food and drinks. Both women were focused on Jesus, but hearing the Word of God, Jesus said, was most important. [*Bustle*: To hurry busily and briskly]

© 2025 Bon Venture Services, LLC

# KEEP A GOOD BALANCE

Some days we are like Mary, spending quiet time with Jesus. Other days we are like Martha, serving God by helping others.

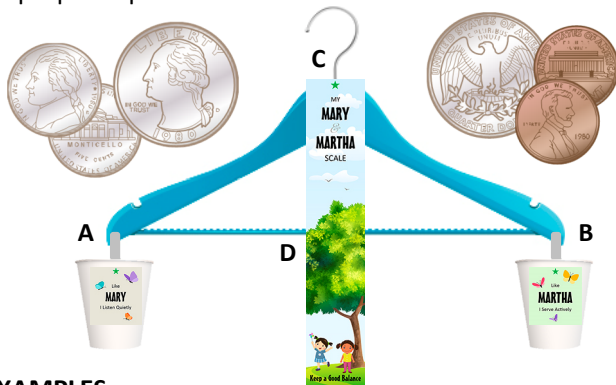
Let's make a Mary and Martha scale, and measure how we spend time with Jesus.

### YOU WILL NEED

**1 clothes hanger** (plastic or wire) • **2 cups** (same size plastic or paper) • **Scissors, tape, crayons/markers** • **Coins as weights** (nickels work great, but you can use pennies/quarters as long as you always use the same size coin).

### DIRECTIONS

- Color and cut out pieces **A, B, C**.
- Tape **A & B** to top edge of each cup.
- Tape top edge of cup (at star) to each end on bottom edge of hanger by looping tape over hanger and back onto cup.
- Tape **C** to center/upper part of hanger as shown and secure at point **D**.
- Hang your new scale in a place where it can move freely.
- Each time you focus on Jesus, put a coin/weight into the proper cup.



### EXAMPLES

#### Coin into Mary cup

- Reading about Jesus
- Praying to Jesus
- Listening to gospel

#### Coin into Martha cup

- Being an Altar Server
- Singing in the choir
- Assisting family or friends



What else can you do to be like Mary and Martha?

*A Good Deed - Donate your coins each week to charity/church*

C

Tape to top  
of hanger

★  
MY  
**MARY**  
&  
**MARTHA**  
SCALE

A

★  
Like  
**MARY**  
I Listen Quietly

B

★  
Like  
**MARTHA**  
I Serve Actively

*Remember — Keep a good balance! Both sides are important in being a good disciple.*

**Keep a Good  
BALANCE**