

# Lectio Divina



## Lectio Divina for the Baptism of the Lord (First Week in Ordinary Time)

*We begin our prayer:*

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

O God, whose Only Begotten Son has appeared in our very flesh, grant, we pray, that we may be inwardly transformed through him whom we recognize as outwardly like ourselves. Who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever.

(Collect, Baptism of the Lord)

### Reading (*Lectio*)

*Read the following Scripture two or three times.*

Luke 3: 15-16, 21-22

The people were filled with expectation, and all were asking in their hearts whether John might be the Christ. John answered them all, saying, "I am baptizing you with water, but one mightier than I is coming. I am not worthy to loosen the thongs of his sandals. He will baptize you with the Holy Spirit and fire."

After all the people had been baptized and Jesus also had been baptized and was praying, heaven was opened and the Holy Spirit descended upon him in bodily form like a dove. And a voice came from heaven, "You are my beloved Son; with you I am well pleased."

### Meditation (*Meditatio*)

*After the reading, take some time to reflect in silence on one or more of the following questions:*

- What word or words in this passage caught your attention?
- What in this passage comforted you?
- What in this passage challenged you?

*If practicing lectio divina as a family or in a group, after the reflection time, invite the participants to share their responses.*

### Prayer (*Oratio*)

*Read the Scripture passage one more time. Bring to the Lord the praise, petition, or thanksgiving that the Word inspires in you.*



# CATHOLIC.BIBLE

## Contemplation (*Contemplatio*)

*Read the Scripture again, followed by this reflection:*

What conversion of mind, heart, and life is the Lord asking of me?

*The people were filled with expectation, and all were asking in their hearts whether John might be the Christ.* How do I expect God to be present in my life? Do these expectations help or hinder my ability to live faithfully?

*I am not worthy to loosen the thongs of his sandals.* How can I grow in humility? How can I be of greater service to the people around me?

*You are my beloved Son; with you I am well pleased.* When have I been most aware of God's love for me? How can I see the people I meet through God's loving eyes?

*After a period of silent reflection and/or discussion, all recite the Lord's Prayer and the following:*

## Closing Prayer:

O LORD, my God, you are great indeed!  
you are clothed with majesty and glory,  
robed in light as with a cloak.  
You have spread out the heavens like a tent-cloth;

You have constructed your palace upon the waters.  
You make the clouds your chariot;  
you travel on the wings of the wind.  
You make the winds your messengers,  
and flaming fire your ministers.

How manifold are your works, O LORD!  
In wisdom you have wrought them all—  
the earth is full of your creatures;  
the sea also, great and wide,  
in which are schools without number  
of living things both small and great.

They look to you to give them food in due time.  
When you give it to them, they gather it;  
when you open your hand, they are filled with good things.

If you take away their breath, they perish and return to the dust.  
When you send forth your spirit, they are created,  
and you renew the face of the earth.

(From Psalm 104)

## Living the Word This Week

*How can I make my life a gift for others in charity?*

Renew your baptismal promises by reciting the Apostles' Creed.

Excerpts from the *New American Bible, revised edition* © 2010, 1991, 1986, 1970 Confraternity of Christian Doctrine, Washington, D.C. and are used by permission of the copyright owner. Excerpts from the *Lectionary for Mass for Use in the Dioceses of the United States of America, second typical edition* © 2001, 1998, 1997, 1986, 1970 Confraternity of Christian Doctrine, Inc., Washington, DC. Used with permission. All rights reserved. No portion of this text may be reproduced by any means without permission in writing from the copyright owner.

Excerpts from the English translation of *The Roman Missal* © 2010, International Commission on English in the Liturgy Corporation. All rights reserved.