

Pick of the Week



Find It On **FORMED**:

DVD: FREEDOM

Starring Cuba Gooding Jr.

Two men are separated in time but united by their desire to be loosed from their chains. *Freedom* is a tale of cruelty and slavery but it is also the story of conversion, redemption, and the courage of hundreds of people who led over 100,000 slaves to freedom via the Underground Railroad.

Intertwined in this fictional drama about a runaway slave family are the lives of three actual heroes of the American abolitionist movement: John Newton, the 18th Century captain of a slave ship whose conversion led to the creation of the song, Amazing Grace; Thomas Garrett, who guided over 2,500 people to freedom during his 40-year participation in the Underground Railroad; and Frederick Douglass, famous orator and the founder of the American Civil Rights Movement.

The movie ends with a stark challenge:

“Today there are over 29 million of our brothers and sisters living under the tyranny of slavery—more than any other time in history ... Commit to end slavery and human trafficking.”

Formed

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