



2021/2022 Season

- K through 8th graders of all skill levels are welcome
- Learn the fundamentals of wrestling in a fun active environment
- No experience needed
- 2 practices per week on Wednesday's and Friday's 5:30 pm to 6:30 pm
- First Practice: Wednesday November 17th
- Last Practice: Friday March 4th
- Cost for season: \$50 (doesn't include cost for singlet/apparel/tournament fees)
- Try one practice for free! (then \$10 per drop in fee after)
- Will go to 6 tournaments as a team (coaches will help decide if wrestler is ready, can do more also depending on wrestler)
- Tournament singlets and apparel will be available for purchase
- Practices are held at Creighton Prep High School wrestling room
- Park on west side of school or northwest lot and enter through the North Mullen Gym doors on the north side of the school (by the baseball field entrance)
- Bring own water bottle and wrestling shoes (some extra pairs in room)
- Parents have option to stay (bleachers to sit on) or drop off
- Email Head Coach: Matt Nulty at mnulty2@gmail.com or Andrew Fisher afisher@creightonprep.org if interested or have questions
- Follow us on facebook: <https://www.facebook.com/LittleJaysWrestlingClub>

Sign up for Little Jays Wrestling here: <https://forms.gle/SvzkGRAUSLdCmjP5A>