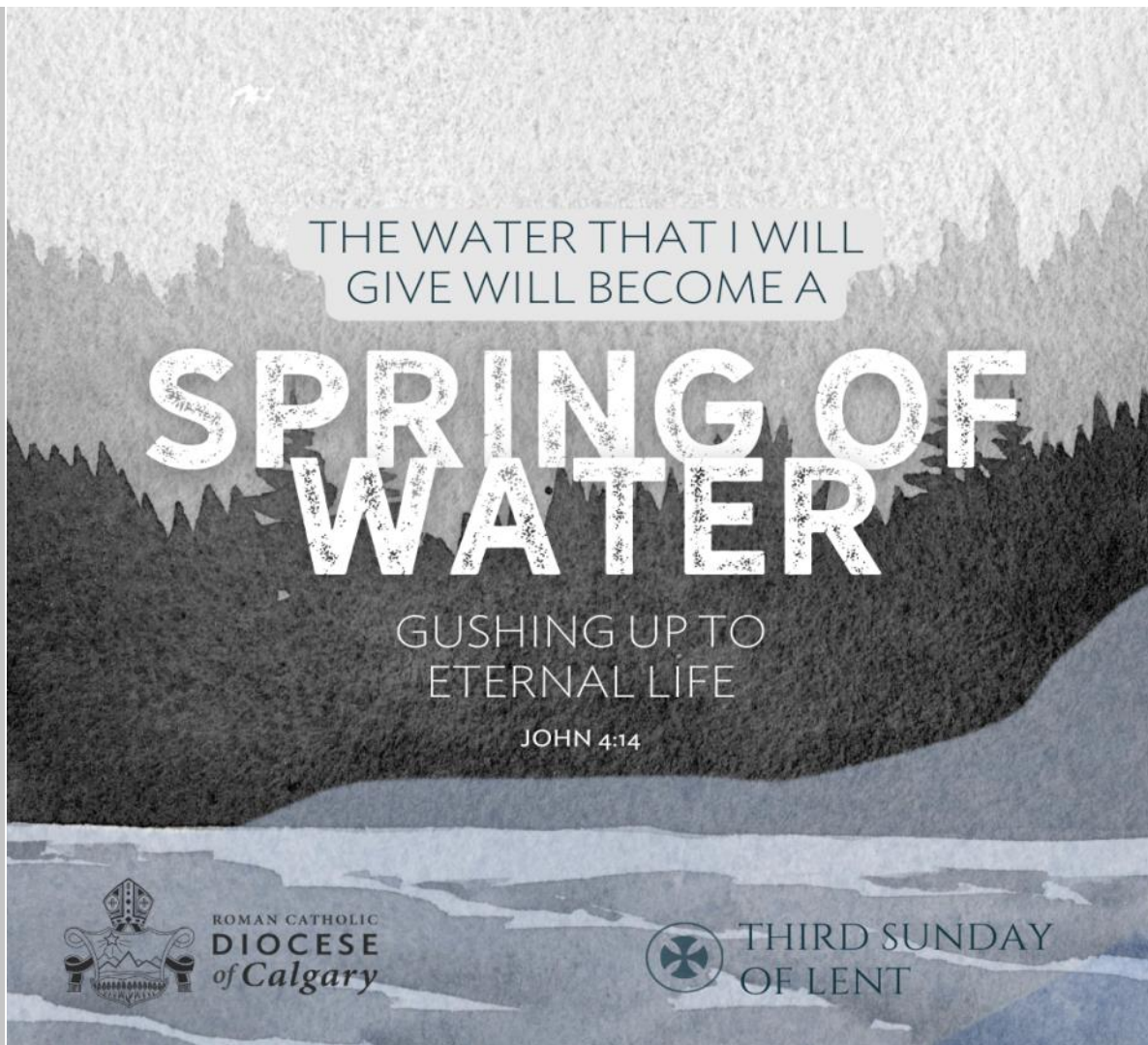


# St. James Catholic Parish

St. James Church 338060-32nd Street East, Okotoks

& St. Michael's Church 402 Government Road, Diamond Valley



## SUNDAY, MARCH 12, 2023 ~ 3RD SUNDAY OF LENT

### PARISH INFORMATION

403-938-3122

[stjamesparishokotoks.ca](mailto:stjamesparishokotoks.ca)

### Office Hours

Monday - Friday: 9:30am - 4:00pm

Closed for lunch 12:30-1:00pm

**Fr. Vincent TuanHa**, Pastor |  
[pastor@stjamesparishrc.com](mailto:pastor@stjamesparishrc.com)

**Fr. Vijaya Bathineni**,  
Associate Pastor |  
[associate@stjamesparishrc.com](mailto:associate@stjamesparishrc.com)

**Armand Lafond** | Deacon |  
[deacon@stjamesparishrc.com](mailto:deacon@stjamesparishrc.com)

**Leanne Plamondon**, Rel Ed. Coordinator  
& Bookkeeping |  
[secretary@stjamesparishrc.com](mailto:secretary@stjamesparishrc.com)

**Jocelin Oliver**, Receptionist |  
[office@stjamesparishrc.com](mailto:office@stjamesparishrc.com)

**Tania Keller**, St. Michael's Church  
Custodian

### EUCCHARISTIC CELEBRATIONS

#### WEEKEND CELEBRATIONS:

Saturday: 5:00 pm (St. James Church, OK)

Sunday: 9:00am, 11:00am & 5:00pm (St. James Church, OK)

Sunday: 9:00am (St. Michael's Church, DV)

#### WEEKDAY CELEBRATIONS:

Monday - Saturday: 9:00am & Tuesday 7pm (St. James Church, OK)

Wednesday and Friday: 9:00am (St. Michael's Church, DV)

### SACRAMENT OF RECONCILIATION/CONFESSION

Tuesday: 5pm - 7pm & Saturday: 10:00am - 12:00am (St. James Church)

Friday: 9:30am - 10:30am (St. Michael's Church, DV)

Or by appointment

### ADORATION OF THE BLESSED SACRAMENT

Monday - Saturday: 6am - 9am / Monday - Friday: 5pm - 7pm (St. James Church, Okotoks)

Friday 9:30am - 10:30am (St. Michael's Church, Diamond Valley)

Low Gluten Eucharist is available at every Mass

Mailing Address: St. James Church — Site 7 Box 41 RR 2, Okotoks, AB, T1S 1A2  
Main Office : 403 - 938 - 3122 | Emergency: 403 - 869 - 7382

	Mass Intentions		Events at the Parish
<b>Saturday March 11</b>	9:00am 5:00pm	† Ken King Caleb Paquette	8am-3pm - CWL Highwood Regional Meeting (St. Martha Rm.)
<b>Sunday March 12</b>	9:00am 9am(DV) 11:00am 5:00pm	David vanOirschot † Araceli Gomez † Dave Swagar The People of the Parish	9am—Children's Liturgy (St. James Church) 11am - Children's Mass (St. James Church) After 11am mass - Coffee Sunday (Hall) 6pm - Youth Game Night (Hall) 7pm - Easter Vigil Choir Practice (St. James Church)
<b>Monday March 13</b>	9:00am	Mona Ghali	7-8:45pm - Youth Ministry Gathering
<b>Tuesday March 14</b>	9:00am 7:00pm	Pete Heggenstaller Theresa Phelan	9:30am & 4pm-Catechesis of the Good Shepherd (Atrium) 6pm - RC Encounter additional prayer (St. Andre Rm.) 7pm - Meditation Program (St. Andre Rm.)
<b>Wednesday March 15</b>	9:00am 9am (DV)	† Jerry S. Villegas Josheph Louis Malsam	10am-Catechesis of the Good Shepherd (Atrium) 6:30pm - Confirmation Session #5 (Hall) 7pm - RCIA Session (St. Andre Rm.)
<b>Thursday March 16</b>	9:00am	† Joan Hoffman	7:45am & 7:45pm- Meditation Sessions 9am - Students attending mass 10:30am - Rosary Making (St. Martha Rm.) 7pm - Parish Council Meeting (St. Raphael Rm.) 7-9pm - RC Encounter Group (St. Andre Rm.) 7:30pm-9:30pm - HIS Choir Practice (St. James Church)
<b>Friday March 17</b>	9:00am 9am (DV)	Gerry Sanders / † Justin Ruel & Justin Ruci Forgotten People	6pm - Stations of the Cross (St. Michael's Church) 7pm - Stations of the Cross (St. James Church)



May YOU know the deep love and support of our community through our thoughts and prayers. Please contact the Parish Office to have your name or the name of a loved one placed here.

#### OUR SICK & INFIRM -ESPECIALLY...

Dennis S., Margaret B., Armand L.,  
Annalise K., Owen K., Ray K.

#### OUR BELOVED DEAD

Isabelle Colacci, Greta Gould,  
Ted (Edward) Tatem, Helen Bondar

#### OUR SEMINARIANS

Peter A., Andre B.,  
Joshua C., Bennet C., Solomon I., Samuel  
O., Bemjamin T., Santiago T., Joshua W.

**SICK OR INFIRM PARISHIONERS** If you know of parishioners who are hospitalized or confined to their homes, please notify the parish office at 403.938.3122 to arrange hospital or home visitation. We can arrange to receive the Sacrament of Anointing of the Sick before any surgery.

**MASS INTENTIONS BOOKING** Please fill out the form in the Narthex and return "attn: Jocelin" the office or place into the collection basket with a \$10 donation. Additional forms are available at the Parish Office. For more information contact Jocelin at [office@stjamesparishrc.com](mailto:office@stjamesparishrc.com).

**DONATIONS ON LINE AND PREAUTHORIZED DONATIONS AVAILABLE** To setup preauthorized donations or to donate online, please visit: [www.stjamesparishokotoks.ca/donate](http://www.stjamesparishokotoks.ca/donate) We now accept e-transfers at: [donations@stjamesparishrc.com](mailto:donations@stjamesparishrc.com)

Notice: Bulletin Submissions | [office@stjamesparishrc.com](mailto:office@stjamesparishrc.com) Deadline end of day Wednesdays



# ST. JAMES PARISH UPDATES

*"Go forth from the land of your kinsfolk and from your father's house to a land that I will show you." Gen. 12:1*

God calls all of us to leave behind our old ways and to follow Him, placing our complete trust in Him. Some of the old ways that we struggle to leave behind might be materialism, selfishness and greed. Yet, God promises to show us a new land and a better way to live. Remember what St. Teresa of Calcutta said, "God does not call us to be successful, God calls us to be faithful."

**DO YOU HAVE A HURT, HANG-UP OR HABIT? ARE YOU READY TO EMBARK ON A JOURNEY OF REAL AND LASTING CHANGE? Check out the CELEBRATE RECOVERY program .** It is a Christ-centered program based on the 8 Principles from the Beatitudes. It encourages fellowship and celebrating God's healing power in our lives as we work towards recovery. There is no cost to the program, attendance is 2 hours per week and will be held at the church. Everyone is welcome. Presently we are looking for potential leaders/coleaders with or without 12 Step experience, (training is provided). If interested, please stop at the information table in the Narthex after Masses on March 11 and 12, or send an email to Gloria at [glotom2017@gmail.com](mailto:glotom2017@gmail.com). Celebrate Recovery is a safe place to find community and freedom from the issues that are controlling our life.

**2022 OFFERING RECEIPTS** — Your financial offerings receipt for 2022 has been mailed out, thank you.

**FIRST COMMUNION** — Parent retreat will be held Wednesday, March 22nd at 7pm in the Hall. Session #1 will take place Wednesday, April 19th in the Hall. The Commitment Mass will be held April 22 and 23 at all masses. Registration is still accepted.

**CHILDREN'S LITURGY** will be resuming this Sunday, March 12th during 9am mass at St. James. Parents are welcome to join and help out.

**BEWARE OF ONLINE SCAMS — EMAIL SAFETY REMINDER** to please always be diligent with any emails coming from St. James Parish staff and Clergy. We will never contact anyone by email for help financially, asking for gift cards or any other personal request. Please phone us directly to confirm that any emails sent are genuine.

**PARISH PHOTO DIRECTORY UPDATE** Thank you to all parishioners for participating in the directory. All participating families will receive a complementary copy of the directory. Extra copies are available for a cost of \$20.

## **WELCOME TO PROJECT NAZARETH FAMILIES.**

Please set aside one hour on **Saturday, March 18, 2023 from 10:30-11:30** to join together in prayer, discussion, learning and fun. We will meet as a whole group in the Parish Hall for prayer. The children will meet with the Youth Team for fun, while the parents have an opportunity to share their experiences with Project Nazareth. This will be followed by a short video about Prayer in the Family and an opportunity to share perspectives with small groups. No need to RSVP; all are welcome! Registration is on going. Please go to [www.ProjectNazareth.org](http://www.ProjectNazareth.org). To be included in the family evening events at the parish, please fill out the slip at the Hospitality desk.

**A LENTEN JOURNEY INTO SILENCE** An introduction to Christian meditation. A 6-week hybrid course, located in the St. James Church, St. Andre Room every Tuesday until March 28 at 7:15 - 8:15pm. Free registration [www.bit.ly/Feb2023meditationcourse](http://www.bit.ly/Feb2023meditationcourse). Contact the meditation coordinator, Andrea at [andre-a711@gmail.com](mailto:andre-a711@gmail.com) or 403-999-3398. <https://youtu.be/zB2PPDsI0yA>

**SOUND AND MEDIA MINISTRY** We are looking for individuals to help with adjusting sound as needed and running the PowerPoint slide on weekend Masses. Training will be provided. For further information and to sign up please contact Catherine at [cclug4@icloud.com](mailto:cclug4@icloud.com)

**EASTER VIGIL CHOIR** — Please consider to join our Easter Vigil choir. Rehearsals take place every Sunday evening from 7:00-9:00 during the season of Lent. Please contact Catherine at [cclug4@icloud.com](mailto:cclug4@icloud.com) to sign up or for more information.

**MOMS AND TOTS DROP-IN:** We invite moms (or caregivers) and their young children to join us for drop-in playtime, coffee, and fellowship every Wednesday morning from 9:30 a.m. to 11:30 a.m. starting from March 15 in the St. Martha room, off the narthex/atrium of the church. If you know a mom or caregiver that would be interested in joining, please invite them!



**TOGETHER IN ACTION 2023 (TIA)** - *"Let us love, not in word or speech, but in truth and action."* 1 John 3:18, Thank you for your continued generosity to the local and national ministries and initiatives support by Together in Action. Through your sacrifice, the 2022 campaign goal has been exceeded. Diocesan TIA goal for 2023 is \$2 million.

\$1.4 million of \$2 million will financially support the following ministries, partner organizations, and agencies: • Diocesan Ministries • Vocations • Care of Retired Priests • Mission Council • Elizabeth House • St. Francis Xavier Chaplaincy • Catholic Missions of Canada Calgary • Catholic Immigration Society: Refugee Program • Canadian Catholic Bioethics Institute • Canadian Catholic Conference of Bishops.

\$600,000 of the \$2 million goal each year in the next four years will go to support local or regional healing and reconciliation initiatives for residential school survivors, their families, and their communities.

**Our parish goal for 2023 is \$46,856.** We exceeded our goal of last year by \$7,801.63 – as per the return of surplus request form – 30% was allocated to the Indigenous Reconciliation Fund, 30% to assist other parishes and 40% to our Central fund loan. This year, we are requesting any surplus funds collected be returned and allocated the same as last year. To give to Together in Action, please drop off donations at Sunday mass or to the parish office, or give online [www.stjamesparishokotoks.ca/donate](http://www.stjamesparishokotoks.ca/donate). We now accept e-transfers at: [donations@stjamesparishrc.com](mailto:donations@stjamesparishrc.com).

**HOLY WEEK MISSIONS** -- Holy Week is the holiest week of the year, where missionaries walk along side Jesus in His Passion, sharing His merciful love with everyone they meet. Holy Week Missions Called by Name. Join the spirit of communion, fun, prayer & making a difference for others! St. James Parish Youth Ministry invites anyone to join in Mission this HOLY Week and experience the joy of giving.



**WHO: YOUTH AGES 13 TO 17**

**WHEN: EVENTS RUN DAILY FROM APRIL 2 - 8**

**WHERE: ST. JAMES PARISH, OKOTOKS AND SOME EVENTS IN CALGARY**

**INQUIRIES: [ECYDFEARLESS@GMAIL.COM](mailto:ECYDFEARLESS@GMAIL.COM)**

## Easter Mass Schedule - 2023

Thursday, April 7th ~ Holy Thursday  
7:00pm St. James Church

Friday April 8th ~ Good Friday  
1:00pm St. Michael's Church  
3:00pm St. James Church

Saturday, April 9th ~ Easter Vigil, Saturday  
8:00pm St. James Church

Sunday, April 10th ~ Easter Sunday  
9:00am St. James Church  
9:00am St. Michael's Church  
11:00am St. James Church



### SACRAMENT OF CONFIRMATION

Session #4: March 15th

Session #5: March 29th

Session #6: April 26th

Retreat: Saturday, April 29th @ 10:00am-6:00pm

Confirmation Mass: Sunday, May 7th @ 11:00am

### FIRST COMMUNION

Grade 2 and up (\$25)

PARENT ONLY RETREAT: Wed., Mar. 22 @ 7:00pm

Sessions take place Wednesdays from 6:30pm-8pm:

Session #1: April 19th

*Commitment Mass: April 22nd and 23rd*

Session #2: May 3rd / Session #3: May 17th

Session #4: May 31st

Retreat: Saturday, June 3rd @ 10:00am-1:00pm

First Communion Sacramental Mass - All masses the weekend of June 10th and 11th, 2023

## REPORT FROM THE CATHOLIC WOMEN'S LEAGUE OF CANADA



### **The Catholic Women's League of Canada** **St. James Parish Council, Okotoks, Alberta**

February 15, 2023

Fellow Parishioners

As we begin the new year I am reminded of the generosity of our Parish and specifically our Parishioners. Without your support, we wouldn't be able to contribute to the many worthwhile causes that we participate in throughout the year. Over \$5000 was donated by the membership of the St. James CWL. Please permit us to share with you all the ways in which your support has allowed us to contribute in 2022:

\$500.00 was provided for a scholarship of a grade 12 Holy Trinity Academy student. Net proceeds from the flower sale in May were used to fund this scholarship.

\$1500.00 was donated to the St. James Parish building fund, recognizing our use of the building and the need to participate in sharing the costs associated with such.

\$1230.00 was donated to the Okotoks Food Bank in support of our community and the challenges being faced.

\$100.00 was donated to the St. Mary's University CWL Chair for Catholic Studies.

\$100.00 was donated to High River Pro Life.

\$100.00 was donated to "Nickels for the North" to assist in sustaining the Alberta MacKenzie council, where diverse geography and low membership density creates difficult financial challenges.

\$100.00 was donated to Coady International Institute through the CWL National donation program. Coady offers educational programming for emerging and established community leaders with a passion for social change. The Institute is committed to reducing poverty and transforming societies by strengthening local economies, by building resilient communities, and by promoting social accountability and good governance.

\$100.00 was donated to Catholic Missions through the CWL National donation program. Catholic Missions In Canada funds the work of missionaries as they proclaim the Word of God across the nation, even in the most remote and in-need areas.

\$100.00 was donated to Catholic Near East Welfare Association (CNEWA) through the CWL National donation program. CNEWA is a papal agency for humanitarian and pastoral support and has been a lifeline for the poor throughout the Middle East, Northeast Africa, India and Eastern Europe for 90 years.

\$100.00 was donated to Euthanasia Prevention Coalition Canada (EPCC) general program support through the CWL National donation program. This donation was undertaken as euthanasia prevention was identified as one of the ongoing priorities of the CWL.

\$200 to the Magic of Christmas, \$500 to It Takes a Village, \$200 to Elizabeth House, and \$200 to the Catechesis of the Good Shepherd.

Thank you again, for your support of the CWL throughout the year. May God bless and strengthen all of you. I wish you a wonderful 2023 on behalf of the entire St. James CWL.

Sincerely,

St James CWL Okotoks

# DIOCESAN SUNDAY UPDATES

The Third Sunday of Lent

## Lenten Resources

Open your heart to new possibilities and utilize powerful Lenten resources to help make this season meaningful to you. [Visit our Diocesan Lenten Resources | catholiccy.ca/Lent](https://catholiccy.ca/Lent)

## A Message from Bishop McGrattan

"Pope Francis has always encouraged the shepherds of the Church to have 'the smell of the sheep'. Through the Pastoral Visit of a parish, it has been my experience that this has in fact been a reality for me as a bishop." [Read the Bishop's message on our blog](#)

## Profession of Vows - Seeds of the Word

Seeds of the Word community invites you to attend the First Profession of Vows of two male and two female novices who have been in formation here in Calgary, as well as the incorporation of a new missionary member to religious formation. This celebration with Bishop McGrattan will take place at St Mary's Cathedral on **March 19** at 7 pm.

## Priestly Ordination of Santiago Torres

Rev. Mr. Santiago Torres, a transitional deacon currently completing studies at St. Joseph Seminary, Edmonton, has been called to ordination to the Holy Priesthood at St. Mary's Cathedral, Calgary, on the Solemnity of the Most Sacred Heart of Jesus, **Friday, June 16, 2023 at 7 pm.**

## Feed the Hungry and Elizabeth House

We are excited to announce Feed the Hungry and Elizabeth House are part of Shaw Birdies for Kids presented by AltaLink for 2023. Shaw Birdies for Kids presented by AltaLink (BFK) is a non-profit program run under the Calgary Shaw Charity Classic Foundation. **All donations through BFK are matched up to 50%.**

Call the Pastoral Centre at 403-218-5500 to find out how to donate through Birdies for Kids.

## Pope's Prayer Intention - March, 2023

Let us pray for victims of abuse. *We pray for those who have suffered harm from members of the Church; may they find within the Church herself a concrete response to their pain and suffering.*

## STMU - The President's Dinner

On **Thursday, March 23** St. Mary's University will be hosting their annual President's Dinner fundraising gala, featuring our new President Dr. Sinda Vanderpool and Bishop McGrattan as keynote speakers. When: **Thursday, March 23 at 6 pm**, Calgary Italian Culture Centre (416 1 Ave NE). To purchase tickets, please visit <https://stmu.ca/dinner>

Proceeds from the President's Dinner support the student experience at St. Mary's and the pursuit of academic excellence.

## Evening of Conversation with Fr. Raymond De Souza

In partnership with the St. Francis Xavier Chaplaincy, St. Mary's University invites you to an evening of food for the soul, mind and body featuring a talk by Fr. Raymond De Souza with conversation and questions from Dr. Sinda Vanderpool, President of St. Mary's University. When: **Thursday, March 16 at 7 pm** at St. Mary's University. There will be time to connect with others and enjoy a pulled pork sandwich prior to the talk. Call (403) 531-9130 for more information.

## God Squad's annual Men Conference!

All men are welcome to a weekend of formation with guest speakers: Fr. Raymond De Souza and Deacon Harold Burke-Sivers on God Squad's upcoming Conference "Memento Mori: Remember your death and live for heaven". When: March 17-18 at St. Michael's Church (800 85 St SW, Calgary). For more information or to register, visit [godsquad.ca/register](https://godsquad.ca/register) or call 587-888-5482. Order today and get a [Terror of Demons-Disc Golf set](#) (supplies are limited)

## Holy Week & Triduum with Bishop McGrattan

All are welcome! Bishop McGrattan will celebrate the following liturgy at St. Mary's Cathedral:

- Chrism Mass, Monday, April 3 at 7 pm
- Holy Thursday, April 6 at 7 pm
- Good Friday, April 7 at Noon and 3 pm
- Easter Vigil, April 8 at 8pm
- Easter Sunday, April 9 at Noon

## Career opportunities

- Administrative Assistant (Part-time) - Our Lady of the Rockies, Canmore
- Administrative Assistant (Part-time) - St. Pius X, Calgary
- Caretaker (Casual) - St. Ambrose, Coaldale
- Hospitality/Security (Part-time) - Sacred Heart, Calgary
- Administrative Assistant (Part-time) - St. Elizabeth of Hungary, Calgary

Please visit [catholicyyyc.ca/careers](http://catholicyyyc.ca/careers) for more information and application details.

## Calgary Catholic Education Foundation Board and Committee Volunteers Needed

Have you ever wondered what it's like to volunteer for an amazing Catholic organization? Why not join the CCEF and make a difference here in Calgary and the area? Call [\(403\) 200-7192](tel:403-200-7192) for more information.

## Subscribe to Faithfully

If you haven't already, please subscribe to the [Diocesan publication Faithfully](http://Diocesan publication Faithfully) - to keep you updated with what's happening in our Diocese. Get a snapshot of faith at work in the lives of everyday people in our Diocese and find opportunities to spread the Good News of Christ beyond the walls of our churches. Subscribe at [catholicyyyc.ca/faithfully](http://catholicyyyc.ca/faithfully)

### Emergency support for Syria and Turkey | Give now

Thousands of lives were taken or left missing after the catastrophic earthquake in Turkey and Syria. At this critical moment, your generous and prayerful support is more than necessary — it is vital to their survival.

Funds are urgently needed to provide food, medical supplies, shelter and other essentials both now and in the coming months. Donations will help those affected go back to a more stable life. You can donate through any of the organizations below:

- Development and Peace - Caritas Canada | 1-800-494-1401
- CNEWA Canada | 1-866-322-4441
- Canadian Jesuits International | 1-800-448-2148
- Aid to the Church in Need Canada | 1-800-585-6333 Ext 228

### Pastoral Care Ministry Training in March 2023

The Diocese of Calgary will be facilitating a Pastoral Care Ministry Training Course over two sessions: Part 1: Friday, March 24 and Saturday, March 25; Part 2: Friday, March 31 and April 1. To register, visit [catholicyyyc.ca/pastoralcare](http://catholicyyyc.ca/pastoralcare) or call Sr. Mariflor at 403-218-5521.

### Evening of Conversation with Catholic Thought Leader, Fr. Raymond De Souza

In partnership with the St. Francis Xavier Chaplaincy, St. Mary's University invites you to an evening of food for the soul, mind and body featuring a talk by Fr. Raymond De Souza with conversation and questions from Dr. Sinda Vanderpool, President of St. Mary's University. When: **Thursday, March 16** at 7 pm at St. Mary's University. There will be time to connect with others and enjoy a pulled pork sandwich prior to the talk. [Register now](#)

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**Journey through Lent 2023 | 3rd Week of Lent** This year's Lenten reflections from CCCB are delivered by His Eminence Gérald Cyprien Cardinal Lacroix, Archbishop of Quebec and Primate of Canada, and the Most Reverend Brian Joseph Dunn, Archbishop of Halifax-Yarmouth. On this Third Sunday of Lent, Archbishop Dunn provides a reflection on God's breath of life in us. - [Watch Video Here](#)

### Colombia: defence of land and territory

Colombia is home to nearly 10 per cent of the planet's biodiversity, yet it is also one of the most dangerous countries for people defending their land and territory against exploitation. Development and Peace — Caritas Canada's partner, the *Asociación Campesina de Antioquia (ACA, Peasant Association of Antioquia)* supports peasant communities affected by armed conflict in defending their lives and territories and in building a culture of peace through filmmaking and art. This Lent, meet our solidarity visitor Raquel Soto, a participant in ACA's documentary filmmaking school. Learn more at [devp.org/lent](http://devp.org/lent).



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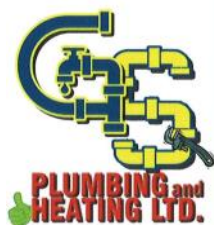
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**ROSARY MAKING GROUP**

Beginning Aug. 18th:  
 Every Thursday morning  
 after the 9am Mass in the  
 St. Andre Room.  
 All welcome to  
 participate

FOR MORE INFORMATION CONTACT  
 ANGIE AT 403-693-3085

**Hey Kids!**  
 After every mass please pick  
 up a copy of the kids  
 bulletin. Collect them all,  
 colour them and bring them  
 back to Father at the end of  
 the year for a fun prize!  
[www.thekidsbulletin.com](http://www.thekidsbulletin.com)



**Godfrey Sagrado**  
 (403) 837-0559  
[sagrado.godfrey@yahoo.com](mailto:sagrado.godfrey@yahoo.com)  
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Pray the  
 Rosary with us before each  
 weekday Mass at St. James.

**PRAYING THE ROSARY**  
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 AND  
 SUNDAYS AT 8:30AM

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 Tel: 403-230-6889 (across from McCall Lake Golf Course)

*If you mention the parish name, 5% will go back to the parish!*

Website: [www.odysseyauto.ca](http://www.odysseyauto.ca)  
 Facebook: Odyssey Auto Repair & Tire business page  
 Instagram: @odysseyauto\_yc

**SQ Enterprises Inc.**  
 Music • Fitness • Literacy • Art

[www.sqenterprisesinc.com](http://www.sqenterprisesinc.com)  
**Terry & Andrea Siqueira**  
**403-999-3398 / 403-992-1267**

- \* Guitar • Piano • Drums
- \* Kindermusic With Andrea
- \* Sole To Soul Fitness With Andrea
- \* Tai Chi & Walk-Run sessions
- \* Children's Books by Terry SQ
- \* Custom Music cards by Jasmine

**CATECHESIS OF THE GOOD SHEPHERD ATRIUM**

Level 1 children must be 3 as of March 31, 2022 and not older than 6 as of September 1, 2022

Level 1 Group A - Tuesday morning,  
 Group B - Wednesday mornings,  
 Group C - Tuesday after school.

For registration please contact the office or hospitality desk.

**OKOTOKS foodbank**

**BOTTLES FOR ALTAR SERVERS**

Bring your empties to the Okotoks Bottle Depot and let them know they are for St. James Youth. Money collected goes to celebrate the Altar Servers. Thank You!