



LENT & EASTER at SPX

ASH WEDNESDAY

Lent begins. Ashes are marked on our foreheads as a reminder and invitation to repent and follow God.
**Day of Fasting & Abstinence*

ASH WEDNESDAY MASSES:

February 22, 9:00 AM
February 22, 7:00 PM (SPX Online)

DRIVE-UP ASHES:

February 22, 12:00 - 12:30 PM
February 22, 6:00 - 6:30 PM

February 22

PALM SUNDAY

Commemorates Jesus' triumphant entry into Jerusalem. The liturgy begins with a blessing of palms and includes a reading of the Passion. 9:30 am Mass includes a processional that begins on the Portico.

PALM SUNDAY MASSES:

April 1, 5:30 PM (SPX Online)
April 2, 9:30 & 11:30 AM (SPX Online)

April 2

HOLY THURSDAY

Commemorates when Jesus instituted the Eucharist during the Last Supper and Jesus' great humility when he washed the feet of his apostles. The Mass ends with a Eucharistic Procession to the Hall.

HOLY THURSDAY MASS:

April 6, 7:00 PM (SPX Online)

No 9:00 AM Mass

April 6

GOOD FRIDAY

Commemorates the day Jesus died for us. Christ's Passion is read and we are invited to venerate the cross.
**Day of Fasting & Abstinence*

STATIONS OF THE CROSS:

April 7, 12:00 PM (SPX Online)
**The Church will remain open from 12 - 3 PM
On demand at youtube.com/spxbowie*

GOOD FRIDAY LITURGY:

April 7, 7:00 PM (SPX Online)
No evening Stations of the Cross

April 7

EASTER

Celebrates Jesus' resurrection and victory over death. A new Paschal candle is lit. We renew our baptismal vows and celebrate with new Catholics.

HOLY SATURDAY EASTER VIGIL:

April 8, 7:00 PM (SPX Online)
No Reconciliation or 5:30 PM Mass

EASTER SUNDAY MASS:

April 9, 9:30 & 11:30 AM (SPX Online)

April 9

STATIONS OF THE CROSS

Fridays at 7:00 PM in the Church

Feb. 24, March 3, March 10, March 17, March 24, March 31
Always available on demand at youtube.com/spxbowie

RECONCILIATION

Saturdays from 4:45- 5:15 PM
Thursday, March 23 from 7 - 8 pm
Thursday, March 30 from 7 - 8 pm

SMALL GROUPS

Our 6 week Lenten Small Groups will be discussing our message series "Revive." Learn more & sign-up at spxbowie.org/smallgroups,

LENTEN RESOURCES

Best Lent Ever: Sign-up to receive daily emails at SPXBowie.flocknote.com/BestLentEver2023

Little Black Books available at the Religious Goods Stand

FASTING & ABSTINENCE:

Ash Wednesday & Good Friday are obligatory days of fasting & abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. Fasting is obligatory from age 18 until age 59. When fasting, a person is permitted to eat 1 full meal, as well as 2 smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding from age 14 onwards.