

1st Sunday of Advent

The Habit of Prayer

- **Jeremiah 33:14-16** - Restoration of Jerusalem
- **1 Thess. 3:12-4:2** - Plea for growth in holiness
- **Luke 21:25-28, 34-36** - Coming of the Son of Man

Key Passage: *Be alert at all times, praying that you may have the strength to escape all these things that will take place, and to stand before the Son of Man. (Luke 21:36)*

Adult Question: What have been the strengths of your prayer life? What habit of prayer could you strengthen during this Advent season?

Child Question: What prayers will you say each day and each week during Advent?

Take Time to Talk

- In today's Gospel, Jesus wants us to be ready when he comes again. We do not know when that will be. What are some ways you can stay vigilant and be ready for Jesus?
- The word "redemption" means being saved from sin. Does everyone in the world need to be saved from sin? Explain your answer.
- What does it mean to "stand before the Son of Man" at the end of time? How can we prepare for this now?