

Mental Health Ministry

Education, Accompaniment, Advocacy



THE ROMAN CATHOLIC
DIOCESE OF PHOENIX

RESOURCE GUIDE

This list is provided for informational purposes only, to assist individuals in independently making personal decisions based upon their needs.

The Diocese of Phoenix does not license, endorse, or recommend any provider, nor does the Diocese make any judgment about the quality of care given by any provider. Individuals should interview a provider, check his/her references carefully, and perform all necessary due diligence before seeking care from any provider.

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IN AN EMERGENCY OR CRISIS

Dial 911

National Suicide and Crisis Hotline

Phone Number:

Call or text 988

National Suicide Prevention Hotline

Phone Number:

1-800-273-TALK (8255)

(Press 1 for Veterans, 2 para Español)

Connections Phoenix

Description: Their Phoenix center is open 24/7/365. Services provided include a walk-in mental health clinic, a 23-hour stabilization unit, a crisis stabilization unit, and post-acute services. They accept individuals in crisis, 24 hours a day, seven days a week. Walk-in mental health urgent care lobby hours: 7 am - 7 pm daily.

Website: <https://connectionshs.com/phoenix>

Phone Number: (602) 416-7600

Location: 1201 S 7th Ave #150 Phoenix, AZ 85007

MIND 24-7

Description: When life gets overwhelming, MIND 24-7 is here to help. Their doors are always open to provide same-day walk-in mental health care to our patients.

Website: <https://www.mind24-7.com/>

Phone Number: 844-646-3247

Location:

10046 N Metro Pkwy W. Phoenix, AZ 85051 (Phoenix)

1138 S Higley Rd, Mesa, Az 85206 (Mesa)

SUICIDE PREVENTION (Prevención del suicidio)

Central Arizona Crisis Line (Local)

Phone Number:

(602) 222-9444

1-800-631-1314

1-800-327-9254 (TTY)

Northern Arizona Crisis Line

Phone Number: 1-877-756-4090

Teen Lifeline (Peer Counseling 3pm-9pm daily)

Phone Number:
Call 24/7/365 or Text 12-9pm
(602) 248-TEEN
(1-800) 248-TEEN

Boys Town National Hotline

Description: Accredited by the American Association of Suicidology (AAS), Boys Town National Hotline is a 24/7 crisis, resource and referral number for KIDS and PARENTS. Spanish-speaking counselors and translation services for more than 100 languages also are available 24 hours a day.

Website: www.boystown.org/hotline/Pages/default.aspx

Phone Number: 800-448-3000

Email Address: The speech- and hearing-impaired can contact us at our email address:
hotline@boystown.org

Suicide Prevention Campaign Toolkit

Description: The American Association of Pediatrics offers factsheets, infographics, videos, and other materials for parents, schools, clinicians, and the community.

Website: <https://www.aap.org/en/news-room/campaigns-and-toolkits/suicide-prevention/>

Semicolon Society

Description: Semicolon Society provides free mental health education, events, resources, and presentations to the community, with an emphasis on suicide prevention and support. By providing direct discussions and resources about mental health, Semicolon Society seeks to reduce the stigma in having critical conversations, increase awareness and understanding of mental health challenges, and reduce suicide in our community.

Website: <https://semicolonociety.org/>

Email Address: admin@semicolonociety.org

La Frontera Arizona: EMPACT – Suicide Prevention Center

Description: EMPACT – Suicide Prevention Center offers comprehensive crisis and community behavioral health services to children, adults, and families. They provide services in Maricopa and Pinal counties with office locations in Tempe, Phoenix, Glendale, Mesa, Apache Junction, Sant Tan Valley, and the city of Maricopa.

Website: <https://lafronteraaz-empact.org/>

Phone Number: 480-784-1514

Crisis Hotline: 480-784-1500 and 800-273-8255

Maricopa County: 1 (866) 205-5229

Location: 618 S. Madison Dr, Tempe, AZ 85281

BASIC NEEDS/MULTIPLE SERVICE OFFERINGS

Community Resources, Info and Referrals

Website: 211arizona.org

Phone Number: Dial 211

211arizona.org

Arizona Department of Economic Security

Description: Basic Needs, Child and Family, Employment, Disabilities, Aging and Adult, Employers, etc.

Website: <https://des.az.gov/>

Keys to Change (Previously Known as Human Services Campus)

Description: For 20 years, Key Campus has served as a community hub for holistic services to end homelessness in Phoenix, Arizona, featuring 13 nonprofit and governmental agencies on a 13-acre Campus located at 12th Avenue and Madison. Key Campus is a revolutionary model and national standard for collaboration in homelessness services.

Website: <https://keystochangeaz.org/key-campus/>

Phone Number: (602) 229-5155

Location: Key Campus: 204 S 12th Ave Phoenix, AZ 85007

Catholic Charities

Description: Housing, Counseling, Domestic Violence, Foster Care, Immigration Legal Services, Refugee Resettlement, Unexpected Pregnancy, Veterans Services, Homeless Services

Website: <https://www.catholiccharitiesaz.org/programs-and-services>

Phone Number: 1-855-316-2229 (toll-free)

Location: 5151 N. 19th Avenue, Phoenix AZ 85015-3224

The Society of St. Vincent de Paul

Description: Harnessing the power of their community to feed, clothe, house, and heal all who are in need – whether in body or in spirit

Food, Clothes, Employment opportunities, housing, medical, dental, wellness

Website: <https://www.stvincentdepaul.net/our-work>

Phone Number: 602.266.HOPE (4673)

Location: 420 W Watkins St, Phoenix, AZ 85003

AllThrive 365 (Previously Known as Foundation for Senior Living)

Description: Their holistic approach prepares and embraces individuals to age independently, safely and with peace of mind.

Website: <https://allthrive365.org/about-us/>

Phone Number: 602-285-1800

Email Address: info@allthrive365.org

Location: 1201 E. Thomas Rd., Phoenix, AZ 85014

Valleywise Health

Description: They offer a network of hospitals, behavioral health centers, Comprehensive Health Centers, and Community Health Centers across the Valley, ensuring you have easy access to the exceptional care you deserve. Whether you're looking for specific services, finding a nearby location, or exploring career opportunities, they're there to support you.

Website: <https://valleywisehealth.org/services/>

Phone Number: 833-855-9973; For all hospital general inquiries and main hospital switchboard, please call: (602) 344-5011

BEHAVIORAL HEALTH AND SUBSTANCE ABUSE

Arizona Health Care Cost Containment System: Opioid Use Disorder Services by the Area GeoLink

Description: The Opioid Use Disorder (OUD) Service Locator is made available by the Arizona Health Care Cost Containment System (AHCCCS) to assist the public in locating general information about medication assisted treatment and opioid use disorder services.

Website: <https://opioidservicelocator.azahcccs.gov/>

Arizona FullCircle®

Description: If you or someone you love is struggling, or you just have questions about a particular matter, we would like to help. Often conventional help, be it advice, therapy, or rehabilitation, while well-intentioned, does not provide a spiritual solution and allows young people to slip through the cracks

Website: https://fullcircleprogram.com/contact-arizona?utm_source=az-gbp-listing&utm_medium=organic

Phone Number: (480) 620-7995

Location: 325 E Elliot Rd Unit 29., Chandler, AZ 8522; Located in the office complex on the south side of Elliot Road, just east of Arizona Ave.

Axiom Care

Description: Axiom Care is an in-network AHCCCS/Medicaid Substance Use Treatment Provider that aims to ensure that every underserved Arizonan has access to compassionate and effective addiction treatment. With facilities located in both Maricopa and Pinal County, they offer comprehensive services, including 24/7 Observation, Detox, Residential Treatment, and Justice Reentry Programs, with more to come.

Website: <https://axiomcareofaz.com/>

Phone Number: 602-975-2194

Axiom Care Ocotillo Campus Observation, Detox, Residential
150 N Ocotillo Dr,
Apache Junction, AZ 85120

Axiom Care Whitton Residential
1106 E Whitton Ave
Phoenix, AZ 85014

Axiom Care RCBM Phoenix
1422 N 44th St
Phoenix, AZ 85008

Axiom Care RCBM Almeria
2843 W Almeria Rd
Phoenix, AZ 85009

Axiom Care Corporate Office
3030 N Central Ave Suite 506
Phoenix, AZ 85012

Yideeskáqdi Hózhóǫ́jǫ́ Center (YHC)
Navajo Nation-owned Residential
3008 N 3rd St
Phoenix, AZ 85012

Terros Health

Description: Their Community Health Centers provide high-quality, affordable health care to everyone, regardless of their ability to pay. They offer a wide range of services, including primary and psychiatric medical care, behavioral health services, substance use treatment, and preventive care. They focus on meeting the unique needs of their communities, improving health outcomes, and reducing barriers to care.

Website: <https://www.terroshealth.org/#/news>

Phone Number: 602-685-6000

Email Address: info@terroshealth.org

Location: 3003 N. Central Ave. Suite 400 Phoenix, AZ 85012

Hushabye Nursery

Description: Hushabye Nursery provides a therapeutic and inviting environment of short-term medical care to infants suffering from Neonatal Abstinence Syndrome (NAS) and their families. They offer non-judgmental support, education and counseling to families in a cost-effective manner.

Website: <https://hushabyenursery.org/>

Phone: 480.628.7500

Email: info@hushabyenursery.org

Location: 3003 E McDowell Rd Phoenix, Az 85008

Calvary Healing Center

Description: Begin your journey to physical and spiritual healing from addiction

Website: <https://calvarycenter.com/>

Phone Number: 833-712-0300

Location: 720 E. Montebello Ave. Phoenix, AZ 85014

Catholic in Recovery

Description: Healing for those seeking recovery from addiction and a deeper relationship with Jesus Christ and the Catholic Church.

Website: WWW.CATHOLICINRECOVERY.COM

Community Bridges Medical Detox

Description: They serve individuals, families, and communities in need by offering a personalized, integrated approach to addiction treatment and behavioral health concerns. CBI's recovery model embraces the full continuum of medical services, substance abuse and mental

health treatments, crisis and inpatient services, support for women and children, homeless outreach, housing and shelter, community education, and extensive outreach efforts.

Website: <https://communitybridgesinc.org/about/>

Phone Number: 480-831-7566

Location: <https://communitybridgesinc.org/regions/arizona/>

Scottsdale Banner Behavioral Health & Mental Health

Phone Number: (833) 252-5535

Location: 7575 E. Earl Dr. Scottsdale, AZ 85251

The Meadows: Intensive Outpatient Program

Phone Number: (866) 681-3457

Location: 19120 N. Pima Dr. Ste 125 Scottsdale, AZ 85255

SAMHSA's National Helpline

Description: Provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

Website: <http://findtreatment.SAMHSA.gov>

Phone Number: 1-800-662-HELP (4357)

National Council for Mental Wellbeing

Description: The National Council for Mental Wellbeing can assist you in finding a local provider of behavioral health services and support.

Website: <https://www.thenationalcouncil.org/#>

Phone Number: 202-684-7457

Location: [TheNationalCouncil.org](https://www.thenationalcouncil.org/#) (click on "Find a Provider")

Recovia

Description: Their one-of-a-kind outpatient treatment model considers the whole person. Regardless of what's going on in your life, Recovia will work with you to develop a program specific to your needs and goals for the greatest possibility of decreasing all forms of pain, improving both mental and physical functioning, and reaching long-term change.

Website: <https://www.recovia.com/>

Phone Number: Greater Phoenix Area: 480-372-4254 and Tucson Areas: 520-600-2716

Locations:

Virtual Care/Telehealth

Statewide

Mesa Baywood

6553 E Baywood Ave #209

Mesa AZ 85206

Deer Valley

19636 N 27th Ave #106

Phoenix AZ 85027

Estrella

9250 W Thomas Rd #250
Phoenix AZ 85037

I-17 & Northern

2411 West Northern Ave #201
Phoenix AZ 85021

Midtown

337 E Coronado Rd #201
Phoenix AZ 85004

Tempe

1910 E Southern Ave
Tempe AZ 85282

Grant Rd – Eastside

6400 E Grant Rd #170
Tucson AZ 85715

NW Hospital – La Cholla

6060 N Fountain Plaza Dr #140
Tucson AZ 85704

Gilbert Mercy

1760 E Pecos Rd STE 432
Gilbert AZ 85295

Brother, You're on My Mind

Description: The website offers a free [Tool Kit](#), [crisis resources](#) sheet, and other educational materials to promote mental health among African American men.

Website: <https://oppf.org/byomm/>

Mental Health America

Description: Refers callers to local mental health services or support programs.

Website: <https://www.mhanational.org/>

Phone Number: 800-969-NMHA (6642)

MIND 24-7

Description: When life gets overwhelming, MIND 24-7 is there to help. Their doors are always open to provide same-day walk-in mental health care to their patients.

Website: <https://www.mind24-7.com/>

Phone Number: 1.844.646.3247

Location: 10046 N Metro Pkwy W. Phoenix, AZ 85051 (Phoenix) and 1138 S Higley Rd, Mesa, Az 85206 (Mesa)

NAMI Valley of the Sun

Description: NAMI Valley of the Sun is dedicated to improving the quality of life for people with mental illness and their families through support, education, and advocacy.

Website: <https://namivos.org/>

Phone Number: [602-244-8166](tel:602-244-8166) (not a crisis line)

Email Address: info@namivos.org

Get information and support from NAMI's Helpline

(10am-10pm ET)

1-800-950-NAMI (6264),

Text "HelpLine" to [62640](tel:62640)

Email: helpline@nami.org

Online chat: nami.org/help

<https://nami.org/home>

MATERNAL HEALTH

Maternal Mental Health

Description: Call or Text 1-833-943-5746 (English and Spanish) – 24/7, *Free, Confidential Hotline for Pregnant and New Moms. Interpreter Services are available in 60 languages. (US Only)*

Website: <https://mchb.hrsa.gov/national-maternal-mental-health-hotline>

Phone Number: 1-800-944-4773 #1 En Español or #2 English; Text in English: 800-944-4773;

Text en Español: 971-203-7773

ADHS - Hear Her

Description: Arizona Department of Health Services, Maternal Mental Health

Website: <http://www.azdhs.gov/> and <https://www.cdc.gov/hearher/index.html>

Phone Number: 602-542-1025

We Carry You Still: Miscarriage and Infant Loss Ministry

Description: Seeks to serve and walk with anyone who has experienced miscarriage or infant loss. Adheres to the apostolic traditions of the Catholic and Orthodox Churches.

Website: www.wecarryyoustill.org

Phone Number: (623)-295-9301

Email Address: wecarryyoustill@gmail.com

Hushabye Nursery

Description: Hushabye Nursery provides a therapeutic and inviting environment of short-term medical care to infants suffering from Neonatal Abstinence Syndrome (NAS) and their families. They offer non-judgmental support, education and counseling to families in a cost-effective manner.

Website: <https://hushabyenursery.org/>

Phone: 480.628.7500
Email: info@hushabyenursery.org
Location: 3003 E McDowell Rd Phoenix, Az 85008

DOMESTIC VIOLENCE AND SEXUAL ABUSE

Arizona Coalition Against Domestic Violence

Description: Connect with a local program or one of their staff on the Arizona Sexual and Domestic Violence Helpline

Website: www.acesdv.org

Phone Number: Phone (602) 279-2900

Toll-free 1 (800) 782-6400

AZ Relay Service 711

National Child Abuse Hotline

Phone Number: 1-800-4-A-CHILD (1-800-422-4453)

National Domestic Violence Hotline

Phone Number: 1-800-799-SAFE (7233) and 1-800-787-3224 (hearing impaired line)

National Sexual Assault Hotline

RAINN (Rape, Abuse & Incest National Network)

Website: www.rainn.org

Phone Number: 1-800-656-HOPE (4673)

Arizona Humane Society Project Safe House

Phone: (602) 997-7585 Ext 2156

Email Address: alternativeplacement@azhumane.org

Location: 1521 W. Dobbins Road Phoenix, AZ 85041

Catholic Charities

Description: Domestic Violence Shelters in Arizona and Counseling

Website: <https://www.catholiccharitiesaz.org/domestic-violence>

Phone Number: 1-855-316-2229 (toll-free)

AZ Point: Arizona Protective Order Initiation and Notification Tool

Description: Obtain Orders of Protection

Website: azpoint.azcourts.gov

Phone Number: 602-452-3519 and 800-720-7743

Email Address: PASupport@courts.az.gov

Location: 1501 W. Washington St. Phoenix, AZ 85007

Arizona Department of Economic Security: Adult Protective Services (APS)

Description: Arizona Adult Protective Services (APS) is a program within the DES Division of Aging and Adult Services (DAAS) and is responsible for investigating allegations of abuse, exploitation and neglect of vulnerable adults.

Website: <https://des.az.gov/services/basic-needs/adult-protective-services>
Phone Number: 1-877-SOS-ADULT or 1-877-767-2385

EMPLOYMENT ASSISTANCE

St Joseph the Worker (The Worker)

Description: They provide one-on-one support and resources to help individuals secure quality jobs and stable housing. They focus on connections with local businesses that provide a livable wage and growth opportunities.

Website: <https://www.theworkeraz.org/>

Phone: 602-755-JOBS (5627)

Email Address: theworkeraz.org

Location: 382 E Palm Lane Phoenix Az 85014 and 1833 W. Main Street #128 Mesa, AZ 85201

St. Mary's Food Bank

Description: St. Mary's Food Bank provides tailored job training, equipping those facing employment challenges with practical skills within foodservice and the warehouse and logistics industry.

Website: <https://www.stmarysfoodbank.org/find-help/job-training-programs/>

Phone Number: 602-343-3183

Location: 2831 N. 31st Avenue Phoenix, AZ 85009

Fresh Start Women's Foundation

Description: Fresh Start transforms lives by providing access and resources that help women achieve self-sufficiency and use their strength to thrive.

Website: <https://freshstartwomen.org/>

Phone Number: 602-252-8494

Location: 1130 E. McDowell Road Phoenix, AZ 85006

FAMILY SUPPORT

Aliento

Description: Aliento serves students, Dreamers, and mixed-status families to transform trauma into hope and action. It is led by directly impacted individuals, youth, and supporters who strive to create an environment where human potential is nurtured and not defined by immigration status. Aliento supports students and families through education initiatives, arts & healing programming, leadership development, civic engagement, and policy.

Website: <https://alientoaz.org/>

Phone Number: voicemails to or text: 602-888-1066

Email Address: info@alientoaz.org

Family Care Center

Description: Get fast access to convenient in-person or online therapy throughout Arizona. They also offer outpatient psychiatric services, medication management and transcranial magnetic stimulation (TMS). Find an Arizona mental health clinic near you or contact them to get started

Website: <https://fccwellbeing.com/clinic-locations/arizona/>

Phone Number: 480-568-3600

Hushabye Nursery

Description: Hushabye Nursery provides a therapeutic and inviting environment of short-term medical care to infants suffering from Neonatal Abstinence Syndrome (NAS) and their families. They offer non-judgmental support, education and counseling to families in a cost-effective manner.

Website: <https://hushabyenursery.org/>

Phone: 480.628.7500

Email: info@hushabyenursery.org

Location: 3003 E McDowell Rd Phoenix, Az 85008

Family Promise

Description: Family Promise vows to keep children, parents — and even their pets — together. They help families facing homelessness secure stable housing through safe shelter, caring connections, and building a community of support.

Website: <https://familypromiseaz.org/>

Phone Number: 480-659-5227

Location: 7447 E Earll Drive Scottsdale, AZ 85251

Umom New Day Centers

Description: Their programs are built around a simple formula: jobs + housing = ending homelessness. They work hand-in-hand with every person they serve to solve that formula alongside them. From emergency shelter to affordable housing, UMOM offers a full slate of vital services, rooted in a foundation of trust and proactive support.

Website: <https://www.umom.org/>

Phone Number: 602-275-7852

Location: 3333 East Van Buren Street Phoenix, Arizona 85008

Maggie's Place

Description: Maggie's Place provides safe housing and a nurturing community for homeless pregnant women, empowering them to thrive throughout their lifetime.

Website: <https://maggiesplace.org/>

Phone Number: 602-596-4998

Location: 4001 N 30th Street, Phoenix, AZ 85016

National Parent Hotline:

Description: If you are struggling as a parent, caregiver, child, or youth, the helpline is here as a dedicated resource for those seeking immediate support and guidance 24 hours a day, 7 days a week.

Website: <https://nationalparentyouthhelpline.org/>

Phone Number: 1-855-427-2736

FOOD BANKS/ASSISTANCE

Arizona Faith Network: Faith and Mutual Aid Resource Guide

Description: Food Bank Information and Links

Website: <https://www.arizonafaithnetwork.org/mutual-aid>

Scottsdale Community Partners (Vista)

Website: <https://www.scottsdaleaz.gov/food-bank>

Phone Number: (480)-312-2331

Location: 7700 E Roosevelt Street Scottsdale, AZ 85257

Paz de Cristo

Website: <https://pazdecristo.org/>

Phone Number: 480-464-2370

Location: 424 W Broadway Rd Mesa, AZ 85210

Desert Mission Food Bank

Website: <https://www.desertmission.com/food-bank/>

Phone Number: 602-870-6062

Location: 9229 N 4th Street Phoenix, AZ 85020

St. Mary's Food Bank

Website: <https://www.stmarysfoodbank.org/>

Phone Number: 602-242-3663

Location: 2831 N. 31st Avenue Phoenix, AZ 85009

Flagstaff Family Food Center: Food Bank and Kitchen

Website: <https://hotfood.org/find-food/>

Phone Number: 928-526-2211

Email Address: Info@hotfood.org

Location: 1903 N 2nd St., Flagstaff, AZ 86004

Foothills Food Bank and Resource Center

Website: <https://foothillsfoodbank.com/>

Phone Number: 480-488-1145

Location: 4250 E Carefree Hwy Cave Creek, AZ 85331

Sedona Community Food Bank: Trading Hunger For Hope

Website: <https://sedonafoodbank.org/>

Phone Number: 928-204-2808

Location: 30 Inspirational Dr. Sedona, AZ 86336

Mom's Pantry: A Community Food Bank

Website: <https://momspantryphoenix.org/>

Phone Number: 602-992-0083

Location: 13440 N. Cave Creek Rd. Phoenix, AZ 85022

Tempe Community Action Agency

Website: <https://tempeaction.org/>
Phone Number: 480-422-8922 Ext. 5882
Location: 2146 E Apache Blvd. Tempe, Arizona 85281

Prescott Community Cup Board Food Bank

Website: <https://thecommunitycupboard.org/prescott-food-bank.html>
Phone Number: 928-277-0092
Location: 777 W. Hillside Ave. Prescott, AZ 86301

The Society of St. Vincent de Paul

Description: Powerful programs and passionate volunteers throughout Central and Northern Arizona are united by the common purpose of bringing compassionate help and crucial services to individuals and families in need.

Website: <https://www.stvincentdepaul.net/>
Phone Number: 602-266-HOPE (4673)
Email Address: Info@svdpaz.org
Location: 420 W Watkins Rd Phoenix, AZ 85003

GRIEF SUPPORT SERVICES

Alliance of Hope Survivors of Suicide Loss

Description: AFSP lists U.S. and international suicide bereavement support groups as a public service to loss survivors.

Website: <https://afsp.org/find-a-support-group/>
Phone Number: 847-868-3313

Emmaus Ministry for Grieving Parents

Description: The mission of The Emmaus Ministry for Grieving Parents is to, in the Catholic Franciscan tradition of “All are Welcome,” serve the spiritual needs of grieving parents whose children, of any age, have died by any cause.

Website: <https://www.emfgp.org/>
Phone Number: (800) 919-9332
Email Address: info@emmausministryforgrievingparents.com

EMPACT Survivors of Suicide

Description: Survivors of Suicide (SOS), a service of EMPACT-Suicide Prevention Center, is a support program for those whose common bond is the loss of a loved one to suicide. The program allows members to have the emotional support of others who have shared the trauma of this event. The focus of the program is on emotional healing and survival.

Website: [EMPACT Survivors of Suicide | EMPACT Survivors of Suicide \(empactsos.org\)](https://empactsos.org/)
Phone Number: Sandra McNally (Prevention Manager) 480-784-1514, ext. 1219

Eric's House

Description: Healing after Suicide, Substance or Sudden loss. A community for help, hope and healing after sudden loss

Website: www.ericshouse.org

Phone Number: 1-855-894-5658
Email Address: help@ericshouse.org

Grief to Grace

Description: Restore dignity is licensed by Grief to Grace and the Living Scripture Institute to provide Grief to Grace healing retreats in English and Spanish for anyone who has suffered abuse, neglect, or traumatic events.

Website: www.restoredignity.org/grief-to-grace-retreat/

Phone Number: (480) 215-6762

Email Address: Phoenix@griefftograce.org

Red Bird Ministries

Description: Serves ordinary families who have been given an extraordinary cross to carry. An organization that systematically guides individuals and couples through the complexity and trauma that happens with the loss of a child from pregnancy through adulthood. Grief support program for parishes; support for families impacted by suicide.

Website: www.redbird.love

Phone Number: 337-223-2019

Email Address: kelly@redbird.love

Sacred Sorrows

Description: Sacred Sorrows exists to help grieving mothers, grandmothers, and the people who love them.

Website: www.sacredsorrows.org

Email Address: rita@sacredsorrows.org

Location: 3324 E. Ray Road, #396 Higley, Arizona 85236

Witness to Love: Family Counseling Services

Description: They are a Catholic, family-owned practice that offers high-quality counseling services to individuals and families. They take into consideration the whole person; heart, mind, body & soul. Additionally, they strive to have a practice where persons of all backgrounds will feel safe, respected, and treated with the dignity that Christ demands of his faithful.

Website: <https://www.witnesstolovefcs.com/>

Phone Number: (602) 980-1557

Email Address: Info@witnesstolovefcs.com

Location:

Phoenix Office

3606 N. 24th Street

Phoenix, AZ 85016

Tempe Office - Tempe City Center

1400 E. Southern Avenue

STE. 220

Tempe, AZ 85282

Hospice of the Valley: New Song Center for Grieving Children

Description: New Song Center is open to any child, teen, and young adult in their community, who is grieving the death of a loved one—regardless of whether Hospice of the Valley cared for that family member. They will find the right group to help your family heal. There is ***no cost*** to attend New Song support groups or activities. They also support schools, businesses and community groups that need grief counseling or education.

Website: <https://www.hov.org/our-care/grief-support/new-song-center-for-grieving-children/>

Phone Number: 480-951-8985

Location:

Central Phoenix

Hospice of the Valley
1510 E. Flower Street
Phoenix, AZ 85014

North Phoenix

All Saints Lutheran
15649 N. 7th Street
Phoenix, AZ 85022

Peoria

Hospice of the Valley
9435 W. Peoria Ave.
Peoria, AZ 85345

Scottsdale

Saint Barnabas
on the Desert
6715 N. Mockingbird
Scottsdale, AZ 85253

Gilbert

Hospice of the Valley
2020 E. Woodside Ct
Gilbert, AZ 85297

Spanish (En Español)

Luz del Corazon
Hospice of the Valley
1510 E. Flower Street
Phoenix, AZ 85014

HEALTH AND WELFARE MEDICAL ASSISTANCE

AHCCCS (State Health Care)

Description: Arizona Health Care Cost Containment System (AHCCCS) is Arizona's Medicaid agency that offers health care programs to serve Arizona residents. Individuals must meet certain income and other requirements to obtain services.

Phone Number: (602) 417-4000

Location: 150 N. 18th Ave. Phoenix, AZ 85007

Arizona Department of Health Services

Website: www.azdhs.gov

Phone Number: Phone: (602) 542-1000 Fax: (602) 543-0883

Adult Abuse Hotline: (877) SOS-ADULT (767-2385)

Child Abuse Hotline: (888) SOS-CHILD (767-2445)

Children's Information Hotline: (800) 232-1676

Location: 150 North 18th Ave. Phoenix, AZ 85007

Banner Health System 24 Hours

Phone Number:

(602) 254-4357 (HELP)

(800) 254- HELP

Mercy Care

Description: Mercy Care is a local not-for-profit managed care organization. They provide coverage for people who qualify for Arizona Health Care Cost Containment System (AHCCCS) benefits.

Website: <https://www.mercycareaz.org/>

Phone Number:

Mercy Care ACC-RBHA, Long Term Care and Developmental Disabilities **602-263-3000**
(7 a.m. to 6 p.m., Monday to Friday)

Mercy Care ACC-RBHA with SMI **602-586-1841**
24 hours a day, 7 days a week

Mercy Care DCS CHP **602-212-4983**
8 a.m. to 5 p.m., Monday to Friday

Mercy Care Advantage **602-586-1730**
8 a.m. to 8 p.m., 7 days a week

NOAH: Neighborhood Outreach Access to Health

Description: From Scottsdale to Glendale NOAH serves the north Valley providing affordable, high-quality healthcare services. Serving over 50,000 neighbors, their model of care places patients' needs at the center of attention as they deliver comprehensive health services including medical, dental, counseling, psychiatry, nutrition, pharmacy services, eligibility assistance, and health education programs. Their **mission** is to provide compassionate, quality healthcare for their community.

Website: <https://noahhelps.org/about-us/>

Phone Number: 480-882-4545

Locations:

Cholla Health Center

8705 E McDowell Road
Scottsdale, AZ 85257

Copperwood Health Center

11851 N. 51st Avenue, Ste. B110
Glendale, AZ 85304

Copperwood II Health Center

11851 N. 51st Avenue, Suite F140
Glendale, AZ 85304

Desert Mission Health Center

9015 N. 3rd Street
Phoenix, AZ 85020

Midtown Health Center

4131 N. 24th Street, Suite B102
Phoenix, AZ 85016

Palomino Health Center

16251 N. Cave Creek Road
Phoenix, AZ 85032

Venado Valley Health Center

20440 N. 27th Ave.
Phoenix, AZ 85027

The Society of St. Vincent de Paul

Description: Powerful programs and passionate volunteers throughout Central and Northern Arizona are united by the common purpose of bringing compassionate help and crucial services to individuals and families in need.

Website: <https://www.stvincentdepaul.net/>

Phone Number: 602-266-4673

Email Address: Info@svdpaz.org

Location: 420 W Watkins Rd Phoenix, AZ 8500

HOUSING ASSISTANCE/REHABILITATION

The Society of St. Vincent de Paul

Description: Powerful programs and passionate volunteers throughout Central and Northern Arizona are united by the common purpose of bringing compassionate help and crucial services to individuals and families in need.

Website: <https://www.stvincentdepaul.net/>

Phone Number: 602-266-4673

Email Address: Info@svdpaz.org

Location: 420 W Watkins Rd Phoenix, AZ 8500

Catholic Charities

Description: Their compassionate housing case managers offer financial assistance, help accessing community resources, and most importantly, they walk alongside individuals, families and veterans as they work to permanently improve their lives with housing as the foundation

Website: <https://www.catholiccharitiesaz.org/programs-and-services>

Phone Number: 1-855-316-2229 (toll-free)

Location: 5151 N. 19th Avenue, Phoenix AZ 85015-3224

Housing for Hope

Description: You and your family can find a safe, beautiful home in a strong community at an affordable price with Housing for Hope. With housing communities throughout the Valley of the Sun, please find one that fits you and your lifestyle.

Website: <https://housingforhopeaz.org/>

Phone Number: 1-855-316-2229 (toll-free)

Location: 5151 N. 19th Avenue, Phoenix AZ 85015-3224

AllThrive 365 (Previously Known as Foundation for Senior Living)

Description: Their holistic approach prepares and embraces individuals to age independently, safely and with peace of mind. AllThrive 365's housing programs offer affordable, energy-efficient options that foster lasting independence and encourage aging in place.

They offer...

- Affordable Housing
- Energy-Efficiency
- Home Modifications
- Southwest Building Science Center

Website: <https://allthrive365.org/about-us/>

Phone Number: 602-285-1800

Email Address: info@allthrive365.org

Location: 1201 E. Thomas Rd., Phoenix, AZ 85014

Arizona Coalition for Housing

Description: The Arizona Housing Coalition brings partners together to close the gap between what's needed and what's built. As a collaborative association, they lead the efforts to end homelessness and advocate for safe, affordable homes for *all* Arizonans.

Website: <https://azhousingcoalition.org/>

Phone Number: Dial 2-1-1 for Assistance

Chicanos Por La Causa

Description: Their real estate division specializes in contracting with municipalities and funding sources via federal grants, LIHTC Affordable Housing, New Market Tax Credit projects, funding from HUD, EDA and other community capital to provide affordable housing alternatives in the communities we serve. Balancing mission-driven projects with a competitive edge and expertise, the real estate division of CPLC works every day to address housing affordability.

They offer Housing Services in...

- Affordable Housing
- Family Assistance
- Home Lending
- Homelessness
- Housing Counseling
- Rural Housing
- Services for Veteran Families

Website: <https://cplc.org/programs/affordable-housing>

Phone Number: (602) 257-0700

Email Address: Corporate.Receptionist@cplc.org

Location: 1112 E. Buckeye Rd. Phoenix, AZ 85034

LEGAL SERVICES

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. www.findlaw.com

State of Arizona Crime Victims Support

Description: Division of Public Safety

Website: www.azdps.gov

Phone Number: (602) 223-2000

Location: 2222 W. Encanto Blvd. Phoenix, AZ 85009

Adult Protective Services

Description: Arizona Adult Protective Services (APS) is a program within the DES Division of Aging and Adult Services (DAAS) and is responsible for investigating allegations of abuse, exploitation and neglect of vulnerable adults.

Website: [Adult Protective Services \(APS\) | Arizona Department of Economic Security \(az.gov\)](http://AdultProtectiveServices(APS)|ArizonaDepartmentofEconomicSecurity(az.gov))

Phone Number: 1-877-767-2385

Chicanos Por La Causa

Description: Helping Families Navigate the Immigration Process. CPLC Family Immigration Services helps reunite families that have been divided by international borders or mixed immigration statuses. Serving Tucson, Somerton, and Nogales, Arizona, their services are accredited by the Department of Justice's Board of Immigration Appeals. They offer a broad range of low- and no-cost services designed to meet the needs of someone in any stage of the immigration process. They are committed to providing quality, affordable, accurate, timely, and personalized services to meet your immigration needs.

Services include but are not limited to:

- Low-cost consultations
- Informational sessions
- Citizenship/Naturalization
- Deferred Action for Childhood Arrivals (DACA) renewals
- Green card renewals (I-90 Permanent Resident card renewal)
- Work Permit Renewals
- Family petitions
- Consular Processing
- Adjustment of status
- U-Visas
- VAWA

Website: <https://cplc.org/programs/immigration>

Phone Number and Location:

Phoenix

1402 S Central Ave Bldg. A

Phoenix, AZ 85004

Call or text: (602) 837-2129

Phoenix.immigration@cplc.org

San Luis

1938 W Cesar Chavez Blvd Suite 1A

San Luis, AZ 85349

Call or text: 928-543-9841

sanluis.immigration@cplc.org

Somerton

308 West Main Street

Somerton, AZ 85350

Call or text: (928) 627-2042

somerton.immigration@cplc.org

Tucson

373 W Prince Rd

Tucson, AZ 85705

Call or text: (520) 918-6782

tucson.immigration@cplc.org

SENIOR SERVICES

Senior Helpline - Area Agency for Aging

Description: Their mission is to partner with their community to foster innovative programs and services to enrich the quality of life for older adults, caregivers, and underserved populations.

Website: <https://www.aaaphx.org/>

Phone Number: 24-hour Helpline: (602) 264-4357 and Toll free number: (888) 783-7500 or Text 520-775-1899

Family Care Center

Description: Get fast access to convenient, in-person or online therapy throughout Arizona. They also offer outpatient psychiatric services, medication management, and transcranial magnetic stimulation (TMS).

Website: <https://fccwellbeing.com/clinic-locations/arizona/>

Phone Number and Location:

Gilbert

335 East Germann Rd.

Ste. 301

Gilbert, AZ 85297

480-320-2575

Goodyear

1616 N Litchfield Rd.

Ste. 270

Goodyear, AZ 85395

623-288-9137

Mesa

1910 S Stapley Dr.

Ste. 209

Mesa, AZ 85204

480-351-8020

Peoria

9000 W Thunderbird Rd.

Ste. 115

Peoria, AZ 85381

623-253-1226

Tucson

3501 E Speedway Blvd.

Ste. 351

Tucson, AZ 85719

520-540-2723

Justa Center: Expect Miracles

Description: Justa Center provides life-sustaining resources, services, and support to assist homeless seniors on their path back to housing, and supportive services to help prevent seniors from becoming homeless.

Website: <https://www.justacenter.org/contact>

Phone Number: 602-254-6524
Email Address: Info@justacenter.org
Location: 1001 W Jefferson Street, Phoenix, AZ 85007

AllThrive 365 (Previously Known as Foundation for Senior Living)

Description: Their holistic approach prepares and embraces individuals to age independently, safely and with peace of mind. Adult Foster Care, Food Programs, Adult Day Health Center, Housing, Transportation needs.

Website: <https://allthrive365.org/about-us/>

Phone Number: 602-285-1800

Email Address: info@allthrive365.org

Location: 1201 E. Thomas Rd., Phoenix, AZ 85014

SPECIAL NEEDS AND DISABILITY RESOURCES

Benevilla (Elder Adults/Dementia)

Description: Recognizes that caring for the needs of older adults reaches beyond the individual to the entire family. Not only do their well-established services offer care and assistance to older adult clients, they have many programs provide support to ongoing needs of caregivers and families.

Website: www.benevilla.org

Phone: 623-526-4404

Location:

16752 N Greasewood Street (Main Office) Surprise, Az 85378

13576 Camino Del Sol #22 (Sun City West C.A.R.E.S. office) Surprise, Az 85375

Oak Wood Creative Care (Memory Care & Parkinsons)

Description: Helping older adults live with joy, purpose, and dignity. Caring for someone with dementia, Parkinson's, stroke recovery, or age-related challenges can feel overwhelming—but it doesn't have to mean the end of joy, purpose, or connection. At Oakwood Creative Care, they believe there's still time for creativity, curiosity, laughter, and love. Their innovative, brain-health-focused approach goes beyond traditional adult day and memory care programs, offering life-enriching experiences and expert support for the entire family.

Website: www.oakwoodcreativecare.org

Phone: 480-498-2533

Location:

Central Mesa (Town Center)

247 N. Macdonald, Mesa, Arizona 85201

(480) 464-1061

The Hub Mesa

6915 E. Main St. (1st Floor) • Mesa, Arizona 85207

(480) 625-3867

Oakwood Creative Care (Main Office)
6915 E. Main St. • Mesa, Arizona 85207
(480) 498-2533

East Mesa (Red Mountain)
7550 E. Adobe St. • Mesa, Arizona 85207
(480) 641-7644

Chandler (The Perfect Place)
Arizona Complete Health Campus
2175 N Alma School Rd
Chandler, Arizona 85224
(480) 895-2892

HUMAN TRAFFICKING

Pearl At The Mailbox Grooming and Trafficking Prevention: Survivor-led

Description: Their mission is grounded in Prevention, Education, Advocacy, Regulation, and Legislation (P.E.A.R.L.), building a movement to protect children and empower communities through awareness, policy, and action.

Website: <https://www.pearlatthemailbox.com/>

Location: 28150 N. Alma School Pkwy 103-426 Scottsdale, AZ 85262

National Grooming Prevention Hotline - 623-688-3214

National Human Trafficking Hotline

Website: <https://humantraffickinghotline.org/en>

Phone Number:

1-888-373-7888

TTY: 711

Text* 233733

Arizona Attorney General's Office – Human Trafficking and Exploitation

Description: The Arizona Attorney General's Office prosecutes traffickers that take advantage of vulnerable people. They combat the heinous crime of human trafficking through outreach to community partners and law enforcement, as well as investigative and prosecution strategies.

The Office of Victims Services assists victims of crimes the Attorney General's Office is investigating or prosecuting, including sex trafficking. Victims are brought into safe environments and connected with an advocate who can help them with not only the justice system, but also get them some basic needs like clothing and a place to stay.

Website: <https://www.azag.gov/key-issues/human-trafficking/resources>

Phone Number: 602-542-5025

non-emergency Arizona sex trafficking hotline 1-877-4-AZTIPS (1-877-429-8477)

National Human Trafficking Hotline 1-888-373-7888, or Text "HELP" to 233733)

Location: 2005 N Central Ave. Phoenix, AZ 85004

Arizona Anti-Trafficking Network

Description: Working together to stop Human Trafficking in Arizona

Website: <https://aatn.org/>

Phone Number: 1-844-400-2286

Email Address: Info@aatn.org

Catholic Charities

Description: Catholic Charities Diversion program offers those arrested for prostitution the opportunity to avoid jail time. Offenders attend intense education to divert them from re-offending.

Website: <https://www.catholiccharitiesaz.org/sex-trafficking>

Phone Number: 602-258-2785

Location: 5151 N. 19th Ave Phoenix, Arizona 85015

Antitrafficking Hotline

Phone Number: 1-877-4AZ-TIPS

National Human Trafficking Hotline

Phone Number: 1-888-373-7888

Dream Center

Description: Helping trafficked women recover from homelessness

Website: <https://phoenixdreamcenter.org/>

Phone Number: 602-346-8700

HOMELESS ASSISTANCE**Shelters-Domestic Violence & Homeless**

Phone Number: (602) 263-8900 and (800) 799-7739

Family Promise

Description: Family Promise vows to keep children, parents — and even their pets — together. They help families facing homelessness secure stable housing through safe shelter, caring connections, and building a community of support.

Website: <https://familypromiseaz.org/>

Phone Number: 480-659-5227

Location: 7447 E Earll Drive Scottsdale, AZ 85251

Umom New Day Centers

Description: Their programs are built around a simple formula: jobs + housing = ending homelessness. They work hand-in-hand with every person they serve to solve that formula alongside them. From emergency shelter to affordable housing, UMOM offers a full slate of vital services, rooted in a foundation of trust and proactive support.

Website: <https://www.umom.org/>

Phone Number: 602-275-7852

Location: 3333 East Van Buren Street Phoenix, Arizona 85008

Justa Center: Expect Miracles

Description: Justa Center provides life-sustaining resources, services, and support to assist homeless seniors on their path back to housing, and supportive services to help prevent seniors from becoming homeless.

Website: <https://www.justacenter.org/contact>

Phone Number: 602-254-6524

Email Address: Info@justacenter.org

Location: 1001 W Jefferson Street, Phoenix, AZ 85007

Circle the City

Description: Circle the City offers a wide variety of healthcare services to meet the needs of individuals that are facing homelessness in Maricopa County, Arizona. Services are provided at their Medical Respite Centers, and health centers as well as out in the field with their mobile and street medicine teams.

Website: <https://circlethecity.org/>

Location: 300 W. Clarendon Ave, Suite 200 Phoenix, AZ 85013

Phone Number: 602-776-0776

Andre House

Description: Andre House makes God known, loved and served by feeding, clothing and comforting the most vulnerable among us, offering dignity and hospitality to ALL who pass through their door.

Website: <https://andrehouse.org/>

Phone Number: 602-255-0580

Email Address: Info@andrehouse.org

Location: 213 S. 11th Ave Phoenix, AZ 85007

The Society of St. Vincent de Paul

Description: Preventing families from having to experience homelessness and the emotional trauma and “life recovery” challenges that go with it. They are keeping families in their homes with one-time assistance for rent, mortgage and utility bills. Their goal is for every individual that they help rehouse, that they keep four in their homes, helping to reverse the rise in homelessness that they’re seeing in Arizona.

Website: <https://www.stvincentdepaul.net/>

Phone Number: 602-266-HOPE (4673)

Email Address: Info@svdpaz.org

Location: 420 W Watkins Rd Phoenix, AZ 85003

Keys to Change (Formerly Known as Human Services Campus)

Description: For 20 years, Key Campus has served as a community hub for holistic services to end homelessness in Phoenix, Arizona, featuring 13 nonprofit and governmental agencies on a

13-acre Campus located at 12th Avenue and Madison. Key Campus is a revolutionary model and national standard for collaboration in homelessness services.

Website: <https://keystochangeaz.org/key-campus/>

Phone Number: (602) 229-5155

Location: Key Campus: 204 S 12th Ave Phoenix, AZ 85007

Native American Connections: Transitional and Emergency Youth Housing

Description: Located in Central Phoenix and Suprise, AZ, Native American Connections' Youth Housing Programs help youth (ages 18-24) who experience homelessness to transition from their current position to greater independence and stable housing.

Website: <https://www.nativeconnections.org/housing/youth/>

Phone Number: 602-254-3247

TRANSPORTATION SERVICES

City of Phoenix: Dial-a-Ride

Description: Traveling around the city can be challenging if you are a person with a disability and are unable to use the fixed-route transit system. Phoenix Dial-a-Ride allows residents who are certified under the Americans with Disabilities Act to schedule shared-ride services. Drivers may pick up or drop off other passengers before taking you to your destination within the Phoenix DAR service area.

Website: <https://www.phoenix.gov/administration/departments/publictransit/transit-programs/rider-information/dial-a-ride.html>

Phone Number: 602-716-2100

ELAINE

Description: Elaine connects Arizona's homeless and underserved (e.g. low income, uninsured, seniors) to social and community services vital to an individual's health and wellbeing.

Website: <https://elaineaz.org/>

Phone and Email Address: To Check Ride Availability or Schedule a ride call (602) 848-1717 or email elainerides@elaineaz.org

Hours of Operation: Monday – Friday, 8 am – 12pm, 1pm – 5pm

Location: 1075 W Jackson St, Phoenix, AZ 85007

VETERAN, MILITARY AND FIRST RESPONDERS

Boulder Crest Foundation

Description: Boulder Crest is the home of Posttraumatic Growth (PTG). They offer life-changing programs free of charge to members of the military, veterans, and first responder communities, and their families.

Website: <https://bouldercrest.org/>

Phone: 520-455-4668

Location: 415 Gardner Canyon Road Sonoita, Az 85637

Under the Shield (First Responders)

Description: Their goal at Under the Shield is to meet the “unique” needs of First Responders, Military personnel, and their family members by providing support through anonymous services, education, and public awareness.

Website: <https://undertheshield.org/>

Phone: 855-889-2348

Location: 1845 S. Dobson Rd #117 Mesa, AZ 85202 Phone: 855.889.2348

Be Connected

Description: The Be Connected program is a statewide initiative to strengthen access to support and resources for the 500,000+ service members, veterans and their families who call Arizona home.

Website: <https://arizonacoalition.org/our-initiatives/be-connected/>

Phone Number: 866-429-8387

Help for Heroes

Description: A dedicated treatment program designed to serve the mental health and substance abuse needs of active duty and retired military personnel, veterans, first responders, and healthcare workers.

Website: <https://helpforheroes.com/>

Location: 10550 W McDowell Rd Avondale, AZ 85392

Phone Number: Veterans Phone: 480-565-3035 and Active Duty Military Phone: 844-330-6600

Catholic Charities MANA House: Veterans Helping Veterans

Description Formerly known as Madison Street Veterans Association, the MANA (Marines, Army, Navy, Airforce) House is a peer-support organization of homeless and formerly homeless veterans. They help support veterans to rebuild their lives by providing support from staff and partners.

Website: <https://www.manahouseaz.org/>

Phone Number: 602-254-6785

Location: 2422 W. Holly St. Phoenix, AZ 85009

YOUTH AND YOUNG ADULT RESOURCES

Boys Town National Hotline

Description: Accredited by the American Association of Suicidology (AAS), Boys Town National Hotline is a 24/7 crisis, resource and referral number for KIDS and PARENTS. Spanish-speaking counselors and translation services for more than 100 languages also are available 24 hours a day.

Website: www.boystown.org/hotline/Pages/default.aspx

Phone Number: [800-448-3000](tel:800-448-3000)

The speech- and hearing-impaired can contact us at our email address: hotline@boystown.org

Cyber Tip line (Internet exploitation)

Phone Number: 1-800-843-5678

Teen Lifeline (Peer Counseling 3pm-9pm daily)

Phone Number:

Call 24/7/365 or Text 12-9pm
(602) 248-TEEN
(1-800) 248-TEEN

FullCircle®

Description: If you or someone you love is struggling, or you just have questions about a particular matter, we would like to help. Often conventional help, be it advice, therapy, or rehabilitation, while well-intentioned, does not provide a spiritual solution and allows young people to slip through the cracks

Website: <https://fullcircleprogram.com/state/arizona/>

Phone Number: (480) 620 7995

Location: 325 E Elliot Rd Unit 27., Chandler, AZ 85225

AZ Department of Child Safety

Website: <https://dcs.az.gov/>

Phone Number: 1-888-767-2445

Child Help USA

Description: Childhelp transforms children's lives by providing crucial support, empowering them to overcome adversity and thrive beyond the challenges of abuse.

Website: <https://www.childhelp.org/>

Phone Number:

Childhelp National Child Abuse Hotline (Speak to a Counselor): 1-800-422-4453

Headquarters : (602) 271-4500

Location: 6730 N. Scottsdale Rd Suite 150 Scottsdale, Arizona 85253

Diocese of Phoenix Office of Child Youth and Protection

Website: <https://dphx.org/protection-empowerment/>

Phone Number:

REPORTING LINE:

(877) 850-0003 in English

(800) 216-1288 en español

Not My Kid

Description: Campus is a haven for teens seeking support and community through therapeutic activities, peer-led groups and enjoying a welcoming atmosphere where they discover the strength of being part of a healthy community.

Website: <https://notmykid.org/>

Phone Number: +1 (602) 652-0163

Campus Location: 5310 E Shea Boulevard Scottsdale, AZ 85254

Native American Connections: Home Base

Description: Located in Central Phoenix and Surprise, AZ, Native American Connections' Youth Housing Programs help youth (ages 18-24) who experience homelessness to transition from their current position to greater independence and stable housing. Native American Connections owns and operates 24 sites throughout Phoenix offering a continuum of affordable housing, health, and

community development services which touch and change the lives of over 10,000 individuals and families each year.

Website: <https://www.nativeconnections.org/housing/youth/>

Phone Number: 602-254-3247

Chicanos Por La Causa: Early Childhood Development

Description: CPLC's Early Childhood Development (ECD) programs are committed to giving every child, regardless of circumstances at birth, an opportunity to succeed in school and life. CPLC's ECD Head Start programs provide comprehensive, developmentally appropriate early childhood education, health, nutrition, and parent involvement services to low-income children and their families in safe, nurturing and supportive environments which successfully address each child's total learning experience.

Website: <https://cplc.org/programs/early-childhood-development>

Phone Number: (Intake/Admissions) 928-250-6085

Chicanos Por La Causa: Youth Enrichment

Description: They provide a safe and supportive environment while providing skills to help our community's youth excel in school, college, and career. Their approach helps youth reconnect with the teaching of their ancestors to orient themselves in the world. They incorporate indigenous ancestral knowledge to highlight universal values that exist across cultures and encourage youth to explore their cultural identity in a community responsive context. This strengths-based program empowers youth with the tools to build a foundation of healthy behaviors, a sense of purpose, and improved decision-making habits. Their programs serve low-income neighborhoods experiencing high rates of crime, failing schools, and low rates of educational attainment.

Website: <https://cplc.org/programs/youth-enrichment>

Phone Number and Location:

CPLC Community Center
3216 West Van Buren Street
Phoenix, Arizona 85009
(602)-339-0064
chcc@cplc.org

CPLC Central Park
140 East Tonto Street
Phoenix, AZ 85004
602-622-8352

Tucson
CPLC NAHUI OLLIN
To get in touch, contact: Lydia.Martinez@cplc.org

Children's Action Alliance

Description: They work to create an Arizona where every child is safe, loved, and has access to quality education and affordable health care.

Website: <https://azchildren.org/>

Health Care Resources: <http://azchildren.org/wp-content/uploads/2025/09/Health-Care-Resources-for-Arizonas-Low-Income-and-Uninsured-Families-September-2025-Final.pdf>

Phone Number: 602-266-0707

INCARCERATION/RE-ENTRY

New Freedom

Description: To solve old problems, you need a new mindset. New Freedom's comprehensive programs focus on recovery and are built to support those looking for a new way of living.

Website: <https://newfreedomaz.com/programs/>

Phone Number: 602-622-1178

Location: 10851 N Black Canyon Highway #400 Phoenix, Az 85029

Televerde Foundation

Description: Their training programs allow women to break the cycle of poverty and recidivism and become positive role models for their children and families, changing the lives of future generations and building stronger communities.

Website: <https://www.televerdefoundation.org/contact/>

Phone: 480-771-6670

Location: 2800 N. Central Ave. 5th Floor, Suite 500, Phoenix, AZ 85004

Bridges Reentry

Description: Their mission is to provide a reentry environment of healing for formerly incarcerated women to support them in their journey toward physical well-being, emotional and spiritual health, and economic independence.

Phone: 480-332-1500

Website: www.bridgesreentry.org

Axiom Care

Description: Outpatient drug and alcohol treatment to help those involved in the judicial system in Arizona find success and get back on their feet.

Website: <https://axiomcareofaz.com/rcbm/>

Location and Phone Number:

Axiom Care Ocotillo Campus Observation, Detox, Residential

150 N Ocotillo Dr,

Apache Junction, AZ 85120

Axiom Care Whitton Residential

1106 E Whitton Ave

Phoenix, AZ 85014

Axiom Care RCBM Phoenix

1422 N 44th St

Phoenix, AZ 85008

Axiom Care RCBM Almeria
2843 W Almeria Rd
Phoenix, AZ 85009
Axiom Care Corporate Office
3030 N Central Ave Suite 506
Phoenix, AZ 85012

Yideeskáqdi Hózhóqjí Center (YHC)
Navajo Nation-owned Residential
3008 N 3rd St
Phoenix, AZ 85012

Diocese of Phoenix: Prison Ministry

Description: The Office of Prison Ministry strives to “go forth” with the joy of the Gospel and to be missionary disciples to the poor, especially the poor who are in need within the county jails and state prisons. It is their belief that by bringing Christ to the incarcerated and their families, they can assist them to encounter the living Christ in their day-to-day activities, social life and the familial experiences that create their individual realities.

Website: <https://dphx.org/prison-ministry/>

Phone Number: 602-354-2485

IMMIGRATION RESOURCES

Aliento

Description: Aliento serves students, Dreamers, and mixed-status families to transform trauma into hope and action. It is led by directly impacted individuals, youth, and supporters who strive to create an environment where human potential is nurtured and not defined by immigration status. Aliento supports students and families through education initiatives, arts & healing programming, leadership development, civic engagement, and policy.

Website: <https://alientoaz.org/>

Phone Number: voicemails to or text: 602-888-1066

Email Address: info@alientoaz.org

Kino Border Initiative (KBI)

Description: Promote humane, just and workable migration through: Direct humanitarian assistance and holistic accompaniment of migrants, education and encounter between migrants and others that transforms people and communities towards solidarity with migrants; policy advocacy in Mexico and the US.

Website: <https://www.kinoborderinitiative.org/>

Phone Number: (520) 287-2370

Location:

LOCATION IN USA

P.O. Box 159

Nogales, AZ 85628-0159

LOCATION IN MEXICO

Boulevard Luis Donaldo Colosio #384,

Interior A

Colonia FOVISSSTE II

Nogales, Sonora, C.P. 84020

Corazon Psychological Services

Description: They are a mental health practice committed to providing quality, caring, and professional attention for children, adolescents, adults, couples, and families.

They possess the extensive training and experience needed to address the many diverse concerns of our clients. They have worked successfully with professionals in the fields of law, education, and medicine in a cooperative relationship, providing consultation to facilitate and support the well-being of their clients.

Website: <https://immigrationpsychologicalservices.com/en/immigration>

Phone Number: 602-314-4475

Whatsapp: #602-314-4475

Location: 3507 North Central Avenue Suite # 101 Phoenix, Arizona 85012

Catholic Charities Community Services: Immigration Legal Services

Description: Catholic Charities Community Services helps reunite those in the United States legally with minor children and spouses who remain in their country of origin. Many of those they assist are refugees — those granted refugee status by the United Nations and invited here by the U.S. Federal Government — to reunite with their spouses and minor children. They also help U.S. citizens and those with legal residency secure residency for their spouses and/or children.

Services include:

- Employment authorization
- Travel documents
- DACA (Deferred Action for Childhood Arrival)
- Violence Against Women Act (VAWA)
- Petitions/U Visas/ T Visas
- Affidavit of Support
- Fiancée Visa
- DACA renewals
- Green Card renewals
- Family-based petitions
- Adjustment of status
- Cancellation of removal
- Consular processing.

- Deportation Defense and Asylum

Website: <https://www.catholiccharitiesaz.org/immigration-legal-services>

Phone Number: To schedule a consultation, please contact Diana Silva, 602-749-4415, or toll-free at 855-316-2229

Chicanos Por La Causa

Description: Helping Families Navigate the Immigration Process. CPLC Family Immigration Services helps reunite families that have been divided by international borders or mixed immigration statuses. Serving Tucson, Somerton, and Nogales, Arizona, their services are accredited by the Department of Justice's Board of Immigration Appeals. They offer a broad range of low- and no-cost services designed to meet the needs of someone in any stage of the immigration process. They are committed to providing quality, affordable, accurate, timely, and personalized services to meet your immigration needs.

Services include but are not limited to:

- Low-cost consultations
- Informational sessions
- Citizenship/Naturalization
- Deferred Action for Childhood Arrivals (DACA) renewals
- Green card renewals (I-90 Permanent Resident card renewal)
- Work Permit Renewals
- Family petitions
- Consular Processing
- Adjustment of status
- U-Visas
- VAWA

Website: <https://cplc.org/programs/immigration>

Phone Number and Location:

Phoenix

1402 S Central Ave Bldg. A

Phoenix, AZ 85004

Call or text: (602) 837-2129

Phoenix.immigration@cplc.org

San Luis

1938 W Cesar Chavez Blvd Suite 1A

San Luis, AZ 85349

Call or text: 928-543-9841

sanluis.immigration@cplc.org

Somerton

308 West Main Street

Somerton, AZ 85350

Call or text: (928) 627-2042
somerton.immigration@cplc.org

Tucson
373 W Prince Rd
Tucson, AZ 85705
Call or text: (520) 918-6782
tucson.immigration@cplc.org

HOTLINES

Dial 988

National Child Abuse Hotline

Phone Number: 1-800-4-A-CHILD (1-800-422-4453)

National Domestic Violence Hotline

Phone Number:

1-800-799-SAFE (7233)

1-800-787-3224 (hearing impaired line)

National Sexual Assault Hotline

Phone Number: 1-800-656-HOPE (4673)

RAINN (Rape, Abuse & Incest National Network)

Description: As the nation's largest anti-sexual violence organization and operator of the National Sexual Assault Hotline, RAINN's mission is to stop sexual violence by supporting survivors, holding perpetrators accountable, and creating safer communities.

Website: <https://rainn.org/>

Phone Number: 1-800-656-HOPE (4673)

Arizona Department of Health Services

Website: <https://www.azdhs.gov/>

Phone Number:

Adult Abuse Hotline: (877) SOS-ADULT (767-2385) F

Child Abuse Hotline: (888) SOS-CHILD (767-2445)

Children's Information Hotline: (800) 232-1676

Phone: (602) 542-1000

Fax: (602) 543-0883

Location: 150 North 18th Ave. Phoenix, AZ 85007

Cyber Tip line (Internet exploitation)

Phone Number: 1-800-843-5678

National Domestic Violence Hotline

Phone Number:

1 (800) 799-7233
TTD: 1 (800) 787-3224

National Parent Hotline:

Description: Provides emotional support for parents and caregivers from a trained advocate
Phone Number: 1-855-427-2736

National Hotline of Missing and Exploited Children

Phone Number: 1-800-THE LOST

National Runaway Safe line

Phone Number: 1-800-621-4000

SELF HELP RESOURCES/SUPPORT

Alcoholics Anonymous

Website:

www.aa.org/pages/en_US/find-aa-resources

www.al-anon.alateen.org/local-meetings

www.draonline.org

Narcotics Anonymous

Website: www.na.org/meetingsearch

Phone Number: 1-888-GET-HOPE (438-4673) (Hopeline)

Nar-Anon Family Groups

Website: www.nar-anon.org/find-a-group

NAMI Valley of the Sun

Description: NAMI Valley of the Sun is dedicated to improving the quality of life for people with mental illness and their families through support, education, and advocacy.

Website: <https://namivos.org/>

Phone: 602-244-8166 (not a crisis line)

Email Address: info@namivos.org

COCONINO COUNTY

Catholic Charities – Flagstaff

Website: <https://www.catholiccharitiesaz.org/location-directory/northern-arizona/flagstaff-office#programs>

Phone Number: 928-774-9125

Coconino Community College

Description: Resource for students

Website: <https://www.coconino.edu/resources/files/pdfs/student-services/reach/flagstaff-outpatient-counseling.pdf>

Flagstaff VA Clinic

Description: Their outpatient clinic provides primary care and specialty health services, including mental health care, laboratory and pathology services, treatment for post-traumatic stress disorder (PTSD), women's health services, and more.

Website: <https://www.va.gov/northern-arizona-health-care/locations/flagstaff-va-clinic/>

Phone Number:

Main phone: 928-226-1056 Main phone

VA health connect: 877-252-4866 VA health connect

Mental health care: 928-445-4860, ext. 7500

Location: 1300 West University Avenue, Suite 200 Flagstaff, AZ 86001-7228

The Guidance Center of Northern Arizona

Description: The Guidance Center is a not-for-profit Community Mental Health Center with locations serving Flagstaff and surrounding Northern Arizona communities.

Website: <https://tgcaz.org/>

Phone Number: (928) 527-1899

Location: 2187 N. Vickey Street Flagstaff, AZ 86004

Children Services/Administration

Phone Number: (928) 527-1899

Location: 2695 E. Industrial Drive Flagstaff, AZ 86004

Northern Arizona Healthcare (Flagstaff Medical Center)

Description: Behavioral Health and Psychiatry offers a full range of hospital-based inpatient and outpatient services for adolescents, adults and seniors. In addition to treating behavioral health and substance abuse issues, they also help you access additional resources and healthcare specialties.

Website: <https://www.nahealth.com/behavioral-health-and-psychiatry/>

Phone Number: 928-779-3366

Location: 1200 N. Beaver St. Flagstaff, AZ 86001

Northern Arizona University

Description: Health Promotion - Mental Health Resources

Website: <https://in.nau.edu/campus-health-services/health-promotion/mental-health/mental-health-resources/>

Phone Number: 928-523-2131

Email Address: healthpromotion@nau.edu

Native Americans for Community Action (NACA)

Description: NACA Behavioral Health Center places a priority on improving mental health for all people in the community of Flagstaff, and utilizes a wide variety of counseling techniques that honor their unique population, their customs, culture, and beliefs (including Traditional & Western orientations).

Website: <https://nacainc.org/behavioral-health/>

Phone Number: (928) 773-1245

Email Address: fhwc@nacainc.org

Location: 1500 E. Cedar Avenue, Suite 26 Flagstaff, AZ 86004

Northern Arizona Regional Behavioral Health Authority

Description: The NARBHA Institute embraces imagination, builds capacity, and inspires innovative solutions by leveraging resources and serving as a catalyst for well-being opportunities.

Website: <https://narbhainstitute.org/>

Phone Number: (928) 233-8667

Email Address: info@narbha.org

Location: 616 N. Beaver Street Flagstaff, AZ 86001

National Alliance on Mental Illness (NAMI) – Flagstaff

Website: <https://www.nami.org/affiliate/arizona/nami-flagstaff/>

Phone Number: 928-214-2218

Email Address: flagnami@gmail.com

Location: PO Box 30673 Flagstaff, AZ 86003-0673

North County Healthcare

Description: At North Country HealthCare, they believe that it isn't what you do so much as how you do it. Their behavioral health consultants are available to support individuals and families in making positive lifestyle changes to improve health and well-being. They can also assist in creating plans to manage health challenges and diagnoses.

Website: <https://northcountryhealthcare.org/services/behavioral-health/>

Phone Number and Location:

Flagstaff - 4th Street

2920 N 4th St

Flagstaff, AZ 86004

928-522-9400

Flagstaff - University Ave

1120 W University Ave, Ste 101
Flagstaff, AZ 86001
928-522-1300

Southwest Behavioral Health Service

Description: Delivering compassionate care to enhance lives and improve communities.

Website: <https://www.sbhservices.org/services/>

Phone Number and Location:

Flagstaff Opiate Treatment Program

1515 E. Cedar Avenue, #E-2, Flagstaff, AZ 86004

928-714-0010

Flagstaff Outpatient

1515 E. Cedar Avenue, #B-4, Flagstaff, AZ 86004

928-779-4550

CITY OF PEORIA PROGRAMS

Peoria Community Assistance Division

Description: Their mission is to promote and preserve the integrity and safety of neighborhoods.

This work is accomplished by:

- Offering programs to revitalize older neighborhoods that are showing signs of deterioration.
- Providing formal and informal training and educational information to Homeowners Associations and individual citizens
- Offering other programs funded by the Federal Government aimed at assisting individual citizens and not-for-profit entities in developing or maintaining the integrity of homes and neighborhood areas.

Website: <https://www.peoriaaz.gov/government/departments/neighborhood-and-human-services/community-assistance>

Phone Number: (623) 773-7070

Email Address: communityassistance@peoriaaz.gov

Peoria Community Center

Description: The William L. Patena Community Center is a 26,000 square foot, state-of-the-art facility located in the heart of downtown Peoria. The Center offers a broad range of activities and classes for all ages such as arts and crafts, dance, games, wellness, and more. It also serves as a multi-purpose space for community events, meetings, lectures, and activities.

Website: <https://www.peoriaaz.gov/government/departments/neighborhood-and-human-services/community-center>

Phone Number: (623) 773-7436

Location: 8335 W. Jefferson Street Peoria, AZ 85345

Dial a Ride

Description: Peoria Dial-A-Ride was formed in 1989 to provide basic transportation services for the residents of Peoria. Dial-A-Ride services are available for anyone within the City of Peoria traveling within Peoria. Dial-a-Ride and ADA / para-transit services are a shared-ride, reservations-only service that provides service from the curbside of your location anywhere within the City of Peoria and a few select medical locations just outside Peoria in Sun City and Glendale.

Website: <https://www.peoriaaz.gov/government/departments/neighborhood-and-human-services/transit/dial-a-ride>

Phone Number: Restrictions apply, please call (623) 773-7435 for information

Victim Assistance

Description: The Victim Assistance Unit exists to provide services to all victims of crime within the City of Peoria.

Website: <https://www.peoriaaz.gov/government/departments/police/victim-resources>

Phone Number: 623-773-7019

Email Address: PeoriaPDVictimAssistance@Peoriaaz.gov

CITY OF SUPRISE PROGRAMS

Suprise Human Services and Community Vitality

Description: The Surprise Human Service and Community Vitality Department is designed to strengthen community, non-profit and government partnerships to better serve Surprise residents.

Website: <https://surpriseaz.gov/395/Human-Service-Community-Vitality>

Phone Number: 623-222-1500

Location: 15832 N. Hollyhock St. Surprise, AZ 85378

Suprise Senior Center

Description: The Surprise Senior Center is strategically designed for active independent adults 50 or better and independent adults with disabilities. The center provides social connections, engagement, community involvement and opportunities to give back. There are a variety of offerings including wellness programs, fitness classes, enrichment classes, recreational programs, creative arts, educational offerings and a Congregate Meal program.

Website: <https://surpriseaz.gov/406/Senior-Services>

Phone Number: 623-222-1500

Location: 15832 N. Hollyhock St. Surprise, AZ 85378

Dementia Friendly Surprise

Description: The City of Surprise is a member of the Dementia-Friendly America network of communities and offers Dementia Friends sessions in partnership with Dementia Friends Arizona.

Website: <https://surpriseaz.gov/463/Dementia-Friendly-Surprise>

Phone Number: 623-222-1500

Location: 15832 N. Hollyhock St. Surprise, AZ 85378

Surprise Youth Services

Description: The City of Surprise Youth Services Division is a hub of innovation for positive youth development. Through a dynamic set of programs and initiatives, youth services supports academic success, workforce development, community service and civic engagement of the city's youth.

Website: <https://surpriseaz.gov/508/Youth-Services>

Phone Number: 623-222-1500

Location: 15832 N. Hollyhock St. Surprise, AZ 85378

CITY OF EL MIRAGE PROGRAMS

El Mirage Human Services

Description: The City of El Mirage partners with a wide variety of agencies to serve our most vulnerable populations and those who are in crisis or in need.

Website: <https://www.elmirageaz.gov/735/Human-Services>

Phone Number: 623-972-8116

Location: 10000 N El Mirage Road El Mirage, AZ 85335

Dial-A-Ride

Description: El Mirage Dial-a-Ride service provides on-demand service, based upon certification of eligibility, for El Mirage seniors ages 65 and older and persons with disabilities within the Dial-A-Ride boundary. This transportation program serves El Mirage residents within our boundaries; exceptions are made outside of the defined boundaries for essential medical services.

Website: <https://elmirageaz.gov/404/Dial-A-Ride>

Phone Number: Contact AllThrive 365 at 623-282-9300.

Email Address: nvc_transportation@allthrive365.org

El Mirage Senior Center

Description: Improving the lives of older adults through caring service with opportunities for social interaction, recreation, basic support services, education, and volunteerism.

Website: <https://elmirageaz.gov/427/Senior-Center>

Phone Number: 623-876-4232

Location: 14010 N El Mirage Rd El Mirage, AZ 85335-3263

El Mirage Utility Assistance

Description: If you are experiencing financial hardship, Maricopa County is distributing utility assistance to qualified applicants. Residents can complete a pre-screening through the Maricopa County online portal at: <https://hsdclientportal.maricopa.gov/en-US/application-prescreen/>

Website: <https://elmirageaz.gov/580/Utility-Assistance>

Phone Number: 623-933-1228

Email Address: utilities@elmirageaz.gov

El Mirage Victim Assistance Unit

Description: The El Mirage Police Department Victim Assistance Unit provides information and support services to all victims of crime in the City of El Mirage.

Website: <https://elmirageaz.gov/308/Victim-Assistance>

Phone Number: 623-500-3090

Email Address: vau@elmirageaz.gov

Visit the **Office of Mental Health Ministry** website by scanning the **QR code** or at **dphx.org/mentalhealth** to learn more and find resources.



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