



Middle School Cross Country 2020 (Fall Sport)

Do you want to be a part of a great team environment with your friends?

Want to run on dirt trails, grass, in mud, and through the woods?

Want to stay in shape for other sports and activities?

Want to boost your confidence and relieve your stress?

Want to challenge yourself, meet great people, learn to set goals; all while having more fun than you can imagine?

If any or all of these interest you - cross country may be for you!

If you are interested or have questions please contact one of the coaches.

We look forward to it! Go Green!

Coaching Staff

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Middle School

Assistant Coach

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