

NOVEMBER



Monday	Tuesday	Wednesday	Thursday	Friday	Breakfast
Chicken Tenders (WG) Fruit & Veggie 3.	Hot Ham & Cheese (WG) Fruit & Veggie 4.	Meatloaf Bread Stick (WG) Fruit & Veggie 5.	Chicken & Cheese Quesadilla (WG) Fruit & Veggie 6.	Cheese filled Breadsticks (WG) Fruit & Veggie 7.	3. Yogurt & Granola 4. Granola, Fruit 5. Muffin, Fruit 6. Granola, Fruit 7. Cereal Bar, Fruit 10. Muffin, Fruit 11. Grahams, Fruit 12. Muffin, Fruit 13. Cereal Bar, Fruit 14. Granola, Fruit 17. Granola, Fruit 18. Cereal Bar, Fruit 19. Muffin, Fruit 20. Grahams, Fruit 21. Granola, Fruit 24. Cereal bar Fruit 25. Granola, Fruit
Beef & Cheese Nachos (WG) Fruit & Veggie 10.	Chicken Nuggets Breadstick (WG) Fruit & Veggie 11.	Breakfast Bagels (WG) Fruit & Veggie 12.	Hamburgers (WG) Fruit & Veggie 13.	Fish Sticks (WG) Fruit & Veggie 14.	Aftercare Snack 3. Goldfish, Fruit 4. Popcorn, Fruit 5. Yogurt, Fruit 6. Crackers, Fruit 7. Sun Chips, Fruit 10. Chex Mix, Fruit 11. Cereal Bar, Fruit 12. Crackers, Fruit 13. Popcorn, Fruit 14. Grahams, Fruit 17. Chex Mix, Fruit 18. Yogurt, Fruit 19. Goldfish, Fruit 20. Crackers, Fruit 21. Sun Chips, Fruit 24. Popcorn, Fruit 25. Grahams, Fruit
Loaded Tator Tots Breadsticks (WG) Fruit & Veggie 17.	Sloppy Jo's (WG) Fruit & Veggie 18.	Chicken Noodle Soup (WG) Fruit & Veggie 19.	Hot Dog (WG) Fruit & Veggie 20.	Pizza (WG) Fruit & Veggie 21.	
Corn Dogs (WG) Fruit & Veggie 24.	Turkey Mashed Potatoes (WG) Fruit & Veggie 25.				