

OCTOBER | 2020



Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28
Chicken Nuggets
Mac & Cheese
Green Beans
Fresh Cauliflower w/ Dip
Fruit & Milk

29
Beefy Nachos
Refried Beans
Corn
Fruit & Milk

30
Bosco Sticks
W/Marinara
Cooked Carrots
Dirt Pudding
Fruit & Milk

1
French Toast
Sausage
Hash Brown
Juice 4oz.
Fruit & Milk

2
Breaded
Tenderloin Sandwich
W/Toppings
Broccoli
Seasoned Potato Wedges
Fruit & Milk

5
Corn Dog
Baked Beans
Fresh Cauliflower &
Cucumbers
Chips
Fruit & Milk

6
Spaghetti
W/Meat sauce
Garlic Toast
Salad W/Dressing
Fruit & Milk

7
Pizza Sticks W/Marinara
Fresh Carrots &
Red Peppers W/Dip
Cooked Carrots
Frozen Yogurt
Fruit & Milk

8
Country Fried Steak
Mashed Potatoes
Green Beans
Roll
Fruit & Milk

9
Breaded Chicken
Sandwich
W/Toppings
Steamed Broccoli
Fruit & Milk

12
Popcorn Chicken
Baked Potato
W/Toppings
Broccoli
Fruit & Milk

13
Chicken Queso
Tostitos W/Salsa
Corn
Rice
Fruit & Milk

14
Stuffed Crust Pizza
W/Marinara
Romaine Salad
Fresh Carrots W/Dip
Mini Rice Krispie Treat
Fruit & Milk

15
Salisbury Steak
Mashed Potatoes
Green Beans
Roll
Fruit & Milk

16
Cheeseburger
W/Toppings
Baked Beans
Fries
Fruit & Milk

19
Chicken Soft Tacos
W/Lettuce & Cheese
Corn
Fruit
Milk

20
Personal Pepperoni
Pizza
Fresh Red Peppers & Carrots
Romaine Salad
Fruit & Milk

21
Chicken Tenders
Waffles
Dip & Syrup
Steamed Broccoli
Fruit & Milk

22
Turkey & Noodles
Mashed Potatoes
Peas
Roll
Fruit & Milk

23
Hot Dog
W/Coney Sauce
Baked Beans
Chips
Fruit & Milk

26

27

28

29

30

Fall Break

Student Lunch
is FREE to all
until the end of 1st
semester or funds run
out per USDA.

Extra Milk \$0.50

Menu is Subject to
change Without Notice

This institute is an equal
opportunity provider

