

Sunday Q&A

Your Faith in Focus



COME AND SEE: JESUS WAITS

Why visit Jesus in the Eucharist?

Today is a feast dedicated to Jesus' Real Presence in the Blessed Sacrament. Not only can, and should, we receive Jesus in Holy Communion, we can—and should!—spend time adoring him in the Eucharist beyond the Mass. Fr. Mike Schmitz modernizes an ancient invitation today.

A Visit Changes Everything

I want to present to you an invitation to visit Jesus in the Eucharist. But before I do, think about this (and a few other things): Jesus makes himself so vulnerable that he sometimes gets placed in our hands or on our tongue. He abides in the tabernacle, just waiting for us to come by, waiting for us to enter into his Real Presence—and not only to enter into a “music” that is awesome and a “video” that is incredible, but also to enter into a silence that envelops our heart. Do that, and do not fear the silence or be afraid if anyone is going to be there.

When I was in high school at the age of fifteen or sixteen, I encountered Jesus truly present in the Eucharist. I had read about it, and when it happened, I was like, “Oh my gosh, this changes everything! That blows my mind.” I said, “OK, I’m going to go to Adoration for one hour every week.”

About the Saints...

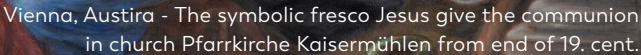
I had read stories of the saints who would go into the Lord's Presence in the tabernacle, and I'd read that, for them, hours would feel like minutes. And so, I settled in. Well, I'll tell you this: minutes felt like hours. I didn't know what I was doing. I didn't know what I was supposed to be doing. I put a lot of pressure on myself to just say, “OK, how do I do this right?” The answer, of course, is there's no wrong way to adore the Lord. There's no wrong way to abide or rest in his Presence. Jesus just waits for you in the Eucharist.

But I have to tell you this. There are many times when I have not wanted to pray. There are many times when I've been like, “I'm so busy. I can do other things; I'll just drive past the church.” But when I have stopped and gone inside to the tabernacle, I have never thought afterward, “Well, I just wasted ten minutes,” or “I just wasted half an hour.” Never. Any time with Jesus is precious.

The Invitation

So here is your personal invitation: Just be with Jesus, no matter how much time, whether a lot or just a little, you may have with him. He always wants to spend time with you. Jesus is so humble. He is so vulnerable, and he waits for you.

So why keep him waiting?



- What is the general state of my prayer life right now? What's going well? What should I focus on?
- When and how can I make time in my week to be with Jesus in the Eucharist?

[illegible]

Set a specific plan to spend some time with Jesus this week, whether in an Adoration chapel or simply a visit to church, where he is always present in the tabernacle. Write down the date you will go, and make it concrete like an appointment card. (Consider putting the plan on your phone calendar.) Write it here, too, to make sure that it's a true appointment.

Place:

or visit the URL: <https://media.ascensionpress.com/video/what-really-happens-in-eucharistic-adoration/>

