

Advent 2022

CALENDAR

Daily At-Home Advent Activities for Families

NOVEMBER AND DECEMBER

SUN 27

Prepare an Advent wreath: three purple candles, one pink candle, and some evergreens. Place all on a tray or large plate. The candles can symbolize hope, faith, joy, and love or peace. Light the first purple candle and pray to God about the things you hope for.

MON 28

Make a nativity scene with household materials. Paint paper tubes to make the Holy Family. Use bits of fabric to make clothes. Use a shoebox to make the barn and a small box for the manger. Wait for Christmas Day to put Jesus in the manger.

TUE 29

People hoped and waited for so long for Jesus to come and bring light to the world! Share stories about the ways parents prepared and how they felt as they waited for their children to be born. Older siblings can share stories of waiting for younger siblings. Look through the first photographs taken of your children. Pray about your hopes for your family.

WED 30

The Christmas story begins with one small family set to change the world. On yellow strips of paper, write ways that your family can help bring light and hope to your community during Advent. Keep the papers in a jar. As you complete these actions, place them in the nativity scene you made to act as hay.

THUR 1

Mary and Joseph were immigrants traveling far from their home when Jesus was born. Try sleeping in a different place in your house tonight. Swap beds with a sibling or sleep in a sleeping bag on the floor. Thank God for the comforts of your home.

FRI 2

Make Christmas cookies and share them together. Thank God for the gifts of food and family.

SAT 3

On Christmas Day, children may receive new gifts and new toys. Go through the toys you have and donate ones that you have outgrown to a local charity.



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SUN 4

Sing Christmas hymns together. Light the second purple Advent candle. Pray to God to be faithful even when it is difficult.

MON 5

During Advent, we prepare to celebrate the birth of Jesus. Donate baby supplies to a local charity.

TUE 6

Feast of Saint Nicholas

Listen to a story about the legendary gift giver. Make or buy a small, thoughtful gift for someone you know.

WED 7

Choose family prayer partners. Print each family member's name on an index card; decorate it; fold it in half and place in a basket. Pass the basket around and have each family member pick a name. Pray for that person during Advent.

THUR 8

Feast of the Immaculate Conception

Honor Mary, Mother of God by praying the Hail Mary today. Mary is Jesus' mother. Take special care of your mother or a mother figure in your life today.

FRI 9

Feast of Saint Juan Diego

Juan Diego lived in Mexico, and Mary appeared to him. Eat a Mexican meal today and pray the Hail Mary before your meal in honor of Saint Juan Diego's devotion to Mary.

SAT 10

Together, compose and pray a family Advent prayer.



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SUN 11

Gaudete Sunday

Light the pink Advent candle. This candle is a symbol of joy because we are at the midpoint of Advent. Pray about things that make you joyful and the ways you bring joy to others. Today at Mass, notice that the priest will be wearing pink vestments!

MON 12

Feast of Our Lady of Guadalupe

Read the story of Our Lady of Guadalupe. Sing a favorite hymn that honors Mary.

TUE 13

Gather together for a meal and begin with a blessing. Make a plan to donate a meal to a person or family in need in your community.

WED 14

Gather as a family around the Christmas tree or the Advent wreath and pray a prayer of blessing.

THUR 15

As you prepare for Jesus' coming, plan a day and time for family members to celebrate the Sacrament of Penance and Reconciliation.

FRI 16

Read Matthew 2:1-12 as a family and learn about the Magi who followed the star to find Jesus after his birth. Go outside with your family tonight and do some stargazing. Pray about the beautiful world that God has created for us.

SAT 17

O Wisdom of our God Most High!
Today begins the O Antiphons. These are special prayers as the birth of Jesus draws closer. Pray to God about areas of your life where you need the gift of wisdom to grow.



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SUN 18

O Leader of the House of Israel!
Pray for help to follow Jesus' leadership. Demonstrate good leadership to younger classmates and siblings. Light the fourth Advent candle. Consider ways you can bring peace and love to others.

MON 19

O Root of Jesse's Stem!
Jesse and King David were Jesus' ancestors. Send Christmas cards to family and friends.

TUE 20

O Key of David!
Jesus opens doors that seem difficult to open. Pray about ways to overcome things that may be difficult for you.

WED 21

O Radiant Dawn!
Jesus is our light! Shut off the house lights and all electronics after dinner and enjoy the light of the Christmas tree together as a family.

THUR 22

O King of All Nations!
Jesus is the king who unites us all. Read about how other countries and cultures celebrate the traditions of Christmas. Consider adopting one of these traditions in your family.

FRI 23

O Emmanuel!
We believe that Jesus is with us always. Call or visit someone who could use your company today.

SAT 24

Come, Lord Jesus, Come! Read the nativity story in the Bible together as a family.



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DECEMBER

SUN 25

Christmas

Christ is Born! Let us rejoice! Thank God for the greatest gift, the gift of his only Son! Put the figurine of the baby Jesus you made for the nativity scene in the manger.

