

# St. Charles Track & Field Team – Spring 2018S

# **<u>REGISTER ONLINE</u>**: www.stcharleschargers.com

**OPEN HOUSE REGISTRATION**: Thursday March 15, 2018 from 7:30-8:30pm in the St. Charles Auditorium. Enter through the painted mural doors on Penn Avenue.

Registration will be closed on March 16<sup>th</sup>.

## PRACTICE

- Practice is at the *College of Staten Island* on Monday's and Wednesday's from 6-7pm.
- Practice begins Monday, April 9<sup>th</sup>, 2018.

## MEET SCHEDULE

#### INDOOR

- Saturday: March 24
- Saturday April 7

#### <u>OUTDOOR</u>

- Saturday April 21
- Saturday April 28
- Saturday May 5
- Saturday May 12
- Saturday May 19
- Sunday June 3

#### **EVENTS**

- Kindergarten will compete in an individual 55 meter race.
- Grades 1 8 can compete in one individual event (ranging from 100m, 200m, 400m, 800m & 1600m), one relay event, and one field event depending on the rules of the meet.

Field Events:

- Standing Broad Jump (Grades 1-4)
- Shot Put (Grades 3-8)
- Javelin (Grades 3-8)
- Long Jump (Grades 5-8)

Please feel free to contact me with any questions at saintcharlestrackteam@gmail.com