



St. Luke Catholic Church

1111 Beach Park Blvd., Foster City CA 94404

Parish Office (650) 345-6660

www.saintlukefc.org | info@saintlukefc.org



St. Timothy Catholic Church

1515 Dolan Ave., San Mateo CA 94401

Parish Office (650) 342-2468

www.sttims.org | information@sttims.org



2.01.2026

4th Sunday in Ordinary Time IV Domingo Ordinario

PASTORAL STAFF

Rev. Fr. Manuel Igrobay – Pastor
Rev. Fr. Derek Nguyen SVD – Parochial Vicar
Deacon Mar Tano, St. Luke
Deacon Faiva Po'oi, St. Timothy
Deacon Fred Totah, St. Timothy
Deacon David Arms, St. Luke
Sr. Delia Obenza OP – Pastoral Minister for Adult Formation
Sr. Fe Bigwas, RVM – Director of Religious Education

PARISH STAFF

Denise Allen - Parish Operations Manager
Sr. Belen Policher OP - St. Timothy/Parish Secretary
Maria Teresa Alvarez - St. Luke/Administrative Assistant
Maryvee Estacio - St. Luke/Parish Secretary

ST. LUKE CHURCH MASS SCHEDULE

Saturday 8:30am and 5:00pm (Vigil)
Sunday 9:00am and 10:30am
Monday-Friday at 8:30am
CONFESION: Saturday 4:00pm-4:30pm

ST. TIMOTHY/IGLESIA de SAN TIMOTEO MASS SCHEDULE/HORARIO DE MISAS

Saturday/Sábado 8 a.m. & 5:00 p.m. (Vigil)
Sunday/Domingo 9:00 a.m., 10:30 a.m.
12:00 p.m. en Español
Monday-Friday/Lunes a Viernes 8:00 a.m.
CONFESION: Saturday 3:30pm-4:30pm

BAPTISM/BAUTISMOS

Please contact the Parish Office to register and sign up for Baptismal Preparation Class.
Los padres deberán de informar a la oficina, con tres meses de anticipación.

MARRIAGE/MATRIMONIOS

Please call the Parish Office at least six months before the desired wedding date.
Por favor avisenos con seis meses de anticipación.

ANOINTING OF THE SICK / UNCIÓN A LOS ENFERMOS

For anyone experiencing chronic illness or preparing for medical treatment, or long term care, please call the Parish Office to arrange an appointment with a priest.
Toda persona experimentando una enfermedad crónica, tratamiento médico o atención de largo plazo, por favor llame a la oficina para obtener una cita con el sacerdote.

“...the world does not see how God sees. The world sees the outward signs of a difficult life; God sees someone in need of grace and mercy. The wise person puts their trust in God, not trusting the fickle finger of fate, which could upend anyone’s life at any time, but leaning on God to help them overcome their obstacles. In the end, God has come to save us, in the person of Jesus Christ. Thus, Jesus can tell his disciples that the kingdom of heaven awaits the poor and persecuted of the world.

– Pastoral Patterns

“...la respuesta sea que el mundo no ve como Dios ve. El mundo ve los signos exteriores de una vida difícil; Dios ve a alguien necesitado de su gracia y de misericordia. La persona sabia pone su confianza en Dios y no en la inconsistencia de la suerte, que puede cambiar drásticamente la vida de una persona; la persona sabia cuenta con Dios a fin de recibir la ayuda para vencer los obstáculos. En definitiva, Dios ha venido a salvarnos en la persona de Jesucristo. Y es por eso que Jesús les puede decir a sus discípulos que los pobres y perseguidos del mundo recibirán su premio en el Reino de los cielos.” – Palabras Pastorales

THE CHOSEN REMNANT

Zephaniah is one of the least-known of the Old Testament prophets. He speaks in today's first reading of impending judgment. But the Lord will leave a "remnant" in Israel. This image of a remnant, or remainder, was to become vital to both Judaism and Christianity.

Paul's letter to Corinth makes obvious his deep concern for the Christians there. They are too self-confident, he says, too sure of themselves. He admonishes them to remember that Christ has given them all they have.

Today's Gospel comprises the opening of Jesus' "Great Sermon." As God gave Moses the law on Sinai, so now Jesus gathers his disciples on a hillside to teach them the new law. Each of these Beatitudes contrasts the humiliation of the present with the glory of the future: poverty vs. the riches of God's kingdom, hunger for holiness vs. fulfillment in the Spirit, persecution vs. the reign of God. Jesus is here speaking to God's chosen "remnant."

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EL RESTO ELEGIDO

Sofonías es uno de los profetas menos conocidos del Antiguo Testamento. Hoy habla en la primera lectura sobre el juicio inminente. Pero el Señor dejará un "resto" en Israel. Esta imagen de un resto, de lo que quedará, será vital para judíos y cristianos.

La carta de Pablo a los corintios evidencia su profunda preocupación por los cristianos de allí. Están muy confiados, dice, muy seguros de sí mismos. Los insta a recordar que Cristo les ha dado todo lo que tienen.

El Evangelio de hoy incluye el comienzo del "Gran Sermón" de Jesús. Así como Dios le dio a Moisés la Ley en el Sinaí, ahora Jesús reúne a sus discípulos en un monte para enseñarles la nueva Ley. Cada una de estas Bienaventuranzas contrasta la humillación del presente con la gloria del futuro. La pobreza frente a las riquezas del Reino de Dios, el hambre de Dios frente a la satisfacción en el Espíritu, la persecución frente al Reino de Dios. Jesús aquí está hablando al "resto" elegido de Dios. Copyright © J. S. Paluch Co., Inc.

SUNDAY LITURGY OF THE WORD

First Reading — You humble of the land, seek justice and humility, and the Lord will be your protection (Zephaniah 2:3; 3:12-13).

Psalm — Blessed are the poor in spirit; the kingdom of heaven is theirs! (Psalm 146).

Second Reading — God chose the weak of the world, those who count for nothing, so that whoever boasts should boast in the Lord (I Corinthians 1:26-31).

Gospel — Jesus taught from the mountain: Blessed are the poor in spirit (Matthew 5:1-12a)

The English translation of the Psalm Responses from the Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

Pope's February prayer intention:

For children with incurable diseases.

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

LITURGIA DE LA PALABRA DEL DOMINGO

Primera lectura — Yo dejaré en medio de ti, pueblo mío, un puñado de gente pobre y humilde; entonces serán como el rebaño que pasta y que descansa, y no habrá quien los perturbe (Sofonías 2:3; 3:12-13).

Salmo — ¡Dichosos los pobres de espíritu, porque de ellos es el Reino de los cielos! (Salmo 146 [145])

Segunda lectura — Es por la gracia de Dios que ustedes moran en Jesucristo. "El que se gloria, que se gloríe en el Señor" (I Corintios 1:26-31).

Evangelio — Dichosos los pobres de espíritu; alégrese y salten de contento, porque su premio será grande en los cielos (Mateo 5:1-12a)

Salmo responsorial: Leccionario Hispanoamericano Dominicano © 1970, Comisión Episcopal Española. Usado con permiso. Todos los derechos reservados.

Intención de oración del Papa:

Por los niños con enfermedades incurables.

Oremos para que los niños que padecen enfermedades incurables y sus familias reciban la atención médica y el apoyo necesario, sin perder nunca la fuerza y la esperanza.

"Blessed are the poor in spirit, for theirs is the kingdom of heaven."

Matthew 5:3

"Dichosos los pobres de espíritu, porque de ellos es el Reino de los cielos."

Mateo 5:3



The LORD shall reign forever;
your God, O Zion,
through all generations.

— *Psalm 146:10*



Reina el Señor eternamente,
reina tu Dios, oh Sión,
reina por siglos.

— *Salmo 146 [145]:10*

READINGS FOR THE WEEK

Monday:

Mal 3:1-4 / Ps 24:7-10; / Heb 2:14-18 /
Lk 2:22-40 [22-32]

Tuesday:

2 Sm 18:9-10, 14b, 24-25a, 30-19:3 /
Ps 86:1-2, 3-4, 5-6 / Mk 5:21-43

Wednesday:

2 Sm 24:2, 9-17 / Ps 32:1-2, 5, 6, 7 /
Mk 6:1-6

Thursday:

I Kgs 2:1-4, 10-12 / I Chr 29:10, 11ab,
11d-12a, 12bcd / Mk 6:7-13

Friday:

Sir 47:2-11 / Ps 18:31, 47 and 50, 51 /
Mk 6:14-29

Saturday:

I Kgs 3:4-13 / Ps 119:9, 10, 11, 12, 13,
14 / Mk 6:30-34

Sunday:

Is 58:7-10 / Ps 112:4-5, 6-7, 8-9 /
I Cor 2:1-5 / Mt 5:13-16

The **month of February**
is dedicated to the
HOLY FAMILY...

a rich tradition that invites us to reflect on the eternal significance of family life within the Catholic tradition. This February, let us especially express our devotion to the Holy Family and seek the guidance and intercession of Jesus, Mary, and Joseph in our daily lives. May the Holy Family guide, protect, and inspire us as we strive to imitate them on the path of faith, love, and holiness within our own families.

*Jesus, Mary, and Joseph,
I give thee my heart and my soul.*

*Jesus, Mary, and Joseph,
assist me in my last agony.*

*Jesus, Mary, and Joseph,
may I breathe forth my soul
in peace with thee!*

covenantcatholic.org

LECTURAS DE LA SEMANA

Lunes:

Mal 3:1-4 / Sal 24 (23):7-10; /
Heb 2:14-18 / Lc 2:22-40 [22-32]

Martes:

2 Sm 18:9-10, 14b, 24-25a, 30-19:3 /
Sal 86 (85):1-2, 3-4, 5-6 / Mc 5:21-43

Miércoles:

2 Sm 24:2, 9-17 / Sal 32 (31):1-2, 5, 6,
7 / Mc 6:1-6

Jueves:

I Rey 2:1-4, 10-12 / I Cr 29:10, 11ab,
11d-12a, 12bcd / Mc 6:7-13

Viernes:

Sir 47:2-11 / Sal 18 (17):31, 47 and 50,
51 / Mc 6:14-29

Sábado:

I Rey 3:4-13 / Ps 119:9, 10, 11, 12, 13,
14 / Mc 6:30-34

Domingo:

Is 58:7-10 / Ps 112:4-5, 6-7, 8-9 /
I Cor 2:1-5 / Mt 5:13-16

SAINTS AND SPECIAL OBSERVANCES

Sunday: Fourth Sunday in Ordinary Time
Monday: The Presentation of the Lord;
World Day for Consecrated Life; Blessing of Candles
Tuesday: St. Blaise; St. Ansgar; Blessing of Throats
Thursday: St. Agatha
1st Friday: Sacred Heart of Jesus; St. Paul Miki & companions
1st Saturday: Blessed Virgin Mary

LOS SANTOS Y OTRAS CELEBRACIONES

Domingo: Cuarto Domingo del Tiempo Ordinario;
Lunes: La Presentación del Señor; Día Mundial de la Vida
Consagrada; Bendición de las velas;
Martes: San Blas; San Oscar; Bendición de las gargantas;
Jueves: Santa Águeda
1º Viernes: Sagrado Corazón de Jesús; San Pablo Miki y compañeros
1º Sábado: Santa María Virgen

The Feast of the Presentation of the Lord | Fiesta de la Presentación del Señor



**A light of revelation to
the Gentiles, and glory
for your people Israel.**

— Luke 2:32

February 2nd is the Feast of the Presentation of the Lord; in the 1962 Calendar the feast is known as the Purification of Mary. This is traditionally called “Candlemas” because of the blessing of candles before Mass on this day. This feast can give us that light in the darkness on these shorter days. We are given motivation to help us move forward and keep on with our daily struggle. Christ is our Light, our companion to find that path in the darkness. This feast gives a glimpse of Easter, but also a glimpse to our eternal glory. We are given the Light and the Companion for our journey. Let us ask Our Lady for her help...and keep that Light burning, even at those times when it seems like just a tiny ember.

El 2 de febrero se celebra la Fiesta de la Presentación del Señor; en el calendario de 1962, esta fiesta se conoce como la Purificación de María. Tradicionalmente se la llama “Día de la Candelaria” debido a la bendición de las velas antes de la Misa en este día. Esta fiesta nos ofrece luz en medio de la oscuridad de estos días más cortos. Nos brinda la motivación necesaria para seguir adelante y perseverar en nuestra lucha diaria. Cristo es nuestra Luz, nuestro compañero para encontrar el camino en la oscuridad. Esta fiesta nos da un atisbo de la Pascua, pero también un atisbo de nuestra gloria eterna. Se nos da la Luz y el Compañero para nuestro camino. Pidamos ayuda a la Virgen María... y mantengamos esa luz encendida, incluso en aquellos momentos en que parezca que solo queda una pequeña brasa. catholicculture.org

Faith Formation Opportunities in our Cluster Parishes:

FOR YOUNG ADULTS (POST-CONFIRMATION)

Introducing 4th Wave Evangelization — a program specifically for young adults who have already received the Sacrament of Confirmation. These sessions will be led by Sr. Delia Obenza, O.P.

FOR PARENTS

We invite parents to deepen their understanding of our Catholic faith through monthly classes led by Fr. Manuel and Fr. Derek.

It's not too late to join!

The next class will be held at St. Luke Catholic Church
on February 17th at 6:30pm.



For more details, please see
Sr. Delia Obenza, O.P., or get a flyer
with the registration form
at the parish office.

These classes are FREE.
Child care will be provided.

Saint Luke Catholic Church

Welcome! Our warmest welcome to all who worship and serve our Lord Jesus as one Christian community, long time or new parishioners and visitors. If you have not yet registered, please visit or call the parish office.

Memorial of Saint Blaise Blessing of Throats (February 3)

In commemoration of the **Memorial of Saint Blaise**, patron saint of persons suffering from throat illnesses, two candles are blessed, and pressed against the throat while a prayer of blessing is said. Legend has it that a mother brought to Saint Blaise her dying son who had a fishbone stuck in his throat and got miraculously healed.

All are welcome to the **8:30 am Mass** on Tuesday, February 3rd, to celebrate the Memorial of Saint Blaise & to receive God's special healing blessing.

Join our First Friday Devotion to the Sacred Heart of Jesus (February 6)

- ✘ 8:30am Mass in the Church
- ✘ Solemn Benediction & Eucharistic Adoration in the Chapel after Mass

Join our First Saturday Devotion to the Immaculate Heart of Mary (February 7)

- ✘ 8:30am Mass in the Church
- ✘ Rosary & Consecration Prayers after Mass

PLEASE PRAY FOR OUR SICK PARISHIONERS and FRIENDS: May Christ's Eucharistic healing grace be upon Juris Arcilla, Ben & Kathie Asaro, John Bernat, Mark Bianchi, Marina Borja, Karen Boros, Barry Burzo, Bill Britter, Stephanie Brock, Ken & Rosalinda Campbell, Angie Neal Deel, Robin Fife, Elizabeth Fong, Gregory Gadsby, Mabel Garcia, Eileen Guerrero, Mary Honings, Doreen James, Mary Lynn Kassebaum, Roxanne Kovacich, JoAnn Kozloski, Julie Mancuso, Dan Michie, Angela Mihelcic & family, Lauren Mike, Jon Miller, Jon & Tom Miller, Henrietta Olanday, Helene Smith, Butch Unson, Bob Valdez, Natalie & Karen Wickham, Olivia Wirthman, David Wyckoff and our ill parishioners.
"The LORD keeps faith forever... The LORD sets captives free."
— Psalm 146:7



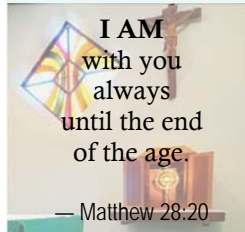
Please call or email the office if you want to pray for God's healing upon a sick loved one or to request for anointing.

Save the Date! St. Luke Crab Feed

Please save the date and join us for St. Luke's Crab Feed on March 14, 2026 after the Saturday 5:00 pm Vigil Mass. Tickets will go on sale starting this weekend.

Bring your friends and hurry and purchase your tickets as we expect another sell out.

Let Us Adore Christ in the Most Blessed Sacrament



"This is the wonderful truth, my dear friends: the Word, which became flesh two thousand years ago is present today in the Eucharist."

— St. John Paul II

ST. LUKE ADORATION CHAPEL SCHEDULE
WEEKDAYS: 9:00 am to 4:00 pm
FRIDAYS: Solemn Benediction & Eucharistic Adoration after the 8:30am Mass

PLEASE PRAY FOR OUR BELOVED DEPARTED and for the souls in purgatory & for those who have no one to pray for them.

Elizabeth Fong, Linda Davis, Edward Bradley, Nancy Rodriguez, Noel Tamayo, Rodney Gumataotao, Katherine Torre, Evangeline Santos, Zenaida Pangilinan, Teresa Augustynowicz, John Bernard Wheeler, Thokalath Rapheal Jacob, Henryk Sobczyk, Leland Smith
Eternal rest grant unto Your faithful departed, O Lord. And let perpetual light shine upon them. May their souls rest in peace. Amen.

Jesus said, "Rejoice and be glad, for your reward will be great in heaven."
— Matthew 5:12



St. Timothy Catholic Church

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MEMORIAL OF SAINT BLAISE BLESSING OF THROATS (February 3)

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PLEASE PRAY FOR: OUR SICK PARISHIONERS

*"Come to me, all you who are weary and burdened, and I will give you rest."
(Matthew 11:28)*

That the sick, and all the sick of our parish community, may be healed in body and spirit.

OUR BELOVED DEPARTED:

Eternal rest grant unto Your faithful departed, O Lord. And let Your perpetual light shine upon them.

That all our departed sisters and brothers may be with their Savior in paradise.

"My Father's house has many rooms; if that were not so, would I have told you that I am going there to prepare a place for you? And if I go and prepare a place for you, I will come back and take you to be with me that you also may be where I am." (John 14:2-3)

OUR LORD AWAITS US... Come, let us adore Christ in the Most Blessed Sacrament



*Come, let us bow down in worship,
let us kneel before the Lord our
Maker; for he is our God and
we are the people of his pasture,
the flock under his care.
– Psalm 95:6-7*

All are invited to come and spend time with God and adore Him in the Most Blessed Sacrament.

Be with Christ, the One who loves us the most and who alone can give us true peace, healing and happiness.

All are welcome to pray in our adoration chapel on Fridays from 4pm to 7pm and in the church from 7pm to 8pm.

SACRIFICIAL GIVING/COLECCION

ST. TIMOTHY SUNDAY COLLECTIONS COLECCIONES DEL DOMINGO DE SAN TIMOTEO



**Archdiocesan Annual Appeal/
Campaña anual arquidiocesana
Campaign Goal /Objetivo de la campaña -
\$70,971.00**

**Total Payments Received/
Pagos totales recibidos - \$ 36,155.00
Still due/Monto pendiente - \$34,816.00**

**<https://sfarchdiocese.org/aaa>
"...do all things for the glory of God."
(1 Cor. 10:31)**

Saturday – January 31 (5:00pm Vigil)

Manuel Lucas – H

Sunday – February 1

9:00 am

Trinidad Family – T

Manuel Lucas – H

+ Bridgette Nager

+ Luisa Tuipulotu

+ Polina Tuipulotu

+ Oscar Ongpin

+ Dino Sagullo

10:30 am

Victoria Agbulos – T

+ Pete Astrero

+ Renato Mallari Laxamana

+ Theresa Guevarra De La Rosa

12:00 pm

Maria Elena Vigil de Castillo – H

+ Filiberto Peraza Zamora

+ Aurelio Adalmiro Jurado Mendoza

+ Luisa Raza

+ Jose Luis Avena

+ Stephen Morgan

+ Carlos Barraza

+ Carmen Condemarin

Monday – February 2 (8:00am)

+ Jimmie Lee

Tuesday – February 3

Celerina Cadiz – BD

Wednesday – February 4

St. Timothy Parishioners

Thursday – February 5

St. Timothy Parishioners

Friday – February 6

Jojo Trinidad – BD

Saturday – February 7 (8:00am)

Cecille Toy – birthday blessing

Saturday – January 31 (5:00pm Vigil)

St. Luke Parishioners

Clara Furtado – SI

Sunday – February 1

9:00 am

Adalaida King & Family – SI

Anita Hain – SI

+ Thomas Carpio

10:30 am

Amelia Celeste Estacio - BD

Monday – February 2 (8:30am)

Lily Quiazon – BD

+ Arturo Almeda

+ Nancy Rodriguez

Tuesday – February 3

Arndt Reder – BD

Genevieve Dee – SI

Jesus Liboro – T

Wednesday – February 4

+ Roman Reyes

+ Jose Leviste

Thursday – February 5

Ronil Satya – BD

+ Francisco Palanca

+ John Setzer

+ Elizabeth Fong

+ Dr. Ireneo Rodriguez

Friday – February 6

Yvonne Lee – BD

Saturday – February 7 (8:30am)

Martin Sagarbarria – BD

+ Antonio Boquer

Legend: † – Eternal Rest /Descanso Eterno, SI – Special Intention/Intención especial, BD – Birthday/Cumpleaños, WA – Wedding Anniversary, Aniversario de Bodas, H – Healing / Por la salud, T– Thanksgiving / Acción de gracias

“Through him, with him, in him, in the unity of the Holy Spirit, all glory and honor is yours, almighty Father, for ever and ever. Amen (cf. Rom. 11:36).”

URGENTLY NEEDED

Your Prayers for Pregnant Mothers

When pregnant mothers, scared and worried, come to Planned Parenthood, thinking they have no other option, Pro Life volunteers are there with our resources, prayers and care.

When? Mornings, Mon-Fri 8:30-11:30 am,
especially Tues (after 10am), Thu & Fri

Where? Planned Parenthood sidewalk,
2907 El Camino Real, Redwood City, CA

Who? Pro Life people praying there,
led by members of San Mateo Pro

Why are YOU needed? The more people
present, praying, the more graces God grants
to save precious babies! Many lives have in this
way been spared!

Do you speak Spanish?
Your help could be crucial in saving a life!

*"Rescue those being led away to death; hold back those staggering toward slaughter."
-- Proverbs 24:11... a call to action to rescue those who are in mortal danger.*

www.SanMateoProLife.com
Questions? phone or text Erika at 650-283-5353

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