



St. Luke Catholic Church

1111 Beach Park Blvd., Foster City CA 94404

Parish Office (650) 345-6660

www.saintlukefc.org | info@saintlukefc.org



St. Timothy Catholic Church

1515 Dolan Ave., San Mateo CA 94401

Parish Office (650) 342-2468

www.sttims.org | information@sttims.org



2.08.2026

5th Sunday in Ordinary Time V Domingo Ordinario

PASTORAL STAFF

Rev. Fr. Manuel Igrobay – Pastor
Rev. Fr. Derek Nguyen SVD – Parochial Vicar
Deacon Mar Tano, St. Luke
Deacon Faiva Po'oi, St. Timothy
Deacon Fred Totah, St. Timothy
Deacon David Arms, St. Luke
Sr. Delia Obenza OP – Pastoral Minister for Adult Formation
Sr. Fe Bigwas, RVM – Director of Religious Education

PARISH STAFF

Denise Allen - Parish Operations Manager
Sr. Belen Policher OP - St. Timothy/Parish Secretary
Maria Teresa Alvarez - St. Luke/ Administrative Assistant
Maryvee Estacio - St. Luke/Parish Secretary

ST. LUKE CHURCH MASS SCHEDULE

Saturday 8:30am and 5:00pm (Vigil)
Sunday 9:00am and 10:30am
Monday-Friday at 8:30am
CONFESION: Saturday 4:00pm-4:30pm

ST. TIMOTHY/IGLESIA de SAN TIMOTEO MASS SCHEDULE/HORARIO DE MISAS

Saturday/Sábado 8 a.m. & 5:00 p.m. (Vigil)
Sunday/Domingo 9:00 a.m., 10:30 a.m.
12:00 p.m. en Español
Monday-Friday/Lunes a Viernes 8:00 a.m.
CONFESION: Saturday 3:30pm-4:30pm

BAPTISM/BAUTISMOS

Please contact the Parish Office to register and sign up for Baptismal Preparation Class.
Los padres deberán de informar a la oficina, con tres meses de anticipación.

MARRIAGE/MATRIMONIOS

Please call the Parish Office at least six months before the desired wedding date.
Por favor avísenos con seis meses de anticipación.

ANOINTING OF THE SICK / UNCIÓN A LOS ENFERMOS

For anyone experiencing chronic illness or preparing for medical treatment, or long term care, please call the Parish Office to arrange an appointment with a priest.
Toda persona experimentando una enfermedad crónica, tratamiento médico o atención de largo plazo, por favor llame a la oficina para obtener una cita con el sacerdote.

In the Gospel of John, Jesus tells his disciples that while he is in the world, he is the light of the world. In today's Gospel, Jesus calls his disciples the light of the world. We are called to be that light now. However, Jesus is actually still in the world. We incarnate Jesus when we act as he did, caring for those in need. Jesus is also present in that person in need, as he taught his disciples in the context of the last judgment. Finally, the Lord is present in the act of generosity itself. An act of charity reflects the gift of the Lord that we have received from God. — *Pastoral Patterns*

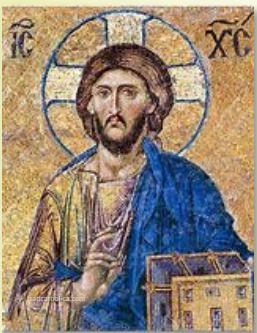
En el Evangelio según san Juan, Jesús les dice a sus discípulos que mientras él está en el mundo, él es la luz del mundo. En el Evangelio de hoy, Jesús llama a sus discípulos la luz del mundo. Nosotros estamos llamados a ser esa luz ahora. Sin embargo, Jesús aún permanece en el mundo. Nosotros encarnamos a Jesús cuando obramos como él, esto es, atendiendo a los necesitados. Jesús también está presente en esa persona necesitada, tal como le enseñó a sus discípulos en el contexto del juicio final. Finalmente, el Señor está presente en la propia obra de generosidad. Una obra de caridad refleja el don del Señor, que hemos recibido de Dios. — *Palabras Pastorales*

“Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father.”

Matthew 5:16

“Que de igual manera brille la luz de ustedes ante los hombres, para que viendo las buenas obras que ustedes hacen, den gloria a su Padre, que está en los cielos .”

Mateo 5:16



THIS LITTLE LIGHT OF MINE

As children we sang the lively song This Little Light of Mine. The words, of course, are based on today's Gospel, in which we are called as disciples to be salt and light for the world. Children are uninhibited about sharing their faith. It's only when we grow older that we prefer to hide our light under a bushel basket because our culture tends not to emphasize discipleship. The message in this week's readings is clear: in order to give glory to God through our discipleship, we must show the light of Christ in our words and deeds. Not an easy thing for inhibited adults. Often we may think of salt and light in terms of what we do for others, but it can be just as important not to do something, such as getting angry with the stranger on the road, or telling an offensive joke.”

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MI PEQUEÑA LUZ

Cuando éramos niños cantábamos efusivamente la canción Mi pequeña luz (This Little Light of Mine). La letra de la canción, desde luego, está basada en el Evangelio de hoy, en este estamos llamados como discípulos a ser la sal y la luz del mundo. Los niños no tienen dificultad para compartir su fe; solo es cuando crecemos que preferimos esconder nuestra luz bajo un tazón porque nuestra cultura tiende a no enfatizar el discipulado. El mensaje en las lecturas de esta semana es claro: para poder dar gloria a Dios por medio del discipulado, debemos mostrar la luz de Cristo en nuestras palabras y obras. No es algo fácil para adultos inhibidos. A menudo podemos pensar en la sal y la luz en términos de lo que hacemos por los demás, pero puede ser tan importante como el no hacer nada, ya sea como enojarse con un desconocido en la carretera o decir una broma ofensiva.

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SUNDAY LITURGY OF THE WORD

First Reading — If you share your food with the hungry, provide housing for the homeless, then light shall break forth upon you (Isaiah 58:7-10).

Psalm — The just man is a light in the darkness to the upright (Psalm 112).

Second Reading — My message to you, says Paul, was not clever words of wisdom but the proclamation of Christ crucified (I Corinthians 2:1-5).

Gospel — You are the salt of the earth, the light of the world. In your good deeds your light shines before others, leading them to glorify God (Matthew 5:13-16).

The English translation of the Psalm Responses from the Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

Pope's February prayer intention:

For children with incurable diseases.

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

LITURGIA DE LA PALABRA DEL DOMINGO

Primera lectura — Cuando compartas tu pan con el hambriento, y sacies la necesidad del humillado, entonces brillará tu luz en las tinieblas (Isaías 58:7-10).

Salmo — El justo brilla como luz en las tinieblas (Salmo 112 [111]).

Segunda lectura — He anunciado a ustedes el misterio de Cristo crucificado, a fin de que la fe de ustedes dependa del poder de Dios y no de la sabiduría de los hombres (I Corintios 2:1-5).

Evangelio — Que su luz brille ante los hombres, para que viendo sus buenas obras, den gloria a su Padre, que está en los Cielos (Mateo 5:13-16).

Salmo responsorial: Leccionario Hispanoamericano Dominical © 1970, Comisión Episcopal Española. Usado con permiso. Todos los derechos reservados.

Intención de oración del Papa:

Por los niños con enfermedades incurables.

Oremos para que los niños que padecen enfermedades incurables y sus familias reciban la atención médica y el apoyo necesario, sin perder nunca la fuerza y la esperanza.

Light shines through the darkness
for the upright;
he is gracious and merciful and just.
– Psalm 112:4



Quien es justo, clemente
y compasivo.
como una luz en las tinieblas brilla.
– Salmo 112 [111]:4

READINGS FOR THE WEEK

Monday:

I Kgs 8:1–7, 9–13 / Ps 132:6–7, 8–10 /
Mk 6:53–56

Tuesday:

I Kgs 8:22–23, 27–30 / Ps 84:3, 4, 5 and
10, 11 / Mk 7:1–13

Wednesday:

I Kgs 10:1–10 / Ps 37:5–6, 30–31, 39–
40 / Mk 7:14–23

Thursday:

I Kgs 11:4–13 / Ps 106:3–4, 35–36, 37 and
40 / Mk 7:24–30

Friday:

I Kgs 11:29–32; 12:19 / Ps 81:10–11ab, 12
–13, 14–15 / Mk 7:31–37

Saturday:

I Kgs 12:26–32; 13:33–34 / Ps 106:6–7ab,
19–20, 21–22 / Mk 8:1–10

Sunday:

Sir 15:15–20 / Ps 119:1–2, 4–5, 17–18,
33–34 / I Cor 2:6–10 / Mt 5:17–37

The **month of February**
is dedicated to the
HOLY FAMILY.

Christ chose to be born
and grow up in the bosom
of the holy family of Joseph
and Mary. the Church is
nothing other than "the
family of God." From the
beginning, the core of the
Church was often
constituted by those who
had become believers
"together with all [their]
household." When they
were converted, they
desired that "their whole
household" should also be
saved. These families who
became believers were
islands of Christian life
in an unbelieving world.
(Catechism of the Catholic
Church, 1655)

LECTURAS DE LA SEMANA

Lunes:

I Rey 8:1–7, 9–13 / Sal 132 (131):6–7,
8–10 / Mc 6:53–56

Martes:

I Rey 8:22–23, 27–30 / Sal 84 (83):3, 4, 5
and 10, 11 / Mc 7:1–13

Miércoles:

I Rey 10:1–10 / Sal 37 (36):5–6, 30–31,
39–40 / Mc 7:14–23

Jueves:

I Rey 11:4–13 / Sal 106 (105):3–4, 35–36,
37 and 40 / Mc 7:24–30

Viernes:

I Rey 11:29–32; 12:19 / Sal 81 (80):10–
11ab, 12–13, 14–15 / Mc 7:31–37

Sábado:

I Rey 12:26–32; 13:33–34 / Sal 106
(105):6–7ab, 19–20, 21–22 / Mk 8:1–10

Domingo:

Sir 15:15–20 / Sal 119 (118):1–2, 4–5, 17–
18, 33–34 / I Cor 2:6–10 / Mt 5:17–37

SAINTS AND SPECIAL OBSERVANCES

Sunday: Fifth Sunday in Ordinary Time;
Tuesday: St. Scholastica
Wednesday: Our Lady of Lourdes;
World Day of the Sick
Saturday: Blessed Virgin Mary; St. Cyril and
St. Methodius; Valentine's Day

LOS SANTOS Y OTRAS CELEBRACIONES

Domingo: Quinto Domingo del Tiempo Ordinario;
Martes: Santa Escolástica
Miércoles: Nuestra Señora de Lourdes;
Jornada Mundial de los Enfermos
Sábado: Santa María Virgen; San Cirilo y san Metodio;
Día de San Valentín

OUR LADY OF LOURDES | NUESTRA SEÑORA DE LOURDES

On 11th February 1858 Our Lady first
appeared to 14-year-old Bernadette Soubirous.
Later Bernadette, under pressure from her parish
priest, asked her, "Who are you?" and
heard from Our Lady's own lips, "I am the
Immaculate Conception".

In 1992 Pope John Paul II instituted World
Day of the Sick to be celebrated each year on
11th February, the anniversary of the first
apparition of Our Lady to Bernadette and the
first was celebrated the following year in
Lourdes itself. catholicireland.net



**"You will pray to
God for sinners."**

— Our Lady of Lourdes
to St. Bernadette

El 11 de febrero de 1858, la Virgen María se
apareció por primera vez a Bernadette Soubirous,
de 14 años. Más tarde, Bernadette, presionada
por su párroco, le preguntó: "¿Quién eres?", y
escuchó de los propios labios de la Virgen: "Yo
soy la Inmaculada Concepción".

En 1992, el Papa Juan Pablo II instituyó la
Jornada Mundial del Enfermo, que se celebra
cada año el 11 de febrero, aniversario de la
primera aparición de la Virgen a Bernadette, y la
primera celebración tuvo lugar al año siguiente en
la propia Lourdes. catholicireland.net

God comes to tell us that he loves us as we are with all our successes but also with all our wounds, our weaknesses and our limitations.

**ST. TIMOTHY and ST. LUKE CLUSTER
FOURTH WAVE EVANGELIZATION**

BIBLE SHARING



**FEBRUARY 10, 2026
6:30PM -7:30PM**

Google Meet joining info



Video call link: <https://meet.google.com/jmp-ytdr-zov>

Or dial: (US) +1 442-242-8326 PIN: 499 652 442#

More phone numbers:

<https://tel.meet/jmp-ytdr-zov?pin=5904961191475>

ALL ARE WELCOME!



St. Timothy Catholic Church

1515 Dolan Ave., San Mateo, CA 94401



St. Luke Catholic Church

1111 Beach Park Blvd., Foster City, CA 94404

Clustered HEALING MASS



*I, the Lord,
am your
healer.*

Exodus 15:26



Saturday

February 14, 2026

at 10:30am

St. Timothy Catholic Church
1515 Dolan Ave., CA 94401

***A special
Mass with
Anointing
of the Sick***

ASH WEDNESDAY

Day of Fasting and Abstinence

Día de Ayuno y Abstinencia

18TH FEBRUARY, 2026

18 DE FEBRERO, 2026

Mass Schedule / Horario de Misa

St. Timothy Church
Iglesia de San Timoteo

8:00 am (English)

6:00 pm (Spanish)

St. Luke Church
Iglesia de San Lucas

8:00 am (English)

5:30 pm (English)

"Repent and believe in the Gospel."

- Mark 1:15

"Conviértanse y crean en la Buena Noticia."

- Marcos 1:15

Faith Formation Opportunities in our Cluster Parishes:

FOR YOUNG ADULTS (POST-CONFIRMATION)

Introducing 4th Wave Evangelization — a program specifically for young adults who have already received the Sacrament of Confirmation. These sessions will be led by Sr. Delia Obenza, O.P.

FOR PARENTS

We invite parents to deepen their understanding of our Catholic faith through monthly classes led by Fr. Manuel and Fr. Derek.

It's not too late to join!

The next class will be held at St. Luke Catholic Church
on February 17th at 6:30pm.



For more details, please see
Sr. Delia Obenza, O.P., or get a flyer
with the registration form
at the parish office.

These classes are FREE.
Child care will be provided.

**40 DAYS
FOR LIFE**
**February 18-
March 29**



HELP SAVE LIVES IN REDWOOD CITY!

You can protect mothers and children by joining this worldwide mobilization to pray and fast for an end to abortion!

Through prayer and fasting, peaceful vigils and community outreach, 40 Days for Life has inspired 1,000,000+ volunteers!

With God's help, here are the proven results in 30 coordinated campaigns:

- Over **25,000** saved babies
- More than **170** closed facilities
- More than **270** converted workers

Here's how to take part in 40 Days for Life in our community:

Vigil location: On sidewalk outside Planned Parenthood, 2907 El Camino Real, Redwood City

Vigil hours: 7 am to 7 pm daily

Local contact: Jessica, 650-918-9119, email: themunns@yahoo.com

Learn more ... get involved ... and sign up for prayer times by visiting our campaign at the web address: 40daysforlife.com/redwoodcity

ST. TIMOTHY & ST. LUKE CLUSTER VIGIL DAY
Sunday, March 8, 2026

40 DÍAS
POR LA VIDA®

**18 de febrero
al 29 de marzo**

**¡AYUDA A SALVAR
VIDAS EN
REDWOOD CITY!!**



Protege a madres y bebés uniéndote
a la movilización pro-vida más grande de la historia!
40 Días por la Vida ha logrado tener más de 1,000,000+
voluntarios en 63 países!

Con la ayuda de Dios, aquí están los resultados:

- Más de **25,000** bebés salvados del aborto
- Más de **270** trabajadoras del aborto convertidas
- Más de **170** centros de aborto cerrados

Contribuye a expandir este impacto y forma parte de la campaña de 40 Días por la Vida:

Ubicación de la vigilia: Fuera del centro de abortos de Planned Parenthood ubicada en el
2907 El Camino Real (esquina calle Berkshire) en Redwood City

Horas de la vigilia: 7 am – 7 pm a diario

Contacto local: Elena, teléfono 650-278-9709

Aprende más y únete a nosotros: 40daysforlife.com/redwoodcity

Iglesias de San Timoteo y San Lucas
DÍA DE VIGILIA: DOMINGO, 8 DE MARZO, 2026

Saint Luke Catholic Church

Welcome! Our warmest welcome to all who worship and serve our Lord Jesus as one Christian community, long time or new parishioners and visitors. If you have not yet registered, please visit or call the parish office.

Join the 40 Days for Life Campaign

Our cluster churches St. Luke and St. Timothy have pledged Sunday, March 8, as our DAY of VIGIL and PRAYER outside the Planned Parenthood in Redwood City, from 7:00 a.m. to 7:00 p.m. in support of 40 DAYS FOR LIFE campaign. Parishioners are encouraged to sign up for an hour or more after the weekend Masses starting February 7th till March 1st.

Support St. Luke's Crab Feed

SUPPORT St. Luke's CRAB FEED which will take place in the Community Center on March 14, 2026 after the Saturday 5:00 pm Vigil Mass. Tickets will be on sale this weekend. Bring your friends and hurry and purchase your tickets.

PLEASE PRAY FOR OUR SICK PARISHIONERS and FRIENDS: May Christ's Eucharistic healing grace be upon

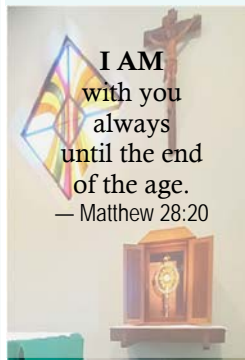
Juris Arcilla, Ben & Kathie Asaro, John Bernat, Mark Bianchi, Marina Borja, Karen Boros, Barry Burzo, Bill Britter, Stephanie Brock, Ken & Rosalinda Campbell, Angie Neal Deel, Robin Fife, Elizabeth Fong, Gregory Gadsby, Mabel Garcia, Eileen Guerrero, Mary Honings, Doreen James, Mary Lynn Kassebaum, Roxanne Kovacich, JoAnn Kozloski, Julie Mancuso, Dan Michie, Angela Mihelcic & family, Lauren Mike, Jon Miller, Jon & Tom Miller, Henrietta Olanday, Helene Smith, Butch Unson, Bob Valdez, Natalie & Karen Wickham, Olivia Wirthman, David Wyckoff and our ill parishioners.



*"Then your light shall break forth like the dawn,
and your wound shall quickly be healed."
— Isaiah 58:8*

Please call or email the office if you want to pray for God's healing upon a sick loved one or to request for anointing.

Let Us Adore Christ in the Most Blessed Sacrament



I AM
with you
always
until the end
of the age.
— Matthew 28:20

Adoration is the first attitude of man acknowledging that he is a creature before his Creator. It exalts the greatness of the Lord who made us and the almighty power of the Savior who sets us free from evil.

— Catechism of the Catholic Church, 2628

ST. LUKE ADORATION CHAPEL SCHEDULE

WEEKDAYS: 9:00 am to 4:00 pm

FRIDAYS: Solemn Benediction & Eucharistic Adoration after the 8:30am Mass

PLEASE PRAY FOR OUR BELOVED DEPARTED and for the souls in purgatory & for those who have no one to pray for them.

Elizabeth Fong, Linda Davis, Edward Bradley, Nancy Rodriguez, Noel Tamayo, Rodney Gumataotao, Katherine Torre, Evangeline Santos, Zenaida Pangilinan, Teresa Augustynowicz, John Bernard Wheeler, Thokalath Rapheal Jacob, Henryk Sobczyk, Leland Smith

Eternal rest grant unto Your faithful departed, O Lord. And let perpetual light shine upon them.

May their souls rest in peace. Amen.

*I am the light of the world, says the Lord;
whoever follows me will have the light of life.*

— John 8:12



GIFTS FOR GOD ST. LUKE'S OFFERING



Archdiocesan Annual Appeal 2025

Campaign Goal - \$58,589.00

Total Payments Received - \$58,589.00

Still due - \$0

Thank you for your overwhelming support. Together, with the grace of God, we were able to reach our goal.

"...do all things for the glory of God."

— 1 Cor. 10:31

Connect with us through FLOCKNOTE. To join, text Alleluia to 84576 or sign up at saintlukechurch.flocknote.com

St. Timothy Catholic Church

Welcome! Our warmest welcome to all who worship and serve our Lord Jesus as one Christian community, long time or new parishioners and visitors. If you have not yet registered, please visit or call the parish office.

OUR LORD AWAITS US... Come, let us adore Christ in the Most Blessed Sacrament



*Come, let us bow down in worship,
let us kneel before the Lord our Maker;
for he is our God and we are the people
of his pasture, the flock under his care.
– Psalm 95:6-7*

All are invited to come and spend time with God and adore Him in the Most Blessed Sacrament. Be with Christ, the One who loves us the most and who alone can give us true peace, healing and happiness. All are welcome to pray in our adoration chapel on Fridays from 4pm to 7pm and in the church from 7pm to 8pm.

PLEASE PRAY FOR: OUR SICK PARISHIONERS

*"Come to me, all you who are weary and burdened, and I will give you rest."
(Matthew 11:28)*

That the sick, and all the sick of our parish community, may be healed in body and spirit.

OUR BELOVED DEPARTED:

Eternal rest grant unto Your faithful departed, O Lord. And let Your perpetual light shine upon them.

That all our departed sisters and brothers may be with their Savior in paradise.

"My Father's house has many rooms; if that were not so, would I have told you that I am going there to prepare a place for you? And if I go and prepare a place for you, I will come back and take you to be with me that you also may be where I am." (John 14:2-3)

SACRIFICIAL GIVING/COLECCION

ST. TIMOTHY SUNDAY COLLECTIONS COLECCIONES DEL DOMINGO DE SAN TIMOTEO



**Archdiocesan Annual Appeal/
Campaña anual arquidiocesana
Campaign Goal /Objetivo de la campaña -
\$70,971.00**

**Total Payments Received/
Pagos totales recibidos - \$ 36,155.00
Still due/Monto pendiente - \$34,816.00**

**<https://sfarchdiocese.org/aaa>
"...do all things for the glory of God."
(1 Cor. 10:31)**

Saturday – February 7 (5:00pm Vigil)

Manuel Lucas – H
+ Alex Figueroa
+ Leomar Natividad

Sunday – February 8

9:00 am

Bernadette Garcia – BD
Julie Guenley – SI
+ Luisa Tuipulotu
+ Ofa Poo'i
+ Polina Tuipulotu
+ Vicente Rivera Sr.
+ Gino Sagullo

10:30 am

Victoria Agbulos – T

12:00 pm

+ Jose Guadalupe Barajas
+ Carlos Barraza

Monday – February 9 (8:00am)

+ Margaret Spratt
+ Charles Lito Silva

Tuesday – February 10

Mimi Toy – BD

Wednesday – February 11

St. Timothy Parishioners

Thursday – February 12

Viani Green – BD

Friday – February 13

St. Timothy Parishioners

Saturday – February 14 (8:00am)

Bing Bengzon – BD

Saturday – February 7 (5:00pm Vigil)

Stephanie Brock – H
+ Rodney Gumataotao
+ Amy Valjean

Sunday – February 8

9:00 am St. Luke Parishioners

Alina Rodrigues – H

10:30 am

+ Joe Obegi
+ Verna Fisicaro
+ Pat & Bayani de Jesus
+ Rolando Reyes, Sr.

Monday – February 9 (8:30am)

Lulu Almeda – BD
Shilla Almeida – BD

+ Erlinda Sy
+ Elizabeth Fong

Tuesday – February 10

Bianca Quiazon – BD
Ossie Barboza – H

+ Augusto Jose Palanca
+ Catalina Batac

Wednesday – February 11

Leonisa Rabanillo – 86th BD

Stephen Sabellano – H

For all the sick – H

+ Kevin Won

Thursday – February 12

Harrison Yee – BD

Ye Mu Eh – H

Faye Gold – H & SI

+ Virginia Ordonez

Friday – February 13

Meryley Ang – H

Saturday – February 14 (8:30am)

Ina Polnar BD

+ Pablo Eusebio

Legend: † – Eternal Rest /Descanso Eterno, SI – Special Intention/Intención especial, BD – Birthday/Cumpleaños, WA – Wedding Anniversary, Aniversario de Bodas, H – Healing / Por la salud, T – Thanksgiving / Acción de gracias

“Alleluia! The Lord has established his reign, [our] God, the almighty. Let us rejoice and be glad and give him glory. For the wedding day of the Lamb has come, his bride has made herself ready.” — Revelation 19:6-7