Wrapping It All Up

The Point

God wants for us to have healthy relationships with one another. Our human relationships can and should be our best source of hints towards God’s love for us.

Learning Objectives

During this presentation, we discussed the following:

* All relationships are an opportunity to experience the love of God through that relationship
* There is a clear difference between a healthy relationship and an unhealthy relationship.
* Unhealthy relationships include relationships where there is an imbalance of the relationship in age, power, and/ or violence.
	+ Relationships of a sexual nature that involve adults and teens are unhealthy as they exhibit the characteristics of an imbalanced relationship and are against social, developmental, moral, and legal mores.
* Healthy Relationships foster appropriate sharing of information, respect for boundaries, concern for safety, striving for equality, empathy, nurturing, and expression of feelings
* The media often conditions us to understand that sex and violence are in the same category. Yet, sexuality is meant to connect us while violence violates and devalues the other.
* Participants will have a clear understanding of their right to say “No.”

Family Discussion Questions

* I understand relationships were compared to paper cups. What did that mean? •
* What makes for an unhealthy relationship?
* How and why is love meant to be free, full, fruitful and faithful?
* How can people get crushed in a love relationship? How can I help you avoid such a thing?