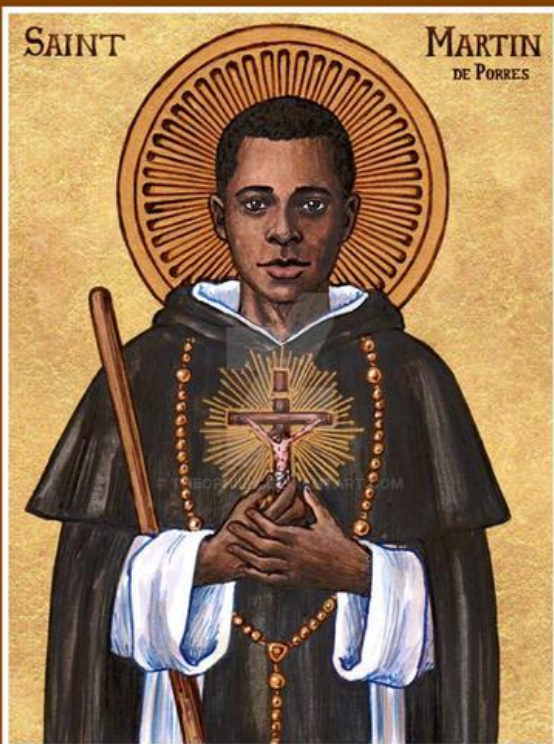


Sunday Alive!

Helping Families prepare for Mass!

OCTOBER 29, 2023 - EXPLORE THE SUNDAY GOSPEL
Thirtieth Sunday in Ordinary Time

Click [HERE](#) to read this Sunday's readings before you attend Mass!



MEET OUR SAINT OF THE WEEK!

St. Martin de Porres (Feast Day November 3)

December 9, 1579 - November 3, 1639

St. Martin de Porres was born in Lima, Peru, on December 9, 1579. Martin was the illegitimate son of a Spanish gentleman and a freed slave from Panama, of African or possibly Native American descent. At a young age, Martin's father abandoned his family, leaving Martin to grow up in deep poverty. As Martin grew older, he experienced a great deal of ridicule for being of mixed race. Martin became a Dominican lay brother in 1603 at the age of 24. Martin was praised for his unconditional care of all people, regardless of race or wealth. Martin's life reflected his great love for God and all of God's gifts. He had many extraordinary abilities, including aerial flights, bilocation, instant cures, miraculous knowledge, spiritual knowledge, and an excellent relationship with animals.

TAKE TIME TO CHAT WITH YOUR FAMILY ABOUT THE GOSPEL!

- 1) Is it hard to love God with all your heart, soul, and mind? Why or why not?
- 2) Who are the neighbors in your life that you are commanded to love?
- 3) How do you ask for forgiveness when you fail to love God or your neighbor?
- 4) We are preparing to celebrate All Saints Day this week, Which saint stories have been most meaningful to you? Why?

FAMILY FUN - Carve Pumpkins!

Get ready for Halloween by carving pumpkins! Instead of carving scary faces, can you make some happy and Christian images?

Share the following reflection with your small children: Being a Christian is like being a pumpkin. God picks you from the patch, brings you in, and washes all the dirt off you. He opens you up and scoops out all the yucky stuff, including seeds of doubt, hate, greed, etc. Then he carves you a new smiling face and puts his light inside you for all the world to see!



FAMILY PRAYER

Gratitude for Family

Dear Jesus,
Thank you for the gift of family. Help us to be a holy family as Your family was holy and is a model for holiness for us. Help us to love, understand, and forgive one another and to celebrate and rejoice in each other's goodness. Help us to be a light to others and always look to love and serve You in others, especially the elderly and those who may be lonely. We ask this through Your holy name.
Amen!

LITURGY LINK

Today's Gospel talks about the love of God and love of neighbor. How many times did you hear the word "love" at Mass today?

FAMILY CHALLENGE

This week, the Church celebrates the feasts of All Saints (November 1st) and All Souls Day (November 2nd). Discuss the Communion of Saints (**CCC 962**) and share stories of some of the saintly qualities of your deceased family members. Display a few pictures in a special place to remember to pray for the souls of the faithful departed in your family.

FUN FACTS!

All Saints' Day was founded in the early Middle Ages by Pope Gregory III and is a way to honor and remember all the Holy Saints together on one day. All Souls' Day is a day to commemorate and pray for the souls who have died and are in purgatory. Until the 10th century, All Soul's Day was observed during Easter; it was moved to November 2 in the 11th century.

