

Taste of Home

Makeover Tater-Topped Casserole
TOTAL TIME: Prep: 15 min. Bake: 55 min.
YIELD: 8 servings.

Ingredients

1 pound lean ground beef (90% lean)
1/2 pound extra-lean ground turkey
1 package (16 ounces) frozen mixed vegetables, thawed and drained
3/4 cup french-fried onions
1 can (10-3/4 ounces) reduced-fat reduced-sodium condensed cream of celery soup, undiluted
1 can (10-3/4 ounces) reduced-fat reduced-sodium condensed cream of chicken soup, undiluted
1/2 cup fat-free milk
4 cups frozen Tater Tots, thawed

Directions

1. In a large skillet, cook and crumble beef and turkey over medium heat until no longer pink. In a 13x9-in. baking dish coated with cooking spray, layer the meat mixture, vegetables and french-fried onions.
2. In a small bowl, combine soups and milk; spread over onions. Top with Tater Tots. Bake, uncovered, at 350° until golden brown, 55-60 minutes.

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