

Teen Mental Health Summit

October 1, 2022

FREE
LUNCH!

FREE
SWAG BAG!

When is the FREE event?

October 1, 2022
9:00-3:00 pm

Who is invited?

Highland, Keota, Mid-Prairie, WACO, & Washington students in grades 9-12. Earn SILVER CORD for attending the summit.

Where is the FREE event?

Washington High School
1111 S Ave. B, Washington, Iowa

What is mental health?

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act.

What is the goal of the event?

The goal is to teach students when to ask for help for themselves or for a peer who may be struggling with mental health.

Event provided by:



Mental Health Matters...

You are ALWAYS enough!



SCAN to Register for Event
by Friday, September 9
for free shirt & swag bag.

Questions? Contact: help@advocatecenter.org