Walk through The Lord's Prayer

In the Bible we read...

He was praying in a certain place, and when he had finished, one of his disciples said to him, "Lord, teach us to pray just as John taught his disciples."

He said to them, "When you pray, say:

Father, hallowed be your name,

your kingdom come.

Give us each day our daily bread

and forgive us our sins

for we ourselves forgive everyone in debt to us,

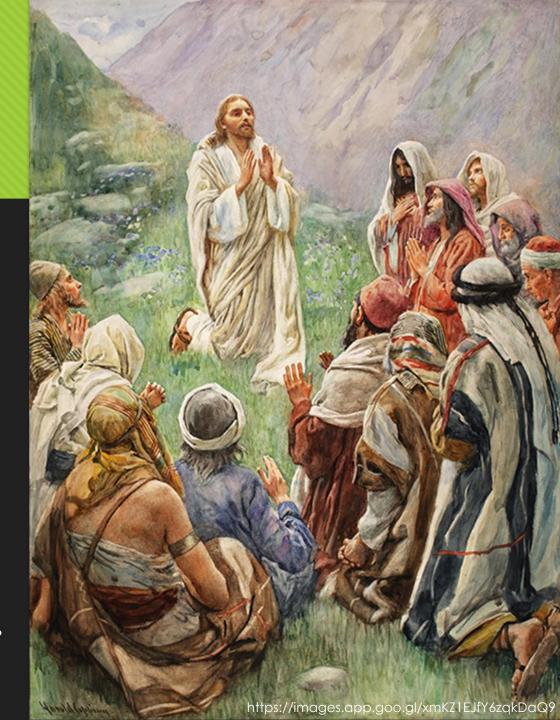
and do not subject us to the final test."

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Luke 11:1-4

We pray the same prayer Jesus prayed!

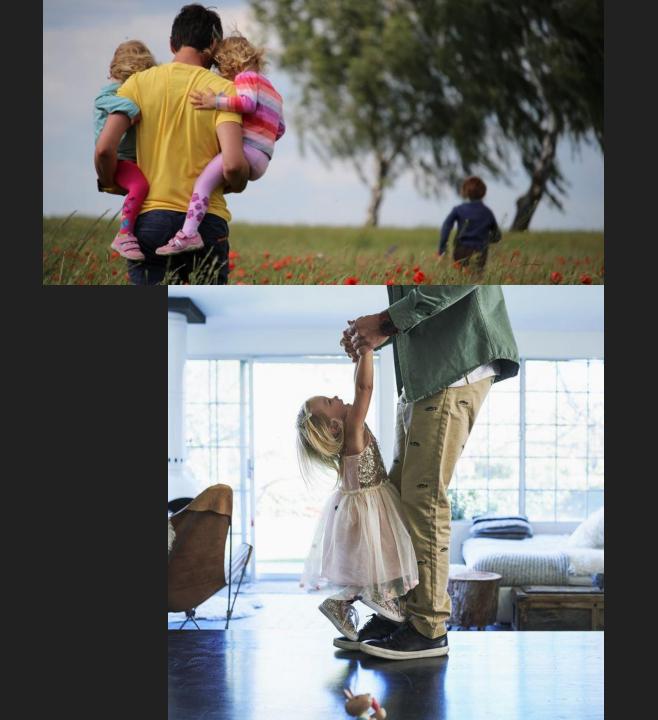
Jesus gave us the Our Father prayer over 2,000 years ago. Today, you will walk around the Church and learn more about what the words mean when we pray the Our Father.



Our Father who art in heaven.

Jesus tells us to call God, OUR FATHER. When we are baptized we become children of God. This means we are part of God's family as well as our own. It means we are all brothers and sisters in Christ. So we should speak to God like we would speak to our own Dad.

- O Look at the pictures.
- Think about all the things your parents do to help you, keep you safe. Thank your parents for all they do!
- What do you talk about with your parents? Try telling God everything you are thinking...your hopes, dreams, concerns, and joys!
- O Is it a comfort to know God is your Father? Thank God for your life!



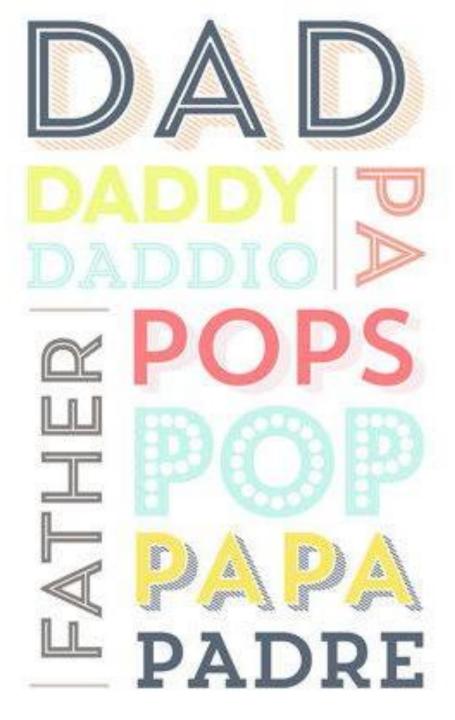
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Hallowed be Thy name.

We say this because God's name is holy. He alone is the holy one and we keep God's name holy by living lives that reflect that holiness.

- O Listen to the music.
- O Do you like it? How does it make you feel?
- O What is your favorite song that we sing at St. Michael?
- O Do you sing when you pray to God?

 Try it!
- O Try writing your own song of praise for God? You can write it in your Prayer Journal at home.

Thy kingdom come.

This food is a touchable, taste-able reminder of how good God is! In the Psalms it says, "Taste and see the goodness of the Lord". We pray that the Holy Spirit will come and stay with us and that we get to live in heaven.

- O Take one packet of Fruit Gummies and later when your parents say it is okay, open them and savor each flavor.
- O Thank God for all the goodness He give to us, for the "tastes" of heaven you get every day when life is good.
- O Pray to the Holy Spirit to always guide you to follow God's Way!

Thy will be done on earth as it is in heaven.

Sometimes when bad things happen, storms and stuff we wonder why God would let that happen. We need to trust that God knows what is best. When we get to know God better, we are able to trust Him and His will more easily.

- O Write a letter to God or draw a picture of something that worries you, or that you are afraid of or bothered by.
- O After you have finished, pray to God to help you to feel better about your worry and fear. Add your letter to your Prayer Journal at home.

Give us this day our daily bread.

Here we pray that God will give us all that we need in life. We trust that he will provide for us. The Bible "feeds" our souls with wise words that help us to follow Jesus, love God and look forward to heaven. Read the Bible and find words that bring you joy and hope.

O Take one of the pages of "inspirational" bible verses. Use them to decorate your space at home. Or you can share them with others or add them to your Prayer Board or Prayer Journal at home.



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I can do everything through Christ, who gives me strength. Philippians 4:13 Trust in the Lord with all your heart, do not depend on your own understanding.

Proverbs 3:5

Give thanks to the Lord, for he is good! His faithful love endures forever.

Give all your worries and cares to God, for he cares about you.

1 Peter 5:7

We love each other because he loved us first.

1 John 4:19

Do not fear, for I am with you; do not be afraid, for I am your God.

Isaiah 41:10

God is our refuge and strength, always ready to help in times of trouble.

Everyone who calls on the name of the Lord will be saved.

Romans 10:13

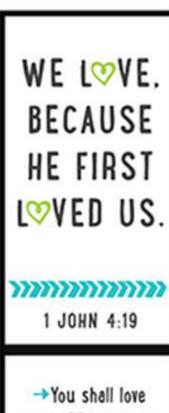
Let no corrupt talk come out of your mouths, but only what is good for building each other up.

Ephesians 4:29

Do to others whatever you would like them to do to you.

Matthew 7:12

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DEUTERONOMY 6:5



PSALM 118:24







I can do everything through Christ, who gives me strength. Philippians 4:13 Give thanks to the Lord, for he is good! His faithful love endures forever.

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And forgive us our trespasses as we forgive those who trespass against us.

We all commit sins and even though we do not always deserve it, God forgives us and loves us. God wants us to forgive and love those who sin against us.

- Use the hand sanitizer.
- O Take a candle from the basket. Think of a sin that you committed, something bad that you have done.
- Walk to the Cross and put your candle down at the foot of the cross.
- Kneel before the Cross and pray to God telling him you are sorry, asking for forgiveness and for help to make things right again.

And lead us not into temptation.

Here we are asking God to guard us and keep us safe from temptation. Temptation is the desire to do stuff that God doesn't want us to do instead of doing the right thing. Think of an angel whispering in one ear telling you to do good and a devil whispering in the other ear telling you to do what you want.

- O Jesus is our ROCK! He showed us how to always obey God. Use the hand sanitizer.
- O Take a rock from the basket and bring it home to remind you that Jesus is your ROCK! Pray that Jesus will always help you to resist temptation.



But deliver us from evil.

The devil works hard to make God's people, you and me, do bad things.
Here we pray God protects our souls (that inner piece of us that belongs to God) from evil.

- O Look at the candle.
- Watch it flicker and think of Jesus, the Light of the World.
- Pray to God to help you make good choices that allow you to be the Light for others.

For Thine is the kingdom and the power and the glory forever and ever. Amen.

God is greater than all things. As we pray this last part of the prayer, we end with "Amen". "Amen" means I believe! We are saying God, "I believe that you are great and will do everything that you have promised".

- Ask your parent if you can take a picture with their phone. Walk around and take a picture of something in our Church that you love. Something that makes you think of how great God is! Have your parents email the photo to Miss Patti at pkamper@saint-mikes.org.
- O Do you have a question about something in our Church? Email it to Miss Patti and she or one of the priests will answer it!