

# H.A.B.I.T.S. THE DISCIPLINES OF A DISCIPLE



**HOLY HOUR** Commitment to daily prayer



**ACCOUNTABILITY** Commitment to honest sharing with another



**BIBLE** Commitment to studying and praying with Scripture



**INVEST** Commitment to tithing and service in your parish



**TELL** Commitment to telling others about Jesus



**SACRAMENTS** Commitment to frequent Confession & Eucharist